

Canaan (Grafton)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		3.1%	[1.85% - 4.32%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month	B	84.4%	[80.13% - 88.61%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity		29.9%	[24.26% - 35.50%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity	B	69.6%	[64.21% - 75.03%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities		23.4%	[18.23% - 28.59%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep	B	73.6%	[68.03% - 79.09%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		11.4%	[7.65% - 15.05%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture		3.2%	[2.60% - 3.87%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		13.9%	[9.85% - 17.88%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		10.4%	[6.79% - 14.02%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year		80.9%	[75.71% - 86.17%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		39.7%	[32.65% - 46.81%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		66.1%	[60.12% - 72.05%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		81.0%	[75.06% - 86.92%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		94.5%	[91.80% - 97.16%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years		70.6%	[62.98% - 78.20%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening		74.2%	[68.35% - 80.03%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		14.4%	[9.70% - 19.14%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers	B	3.9%	[1.43% - 6.34%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth	B	18.5%	[13.84% - 23.18%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam	B	83.6%	[79.11% - 88.06%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		25.4%	[20.15% - 30.59%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese	B	19.5%	[14.37% - 24.68%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese		18.6%	[15.65% - 21.64%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol	B	56.7%	[53.00% - 60.38%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking		9.8%	[6.28% - 13.25%]	9.2%	[8.45% - 9.94%]

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BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		5.0% [2.49% - 7.41%]		6.9% [6.29% - 7.61%]	
% 65+ with depression		27.3% [24.02% - 30.55%]		28.8% [28.59% - 29.01%]	
% 65+ with anxiety disorders	B	15.3% [12.52% - 18.04%]		21.9% [21.74% - 22.15%]	
% 65+ with bipolar disorders		2.5% [1.85% - 3.18%]		3.1% [2.97% - 3.14%]	
% 65+ with post-traumatic stress disorder	B	0.7% [0.35% - 1.03%]		1.4% [1.35% - 1.48%]	
% 65+ with schizophrenia & other psychotic disorders	B	3.9% [3.18% - 4.67%]		4.9% [4.81% - 5.02%]	
% 65+ with personality disorders		0.9% [0.50% - 1.31%]		1.1% [1.00% - 1.11%]	
% 65+ with substance use disorders (drug use +/- alcohol abuse)		5.0% [3.26% - 6.72%]		5.5% [5.41% - 5.64%]	
% 65+ with tobacco use disorders		13.2% [10.47% - 15.87%]		10.4% [10.23% - 10.54%]	
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	9.8% [7.65% - 11.88%]		12.0% [11.89% - 12.19%]	
% 65+ with diabetes		27.5% [24.08% - 30.96%]		28.2% [27.97% - 28.41%]	
% 65+ with stroke		10.1% [7.95% - 12.21%]		10.8% [10.64% - 10.92%]	
% 65+ with chronic obstructive pulmonary disease		18.3% [15.55% - 21.12%]		20.5% [20.36% - 20.73%]	
% 65+ with asthma		14.6% [12.01% - 17.12%]		13.0% [12.89% - 13.21%]	
% 65+ with hypertension	B	65.3% [61.67% - 68.83%]		70.2% [70.02% - 70.46%]	
% 65+ ever had a heart attack		6.2% [4.47% - 7.86%]		4.5% [4.37% - 4.56%]	
% 65+ with ischemic heart disease		31.9% [28.32% - 35.47%]		34.3% [34.12% - 34.58%]	
% 65+ with congestive heart failure		16.9% [14.09% - 19.69%]		17.7% [17.57% - 17.93%]	
% 65+ with atrial fibrillation		13.6% [11.11% - 16.01%]		14.4% [14.28% - 14.60%]	
% 65+ with peripheral vascular disease		14.4% [11.81% - 16.99%]		14.7% [14.51% - 14.84%]	
% 65+ with osteoarthritis/rheumatoid arthritis		45.2% [41.32% - 49.10%]		49.1% [48.82% - 49.32%]	
% 65+ with osteoporosis	B	14.1% [11.63% - 16.55%]		17.4% [17.22% - 17.57%]	
% 65+ with leukemias and lymphomas	W	3.4% [2.69% - 4.05%]		2.0% [1.91% - 2.05%]	
% 65+ with lung cancer	B	1.1% [0.70% - 1.48%]		1.6% [1.54% - 1.66%]	
% 65+ with colon cancer		2.0% [1.48% - 2.51%]		2.4% [2.37% - 2.51%]	
% 65+ women with breast cancer		8.4% [5.60% - 11.11%]		9.8% [9.59% - 9.96%]	
% 65+ women with endometrial cancer		1.5% [0.90% - 2.10%]		1.7% [1.60% - 1.76%]	
% 65+ men with prostate cancer		10.8% [7.60% - 13.95%]		11.5% [11.24% - 11.68%]	
% 65+ with benign prostatic hyperplasia	B	27.8% [23.16% - 32.43%]		36.8% [36.47% - 37.14%]	
% 65+ with HIV/AIDS		0.05% [0.02% - 0.08%]		0.05% [0.04% - 0.06%]	
% 65+ with hypothyroidism	B	17.8% [15.04% - 20.52%]		20.8% [20.62% - 20.99%]	
% 65+ with anemia	B	28.7% [25.39% - 31.92%]		37.3% [37.12% - 37.57%]	
% 65+ with chronic kidney disease		19.5% [16.53% - 22.44%]		22.3% [22.14% - 22.54%]	
% 65+ with liver diseases	B	5.0% [3.37% - 6.58%]		6.9% [6.75% - 6.99%]	
% 65+ with fibromyalgia, chronic pain and fatigue		16.7% [13.88% - 19.60%]		18.6% [18.42% - 18.80%]	
% 65+ with migraine and other chronic headache		4.4% [3.55% - 5.23%]		4.0% [3.95% - 4.15%]	
% 65+ with epilepsy		1.6% [1.08% - 2.11%]		2.1% [2.00% - 2.14%]	
% 65+ with traumatic brain injury		1.0% [0.61% - 1.41%]		1.1% [1.06% - 1.16%]	

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% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma	B	19.5%	[16.62% - 22.35%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract	B	57.3%	[53.56% - 60.96%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer	B	4.6%	[3.00% - 6.17%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions	B	48.1%	[44.42% - 51.80%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions	B	14.8%	[12.01% - 17.50%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		13.1%	[10.60% - 15.69%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.6%	[0.29% - 0.83%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments		2.6%	[1.95% - 3.20%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees		7.4%	[5.74% - 9.08%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid		7.6%	[5.93% - 9.31%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		94.4%	[91.46% - 97.40%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		3.8%	[1.63% - 5.94%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year	*	4.9	[4.4 - 5.4]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year	*	443	[377 - 509]	572	[566 - 578]
Part D monthly prescription fills per person per year		45.8	[42.0 - 49.6]	49.1	[48.9 - 49.3]
Home health visits per year		2.8	[2.0 - 3.5]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year		1.9	[1.5 - 2.3]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year		215	[170 - 260]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)		16.5%	[10.82% - 22.09%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year		61	[41 - 80]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports	*	2.3%	[1.37% - 3.29%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month	*	84.8%	[80.63% - 89.00%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		82.9%	[78.03% - 87.79%]	77.1%	[76.02% - 78.18%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

³ The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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