

## North Haven (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	46.2%	[ 40.72% - 51.65% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years	*	36.5%	[ 32.14% - 40.85% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		17.3%	[ 14.02% - 20.62% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		55.3%	[ 50.64% - 59.92% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		76.4%	[ 65.61% - 87.22% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	96.0%	[ 91.76% - 100.30% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	2.1%	[ 0.67% - 3.56% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		1.5%	[ 0.07% - 3.01% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	1.6%	[ 0.02% - 3.18% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	61.0%	[ 57.62% - 64.38% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		12.0%	[ 7.63% - 16.34% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		24.2%	[ 19.69% - 28.75% ]	24.2%	[ 23.77% - 24.57% ]
% never married	*	2.8%	[ 1.17% - 4.41% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education	*	9.6%	[ 6.51% - 12.68% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college	*	64.3%	[ 60.53% - 68.10% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	26.1%	[ 21.98% - 30.19% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree		15.0%	[ 11.91% - 18.15% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home	*	92.5%	[ 85.36% - 99.57% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		20.9%	[ 17.15% - 24.74% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.6%	[ 1.98% - 3.23% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate	B	3.4%	[ 2.88% - 3.84% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		64.1%	[ 58.87% - 69.26% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		71.6%	[ 66.96% - 76.25% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		28.6%	[ 23.05% - 34.13% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		52.6%	[ 46.64% - 58.58% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		20.7%	[ 16.40% - 24.92% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		12.4%	[ 9.09% - 15.81% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		25.2%	[ 20.33% - 30.02% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		11.5%	[ 7.80% - 15.17% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.9%	[ 3.26% - 4.58% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		90.6%	[ 87.88% - 93.34% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		56.6%	[ 51.52% - 61.61% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		67.8%	[ 63.12% - 72.54% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine	B	40.6%	[ 34.66% - 46.49% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		78.4%	[ 72.24% - 84.47% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		79.3%	[ 74.43% - 84.16% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		18.1%	[ 14.02% - 22.20% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		45.3%	[ 38.65% - 51.87% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		20.8%	[ 15.63% - 25.90% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		7.7%	[ 4.76% - 10.60% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		28.5%	[ 23.81% - 33.22% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	W	26.4%	[ 24.67% - 28.12% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol	W	81.7%	[ 80.25% - 83.20% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.2%	[ 94.18% - 98.17% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		59.7%	[ 50.84% - 68.55% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		83.5%	[ 79.42% - 87.55% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		24.7%	[ 19.98% - 29.37% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	12.8%	[ 11.66% - 14.04% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	W	55.3%	[ 53.50% - 57.19% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		13.8%	[ 12.56% - 15.05% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		15.8%	[ 14.48% - 17.04% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.17%	[ 0.11% - 0.22% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		43.6%	[ 40.79% - 46.32% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		10.4%	[ 8.91% - 11.85% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		66.6%	[ 64.77% - 68.34% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	W	32.7%	[ 30.94% - 34.51% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease		20.2%	[ 18.78% - 21.65% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		3.0%	[ 2.43% - 3.64% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	W	27.1%	[ 25.45% - 28.75% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	W	38.3%	[ 36.42% - 40.17% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.7%	[ 1.05% - 2.31% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy	B	1.7%	[ 1.18% - 2.18% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		28.1%	[ 26.35% - 29.79% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		28.0%	[ 26.39% - 29.62% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack	B	3.6%	[ 2.97% - 4.27% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.51%	[ 0.42% - 0.61% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	W	81.3%	[ 79.79% - 82.78% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism	W	28.0%	[ 26.42% - 29.67% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		42.0%	[ 40.09% - 43.88% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.7%	[ 2.13% - 3.34% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		9.2%	[ 8.11% - 10.32% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer	W	2.6%	[ 2.03% - 3.15% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		5.5%	[ 4.60% - 6.37% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		54.9%	[ 52.98% - 56.89% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		21.2%	[ 19.71% - 22.62% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	W	24.2%	[ 22.60% - 25.76% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer		8.4%	[ 7.43% - 9.42% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		13.5%	[ 11.67% - 15.39% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		11.1%	[ 10.00% - 12.20% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.8%	[ 0.47% - 1.13% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	W	65.3%	[ 63.50% - 67.09% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions	W	5.5%	[ 4.62% - 6.43% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		2.1%	[ 1.51% - 2.62% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder	B	5.7%	[ 4.77% - 6.59% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		7.4%	[ 4.78% - 9.96% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder		9.0%	[ 7.86% - 10.11% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		6.4%	[ 3.57% - 9.18% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		5.9%	[ 3.52% - 8.37% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		79.4%	[ 76.01% - 82.83% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		8.5%	[ 5.47% - 11.56% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		28.8%	[ 27.13% - 30.41% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		23.7%	[ 22.11% - 25.38% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder		3.4%	[ 2.69% - 4.12% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.0%	[ 0.59% - 1.42% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	3.8%	[ 3.06% - 4.51% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		2.4%	[ 1.80% - 3.00% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		12.2%	[ 8.82% - 15.57% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		15.6%	[ 14.26% - 16.90% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		3.3%	[ 1.49% - 5.20% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.8%	[ 0.50% - 1.13% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		10.5%	[ 7.10% - 13.83% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		19.5%	[ 15.61% - 23.33% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.7%	[ 2.99% - 4.36% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		8.4%	[ 5.71% - 11.08% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		12.6%	[ 9.28% - 16.02% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		25.3%	[ 21.16% - 29.39% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren	*	0.2%	[ -0.15% - 0.53% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		3.0%	[ 1.57% - 4.37% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	18.8%	[ 17.81% - 19.87% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	33.7%	[ 32.44% - 34.93% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		97.6%	[ 96.10% - 99.08% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		5.9%	[ 3.43% - 8.39% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	9.3	[ 9.03 - 9.65 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually	*	497.0	[ 456.21 - 537.81 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually		49.5	[ 48.34 - 50.73 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		4.6	[ 3.95 - 5.30 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		1.8	[ 1.57 - 1.97 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		262.1	[ 237.05 - 287.23 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		15.2%	[ 12.42% - 18.00% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually	*	89.1	[ 75.59 - 102.57 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	3.3%	[ 2.87% - 3.82% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.7%	[ 2.27% - 3.17% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		49.7%	[ 42.48% - 56.87% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		11.0	[ 8.5 - 13.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user	*	\$5,783	[ \$4,370 - \$7,267 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		73.9%	[ 69.47% - 78.26% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	92.2%	[ 88.88% - 95.53% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		91.5%	[ 88.64% - 94.40% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	20.9%	[ 17.36% - 24.38% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	85.6%	[ 81.65% - 89.51% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		43.9%	[ 37.33% - 50.38% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		19.7%	[ 14.82% - 24.61% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		48.6%	[ 32.45% - 64.67% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		28.5%	[ 21.30% - 35.60% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		3.2%	[ 1.24% - 5.12% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.3%	[ -0.63% - 1.25% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.0%	[ -0.91% - 0.91% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community	*	4.2%	[ 2.04% - 6.29% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	7.0%	[ 3.76% - 10.23% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		24.4%	[ 20.23% - 28.60% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		6.3%	[ 3.78% - 8.90% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		16.2%	[ 11.05% - 21.38% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		35.4%	[ 27.71% - 43.15% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		24.5%	[ 18.58% - 30.47% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		23.8%	[ 17.86% - 29.80% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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