Candia (Rockingham)

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		2.9%	[1.40% - 4.45%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month		72.8%	[67.02% - 78.59%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity		21.3%	[16.48% - 26.20%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity		58.6%	[52.52% - 64.77%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities		16.9%	[12.35% - 21.41%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep		66.9%	[60.24% - 73.48%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		7.6%	[4.56% - 10.69%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture	B	2.4%	[1.94% - 2.92%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		14.5%	[9.91% - 19.16%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		14.3%	[9.64% - 19.00%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year		88.6%	[85.02% - 92.10%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		38.5%	[30.38% - 46.59%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		55.0%	[48.49% - 61.59%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		72.9%	[65.88% - 79.92%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		95.4%	[92.85% - 97.99%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years		85.5%	[80.12% - 90.90%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening		78.1%	[72.35% - 83.90%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		14.4%	[9.70% - 19.01%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers		6.2%	[3.69% - 8.61%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth	B	22.2%	[16.75% - 27.74%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam		80.9%	[75.38% - 86.43%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		24.1%	[18.86% - 29.44%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese		24.2%	[18.77% - 29.65%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese		16.2%	[12.76% - 19.62%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol		71.2%	[67.17% - 75.29%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking		9.4%	[5.83% - 13.02%]	9.2%	[8.45% - 9.94%]

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		7.0%	[3.60% - 10.32%]	6.9%	[6.29% - 7.61%]
% 65+ with depression	B	23.9%	[20.25% - 27.53%]	28.8%	[28.59% - 29.01%]
% 65+ with anxiety disorders		19.1%	[15.53% - 22.77%]	21.9%	[21.74% - 22.15%]
% 65+ with bipolar disorders		3.3%	[2.58% - 3.95%]	3.1%	[2.97% - 3.14%]
% 65+ with post-traumatic stress disorder	B	0.9%	[0.48% - 1.23%]	1.4%	[1.35% - 1.48%]
% 65+ with schizophrenia & other psychotic disorders	B	4.0%	[3.28% - 4.62%]	4.9%	[4.81% - 5.02%]
% 65+ with personality disorders		1.1%	[0.69% - 1.42%]	1.1%	[1.00% - 1.11%]
% 65+ with substance use disorders (drug use +/or alcohol abuse)		4.7%	[2.70% - 6.74%]	5.5%	[5.41% - 5.64%]
% 65+ with tobacco use disorders		9.4%	[6.55% - 12.19%]	10.4%	[10.23% - 10.54%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	8.7%	[6.39% - 11.09%]	12.0%	[11.89% - 12.19%]
% 65+ with diabetes		26.6%	[22.45% - 30.74%]	28.2%	[27.97% - 28.41%]
% 65+ with stroke		9.7%	[7.22% - 12.11%]	10.8%	[10.64% - 10.92%]
% 65+ with chronic obstructive pulmonary disease		17.5%	[14.26% - 20.68%]	20.5%	[20.36% - 20.73%]
% 65+ with asthma		12.9%	[10.06% - 15.77%]	13.0%	[12.89% - 13.21%]
% 65+ with hypertension		67.4%	[63.25% - 71.60%]	70.2%	[70.02% - 70.46%]
% 65+ ever had a heart attack		4.7%	[2.98% - 6.41%]	4.5%	[4.37% - 4.56%]
% 65+ with ischemic heart disease	B	28.3%	[24.17% - 32.41%]	34.3%	[34.12% - 34.58%]
% 65+ with congestive heart failure	B	13.6%	[10.60% - 16.64%]	17.7%	[17.57% - 17.93%]
% 65+ with atrial fibrillation		12.2%	[9.47% - 14.98%]	14.4%	[14.28% - 14.60%]
% 65+ with peripheral vascular disease		11.8%	[8.96% - 14.70%]	14.7%	[14.51% - 14.84%]
% 65+ with osteoarthritis/rheumatoid arthritis		44.3%	[39.60% - 48.94%]	49.1%	[48.82% - 49.32%]
% 65+ with osteoporosis	B	13.8%	[10.94% - 16.69%]	17.4%	[17.22% - 17.57%]
% 65+ with leukemias and lymphomas		2.1%	[1.56% - 2.62%]	2.0%	[1.91% - 2.05%]
% 65+ with lung cancer		1.4%	[1.04% - 1.82%]	1.6%	[1.54% - 1.66%]
% 65+ with colon cancer	B	1.8%	[1.31% - 2.19%]	2.4%	[2.37% - 2.51%]
% 65+ women with breast cancer		9.0%	[5.61% - 12.41%]	9.8%	[9.59% - 9.96%]
% 65+ women with endometrial cancer		1.6%	[0.99% - 2.14%]	1.7%	[1.60% - 1.76%]
% 65+ men with prostate cancer		11.1%	[7.26% - 14.93%]	11.5%	[11.24% - 11.68%]
% 65+ with benign prostatic hyperplasia		32.3%	[26.44% - 38.17%]	36.8%	[36.47% - 37.14%]
% 65+ with HIV/AIDS		0.07%	[0.04% - 0.10%]	0.05%	[0.04% - 0.06%]
% 65+ with hypothyroidism		18.9%	[15.60% - 22.23%]	20.8%	[20.62% - 20.99%]
% 65+ with anemia	B	29.2%	[25.30% - 33.02%]	37.3%	[37.12% - 37.57%]
% 65+ with chronic kidney disease		20.9%	[17.15% - 24.60%]	22.3%	[22.14% - 22.54%]
% 65+ with liver diseases		6.0%	[3.88% - 8.20%]	6.9%	[6.75% - 6.99%]
% 65+ with fibromyalgia, chronic pain and fatigue		16.4%	[13.01% - 19.73%]	18.6%	[18.42% - 18.80%]
% 65+ with migraine and other chronic headache		4.1%	[3.35% - 4.85%]	4.0%	[3.95% - 4.15%]
% 65+ with epilepsy	B	1.1%	[0.76% - 1.53%]	2.1%	[2.00% - 2.14%]
% 65+ with traumatic brain injury		0.9%	[0.58% - 1.26%]	1.1%	[1.06% - 1.16%]

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma		20.8%	[17.35% - 24.27%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract	B	53.0%	[48.66% - 57.42%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer		7.1%	[4.75% - 9.38%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions	B	46.6%	[42.23% - 50.90%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions		13.4%	[10.30% - 16.56%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		11.8%	[8.97% - 14.60%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.8%	[0.48% - 1.06%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments	B	2.2%	[1.70% - 2.74%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees		6.7%	[4.85% - 8.62%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid	*	5.1%	[3.47% - 6.78%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		96.4%	[94.49% - 98.34%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		4.5%	[1.62% - 7.48%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year		6.3	[5.7 - 6.8]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year	*	443	[348 - 538]	572	[566 - 578]
Part D monthly prescription fills per person per year		45.5	[41.9 - 49.2]	49.1	[48.9 - 49.3]
Home health visits per year	*	1.5	[0.9 - 2.2]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year	*	1.6	[1.2 - 1.9]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year		230	[166 - 294]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)		16.5%	[8.56% - 24.50%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year		61	[35 - 88]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports	*	2.0%	[0.99% - 3.11%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month		81.9%	[76.86% - 86.95%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		80.3%	[74.88% - 85.73%]	77.1%	[76.02% - 78.18%]

Notes. [1] Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

[2] All community and state margins of error are 95% confidence intervals.

[3] The margin of erroe of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last montth, and did not see doctor when needed due to cost.

Questions or suggestions? Beth.Dugan@umb.edu