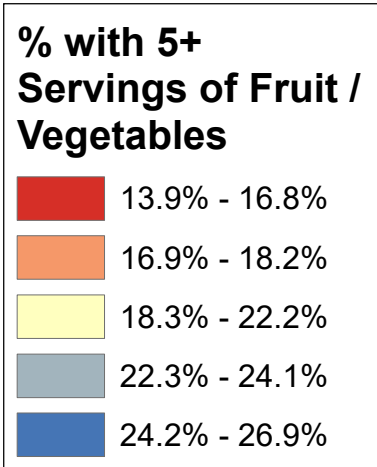
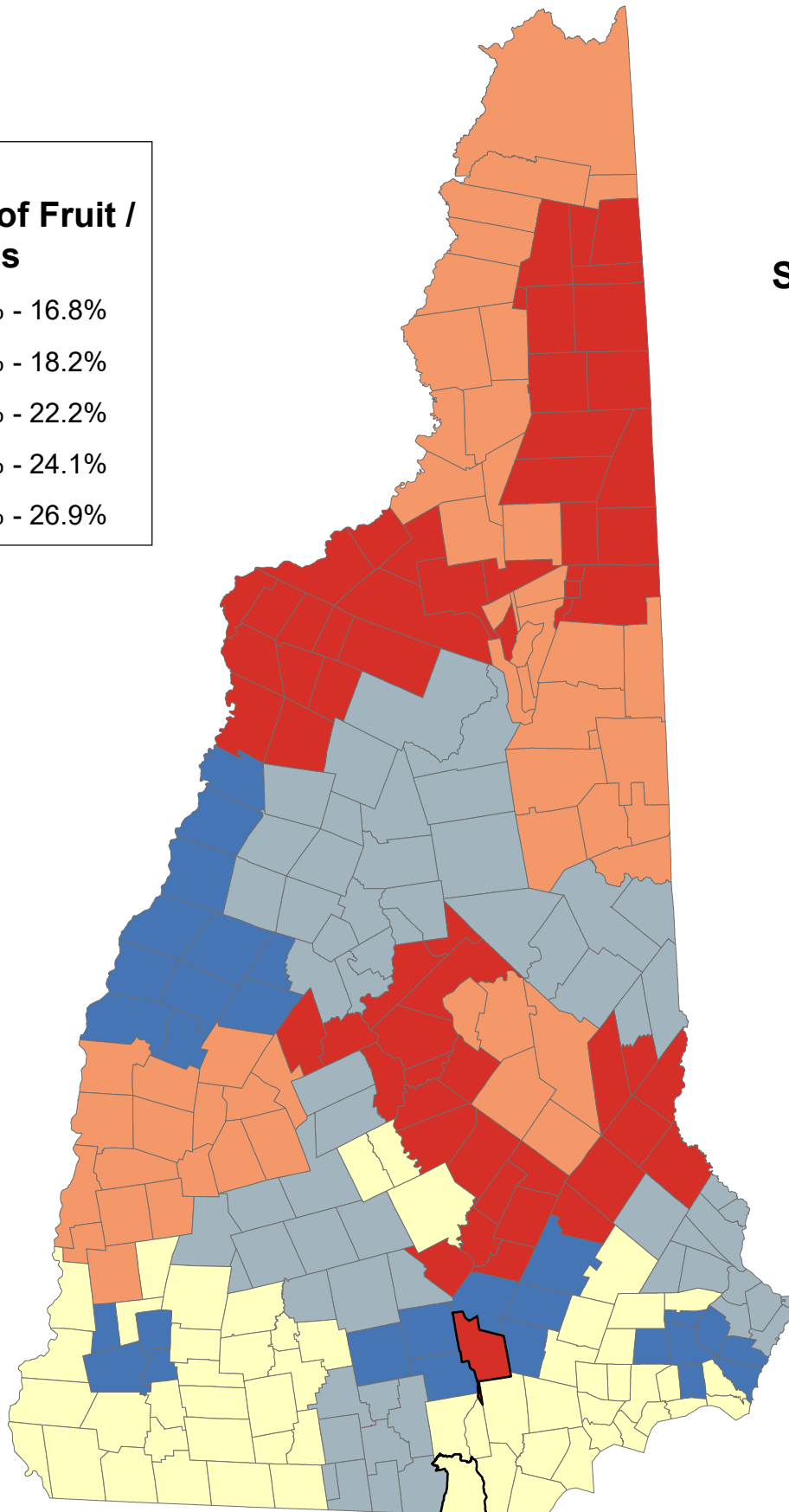


Percentage of Persons Age 60+ Years with 5+ Servings of Fruit / Vegetables per Day

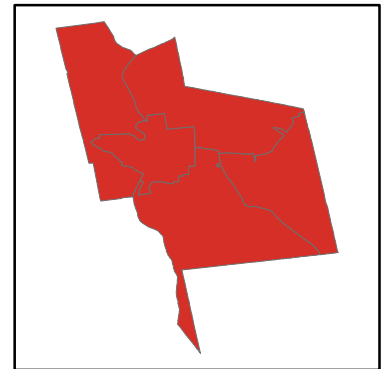


State Average: 20.2%

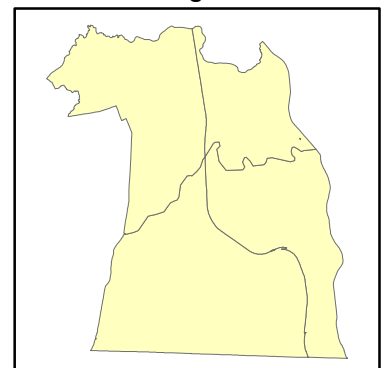
Source: BRFSS,
2011, 2013, 2015



Manchester Neighborhoods



Nashua Neighborhoods



% 60+ with 5 or More Servings of Fruit or Vegetables per Day

Acworth	18.23%	Dalton	15.17%	Haverhill	15.17%	Nelson	22.16%	South Hampton	19.99%	Manchester	
Albany	17.82%	Danbury	16.82%	Hebron	24.07%	New Boston	24.15%	Springfield	18.23%	Central Manchester	14.36%
Alexandria	24.07%	Danville	21.64%	Henniker	22.72%	New Castle	23.73%	Stark	16.96%	Manchester: West	14.36%
Allenstown	16.52%	Deerfield	24.15%	Hill	16.82%	New Durham	14.36%	Stewartstown	16.96%	Manchester: South	14.36%
Alstead	18.23%	Deering	22.72%	Hillsborough	22.72%	New Hampton	16.82%	Stoddard	22.16%	Manchester: North	14.36%
Alton	17.01%	Derry	21.64%	Hinsdale	22.16%	New Ipswich	19.29%	Strafford	14.36%	Manchester: East	14.36%
Amherst	22.27%	Dorchester	24.07%	Holderness	24.07%	New London	18.23%	Stratford	16.96%		
Andover	22.72%	Dover	22.72%	Hollis	22.27%	Newbury	18.23%	Stratham	26.91%	Nashua	
Antrim	19.29%	Dublin	22.16%	Hooksett	24.15%	Newfields	26.91%	Sugar Hill	15.17%	Nashua: Zip 03060	18.86%
Ashland	24.07%	Dummer	13.93%	Hopkinton	22.72%	Newington	23.73%	Sullivan	26.36%	Nashua: Zip 03062	18.86%
Atkinson	21.64%	Dunbarton	22.72%	Hudson	19.65%	Newmarket	19.99%	Sunapee	18.23%	Nashua: Zip 03063	18.86%
Auburn	24.15%	Durham	22.72%	Jackson	17.82%	Newport	18.23%	Surry	26.36%	Nashua: Zip 03064	18.86%
Barnstead	17.01%	East Kingston	19.99%	Jaffrey	19.29%	Newton	19.99%	Sutton	18.23%		
Barrington	22.72%	Easton	15.17%	Jefferson	16.96%	North Hampton	26.91%	Swanzey	22.16%		
Bartlett	17.82%	Eaton	17.82%	Keene	26.36%	Northfield	16.82%	Tamworth	17.82%		
Bath	15.17%	Effingham	22.69%	Kensington	26.91%	Northumberland	16.96%	Temple	19.29%		
Bedford	24.15%	Ellsworth	24.07%	Kingston	19.99%	Northwood	16.52%	Thornton	24.07%	Unincorporated Places	
Belmont	16.82%	Enfield	25.37%	Laconia	17.01%	Nottingham	19.99%	Tilton	16.82%	<i>Atkinson and Gilmanton Academy Grant</i>	
Bennington	19.29%	Epping	19.99%	Lancaster	16.96%	Orange	25.37%	Troy	22.16%	<i>Bean's Grant</i>	
Benton	15.17%	Epsom	16.52%	Landaff	15.17%	Orford	25.37%	Tuftonboro	22.69%	<i>Bean's Purchase</i>	
Berlin	13.93%	Errol	13.93%	Langdon	18.23%	Ossipee	22.69%	Unity	18.23%	<i>Cambridge</i>	
Bethlehem	15.17%	Exeter	26.91%	Lebanon	25.37%	Pelham	19.65%	Wakefield	22.69%	<i>Chandler's Purchase</i>	
Boscawen	19.39%	Farmington	14.36%	Lee	22.72%	Pembroke	16.52%	Walpole	22.16%	<i>Crawford's Purchase</i>	
Bow	16.52%	Fitzwilliam	19.29%	Lempster	18.23%	Peterborough	19.29%	Warner	22.72%	<i>Cutt's Grant</i>	
Bradford	22.72%	Francestown	19.29%	Lincoln	24.07%	Piermont	25.37%	Warren	24.07%	<i>Dix's Grant</i>	
Brentwood	26.91%	Franconia	15.17%	Lisbon	15.17%	Pittsburg	16.96%	Washington	22.72%	<i>Dixville</i>	
Bridgewater	24.07%	Franklin	16.82%	Litchfield	19.65%	Pittsfield	16.52%	Waterville Valley	24.07%	<i>Erving's Location</i>	
Bristol	24.07%	Freedom	17.82%	Littleton	15.17%	Plainfield	25.37%	Weare	22.72%	<i>Green's Grant</i>	
Brookfield	22.69%	Fremont	19.99%	Londonderry	20.35%	Plaisow	21.64%	Webster	19.39%	<i>Hadley's Purchase</i>	
Brookline	22.27%	Gilford	17.01%	Loudon	16.52%	Plymouth	24.07%	Wentworth	24.07%	<i>Kilkenny</i>	
Campton	24.07%	Gilmanton	17.01%	Lyman	15.17%	Portsmouth	23.73%	Westmoreland	22.16%	<i>Livermore</i>	
Canaan	25.37%	Gilsum	22.16%	Lyme	25.37%	Randolph	16.96%	Whitefield	15.17%	<i>Low and Burbank's Grant</i>	
Candia	24.15%	Goffstown	24.15%	Lyndeborough	22.27%	Raymond	19.99%	Wilmot	18.23%	<i>Martin's Location</i>	
Canterbury	16.52%	Gorham	13.93%	Madbury	22.72%	Richmond	22.16%	Wilton	22.27%	<i>Millsfield</i>	
Carroll	15.17%	Goshen	18.23%	Madison	17.82%	Rindge	19.29%	Winchester	22.16%	<i>Odell</i>	
Center Harbor	16.82%	Grafton	25.37%	Manchester	14.36%	Rochester	14.36%	Windham	20.35%	<i>Pinkham's Grant</i>	
Charlestown	18.23%	Grantham	25.37%	Marlborough	22.16%	Rollinsford	22.72%	Windsor	22.72%	<i>Sargent's Purchase</i>	
Chatham	17.82%	Greenfield	19.29%	Marlow	22.16%	Roxbury	26.36%	Wolfeboro	22.69%	<i>Second College Grant</i>	
Chester	21.64%	Greenland	23.73%	Mason	22.27%	Rumney	24.07%	Woodstock	24.07%	<i>Success</i>	
Chesterfield	22.16%	Greenville	22.27%	Meredith	16.82%	Rye	23.73%			<i>Thompson and Meserves Purchase</i>	
Chichester	16.52%	Groton	24.07%	Merrimack	19.65%	Salem	20.35%			<i>Wentworth's Location</i>	
Claremont	18.23%	Hale's Location	17.82%	Middleton	14.36%	Salisbury	22.72%				
Clarksville	16.96%	Hampstead	21.64%	Milan	13.93%	Sanbornton	16.82%				
Colebrook	16.96%	Hampton	26.91%	Milford	22.27%	Sandown	21.64%				
Columbia	16.96%	Hampton Falls	19.99%	Milton	14.36%	Sandwich	22.69%				
Concord	19.39%	Hancock	19.29%	Monroe	15.17%	Seabrook	19.99%				
Conway	17.82%	Hanover	25.37%	Mont Vernon	22.27%	Sharon	19.29%				
Cornish	18.23%	Harrisville	22.16%	Moultonborough	22.69%	Shelburne	13.93%				
Croydon	18.23%	Hart's Location	17.82%	Nashua	18.86%	Somersworth	22.72%				

% 60+ with 5 or More Servings of Fruit or Vegetables per Day (Ranked)

Brentwood	26.91%	Newington	23.73%	Swanzy	22.16%	Claremont	18.23%	Sanbornton	16.82%	Manchester	
Exeter	26.91%	Portsmouth	23.73%	Troy	22.16%	Cornish	18.23%	Tilton	16.82%	Central Manchester	14.36%
Hampton	26.91%	Rye	23.73%	Walpole	22.16%	Croydon	18.23%	Allenstown	16.52%	Manchester: West	14.36%
Kensington	26.91%	Andover	22.72%	Westmoreland	22.16%	Goshen	18.23%	Bow	16.52%	Manchester: South	14.36%
Newfields	26.91%	Bradford	22.72%	Winchester	22.16%	Langdon	18.23%	Canterbury	16.52%	Manchester: North	14.36%
North Hampton	26.91%	Deering	22.72%	Atkinson	21.64%	Lempster	18.23%	Chichester	16.52%	Manchester: East	14.36%
Stratham	26.91%	Dunbarton	22.72%	Chester	21.64%	New London	18.23%	Epsom	16.52%		
Keene	26.36%	Henniker	22.72%	Danville	21.64%	Newbury	18.23%	Loudon	16.52%	Nashua	
Roxbury	26.36%	Hillsborough	22.72%	Derry	21.64%	Newport	18.23%	Northwood	16.52%	Nashua: Zip 03060	18.86%
Sullivan	26.36%	Hopkinton	22.72%	Hampstead	21.64%	Springfield	18.23%	Pembroke	16.52%	Nashua: Zip 03062	18.86%
Surry	26.36%	Salisbury	22.72%	Plaistow	21.64%	Sunapee	18.23%	Pittsfield	16.52%	Nashua: Zip 03063	18.86%
Canaan	25.37%	Warner	22.72%	Sandown	21.64%	Sutton	18.23%	Bath	15.17%	Nashua: Zip 03064	18.86%
Enfield	25.37%	Washington	22.72%	Londonderry	20.35%	Unity	18.23%	Benton	15.17%		
Grafton	25.37%	Weare	22.72%	Salem	20.35%	Wilmot	18.23%	Bethlehem	15.17%		
Grantham	25.37%	Windsor	22.72%	Windham	20.35%	Albany	17.82%	Carroll	15.17%		
Hanover	25.37%	Barrington	22.72%	East Kingston	19.99%	Bartlett	17.82%	Dalton	15.17%		
Lebanon	25.37%	Dover	22.72%	Epping	19.99%	Chatham	17.82%	Easton	15.17%	Unincorporated Places	
Lyme	25.37%	Durham	22.72%	Fremont	19.99%	Conway	17.82%	Franconia	15.17%	<i>Atkinson and Gilmanton Academy Grant</i>	
Orange	25.37%	Lee	22.72%	Hampton Falls	19.99%	Eaton	17.82%	Haverhill	15.17%	<i>Bean's Grant</i>	
Orford	25.37%	Madbury	22.72%	Kingston	19.99%	Freedom	17.82%	Landaff	15.17%	<i>Bean's Purchase</i>	
Piermont	25.37%	Rollinsford	22.72%	Newmarket	19.99%	Hale's Location	17.82%	Lisbon	15.17%	<i>Cambridge</i>	
Plainfield	25.37%	Somersworth	22.72%	Newton	19.99%	Hart's Location	17.82%	Littleton	15.17%	<i>Chandler's Purchase</i>	
Auburn	24.15%	Brookfield	22.69%	Nottingham	19.99%	Jackson	17.82%	Strafford	15.17%	<i>Crawford's Purchase</i>	
Bedford	24.15%	Effingham	22.69%	Raymond	19.99%	Madison	17.82%	Monroe	15.17%	<i>Cutt's Grant</i>	
Candia	24.15%	Moultonborough	22.69%	Seabrook	19.99%	Tamworth	17.82%	Sugar Hill	15.17%	<i>Dix's Grant</i>	
Deerfield	24.15%	Ossipee	22.69%	South Hampton	19.99%	Alton	17.01%	Whitefield	15.17%	<i>Dixville</i>	
Goffstown	24.15%	Sandwich	22.69%	Hudson	19.65%	Barnstead	17.01%	Manchester	14.36%	<i>Erving's Location</i>	
Hooksett	24.15%	Tuftonboro	22.69%	Litchfield	19.65%	Gilford	17.01%	Farmington	14.36%	<i>Green's Grant</i>	
New Boston	24.15%	Wakefield	22.69%	Merrimack	19.65%	Gilmanton	17.01%	Middleton	14.36%	<i>Hadley's Purchase</i>	
Alexandria	24.07%	Wolfeboro	22.69%	Pelham	19.65%	Laconia	17.01%	Milton	14.36%	<i>Kilkenny</i>	
Ashland	24.07%	Amherst	22.27%	Boscawen	19.39%	Clarksville	16.96%	New Durham	14.36%	<i>Livermore</i>	
Bridgewater	24.07%	Brookline	22.27%	Concord	19.39%	Colebrook	16.96%	Rochester	14.36%	<i>Low and Burbank's Grant</i>	
Bristol	24.07%	Greenville	22.27%	Webster	19.39%	Columbia	16.96%	Strafford	14.36%	<i>Martin's Location</i>	
Campton	24.07%	Hollis	22.27%	Antrim	19.29%	Jefferson	16.96%	Berlin	13.93%	<i>Millsfield</i>	
Dorchester	24.07%	Lyndeborough	22.27%	Bennington	19.29%	Lancaster	16.96%	Dummer	13.93%	<i>Odell</i>	
Ellsworth	24.07%	Mason	22.27%	Fitzwilliam	19.29%	Northumberland	16.96%	Errol	13.93%	<i>Pinkham's Grant</i>	
Groton	24.07%	Milford	22.27%	Francestown	19.29%	Pittsburg	16.96%	Gorham	13.93%	<i>Sargent's Purchase</i>	
Hebron	24.07%	Mont Vernon	22.27%	Greenfield	19.29%	Randolph	16.96%	Milan	13.93%	<i>Second College Grant</i>	
Holderness	24.07%	Wilton	22.27%	Hancock	19.29%	Stark	16.96%	Shelburne	13.93%	<i>Success</i>	
Lincoln	24.07%	Chesterfield	22.16%	Jaffrey	19.29%	Stewartstown	16.96%			<i>Thompson and Meserves Purchase</i>	
Plymouth	24.07%	Dublin	22.16%	New Ipswich	19.29%	Stratford	16.96%			<i>Wentworth's Location</i>	
Rumney	24.07%	Gilsum	22.16%	Peterborough	19.29%	Belmont	16.82%				
Thornton	24.07%	Harrisville	22.16%	Rindge	19.29%	Center Harbor	16.82%				
Warren	24.07%	Hinsdale	22.16%	Sharon	19.29%	Danbury	16.82%				
Waterville Valley	24.07%	Marlborough	22.16%	Temple	19.29%	Franklin	16.82%				
Wentworth	24.07%	Marlow	22.16%	Nashua	18.86%	Hill	16.82%				
Woodstock	24.07%	Nelson	22.16%	Acworth	18.23%	Meredith	16.82%				
Greenland	23.73%	Richmond	22.16%	Alstead	18.23%	New Hampton	16.82%				
New Castle	23.73%	Stoddard	22.16%	Charlestown	18.23%	Northfield	16.82%				