## **Bristol (Grafton)**



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		3.7%	[ 2.83% - 4.58% ]	4.1%	[ 4.02% - 4.19%
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month		77.5%	[ 71.34% - 83.64% ]	74.5%	[ 73.36% - 75.59%
% 60+ met CDC guidelines for muscle-strengthening activity		30.4%	[ 23.06% - 37.66% ]	26.0%	[ 24.93% - 27.14%
% 60+ met CDC guidelines for aerobic physical activity		61.7%	[ 54.16% - 69.23% ]	58.6%	[ 57.33% - 59.82%
% 60+ met CDC guidelines for both types of physical activities		24.3%	[ 17.38% - 31.23% ]	19.9%	[ 18.92% - 20.93%
% 60+ getting recommended hours of sleep		68.7%	[ 61.26% - 76.08% ]	66.4%	[ 65.16% - 67.60%
% 60+ injured in a fall within last 12 months		8.2%	[ 4.34% - 12.13% ]	10.4%	[ 9.65% - 11.16%
% 65+ had hip fracture		3.0%	[ 2.38% - 3.68% ]	3.3%	[ 3.19% - 3.34%
% 60+ with self-reported fair or poor health status		13.3%	[ 8.55% - 18.08% ]	16.5%	[ 15.54% - 17.40%
% 60+ with 15+ physically unhealthy days last month		14.1%	[ 8.94% - 19.20% ]	12.5%	[ 11.69% - 13.37%
% 60+ with physical exam/check-up in past year		83.2%	[ 77.10% - 89.22% ]	86.5%	[ 85.66% - 87.39%
% 60+ met CDC preventive health screening goals		38.5%	[ 29.51% - 47.44% ]	40.3%	[ 38.77% - 41.81%
% 60+ flu shot past year		60.9%	[ 53.06% - 68.83% ]	59.3%	[ 58.06% - 60.63%
% 65+ with pneumonia vaccine		83.7%	[ 77.51% - 89.87% ]	77.8%	[ 76.56% - 79.12%
% 60+ with cholesterol screening		93.9%	[ 90.32% - 97.46% ]	95.3%	[ 94.78% - 95.82%
% 60+ women with a mammogram within last 2 years		79.2%	[ 71.15% - 87.28% ]	79.3%	[ 77.96% - 80.69%
% 60+ with colorectal cancer screening		69.9%	[ 62.34% - 77.45% ]	77.0%	[ 75.92% - 78.16%
% 60+ with HIV test		18.1%	[ 11.45% - 24.77% ]	13.5%	[ 12.50% - 14.41%
% 60+ current smokers		8.8%	[ 4.86% - 12.82% ]	8.1%	[ 7.38% - 8.79%
Oral Health					
% 60+ with loss of 6 or more teeth		31.7%	[ 24.46% - 38.99% ]	29.0%	[ 27.79% - 30.12%
% 60+ with annual dental exam		73.5%	[ 66.91% - 80.17% ]	75.7%	[ 74.65% - 76.84%
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		24.1%	[ 17.34% - 30.79% ]	20.2%	[ 19.23% - 21.21%
% 60+ self-reported obese		22.1%	[ 15.87% - 28.38% ]	27.2%	[ 26.03% - 28.35%
% 65+ clinically diagnosed obese	В	13.3%	[ 11.48% - 15.11% ]	16.7%	[ 16.56% - 16.94%
% 65+ with high cholesterol		71.6%	[ 69.27% - 73.90% ]	72.2%	[ 72.01% - 72.44%
% 60+ excessive drinking		7.0%	[ 3.35% - 10.67% ]	9.2%	[ 8.45% - 9.94%

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BEHAVIORAL HEALTH						
% 60+ with 15+ days poor mental health last month		7.8%	]	3.97% - 11.57% ]	6.9%	[ 6.29% - 7.61% ]
% 65+ with depression	В	25.6%	[	23.39% - 27.73% ]	28.8%	[ 28.59% - 29.01% ]
% 65+ with anxiety disorders		19.7%	[	17.60% - 21.81% ]	21.9%	[ 21.74% - 22.15% ]
% 65+ with bipolar disorders		3.3%	[	2.51% - 4.08% ]	3.1%	[ 2.97% - 3.14%]
% 65+ with post-traumatic stress disorder		1.5%	[	0.95% - 2.10% ]	1.4%	[ 1.35% - 1.48% ]
% 65+ with schizophrenia & other psychotic disorders		5.2%	[	4.25% - 6.11% ]	4.9%	[ 4.81% - 5.02% ]
% 65+ with personality disorders		1.5%	[	0.99% - 2.09% ]	1.1%	[ 1.00% - 1.11% ]
% 65+ with substance use disorders (drug use +/or alcohol abuse)		4.7%	[	3.61% - 5.89% ]	5.5%	[ 5.41% - 5.64% ]
% 65+ with tobacco use disorders		10.6%	[	8.94% - 12.34% ]	10.4%	[ 10.23% - 10.54% ]
CHRONIC DISEASE						
% 65+ with Alzheimer's disease or related dementias		11.4%	[	9.82% - 12.96% ]	12.0%	[ 11.89% - 12.19% ]
% 65+ with diabetes	В	25.0%	[	22.75% - 27.32% ]	28.2%	[ 27.97% - 28.41% ]
% 65+ with stroke	В	8.7%	[	7.32% - 10.00% ]	10.8%	[ 10.64% - 10.92% ]
% 65+ with chronic obstructive pulmonary disease		18.7%	[	16.75% - 20.59% ]	20.5%	[ 20.36% - 20.73% ]
% 65+ with asthma		12.7%	[	11.09% - 14.40% ]	13.0%	[ 12.89% - 13.21% ]
% 65+ with hypertension		67.7%	[	65.30% - 70.08% ]	70.2%	[ 70.02% - 70.46% ]
% 65+ ever had a heart attack		4.7%	[	3.71% - 5.74% ]	4.5%	[ 4.37% - 4.56% ]
% 65+ with ischemic heart disease		32.4%	[	29.96% - 34.83% ]	34.3%	[ 34.12% - 34.58% ]
% 65+ with congestive heart failure		15.8%	[	13.94% - 17.63% ]	17.7%	[ 17.57% - 17.93% ]
% 65+ with atrial fibrillation		13.7%	[	12.04% - 15.34% ]	14.4%	[ 14.28% - 14.60% ]
% 65+ with peripheral vascular disease	В	12.8%	[	11.10% - 14.46% ]	14.7%	[ 14.51% - 14.84% ]
% 65+ with osteoarthritis/rheumatoid arthritis		49.1%	[	46.46% - 51.81% ]	49.1%	[ 48.82% - 49.32% ]
% 65+ with osteoporosis	В	13.7%	[	12.02% - 15.29% ]	17.4%	[ 17.22% - 17.57% ]
% 65+ with leukemias and lymphomas		2.0%	]	1.38% - 2.55% ]	2.0%	[ 1.91% - 2.05% ]
% 65+ with lung cancer		1.7%	[	1.22% - 2.26% ]	1.6%	[ 1.54% - 1.66%]
% 65+ with colon cancer		2.4%	]	1.79% - 2.93% ]	2.4%	[ 2.37% - 2.51%]
% 65+ women with breast cancer		9.8%	[	7.75% - 11.76% ]	9.8%	[ 9.59% - 9.96% ]
% 65+ women with endometrial cancer		1.6%	]	0.89% - 2.22% ]	1.7%	[ 1.60% - 1.76% ]
% 65+ men with prostate cancer		12.3%	]	9.92% - 14.61% ]	11.5%	[ 11.24% - 11.68% ]
% 65+ with benign prostatic hyperplasia		35.5%	[	32.07% - 38.98% ]	36.8%	[ 36.47% - 37.14% ]
% 65+ with HIV/AIDS		0.05%	]	0.02% - 0.08% ]	0.05%	[ 0.04% - 0.06% ]
% 65+ with hypothyroidism		18.7%	[	16.83% - 20.67% ]	20.8%	[ 20.62% - 20.99% ]
% 65+ with anemia	В	34.6%	[	32.24% - 36.91% ]	37.3%	[ 37.12% - 37.57% ]
% 65+ with chronic kidney disease	В	17.0%	[	15.12% - 18.96% ]	22.3%	[ 22.14% - 22.54% ]
% 65+ with liver diseases		6.6%	[	5.26% - 7.88% ]	6.9%	[ 6.75% - 6.99% ]
% 65+ with fibromyalgia, chronic pain and fatigue		18.4%	[	16.32% - 20.40% ]	18.6%	[ 18.42% - 18.80% ]
% 65+ with migraine and other chronic headache		4.5%	[	3.61% - 5.36% ]	4.0%	[ 3.95% - 4.15% ]
% 65+ with epilepsy		1.8%	[	1.28% - 2.41% ]	2.1%	[ 2.00% - 2.14% ]
% 65+ with traumatic brain injury		0.9%	[	0.50% - 1.29% ]	1.1%	[ 1.06% - 1.16% ]

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% 65+ with autism spectrum disorders				N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma		22.9%	[	20.83% - 24.94% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract	W	65.1%	[	62.67% - 67.57% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer		7.5%	[	6.12% - 8.79% ]	7.1%	[ 6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions	В	51.2%	[	48.68% - 53.70% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions		10.9%	[	9.23% - 12.55% ]	10.3%	[ 10.12% - 10.42% ]
LIVING WITH DISABILITY						
% 65+ with clinical diagnosis of deafness or hearing impairment	В	10.6%	[	9.07% - 12.07% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.7%	[	0.41% - 1.08% ]	0.9%	[ 0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments		2.7%	[	2.03% - 3.32% ]	3.2%	[ 3.14% - 3.31%]
ACCESS TO CARE						
Medicare (65+ population)						
% Medicare managed care enrollees	*	10.0%	[	8.72% - 11.34% ]	7.9%	[ 7.8% - 8.02%
% dually eligible for Medicare and Medicaid		7.2%	[	6.06% - 8.30% ]	7.5%	[ 7.40% - 7.62%
% 60+ with a regular doctor		90.8%	[	86.30% - 95.40% ]	95.8%	[ 95.34% - 96.33%
% 60+ who did not see doctor when needed due to cost		6.7%	[	2.74% - 10.74% ]	5.4%	[ 4.75% - 5.97%
SERVICE UTILIZATION						
Physician visits per year	*	4.4	[	4.2 - 4.7 ]	6.3	[ 6.2 - 6.3
Emergency room visits/1000 persons 65+ years per year		565	[	507 - 624 ]	572	[ 566 - 578
Part D monthly prescription fills per person per year	*	43.5	[	41.4 - 45.6 ]	49.1	[ 48.9 - 49.3
Home health visits per year	*	1.7	[	1.3 - 2.1 ]	2.5	[ 2.4 - 2.5
Durable medical equipment claims per year	*	2.5	[	2.2 - 2.9 ]	2.0	[ 2.0 - 2.0
Inpatient hospital stays/1000 persons 65+ years per year		227	[	192 - 262 ]	237	[ 234 - 241
Medicare inpatient hospital readmissions (as % of admissions)		14.2%	[	10.54% - 17.88% ]	15.8%	[ 15.41% - 16.22%
# skilled nursing facility stays/1000 persons 65+ years per year		60	[	46 - 75 ]	76	[ 74 - 77
% 65+ getting Medicaid long term services and supports	*	2.2%	[	1.53% - 2.80% ]	3.7%	[ 3.59% - 3.74%
COMMUNITY VARIABLES & CIVIC ENGAGEMENT						
% 60+ who used Internet in last month		78.9%	[	73.06% - 84.79% ]	77.6%	[ 76.53% - 78.64%
SAFETY & TRANSPORTATION						
% 60+ who always drive wearing a seatbelt		76.1%	[	69.18% - 83.12% ]	77.1%	[ 76.02% - 78.18%
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Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.
<sup>2</sup> All community and state margins of error are 95% confidence intervals.
<sup>3</sup> The margin of erroe of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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