Gilmanton (Belknap)

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		4.4%	[2.64% - 6.21%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month		70.7%	[65.27% - 76.09%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity		23.0%	[17.69% - 28.34%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity		57.0%	[50.66% - 63.31%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities		15.7%	[11.10% - 20.23%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep		65.1%	[59.52% - 70.64%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		7.2%	[4.47% - 9.83%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture		3.2%	[2.48% - 3.91%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		17.1%	[12.55% - 21.60%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		11.0%	[7.42% - 14.68%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year		86.1%	[82.25% - 90.03%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		35.5%	[29.06% - 42.02%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		54.5%	[48.46% - 60.53%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		77.4%	[71.02% - 83.80%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		92.5%	[89.18% - 95.78%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years		74.3%	[68.03% - 80.67%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening		81.5%	[76.99% - 86.10%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		9.3%	[5.63% - 13.01%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers		8.9%	[5.12% - 12.63%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth		27.7%	[22.56% - 32.85%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam		71.8%	[66.59% - 76.91%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		17.0%	[12.61% - 21.41%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese		28.0%	[22.39% - 33.63%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese	B	11.5%	[8.56% - 14.50%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol	B	66.3%	[62.12% - 70.48%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking		9.6%	[6.04% - 13.07%]	9.2%	[8.45% - 9.94%]

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BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		8.1%	[4.60% - 11.58%]	6.9%	[6.29% - 7.61%]
% 65+ with depression	B	23.5%	[19.85% - 27.15%]	28.8%	[28.59% - 29.01%]
% 65+ with anxiety disorders	B	16.4%	[13.14% - 19.70%]	21.9%	[21.74% - 22.15%]
% 65+ with bipolar disorders		2.3%	[1.62% - 3.00%]	3.1%	[2.97% - 3.14%]
% 65+ with post-traumatic stress disorder		1.7%	[1.09% - 2.35%]	1.4%	[1.35% - 1.48%]
% 65+ with schizophrenia & other psychotic disorders	B	3.7%	[2.90% - 4.55%]	4.9%	[4.81% - 5.02%]
% 65+ with personality disorders		0.8%	[0.41% - 1.24%]	1.1%	[1.00% - 1.11%]
% 65+ with substance use disorders (drug use +/or alcohol abuse)	B	2.9%	[1.49% - 4.30%]	5.5%	[5.41% - 5.64%]
% 65+ with tobacco use disorders		9.2%	[6.62% - 11.88%]	10.4%	[10.23% - 10.54%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		10.2%	[7.65% - 12.77%]	12.0%	[11.89% - 12.19%]
% 65+ with diabetes		24.5%	[20.45% - 28.46%]	28.2%	[27.97% - 28.41%]
% 65+ with stroke		11.1%	[8.46% - 13.68%]	10.8%	[10.64% - 10.92%]
% 65+ with chronic obstructive pulmonary disease	B	11.9%	[9.14% - 14.65%]	20.5%	[20.36% - 20.73%]
% 65+ with asthma	B	7.2%	[4.98% - 9.38%]	13.0%	[12.89% - 13.21%]
% 65+ with hypertension	B	64.8%	[60.52% - 68.99%]	70.2%	[70.02% - 70.46%]
% 65+ ever had a heart attack	B	2.6%	[1.30% - 3.92%]	4.5%	[4.37% - 4.56%]
% 65+ with ischemic heart disease	B	29.2%	[25.02% - 33.31%]	34.3%	[34.12% - 34.58%]
% 65+ with congestive heart failure	B	14.4%	[11.30% - 17.43%]	17.7%	[17.57% - 17.93%]
% 65+ with atrial fibrillation		13.2%	[10.31% - 16.02%]	14.4%	[14.28% - 14.60%]
% 65+ with peripheral vascular disease		11.7%	[8.89% - 14.55%]	14.7%	[14.51% - 14.84%]
% 65+ with osteoarthritis/rheumatoid arthritis	B	42.5%	[37.90% - 47.03%]	49.1%	[48.82% - 49.32%]
% 65+ with osteoporosis	B	11.4%	[8.77% - 14.06%]	17.4%	[17.22% - 17.57%]
% 65+ with leukemias and lymphomas	B	1.3%	[0.81% - 1.81%]	2.0%	[1.91% - 2.05%]
% 65+ with lung cancer		2.1%	[1.45% - 2.65%]	1.6%	[1.54% - 1.66%]
% 65+ with colon cancer		2.8%	[2.15% - 3.53%]	2.4%	[2.37% - 2.51%]
% 65+ women with breast cancer		12.5%	[8.59% - 16.41%]	9.8%	[9.59% - 9.96%]
% 65+ women with endometrial cancer		1.7%	[0.92% - 2.50%]	1.7%	[1.60% - 1.76%]
% 65+ men with prostate cancer		12.5%	[8.38% - 16.61%]	11.5%	[11.24% - 11.68%]
% 65+ with benign prostatic hyperplasia		36.4%	[30.40% - 42.49%]	36.8%	[36.47% - 37.14%]
% 65+ with HIV/AIDS		0.04%	[0.02% - 0.06%]	0.05%	[0.04% - 0.06%]
% 65+ with hypothyroidism	B	14.0%	[11.06% - 16.98%]	20.8%	[20.62% - 20.99%]
% 65+ with anemia	B	27.9%	[24.03% - 31.70%]	37.3%	[37.12% - 37.57%]
% 65+ with chronic kidney disease	B	17.8%	[14.36% - 21.20%]	22.3%	[22.14% - 22.54%]
% 65+ with liver diseases	B	4.5%	[2.64% - 6.34%]	6.9%	[6.75% - 6.99%]
% 65+ with fibromyalgia, chronic pain and fatigue		18.4%	[14.79% - 21.93%]	18.6%	[18.42% - 18.80%]
% 65+ with migraine and other chronic headache	B	3.1%	[2.26% - 3.89%]	4.0%	[3.95% - 4.15%]
% 65+ with epilepsy		1.9%	[1.26% - 2.58%]	2.1%	[2.00% - 2.14%]
% 65+ with traumatic brain injury	B	0.6%	[0.28% - 0.99%]	1.1%	[1.06% - 1.16%]

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% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma		20.2%	[16.74% - 23.56%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract	B	53.9%	[49.51% - 58.30%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer		7.0%	[4.77% - 9.13%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions	B	43.0%	[38.72% - 47.33%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions		12.3%	[9.29% - 15.24%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		13.8%	[10.82% - 16.85%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.6%	[0.29% - 0.95%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments		2.7%	[2.00% - 3.39%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees		7.9%	[5.86% - 9.99%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid	*	4.1%	[2.60% - 5.64%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		96.8%	[94.84% - 98.76%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		4.2%	[1.89% - 6.59%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year		6.0	[5.4 - 6.5]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year		513	[403 - 623]	572	[566 - 578]
Part D monthly prescription fills per person per year	*	43.5	[39.5 - 47.5]	49.1	[48.9 - 49.3]
Home health visits per year		2.0	[1.3 - 2.6]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year		1.7	[1.3 - 2.1]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year		220	[164 - 275]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)		16.0%	[8.55% - 23.38%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year		61	[35 - 88]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports	*	2.0%	[0.91% - 3.05%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month		74.4%	[69.11% - 79.72%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		73.5%	[68.44% - 78.51%]	77.1%	[76.02% - 78.18%]

Notes. [1] Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

[2] All community and state margins of error are 95% confidence intervals.

[3] The margin of erroe of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last montth, and did not see doctor when needed due to cost.

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