

Enfield (Grafton)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		4.4%	[2.92% - 5.90%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month	B	84.4%	[80.13% - 88.61%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity		29.9%	[24.26% - 35.50%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity	B	69.6%	[64.21% - 75.03%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities		23.4%	[18.23% - 28.59%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep	B	73.6%	[68.03% - 79.09%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		11.4%	[7.65% - 15.05%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture		3.1%	[2.53% - 3.59%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		13.9%	[9.85% - 17.88%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		10.4%	[6.79% - 14.02%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year		80.9%	[75.71% - 86.17%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		39.7%	[32.65% - 46.81%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		66.1%	[60.12% - 72.05%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		81.0%	[75.06% - 86.92%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		94.5%	[91.80% - 97.16%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years		70.6%	[62.98% - 78.20%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening		74.2%	[68.35% - 80.03%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		14.4%	[9.70% - 19.14%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers	B	3.9%	[1.43% - 6.34%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth	B	18.5%	[13.84% - 23.18%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam	B	83.6%	[79.11% - 88.06%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		25.4%	[20.15% - 30.59%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese	B	19.5%	[14.37% - 24.68%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese		16.5%	[13.35% - 19.59%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol	B	62.5%	[58.60% - 66.35%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking		9.8%	[6.28% - 13.25%]	9.2%	[8.45% - 9.94%]

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		5.0%	[2.49% - 7.41%]	6.9%	[6.29% - 7.61%]
% 65+ with depression		29.0%	[25.41% - 32.52%]	28.8%	[28.59% - 29.01%]
% 65+ with anxiety disorders		18.7%	[15.37% - 21.97%]	21.9%	[21.74% - 22.15%]
% 65+ with bipolar disorders	B	2.4%	[1.85% - 2.93%]	3.1%	[2.97% - 3.14%]
% 65+ with post-traumatic stress disorder		1.2%	[0.81% - 1.65%]	1.4%	[1.35% - 1.48%]
% 65+ with schizophrenia & other psychotic disorders		4.4%	[3.69% - 5.04%]	4.9%	[4.81% - 5.02%]
% 65+ with personality disorders		1.2%	[0.78% - 1.56%]	1.1%	[1.00% - 1.11%]
% 65+ with substance use disorders (drug use +/- alcohol abuse)		5.7%	[3.72% - 7.74%]	5.5%	[5.41% - 5.64%]
% 65+ with tobacco use disorders		8.8%	[6.36% - 11.23%]	10.4%	[10.23% - 10.54%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	7.8%	[5.75% - 9.79%]	12.0%	[11.89% - 12.19%]
% 65+ with diabetes		26.5%	[22.73% - 30.18%]	28.2%	[27.97% - 28.41%]
% 65+ with stroke		11.0%	[8.67% - 13.34%]	10.8%	[10.64% - 10.92%]
% 65+ with chronic obstructive pulmonary disease	B	15.5%	[12.67% - 18.25%]	20.5%	[20.36% - 20.73%]
% 65+ with asthma		14.1%	[11.36% - 16.83%]	13.0%	[12.89% - 13.21%]
% 65+ with hypertension		66.7%	[62.88% - 70.45%]	70.2%	[70.02% - 70.46%]
% 65+ ever had a heart attack		4.2%	[2.69% - 5.76%]	4.5%	[4.37% - 4.56%]
% 65+ with ischemic heart disease	B	29.7%	[25.95% - 33.51%]	34.3%	[34.12% - 34.58%]
% 65+ with congestive heart failure		16.6%	[13.60% - 19.60%]	17.7%	[17.57% - 17.93%]
% 65+ with atrial fibrillation		14.8%	[12.14% - 17.54%]	14.4%	[14.28% - 14.60%]
% 65+ with peripheral vascular disease		15.2%	[12.29% - 18.04%]	14.7%	[14.51% - 14.84%]
% 65+ with osteoarthritis/rheumatoid arthritis		46.1%	[41.89% - 50.34%]	49.1%	[48.82% - 49.32%]
% 65+ with osteoporosis		16.4%	[13.68% - 19.17%]	17.4%	[17.22% - 17.57%]
% 65+ with leukemias and lymphomas	W	3.3%	[2.69% - 3.85%]	2.0%	[1.91% - 2.05%]
% 65+ with lung cancer		1.3%	[0.94% - 1.68%]	1.6%	[1.54% - 1.66%]
% 65+ with colon cancer	B	1.9%	[1.50% - 2.36%]	2.4%	[2.37% - 2.51%]
% 65+ women with breast cancer		11.4%	[8.12% - 14.70%]	9.8%	[9.59% - 9.96%]
% 65+ women with endometrial cancer		1.5%	[1.00% - 2.03%]	1.7%	[1.60% - 1.76%]
% 65+ men with prostate cancer	B	7.4%	[4.35% - 10.40%]	11.5%	[11.24% - 11.68%]
% 65+ with benign prostatic hyperplasia	B	30.6%	[25.31% - 35.97%]	36.8%	[36.47% - 37.14%]
% 65+ with HIV/AIDS		0.05%	[0.02% - 0.08%]	0.05%	[0.04% - 0.06%]
% 65+ with hypothyroidism	B	17.3%	[14.43% - 20.20%]	20.8%	[20.62% - 20.99%]
% 65+ with anemia	B	32.4%	[28.82% - 36.04%]	37.3%	[37.12% - 37.57%]
% 65+ with chronic kidney disease	B	17.4%	[14.36% - 20.51%]	22.3%	[22.14% - 22.54%]
% 65+ with liver diseases		7.8%	[5.59% - 10.01%]	6.9%	[6.75% - 6.99%]
% 65+ with fibromyalgia, chronic pain and fatigue		16.0%	[12.88% - 19.03%]	18.6%	[18.42% - 18.80%]
% 65+ with migraine and other chronic headache		4.4%	[3.68% - 5.05%]	4.0%	[3.95% - 4.15%]
% 65+ with epilepsy		1.7%	[1.21% - 2.11%]	2.1%	[2.00% - 2.14%]
% 65+ with traumatic brain injury		0.9%	[0.62% - 1.28%]	1.1%	[1.06% - 1.16%]

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma		25.7%	[22.35% - 29.07%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract		60.2%	[56.22% - 64.10%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer		6.7%	[4.60% - 8.75%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions	B	49.7%	[45.79% - 53.69%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions	B	14.1%	[11.18% - 16.95%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		14.4%	[11.59% - 17.28%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.57% - 1.21%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments		3.3%	[2.71% - 3.90%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees	*	10.6%	[8.51% - 12.59%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid	*	4.8%	[3.39% - 6.24%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		94.4%	[91.46% - 97.40%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		3.8%	[1.63% - 5.94%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year	*	5.3	[4.8 - 5.8]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year	*	473	[395 - 550]	572	[566 - 578]
Part D monthly prescription fills per person per year		46.2	[42.8 - 49.7]	49.1	[48.9 - 49.3]
Home health visits per year	*	1.7	[1.1 - 2.3]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year		2.2	[1.7 - 2.6]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year		209	[167 - 251]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)	*	8.5%	[3.67% - 13.25%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year		57	[35 - 79]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports	*	2.2%	[1.21% - 3.15%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month	*	84.8%	[80.63% - 89.00%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		82.9%	[78.03% - 87.79%]	77.1%	[76.02% - 78.18%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

³ The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

Questions or suggestions? Beth.Dugan@umb.edu