

Preston (New London)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		60.0%	[50.77% - 69.32%]	55.7%	[55.33% - 56.11%]
% 75-84 years		35.7%	[26.12% - 45.26%]	29.1%	[28.75% - 29.45%]
% 85 years or older	*	4.3%	[0.40% - 8.13%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		52.5%	[42.90% - 62.15%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		78.9%	[36.31% - 121.58%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White		87.7%	[80.92% - 94.39%]	88.4%	[87.85% - 88.93%]
% African American		2.5%	[-2.05% - 6.99%]	6.8%	[6.63% - 6.88%]
% Asian		7.4%	[-0.24% - 15.06%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	1.1%	[-3.05% - 5.29%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	65.7%	[60.36% - 70.95%]	53.8%	[53.46% - 54.12%]
% divorced/separated		9.9%	[1.37% - 18.38%]	14.9%	[14.58% - 15.29%]
% widowed		22.3%	[12.82% - 31.85%]	24.2%	[23.77% - 24.57%]
% never married	*	2.1%	[-1.59% - 5.85%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		15.2%	[7.09% - 23.21%]	14.7%	[14.30% - 15.04%]
% with high school or some college		61.1%	[50.76% - 71.35%]	53.3%	[52.80% - 53.74%]
% with college degree	*	23.8%	[16.07% - 31.52%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		12.1%	[6.11% - 18.14%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		83.3%	[74.39% - 92.17%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service	*	28.5%	[19.84% - 37.17%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.7%	[1.80% - 3.66%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.8%	[3.22% - 6.30%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		59.5%	[54.68% - 64.30%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	W	69.3%	[64.79% - 73.91%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity	W	19.4%	[14.68% - 24.08%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity	W	50.5%	[44.37% - 56.58%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		18.9%	[15.07% - 22.80%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month	W	18.0%	[14.15% - 21.95%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		26.5%	[22.10% - 30.87%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		11.4%	[8.10% - 14.80%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.3%	[1.94% - 4.63%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year	B	92.7%	[90.24% - 95.10%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year	W	51.4%	[46.47% - 56.39%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		64.0%	[59.20% - 68.74%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		28.5%	[23.52% - 33.46%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		73.8%	[68.02% - 79.57%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		77.0%	[72.70% - 81.35%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		14.4%	[10.98% - 17.87%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		33.8%	[28.19% - 39.44%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		18.2%	[13.64% - 22.67%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		9.6%	[6.26% - 12.99%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese	W	32.1%	[27.30% - 36.81%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		24.7%	[21.12% - 28.30%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	W	81.9%	[78.71% - 85.08%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		96.9%	[95.23% - 98.62%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		65.9%	[57.80% - 73.90%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam	W	72.4%	[67.97% - 76.90%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	W	32.6%	[28.03% - 37.25%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	11.4%	[8.95% - 13.79%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		53.4%	[49.39% - 57.33%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		15.9%	[13.05% - 18.73%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		14.9%	[12.24% - 17.64%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.12%	[0.07% - 0.18%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		44.8%	[39.19% - 50.46%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.9%	[8.26% - 15.47%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	58.9%	[54.92% - 62.85%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease		30.0%	[26.27% - 33.70%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	W	26.1%	[22.71% - 29.51%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.5%	[1.87% - 3.04%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure		22.5%	[19.22% - 25.80%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes		33.5%	[29.61% - 37.36%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.2%	[1.39% - 2.99%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.7%	[2.00% - 3.42%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.3%	[22.74% - 29.85%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	22.0%	[18.77% - 25.18%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		5.7%	[3.98% - 7.48%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.15%	[0.10% - 0.21%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension		79.5%	[76.14% - 82.78%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		28.4%	[24.87% - 31.84%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease		40.1%	[36.12% - 44.14%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		3.2%	[2.51% - 3.97%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.9%	[7.44% - 12.27%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.9%	[1.33% - 2.38%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.5%	[2.72% - 6.28%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		56.6%	[52.37% - 60.78%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		19.5%	[16.52% - 22.54%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease		21.0%	[17.80% - 24.21%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	6.8%	[4.77% - 8.84%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		12.7%	[9.08% - 16.35%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		12.7%	[10.19% - 15.20%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury	B	0.8%	[0.37% - 1.14%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions		62.9%	[58.95% - 66.80%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		6.4%	[4.30% - 8.45%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.6%	[1.09% - 2.20%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		6.9%	[4.64% - 9.10%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		9.7%	[6.67% - 12.68%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		12.4%	[9.59% - 15.19%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		8.3%	[5.69% - 10.94%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		8.2%	[5.37% - 11.04%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		83.7%	[79.38% - 88.09%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		9.6%	[6.46% - 12.77%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	26.6%	[23.18% - 30.07%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		26.2%	[22.61% - 29.89%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.1%	[2.35% - 3.88%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.7%	[1.13% - 2.31%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.1%	[2.42% - 3.81%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	B	1.6%	[1.06% - 2.12%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty	*	7.1%	[2.25% - 11.89%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		13.8%	[11.09% - 16.49%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		1.9%	[-1.84% - 5.66%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.0%	[0.60% - 1.39%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		4.2%	[0.62% - 7.69%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		19.5%	[9.59% - 29.47%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		2.8%	[1.46% - 4.05%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		8.0%	[0.91% - 15.02%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		8.3%	[2.84% - 13.77%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		22.0%	[16.01% - 27.96%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.6%	[-0.54% - 1.75%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		2.9%	[0.06% - 5.77%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	14.3%	[12.02% - 16.52%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	19.6%	[17.08% - 22.19%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		94.9%	[92.78% - 97.00%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		5.2%	[2.95% - 7.50%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.3	[7.76 - 8.94]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		632.8	[529.08 - 736.57]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		49.9	[46.73 - 53.07]	50.3	[50.15 - 50.39]
# home health visits annually		3.2	[2.06 - 4.27]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.9	[1.50 - 2.34]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		230.3	[174.11 - 286.52]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		18.8%	[11.19% - 26.31%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	67.9	[41.98 - 93.85]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	2.3%	[1.30% - 3.21%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.5%	[1.42% - 3.51%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		48.1%	[33.37% - 62.89%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		7.5	[5.0 - 13.9]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$2,208	[\$1,579 - \$3,838]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		73.3%	[68.92% - 77.75%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	98.3%	[87.96% - 108.60%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt	B	95.6%	[93.58% - 97.65%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		25.7%	[16.97% - 34.38%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	87.7%	[85.62% - 89.84%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		39.2%	[25.96% - 52.50%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		18.9%	[14.18% - 23.63%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		70.0%	[11.98% - 128.02%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		18.6%	[3.89% - 33.26%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		2.0%	[-1.47% - 5.51%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.0%	[-2.78% - 2.78%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.0%	[-2.78% - 2.78%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		5.0%	[0.59% - 9.45%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year		6.6%	[-0.44% - 13.71%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		20.8%	[14.58% - 26.94%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		5.8%	[1.55% - 10.13%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		21.0%	[8.71% - 33.35%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		25.2%	[12.27% - 38.21%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		31.0%	[20.03% - 41.92%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		22.8%	[12.97% - 32.54%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu