

## Grantham (Sullivan)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Age-sex adjusted 1-year mortality rate	B	2.4%	[ 1.18% - 3.52% ]	4.1%	[ 4.02% - 4.19% ]
<b>WELLNESS &amp; PREVENTION</b>					
% 60+ with any physical activity within last month	B	84.4%	[ 80.13% - 88.61% ]	74.5%	[ 73.36% - 75.59% ]
% 60+ met CDC guidelines for muscle-strengthening activity		29.9%	[ 24.26% - 35.50% ]	26.0%	[ 24.93% - 27.14% ]
% 60+ met CDC guidelines for aerobic physical activity	B	69.6%	[ 64.21% - 75.03% ]	58.6%	[ 57.33% - 59.82% ]
% 60+ met CDC guidelines for both types of physical activities		23.4%	[ 18.23% - 28.59% ]	19.9%	[ 18.92% - 20.93% ]
% 60+ getting recommended hours of sleep	B	73.6%	[ 68.03% - 79.09% ]	66.4%	[ 65.16% - 67.60% ]
% 60+ injured in a fall within last 12 months		11.4%	[ 7.65% - 15.05% ]	10.4%	[ 9.65% - 11.16% ]
% 65+ had hip fracture		3.1%	[ 2.53% - 3.59% ]	3.3%	[ 3.19% - 3.34% ]
% 60+ with self-reported fair or poor health status		13.9%	[ 9.85% - 17.88% ]	16.5%	[ 15.54% - 17.40% ]
% 60+ with 15+ physically unhealthy days last month		10.4%	[ 6.79% - 14.02% ]	12.5%	[ 11.69% - 13.37% ]
% 60+ with physical exam/check-up in past year		80.9%	[ 75.71% - 86.17% ]	86.5%	[ 85.66% - 87.39% ]
% 60+ met CDC preventive health screening goals		39.7%	[ 32.65% - 46.81% ]	40.3%	[ 38.77% - 41.81% ]
% 60+ flu shot past year		66.1%	[ 60.12% - 72.05% ]	59.3%	[ 58.06% - 60.63% ]
% 65+ with pneumonia vaccine		81.0%	[ 75.06% - 86.92% ]	77.8%	[ 76.56% - 79.12% ]
% 60+ with cholesterol screening		94.5%	[ 91.80% - 97.16% ]	95.3%	[ 94.78% - 95.82% ]
% 60+ women with a mammogram within last 2 years		70.6%	[ 62.98% - 78.20% ]	79.3%	[ 77.96% - 80.69% ]
% 60+ with colorectal cancer screening		74.2%	[ 68.35% - 80.03% ]	77.0%	[ 75.92% - 78.16% ]
% 60+ with HIV test		14.4%	[ 9.70% - 19.14% ]	13.5%	[ 12.50% - 14.41% ]
% 60+ current smokers	B	3.9%	[ 1.43% - 6.34% ]	8.1%	[ 7.38% - 8.79% ]
<b>Oral Health</b>					
% 60+ with loss of 6 or more teeth	B	18.5%	[ 13.84% - 23.18% ]	29.0%	[ 27.79% - 30.12% ]
% 60+ with annual dental exam	B	83.6%	[ 79.11% - 88.06% ]	75.7%	[ 74.65% - 76.84% ]
<b>NUTRITION/DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		25.4%	[ 20.15% - 30.59% ]	20.2%	[ 19.23% - 21.21% ]
% 60+ self-reported obese	B	19.5%	[ 14.37% - 24.68% ]	27.2%	[ 26.03% - 28.35% ]
% 65+ clinically diagnosed obese	B	13.0%	[ 10.24% - 15.86% ]	16.7%	[ 16.56% - 16.94% ]
% 65+ with high cholesterol	B	63.1%	[ 59.40% - 66.77% ]	72.2%	[ 72.01% - 72.44% ]
% 60+ excessive drinking		9.8%	[ 6.28% - 13.25% ]	9.2%	[ 8.45% - 9.94% ]

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<b>BEHAVIORAL HEALTH</b>					
% 60+ with 15+ days poor mental health last month		5.0%	[ 2.49% - 7.41% ]	6.9%	[ 6.29% - 7.61% ]
% 65+ with depression	B	21.5%	[ 18.48% - 24.57% ]	28.8%	[ 28.59% - 29.01% ]
% 65+ with anxiety disorders	B	16.0%	[ 13.14% - 18.82% ]	21.9%	[ 21.74% - 22.15% ]
% 65+ with bipolar disorders	B	2.4%	[ 1.85% - 2.93% ]	3.1%	[ 2.97% - 3.14% ]
% 65+ with post-traumatic stress disorder		1.2%	[ 0.81% - 1.65% ]	1.4%	[ 1.35% - 1.48% ]
% 65+ with schizophrenia & other psychotic disorders		4.4%	[ 3.69% - 5.04% ]	4.9%	[ 4.81% - 5.02% ]
% 65+ with personality disorders		1.2%	[ 0.78% - 1.56% ]	1.1%	[ 1.00% - 1.11% ]
% 65+ with substance use disorders (drug use +/- alcohol abuse)		4.0%	[ 2.48% - 5.53% ]	5.5%	[ 5.41% - 5.64% ]
% 65+ with tobacco use disorders	B	6.6%	[ 4.55% - 8.65% ]	10.4%	[ 10.23% - 10.54% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	6.4%	[ 4.67% - 8.20% ]	12.0%	[ 11.89% - 12.19% ]
% 65+ with diabetes	B	18.0%	[ 14.87% - 21.10% ]	28.2%	[ 27.97% - 28.41% ]
% 65+ with stroke	B	8.2%	[ 6.23% - 10.21% ]	10.8%	[ 10.64% - 10.92% ]
% 65+ with chronic obstructive pulmonary disease	B	9.6%	[ 7.44% - 11.70% ]	20.5%	[ 20.36% - 20.73% ]
% 65+ with asthma	B	8.3%	[ 6.23% - 10.29% ]	13.0%	[ 12.89% - 13.21% ]
% 65+ with hypertension	B	62.8%	[ 59.12% - 66.53% ]	70.2%	[ 70.02% - 70.46% ]
% 65+ ever had a heart attack	B	2.5%	[ 1.40% - 3.66% ]	4.5%	[ 4.37% - 4.56% ]
% 65+ with ischemic heart disease	B	26.3%	[ 22.81% - 29.72% ]	34.3%	[ 34.12% - 34.58% ]
% 65+ with congestive heart failure	B	11.4%	[ 8.93% - 13.81% ]	17.7%	[ 17.57% - 17.93% ]
% 65+ with atrial fibrillation	B	11.1%	[ 8.85% - 13.42% ]	14.4%	[ 14.28% - 14.60% ]
% 65+ with peripheral vascular disease	B	9.5%	[ 7.24% - 11.78% ]	14.7%	[ 14.51% - 14.84% ]
% 65+ with osteoarthritis/rheumatoid arthritis		50.2%	[ 46.08% - 54.29% ]	49.1%	[ 48.82% - 49.32% ]
% 65+ with osteoporosis		17.5%	[ 14.75% - 20.26% ]	17.4%	[ 17.22% - 17.57% ]
% 65+ with leukemias and lymphomas	W	3.3%	[ 2.69% - 3.85% ]	2.0%	[ 1.91% - 2.05% ]
% 65+ with lung cancer		1.3%	[ 0.94% - 1.68% ]	1.6%	[ 1.54% - 1.66% ]
% 65+ with colon cancer	B	1.9%	[ 1.50% - 2.36% ]	2.4%	[ 2.37% - 2.51% ]
% 65+ women with breast cancer		10.9%	[ 7.70% - 14.20% ]	9.8%	[ 9.59% - 9.96% ]
% 65+ women with endometrial cancer		1.5%	[ 1.00% - 2.03% ]	1.7%	[ 1.60% - 1.76% ]
% 65+ men with prostate cancer		10.5%	[ 7.22% - 13.68% ]	11.5%	[ 11.24% - 11.68% ]
% 65+ with benign prostatic hyperplasia		38.2%	[ 32.93% - 43.37% ]	36.8%	[ 36.47% - 37.14% ]
% 65+ with HIV/AIDS		0.05%	[ 0.02% - 0.08% ]	0.05%	[ 0.04% - 0.06% ]
% 65+ with hypothyroidism	B	17.4%	[ 14.59% - 20.19% ]	20.8%	[ 20.62% - 20.99% ]
% 65+ with anemia	B	31.2%	[ 27.75% - 34.59% ]	37.3%	[ 37.12% - 37.57% ]
% 65+ with chronic kidney disease	B	13.5%	[ 10.80% - 16.15% ]	22.3%	[ 22.14% - 22.54% ]
% 65+ with liver diseases		5.3%	[ 3.51% - 7.18% ]	6.9%	[ 6.75% - 6.99% ]
% 65+ with fibromyalgia, chronic pain and fatigue	B	13.0%	[ 10.35% - 15.62% ]	18.6%	[ 18.42% - 18.80% ]
% 65+ with migraine and other chronic headache		4.4%	[ 3.68% - 5.05% ]	4.0%	[ 3.95% - 4.15% ]
% 65+ with epilepsy		1.7%	[ 1.21% - 2.11% ]	2.1%	[ 2.00% - 2.14% ]
% 65+ with traumatic brain injury		0.9%	[ 0.62% - 1.28% ]	1.1%	[ 1.06% - 1.16% ]

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% 65+ with autism spectrum disorders			N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma		22.8%	[ 19.71% - 25.89% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract	W	65.9%	[ 62.27% - 69.61% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer	B	4.4%	[ 2.87% - 5.94% ]	7.1%	[ 6.99% - 7.24% ]
% 65+ with 4+ (out of 15) chronic conditions	B	42.8%	[ 39.10% - 46.50% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions		11.9%	[ 9.37% - 14.50% ]	10.3%	[ 10.12% - 10.42% ]
<b>LIVING WITH DISABILITY</b>					
% 65+ with clinical diagnosis of deafness or hearing impairment		15.6%	[ 12.79% - 18.38% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[ 0.57% - 1.21% ]	0.9%	[ 0.81% - 0.90% ]
% 65+ with clinical diagnosis of mobility impairments		3.3%	[ 2.71% - 3.90% ]	3.2%	[ 3.14% - 3.31% ]
<b>ACCESS TO CARE</b>					
Medicare (65+ population)					
% Medicare managed care enrollees	*	3.9%	[ 2.62% - 5.25% ]	7.9%	[ 7.8% - 8.02% ]
% dually eligible for Medicare and Medicaid	*	2.0%	[ 1.07% - 2.98% ]	7.5%	[ 7.40% - 7.62% ]
% 60+ with a regular doctor		94.4%	[ 91.46% - 97.40% ]	95.8%	[ 95.34% - 96.33% ]
% 60+ who did not see doctor when needed due to cost		3.8%	[ 1.63% - 5.94% ]	5.4%	[ 4.75% - 5.97% ]
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	4.9	[ 4.5 - 5.4 ]	6.3	[ 6.2 - 6.3 ]
Emergency room visits/1000 persons 65+ years per year	*	351	[ 294 - 409 ]	572	[ 566 - 578 ]
Part D monthly prescription fills per person per year	*	40.2	[ 37.3 - 43.0 ]	49.1	[ 48.9 - 49.3 ]
Home health visits per year	*	1.3	[ 0.8 - 1.9 ]	2.5	[ 2.4 - 2.5 ]
Durable medical equipment claims per year	*	1.4	[ 1.1 - 1.8 ]	2.0	[ 2.0 - 2.0 ]
Inpatient hospital stays/1000 persons 65+ years per year	*	134	[ 103 - 165 ]	237	[ 234 - 241 ]
Medicare inpatient hospital readmissions (as % of admissions)		10.0%	[ 3.72% - 16.28% ]	15.8%	[ 15.41% - 16.22% ]
# skilled nursing facility stays/1000 persons 65+ years per year	*	36	[ 19 - 53 ]	76	[ 74 - 77 ]
% 65+ getting Medicaid long term services and supports	*	1.4%	[ 0.63% - 2.23% ]	3.7%	[ 3.59% - 3.74% ]
<b>COMMUNITY VARIABLES &amp; CIVIC ENGAGEMENT</b>					
% 60+ who used Internet in last month	*	84.8%	[ 80.63% - 89.00% ]	77.6%	[ 76.53% - 78.64% ]
<b>SAFETY &amp; TRANSPORTATION</b>					
% 60+ who always drive wearing a seatbelt		82.9%	[ 78.03% - 87.79% ]	77.1%	[ 76.02% - 78.18% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

<sup>3</sup> The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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