

## Brookfield (Carroll)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Age-sex adjusted 1-year mortality rate		3.6%	[ 2.18% - 4.95% ]	4.1%	[ 4.02% - 4.19% ]
<b>WELLNESS &amp; PREVENTION</b>					
% 60+ with any physical activity within last month		78.8%	[ 74.12% - 83.57% ]	74.5%	[ 73.36% - 75.59% ]
% 60+ met CDC guidelines for muscle-strengthening activity		24.1%	[ 18.41% - 29.84% ]	26.0%	[ 24.93% - 27.14% ]
% 60+ met CDC guidelines for aerobic physical activity		64.2%	[ 57.68% - 70.68% ]	58.6%	[ 57.33% - 59.82% ]
% 60+ met CDC guidelines for both types of physical activities		17.1%	[ 12.05% - 22.09% ]	19.9%	[ 18.92% - 20.93% ]
% 60+ getting recommended hours of sleep		67.0%	[ 61.63% - 72.41% ]	66.4%	[ 65.16% - 67.60% ]
% 60+ injured in a fall within last 12 months		14.6%	[ 10.69% - 18.55% ]	10.4%	[ 9.65% - 11.16% ]
% 65+ had hip fracture		2.8%	[ 2.24% - 3.46% ]	3.3%	[ 3.19% - 3.34% ]
% 60+ with self-reported fair or poor health status		15.4%	[ 11.08% - 19.66% ]	16.5%	[ 15.54% - 17.40% ]
% 60+ with 15+ physically unhealthy days last month		13.8%	[ 9.79% - 17.84% ]	12.5%	[ 11.69% - 13.37% ]
% 60+ with physical exam/check-up in past year	W	80.0%	[ 75.06% - 85.01% ]	86.5%	[ 85.66% - 87.39% ]
% 60+ met CDC preventive health screening goals		37.2%	[ 31.00% - 43.45% ]	40.3%	[ 38.77% - 41.81% ]
% 60+ flu shot past year		57.1%	[ 51.06% - 63.07% ]	59.3%	[ 58.06% - 60.63% ]
% 65+ with pneumonia vaccine		74.9%	[ 68.74% - 81.11% ]	77.8%	[ 76.56% - 79.12% ]
% 60+ with cholesterol screening		95.5%	[ 92.92% - 98.07% ]	95.3%	[ 94.78% - 95.82% ]
% 60+ women with a mammogram within last 2 years		76.7%	[ 69.83% - 83.62% ]	79.3%	[ 77.96% - 80.69% ]
% 60+ with colorectal cancer screening		76.0%	[ 70.51% - 81.54% ]	77.0%	[ 75.92% - 78.16% ]
% 60+ with HIV test		12.6%	[ 8.51% - 16.79% ]	13.5%	[ 12.50% - 14.41% ]
% 60+ current smokers		9.2%	[ 5.67% - 12.78% ]	8.1%	[ 7.38% - 8.79% ]
<b>Oral Health</b>					
% 60+ with loss of 6 or more teeth		27.8%	[ 22.82% - 32.72% ]	29.0%	[ 27.79% - 30.12% ]
% 60+ with annual dental exam	B	81.2%	[ 77.11% - 85.29% ]	75.7%	[ 74.65% - 76.84% ]
<b>NUTRITION/DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		22.7%	[ 17.12% - 28.26% ]	20.2%	[ 19.23% - 21.21% ]
% 60+ self-reported obese	B	20.1%	[ 15.45% - 24.70% ]	27.2%	[ 26.03% - 28.35% ]
% 65+ clinically diagnosed obese		16.4%	[ 13.47% - 19.37% ]	16.7%	[ 16.56% - 16.94% ]
% 65+ with high cholesterol		69.2%	[ 65.72% - 72.64% ]	72.2%	[ 72.01% - 72.44% ]
% 60+ excessive drinking		12.8%	[ 8.41% - 17.16% ]	9.2%	[ 8.45% - 9.94% ]

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<b>BEHAVIORAL HEALTH</b>					
% 60+ with 15+ days poor mental health last month		5.5% [ 2.93% - 8.03% ]	6.9% [ 6.29% - 7.61% ]		
% 65+ with depression	B	22.0% [ 18.99% - 25.05% ]	28.8% [ 28.59% - 29.01% ]		
% 65+ with anxiety disorders		19.3% [ 16.29% - 22.40% ]	21.9% [ 21.74% - 22.15% ]		
% 65+ with bipolar disorders	B	1.7% [ 1.17% - 2.20% ]	3.1% [ 2.97% - 3.14% ]		
% 65+ with post-traumatic stress disorder		1.1% [ 0.67% - 1.56% ]	1.4% [ 1.35% - 1.48% ]		
% 65+ with schizophrenia & other psychotic disorders		4.1% [ 3.31% - 4.85% ]	4.9% [ 4.81% - 5.02% ]		
% 65+ with personality disorders	B	0.6% [ 0.29% - 0.92% ]	1.1% [ 1.00% - 1.11% ]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)	B	3.9% [ 2.42% - 5.40% ]	5.5% [ 5.41% - 5.64% ]		
% 65+ with tobacco use disorders		10.1% [ 7.68% - 12.44% ]	10.4% [ 10.23% - 10.54% ]		
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		11.7% [ 9.32% - 14.05% ]	12.0% [ 11.89% - 12.19% ]		
% 65+ with diabetes		28.4% [ 24.89% - 31.91% ]	28.2% [ 27.97% - 28.41% ]		
% 65+ with stroke	B	7.9% [ 5.97% - 9.79% ]	10.8% [ 10.64% - 10.92% ]		
% 65+ with chronic obstructive pulmonary disease		20.3% [ 17.39% - 23.27% ]	20.5% [ 20.36% - 20.73% ]		
% 65+ with asthma		12.4% [ 10.02% - 14.85% ]	13.0% [ 12.89% - 13.21% ]		
% 65+ with hypertension		67.0% [ 63.49% - 70.56% ]	70.2% [ 70.02% - 70.46% ]		
% 65+ ever had a heart attack		4.9% [ 3.35% - 6.45% ]	4.5% [ 4.37% - 4.56% ]		
% 65+ with ischemic heart disease		32.0% [ 28.40% - 35.60% ]	34.3% [ 34.12% - 34.58% ]		
% 65+ with congestive heart failure		17.0% [ 14.20% - 19.84% ]	17.7% [ 17.57% - 17.93% ]		
% 65+ with atrial fibrillation		13.0% [ 10.57% - 15.44% ]	14.4% [ 14.28% - 14.60% ]		
% 65+ with peripheral vascular disease	B	11.9% [ 9.43% - 14.33% ]	14.7% [ 14.51% - 14.84% ]		
% 65+ with osteoarthritis/rheumatoid arthritis	B	43.8% [ 39.94% - 47.71% ]	49.1% [ 48.82% - 49.32% ]		
% 65+ with osteoporosis	B	11.0% [ 8.79% - 13.28% ]	17.4% [ 17.22% - 17.57% ]		
% 65+ with leukemias and lymphomas		1.6% [ 1.16% - 2.12% ]	2.0% [ 1.91% - 2.05% ]		
% 65+ with lung cancer		1.8% [ 1.32% - 2.31% ]	1.6% [ 1.54% - 1.66% ]		
% 65+ with colon cancer		2.5% [ 1.89% - 3.05% ]	2.4% [ 2.37% - 2.51% ]		
% 65+ women with breast cancer		9.8% [ 6.87% - 12.77% ]	9.8% [ 9.59% - 9.96% ]		
% 65+ women with endometrial cancer		1.8% [ 1.14% - 2.55% ]	1.7% [ 1.60% - 1.76% ]		
% 65+ men with prostate cancer		11.8% [ 8.36% - 15.22% ]	11.5% [ 11.24% - 11.68% ]		
% 65+ with benign prostatic hyperplasia		37.6% [ 32.44% - 42.78% ]	36.8% [ 36.47% - 37.14% ]		
% 65+ with HIV/AIDS		0.04% [ 0.02% - 0.06% ]	0.05% [ 0.04% - 0.06% ]		
% 65+ with hypothyroidism	B	17.2% [ 14.44% - 19.94% ]	20.8% [ 20.62% - 20.99% ]		
% 65+ with anemia	B	32.2% [ 28.82% - 35.64% ]	37.3% [ 37.12% - 37.57% ]		
% 65+ with chronic kidney disease	B	17.1% [ 14.28% - 19.94% ]	22.3% [ 22.14% - 22.54% ]		
% 65+ with liver diseases	B	4.4% [ 2.84% - 5.93% ]	6.9% [ 6.75% - 6.99% ]		
% 65+ with fibromyalgia, chronic pain and fatigue		20.4% [ 17.34% - 23.46% ]	18.6% [ 18.42% - 18.80% ]		
% 65+ with migraine and other chronic headache	B	2.9% [ 2.24% - 3.58% ]	4.0% [ 3.95% - 4.15% ]		
% 65+ with epilepsy		1.8% [ 1.33% - 2.37% ]	2.1% [ 2.00% - 2.14% ]		
% 65+ with traumatic brain injury		1.0% [ 0.65% - 1.42% ]	1.1% [ 1.06% - 1.16% ]		

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% 65+ with autism spectrum disorders			N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma	B	17.9%	[ 15.12% - 20.66% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract		60.3%	[ 56.65% - 63.98% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer		5.8%	[ 4.01% - 7.53% ]	7.1%	[ 6.99% - 7.24% ]
% 65+ with 4+ (out of 15) chronic conditions	B	49.7%	[ 45.98% - 53.38% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions		12.3%	[ 9.81% - 14.86% ]	10.3%	[ 10.12% - 10.42% ]
<b>LIVING WITH DISABILITY</b>					
% 65+ with clinical diagnosis of deafness or hearing impairment		13.0%	[ 10.52% - 15.46% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[ 0.55% - 1.31% ]	0.9%	[ 0.81% - 0.90% ]
% 65+ with clinical diagnosis of mobility impairments		3.4%	[ 2.69% - 4.05% ]	3.2%	[ 3.14% - 3.31% ]
<b>ACCESS TO CARE</b>					
Medicare (65+ population)					
% Medicare managed care enrollees	*	5.0%	[ 3.53% - 6.47% ]	7.9%	[ 7.8% - 8.02% ]
% dually eligible for Medicare and Medicaid	*	5.7%	[ 4.14% - 7.28% ]	7.5%	[ 7.40% - 7.62% ]
% 60+ with a regular doctor		93.8%	[ 90.84% - 96.78% ]	95.8%	[ 95.34% - 96.33% ]
% 60+ who did not see doctor when needed due to cost	B	2.9%	[ 1.35% - 4.52% ]	5.4%	[ 4.75% - 5.97% ]
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	5.7	[ 5.2 - 6.1 ]	6.3	[ 6.2 - 6.3 ]
Emergency room visits/1000 persons 65+ years per year	*	466	[ 392 - 541 ]	572	[ 566 - 578 ]
Part D monthly prescription fills per person per year		47.2	[ 43.5 - 50.9 ]	49.1	[ 48.9 - 49.3 ]
Home health visits per year		2.3	[ 1.5 - 3.1 ]	2.5	[ 2.4 - 2.5 ]
Durable medical equipment claims per year		1.7	[ 1.3 - 2.1 ]	2.0	[ 2.0 - 2.0 ]
Inpatient hospital stays/1000 persons 65+ years per year	*	174	[ 135 - 214 ]	237	[ 234 - 241 ]
Medicare inpatient hospital readmissions (as % of admissions)		12.0%	[ 6.81% - 17.19% ]	15.8%	[ 15.41% - 16.22% ]
# skilled nursing facility stays/1000 persons 65+ years per year		66	[ 41 - 90 ]	76	[ 74 - 77 ]
% 65+ getting Medicaid long term services and supports	*	2.1%	[ 1.16% - 3.12% ]	3.7%	[ 3.59% - 3.74% ]
<b>COMMUNITY VARIABLES &amp; CIVIC ENGAGEMENT</b>					
% 60+ who used Internet in last month	*	83.0%	[ 78.73% - 87.19% ]	77.6%	[ 76.53% - 78.64% ]
<b>SAFETY &amp; TRANSPORTATION</b>					
% 60+ who always drive wearing a seatbelt		76.9%	[ 72.24% - 81.48% ]	77.1%	[ 76.02% - 78.18% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

<sup>3</sup> The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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