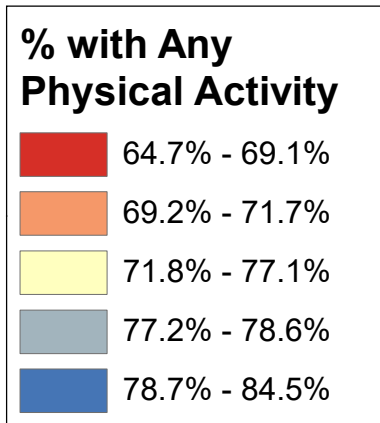
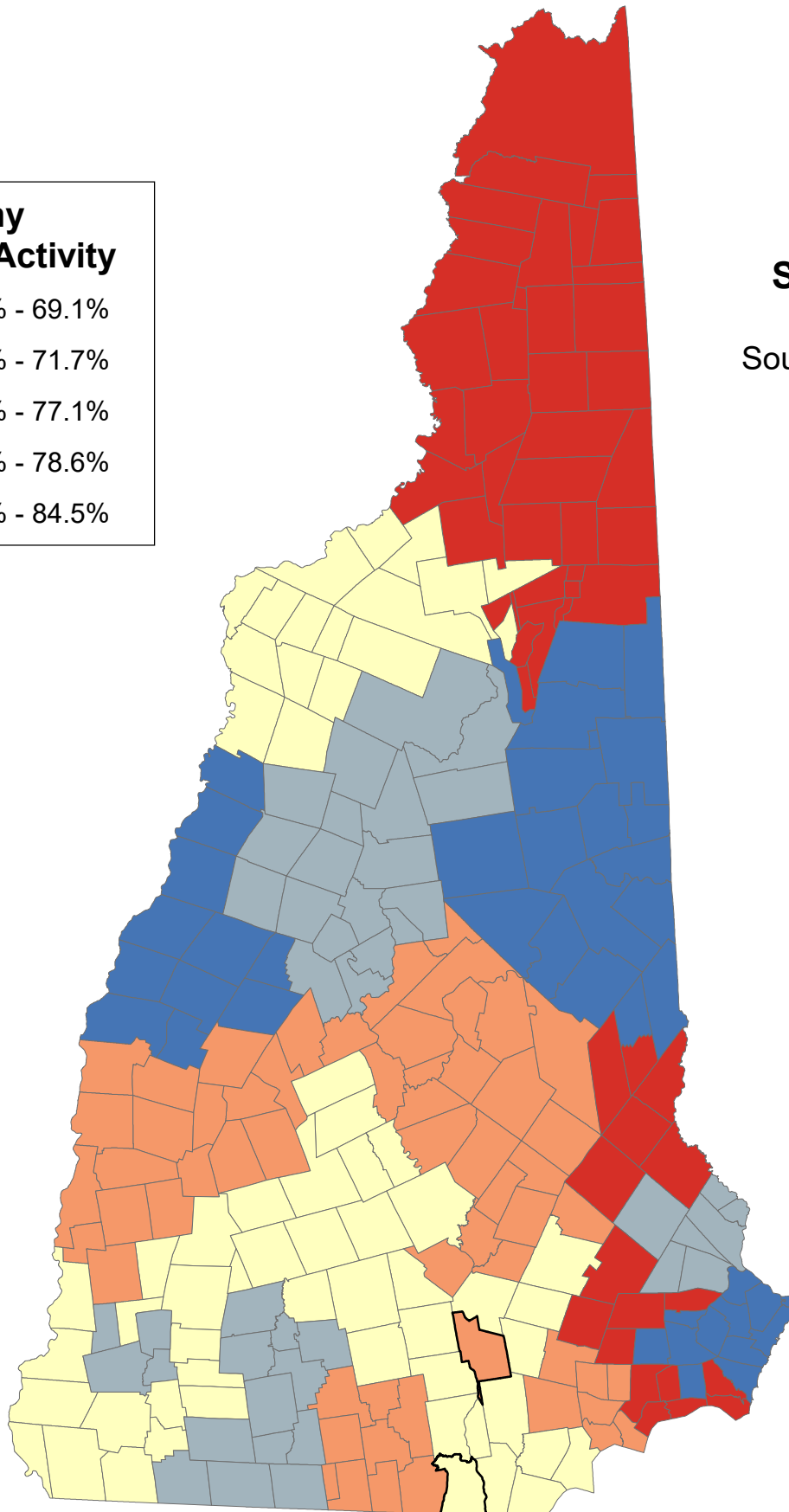


# Percentage of Persons Age 60+ Years with Any Physical Activity within Last Month

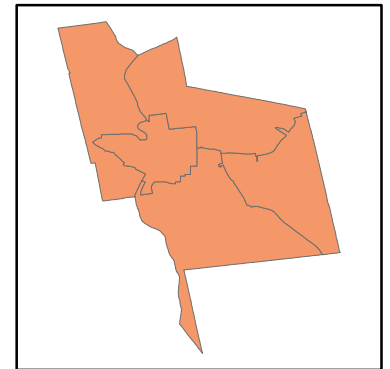


**State Average: 74.5%**

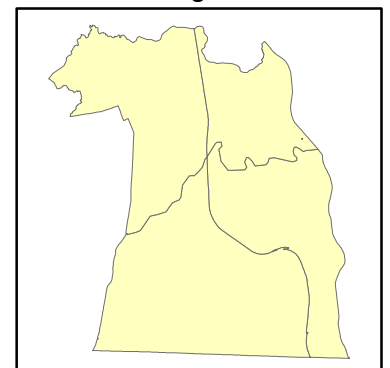
Source: BRFSS, 2014-2016



**Manchester Neighborhoods**



**Nashua Neighborhoods**



## % 60+ with Any Physical Activity within Last Month

Acworth	71.66%	Dalton	73.57%	Haverhill	73.57%	Nelson	77.13%	South Hampton	69.07%	<b>Manchester</b>	
Albany	80.63%	Danbury	71.75%	Hebron	77.49%	New Boston	72.80%	Springfield	71.66%	Central Manchester	71.00%
Alexandria	77.49%	Danville	70.08%	Henniker	74.17%	New Castle	81.40%	Stark	67.20%	Manchester: West	71.00%
Allenstown	70.17%	Deerfield	72.80%	Hill	71.75%	New Durham	68.80%	Stewartstown	67.20%	Manchester: South	71.00%
Alstead	71.66%	Deering	74.17%	Hillsborough	74.17%	New Hampton	71.75%	Stoddard	77.13%	Manchester: North	71.00%
Alton	70.68%	Derry	70.08%	Hinsdale	77.13%	New Ipswich	78.38%	Strafford	68.80%	Manchester: East	71.00%
Amherst	70.48%	Dorchester	77.49%	Holderness	77.49%	New London	71.66%	Stratford	67.20%		
Andover	74.17%	Dover	77.15%	Hollis	70.48%	Newbury	71.66%	Stratham	84.52%	<b>Nashua</b>	
Antrim	78.38%	Dublin	77.13%	Hooksett	72.80%	Newfields	84.52%	Sugar Hill	73.57%	Nashua: Zip 03060	72.59%
Ashland	77.49%	Dummer	64.67%	Hopkinton	74.17%	Newington	81.40%	Sullivan	78.58%	Nashua: Zip 03062	72.59%
Atkinson	70.08%	Dunbarton	74.17%	Hudson	73.05%	Newmarket	69.07%	Sunapee	71.66%	Nashua: Zip 03063	72.59%
Auburn	72.80%	Durham	77.15%	Jackson	80.63%	Newport	71.66%	Surry	78.58%	Nashua: Zip 03064	72.59%
Barnstead	70.68%	East Kingston	69.07%	Jaffrey	78.38%	Newton	69.07%	Sutton	71.66%		
Barrington	77.15%	Easton	73.57%	Jefferson	67.20%	North Hampton	84.52%	Swanzey	77.13%		
Bartlett	80.63%	Eaton	80.63%	Keene	78.58%	Northfield	71.75%	Tamworth	80.63%		
Bath	73.57%	Effingham	78.85%	Kensington	84.52%	Northumberland	67.20%	Temple	78.38%		
Bedford	72.80%	Ellsworth	77.49%	Kingston	69.07%	Northwood	70.17%	Thornton	77.49%	<b>Unincorporated Places</b>	
Belmont	71.75%	Enfield	84.37%	Laconia	70.68%	Nottingham	69.07%	Tilton	71.75%	<i>Atkinson and Gilmanton Academy Grant</i>	
Bennington	78.38%	Epping	69.07%	Lancaster	67.20%	Orange	84.37%	Troy	77.13%	<i>Bean's Grant</i>	
Benton	73.57%	Epsom	70.17%	Landaff	73.57%	Orford	84.37%	Tuftonboro	78.85%	<i>Bean's Purchase</i>	
Berlin	64.67%	Errol	64.67%	Langdon	71.66%	Ossipee	78.85%	Unity	71.66%	<i>Cambridge</i>	
Bethlehem	73.57%	Exeter	84.52%	Lebanon	84.37%	Pelham	73.05%	Wakefield	78.85%	<i>Chandler's Purchase</i>	
Boscawen	74.47%	Farmington	68.80%	Lee	77.15%	Pembroke	70.17%	Walpole	77.13%	<i>Crawford's Purchase</i>	
Bow	70.17%	Fitzwilliam	78.38%	Lempster	71.66%	Peterborough	78.38%	Warner	74.17%	<i>Cutt's Grant</i>	
Bradford	74.17%	Francestown	78.38%	Lincoln	77.49%	Piermont	84.37%	Warren	77.49%	<i>Dix's Grant</i>	
Brentwood	84.52%	Franconia	73.57%	Lisbon	73.57%	Pittsburg	67.20%	Washington	74.17%	<i>Dixville</i>	
Bridgewater	77.49%	Franklin	71.75%	Litchfield	73.05%	Pittsfield	70.17%	Waterville Valley	77.49%	<i>Erving's Location</i>	
Bristol	77.49%	Freedom	80.63%	Littleton	73.57%	Plainfield	84.37%	Weare	74.17%	<i>Green's Grant</i>	
Brookfield	78.85%	Fremont	69.07%	Londonderry	75.06%	Plaisow	70.08%	Webster	74.47%	<i>Hadley's Purchase</i>	
Brookline	70.48%	Gilford	70.68%	Loudon	70.17%	Plymouth	77.49%	Wentworth	77.49%	<i>Kilkenny</i>	
Campton	77.49%	Gilmanton	70.68%	Lyman	73.57%	Portsmouth	81.40%	Westmoreland	77.13%	<i>Livermore</i>	
Canaan	84.37%	Gilsum	77.13%	Lyme	84.37%	Randolph	67.20%	Whitefield	73.57%	<i>Low and Burbank's Grant</i>	
Candia	72.80%	Goffstown	72.80%	Lyndeborough	70.48%	Raymond	69.07%	Wilmot	71.66%	<i>Martin's Location</i>	
Canterbury	70.17%	Gorham	64.67%	Madbury	77.15%	Richmond	77.13%	Wilton	70.48%	<i>Millsfield</i>	
Carroll	73.57%	Goshen	71.66%	Madison	80.63%	Rindge	78.38%	Winchester	77.13%	<i>Odell</i>	
Center Harbor	71.75%	Grafton	84.37%	Manchester	71.00%	Rochester	68.80%	Windham	75.06%	<i>Pinkham's Grant</i>	
Charlestown	71.66%	Grantham	84.37%	Marlborough	77.13%	Rollinsford	77.15%	Windsor	74.17%	<i>Sargent's Purchase</i>	
Chatham	80.63%	Greenfield	78.38%	Marlow	77.13%	Roxbury	78.58%	Wolfeboro	78.85%	<i>Second College Grant</i>	
Chester	70.08%	Greenland	81.40%	Mason	70.48%	Rumney	77.49%	Woodstock	77.49%	<i>Success</i>	
Chesterfield	77.13%	Greenville	70.48%	Meredith	71.75%	Rye	81.40%			<i>Thompson and Meserves Purchase</i>	
Chichester	70.17%	Groton	77.49%	Merrimack	73.05%	Salem	75.06%			<i>Wentworth's Location</i>	
Claremont	71.66%	Hale's Location	80.63%	Middleton	68.80%	Salisbury	74.17%				
Clarksville	67.20%	Hampstead	70.08%	Milan	64.67%	Sanbornton	71.75%				
Colebrook	67.20%	Hampton	84.52%	Milford	70.48%	Sandown	70.08%				
Columbia	67.20%	Hampton Falls	69.07%	Milton	68.80%	Sandwich	78.85%				
Concord	74.47%	Hancock	78.38%	Monroe	73.57%	Seabrook	69.07%				
Conway	80.63%	Hanover	84.37%	Mont Vernon	70.48%	Sharon	78.38%				
Cornish	71.66%	Harrisville	77.13%	Moultonborough	78.85%	Shelburne	64.67%				
Croydon	71.66%	Hart's Location	80.63%	Nashua	72.59%	Somersworth	77.15%				

## % 60+ with Any Physical Activity within Last Month (Ranked)

Brentwood	84.52%	Francestown	78.38%	Londonderry	75.06%	Hill	71.75%	Danville	70.08%	<b>Manchester</b>	
Exeter	84.52%	Greenfield	78.38%	Salem	75.06%	Meredith	71.75%	Derry	70.08%	Central Manchester	71.00%
Hampton	84.52%	Hancock	78.38%	Windham	75.06%	New Hampton	71.75%	Hampstead	70.08%	Manchester: West	71.00%
Kensington	84.52%	Jaffrey	78.38%	Boscawen	74.47%	Northfield	71.75%	Plaistow	70.08%	Manchester: South	71.00%
Newfields	84.52%	New Ipswich	78.38%	Concord	74.47%	Sanbornton	71.75%	Sandown	70.08%	Manchester: North	71.00%
North Hampton	84.52%	Peterborough	78.38%	Webster	74.47%	Tilton	71.75%	East Kingston	69.07%	Manchester: East	71.00%
Stratham	84.52%	Rindge	78.38%	Andover	74.17%	Acworth	71.66%	Epping	69.07%		
Canaan	84.37%	Sharon	78.38%	Bradford	74.17%	Alstead	71.66%	Fremont	69.07%	<b>Nashua</b>	
Enfield	84.37%	Temple	78.38%	Deering	74.17%	Charlestown	71.66%	Hampton Falls	69.07%	Nashua: Zip 03060	72.59%
Grafton	84.37%	Alexandria	77.49%	Dunbarton	74.17%	Claremont	71.66%	Kingston	69.07%	Nashua: Zip 03062	72.59%
Grantham	84.37%	Ashland	77.49%	Henniker	74.17%	Cornish	71.66%	Newmarket	69.07%	Nashua: Zip 03063	72.59%
Hanover	84.37%	Bridgewater	77.49%	Hillsborough	74.17%	Croydon	71.66%	Newton	69.07%	Nashua: Zip 03064	72.59%
Lebanon	84.37%	Bristol	77.49%	Hopkinton	74.17%	Goshen	71.66%	Nottingham	69.07%		
Lyme	84.37%	Campton	77.49%	Salisbury	74.17%	Langdon	71.66%	Raymond	69.07%		
Orange	84.37%	Dorchester	77.49%	Warner	74.17%	Lempster	71.66%	Seabrook	69.07%		
Orford	84.37%	Ellsworth	77.49%	Washington	74.17%	New London	71.66%	South Hampton	69.07%		
Piermont	84.37%	Groton	77.49%	Weare	74.17%	Newbury	71.66%	Farmington	68.80%	<b>Unincorporated Places</b>	
Plainfield	84.37%	Hebron	77.49%	Windsor	74.17%	Newport	71.66%	Middleton	68.80%	<i>Atkinson and Gilmanton Academy Grant</i>	
Greenland	81.40%	Helderness	77.49%	Bath	73.57%	Springfield	71.66%	Milton	68.80%	<i>Bean's Grant</i>	
New Castle	81.40%	Lincoln	77.49%	Benton	73.57%	Sunapee	71.66%	New Durham	68.80%	<i>Bean's Purchase</i>	
Newington	81.40%	Plymouth	77.49%	Bethlehem	73.57%	Sutton	71.66%	Rochester	68.80%	<i>Cambridge</i>	
Portsmouth	81.40%	Rumney	77.49%	Carroll	73.57%	Unity	71.66%	Stratford	68.80%	<i>Chandler's Purchase</i>	
Rye	81.40%	Thornton	77.49%	Dalton	73.57%	Wilmot	71.66%	Stratford	67.20%	<i>Crawford's Purchase</i>	
Albany	80.63%	Warren	77.49%	Easton	73.57%	Manchester	71.00%	Colebrook	67.20%	<i>Cutt's Grant</i>	
Bartlett	80.63%	Waterville Valley	77.49%	Franconia	73.57%	Alton	70.68%	Columbia	67.20%	<i>Dix's Grant</i>	
Chatham	80.63%	Wentworth	77.49%	Haverhill	73.57%	Barnstead	70.68%	Jefferson	67.20%	<i>Dixville</i>	
Conway	80.63%	Woodstock	77.49%	Landaff	73.57%	Gilford	70.68%	Lancaster	67.20%	<i>Erving's Location</i>	
Eaton	80.63%	Barrington	77.15%	Lisbon	73.57%	Gilmanton	70.68%	Northumberland	67.20%	<i>Green's Grant</i>	
Freedom	80.63%	Dover	77.15%	Littleton	73.57%	Laconia	70.68%	Pittsburg	67.20%	<i>Hadley's Purchase</i>	
Hale's Location	80.63%	Durham	77.15%	Lyman	73.57%	Amherst	70.48%	Randolph	67.20%	<i>Kilkenny</i>	
Hart's Location	80.63%	Lee	77.15%	Monroe	73.57%	Brookline	70.48%	Stark	67.20%	<i>Livermore</i>	
Jackson	80.63%	Madbury	77.15%	Sugar Hill	73.57%	Greenville	70.48%	Stewartstown	67.20%	<i>Low and Burbank's Grant</i>	
Madison	80.63%	Rollinsford	77.15%	Whitefield	73.57%	Hollis	70.48%	Stratford	67.20%	<i>Martin's Location</i>	
Tamworth	80.63%	Somersworth	77.15%	Hudson	73.05%	Lyndeborough	70.48%	Berlin	64.67%	<i>Millsfield</i>	
Brookfield	78.85%	Chesterfield	77.13%	Litchfield	73.05%	Mason	70.48%	Dummer	64.67%	<i>Odell</i>	
Effingham	78.85%	Dublin	77.13%	Merrimack	73.05%	Milford	70.48%	Errol	64.67%	<i>Pinkham's Grant</i>	
Moultonborough	78.85%	Gilsum	77.13%	Pelham	73.05%	Mont Vernon	70.48%	Gorham	64.67%	<i>Sargent's Purchase</i>	
Ossipee	78.85%	Harrisville	77.13%	Auburn	72.80%	Wilton	70.48%	Milan	64.67%	<i>Second College Grant</i>	
Sandwich	78.85%	Hinsdale	77.13%	Bedford	72.80%	Allenstown	70.17%	Shelburne	64.67%	<i>Success</i>	
Tuftonboro	78.85%	Marlborough	77.13%	Candia	72.80%	Bow	70.17%			<i>Thompson and Meserves Purchase</i>	
Wakefield	78.85%	Marlow	77.13%	Deerfield	72.80%	Canterbury	70.17%			<i>Wentworth's Location</i>	
Wolfeboro	78.85%	Nelson	77.13%	Goffstown	72.80%	Chichester	70.17%				
Keene	78.58%	Richmond	77.13%	Hooksett	72.80%	Epsom	70.17%				
Roxbury	78.58%	Stoddard	77.13%	New Boston	72.80%	Loudon	70.17%				
Sullivan	78.58%	Swanzey	77.13%	Nashua	72.59%	Northwood	70.17%				
Surry	78.58%	Troy	77.13%	Belmont	71.75%	Pembroke	70.17%				
Antrim	78.38%	Walpole	77.13%	Center Harbor	71.75%	Pittsfield	70.17%				
Bennington	78.38%	Westmoreland	77.13%	Danbury	71.75%	Atkinson	70.08%				
Fitzwilliam	78.38%	Winchester	77.13%	Franklin	71.75%	Chester	70.08%				