

Plainville (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	65.2%	[59.28% - 71.05%]	55.7%	[55.33% - 56.11%]
% 75-84 years	*	22.9%	[17.02% - 28.68%]	29.1%	[28.75% - 29.45%]
% 85 years or older		12.0%	[7.13% - 16.84%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		52.1%	[45.68% - 58.54%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		76.2%	[59.51% - 92.87%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	96.0%	[91.35% - 100.66%]	88.4%	[87.85% - 88.93%]
% African American	*	1.3%	[-0.58% - 3.12%]	6.8%	[6.63% - 6.88%]
% Asian	*	0.3%	[-1.42% - 1.93%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		3.2%	[-0.67% - 7.01%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	59.7%	[55.76% - 63.61%]	53.8%	[53.46% - 54.12%]
% divorced/separated		11.7%	[6.53% - 16.92%]	14.9%	[14.58% - 15.29%]
% widowed		21.1%	[15.14% - 27.14%]	24.2%	[23.77% - 24.57%]
% never married		7.4%	[3.15% - 11.74%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	24.4%	[17.87% - 30.94%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	58.9%	[53.94% - 63.91%]	53.3%	[52.80% - 53.74%]
% with college degree	*	16.7%	[11.28% - 22.06%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	7.4%	[3.72% - 11.17%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		83.7%	[79.63% - 87.85%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		15.0%	[10.13% - 19.79%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.4%	[1.80% - 2.95%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.1%	[3.40% - 4.81%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		61.5%	[55.01% - 68.08%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		70.4%	[65.03% - 75.71%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		28.8%	[22.42% - 35.20%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		53.9%	[46.93% - 60.88%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		18.8%	[14.05% - 23.48%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		15.6%	[11.14% - 20.02%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		29.3%	[23.13% - 35.41%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year	W	15.7%	[10.52% - 20.92%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.3%	[2.46% - 4.06%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		91.8%	[88.29% - 95.27%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		60.7%	[54.75% - 66.64%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		69.1%	[63.23% - 75.00%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		32.4%	[25.69% - 39.13%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		85.1%	[78.02% - 92.21%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		79.4%	[73.26% - 85.54%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test	*	10.3%	[6.28% - 14.26%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		44.8%	[36.57% - 53.02%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		16.9%	[11.67% - 22.16%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		8.2%	[4.60% - 11.81%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		31.4%	[25.86% - 36.89%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		23.5%	[21.22% - 25.72%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		77.5%	[75.33% - 79.63%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		97.2%	[95.11% - 99.31%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		57.8%	[46.86% - 68.69%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		77.0%	[71.71% - 82.31%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		26.5%	[20.70% - 32.37%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		13.9%	[12.26% - 15.62%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		52.2%	[49.70% - 54.68%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	W	16.4%	[14.59% - 18.20%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		15.8%	[14.05% - 17.52%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.27%	[0.22% - 0.32%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		41.3%	[37.53% - 45.04%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		10.4%	[8.51% - 12.32%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	67.7%	[65.32% - 70.13%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease		32.0%	[29.58% - 34.38%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	W	23.9%	[21.86% - 26.00%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.7%	[1.96% - 3.48%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	27.4%	[25.19% - 29.71%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes		35.8%	[33.26% - 38.27%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.7%	[0.87% - 2.47%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.5%	[1.66% - 3.30%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.9%	[24.62% - 29.25%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	21.9%	[19.93% - 23.92%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		5.6%	[4.51% - 6.74%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.25%	[0.20% - 0.30%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	79.8%	[77.66% - 81.86%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		25.8%	[23.63% - 27.89%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	44.8%	[42.20% - 47.41%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		3.2%	[2.28% - 4.11%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		10.5%	[8.88% - 12.15%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.0%	[1.30% - 2.71%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache	B	3.6%	[2.67% - 4.57%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		54.4%	[51.73% - 57.03%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	B	16.4%	[14.68% - 18.15%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	16.7%	[14.84% - 18.58%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		9.0%	[7.62% - 10.48%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.2%	[10.70% - 15.79%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		12.5%	[10.95% - 14.08%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.1%	[0.59% - 1.61%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	66.7%	[64.28% - 69.10%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.0%	[5.60% - 8.33%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.5%	[1.62% - 3.33%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		6.8%	[5.48% - 8.17%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking	B	5.5%	[2.94% - 8.11%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	W	13.2%	[11.36% - 15.04%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		7.3%	[4.28% - 10.37%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.7%	[3.01% - 8.45%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.6%	[73.29% - 79.88%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		5.5%	[2.97% - 8.05%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	W	33.5%	[31.15% - 35.79%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		27.9%	[25.52% - 30.20%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.2%	[2.21% - 4.14%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.7%	[1.00% - 2.48%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		3.7%	[2.79% - 4.69%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.8%	[1.89% - 3.61%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		11.5%	[6.43% - 16.64%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.5%	[12.71% - 16.26%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		9.0%	[3.88% - 14.21%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.45% - 1.32%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		11.1%	[5.50% - 16.62%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		18.2%	[12.15% - 24.28%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.7%	[2.76% - 4.69%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		6.4%	[2.69% - 10.03%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		12.4%	[7.36% - 17.50%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		21.0%	[17.20% - 24.71%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		1.0%	[0.04% - 1.88%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		2.4%	[1.05% - 3.75%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	26.2%	[24.67% - 27.66%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	38.6%	[36.93% - 40.24%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor	B	98.5%	[97.15% - 99.75%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		5.7%	[2.81% - 8.52%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.5	[8.11 - 8.92]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		688.8	[621.82 - 755.72]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		50.6	[49.06 - 52.22]	50.3	[50.15 - 50.39]
# home health visits annually		3.9	[3.16 - 4.69]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	2.2	[1.92 - 2.51]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		285.4	[248.06 - 322.73]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		16.7%	[12.64% - 20.84%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		121.3	[98.40 - 144.22]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports		5.0%	[4.28% - 5.77%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.6%	[2.04% - 3.18%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		45.7%	[37.63% - 53.78%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		13.0	[8.0 - 21.2]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,851	[\$3,074 - \$5,694]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		71.7%	[66.42% - 76.90%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		89.3%	[86.30% - 92.38%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.2%	[89.20% - 95.28%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		26.8%	[21.49% - 32.03%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	83.0%	[79.58% - 86.35%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		47.9%	[39.43% - 56.31%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		15.4%	[10.37% - 20.50%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		39.1%	[10.10% - 68.11%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		23.8%	[15.71% - 31.80%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		2.1%	[-0.04% - 4.23%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.0%	[-1.24% - 1.24%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		1.9%	[-0.29% - 4.03%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		8.1%	[5.14% - 11.03%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	5.8%	[2.50% - 9.09%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		27.1%	[20.97% - 33.17%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		6.0%	[2.49% - 9.49%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		20.7%	[12.41% - 29.06%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		33.5%	[23.76% - 43.22%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		25.4%	[17.79% - 33.02%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		20.4%	[12.33% - 28.40%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu