

Ridgefield (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		53.8%	[48.25% - 59.33%]	55.7%	[55.33% - 56.11%]
% 75-84 years		29.9%	[25.62% - 34.27%]	29.1%	[28.75% - 29.45%]
% 85 years or older		16.3%	[12.20% - 20.33%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		54.4%	[49.44% - 59.27%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		57.3%	[46.50% - 68.08%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	96.7%	[93.02% - 100.45%]	88.4%	[87.85% - 88.93%]
% African American	*	0.0%	[-1.42% - 1.46%]	6.8%	[6.63% - 6.88%]
% Asian		3.0%	[0.88% - 5.17%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	2.7%	[0.68% - 4.76%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	67.8%	[64.11% - 71.49%]	53.8%	[53.46% - 54.12%]
% divorced/separated	*	9.7%	[6.32% - 13.11%]	14.9%	[14.58% - 15.29%]
% widowed	*	18.3%	[13.58% - 23.03%]	24.2%	[23.77% - 24.57%]
% never married	*	4.2%	[2.45% - 5.91%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	5.8%	[3.19% - 8.40%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	35.3%	[29.28% - 41.26%]	53.3%	[52.80% - 53.74%]
% with college degree	*	58.9%	[54.13% - 63.73%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	27.6%	[22.88% - 32.27%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	91.2%	[85.03% - 97.46%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		16.0%	[11.78% - 20.23%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate	B	3.4%	[2.83% - 3.94%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		67.4%	[61.90% - 72.84%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		77.9%	[73.61% - 82.24%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		25.8%	[20.19% - 31.32%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		54.4%	[47.93% - 60.79%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		14.4%	[10.71% - 18.13%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		11.8%	[8.55% - 15.14%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		24.0%	[18.90% - 29.16%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.5%	[5.11% - 11.83%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		4.3%	[3.62% - 5.03%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		85.3%	[81.78% - 88.83%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		61.5%	[56.61% - 66.43%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		62.1%	[57.09% - 67.12%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		34.4%	[27.89% - 40.86%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		83.1%	[77.06% - 89.19%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		82.6%	[78.05% - 87.13%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		12.9%	[9.62% - 16.27%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		42.8%	[35.96% - 49.67%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		18.7%	[13.93% - 23.45%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		7.8%	[4.61% - 10.95%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		22.7%	[18.51% - 26.90%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	B	19.7%	[18.07% - 21.29%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		75.4%	[73.73% - 77.12%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		97.5%	[95.65% - 99.30%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		56.2%	[47.30% - 65.05%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		81.2%	[76.67% - 85.71%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		19.0%	[14.35% - 23.59%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	13.0%	[11.76% - 14.23%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	46.8%	[44.94% - 48.70%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		14.4%	[13.11% - 15.69%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		16.6%	[15.29% - 17.97%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.05% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	W	47.4%	[44.52% - 50.35%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		12.9%	[11.24% - 14.49%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		65.5%	[63.65% - 67.40%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	24.1%	[22.48% - 25.78%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	18.2%	[16.85% - 19.62%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.3%	[1.73% - 2.80%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	19.1%	[17.60% - 20.55%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	22.4%	[20.78% - 24.06%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.7%	[1.11% - 2.37%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.7%	[2.05% - 3.28%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		25.5%	[23.76% - 27.20%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		28.8%	[27.14% - 30.48%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	B	3.3%	[2.69% - 3.96%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.22%	[0.16% - 0.28%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	69.6%	[67.75% - 71.36%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		23.7%	[22.18% - 25.32%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease		40.1%	[38.19% - 42.10%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		3.2%	[2.57% - 3.86%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		10.8%	[9.58% - 12.02%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.3%	[1.70% - 2.81%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.1%	[4.24% - 6.00%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		53.5%	[51.42% - 55.54%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		21.7%	[20.26% - 23.23%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease		20.2%	[18.64% - 21.69%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		9.0%	[7.94% - 10.01%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)	W	16.6%	[14.52% - 18.70%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		12.5%	[11.33% - 13.69%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury	W	2.4%	[1.78% - 2.95%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	57.2%	[55.31% - 59.13%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		8.1%	[6.96% - 9.26%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	B	1.5%	[0.98% - 1.94%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	5.5%	[4.59% - 6.41%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		11.5%	[8.34% - 14.57%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	6.2%	[5.27% - 7.17%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers	B	4.7%	[2.79% - 6.69%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.5%	[3.28% - 7.65%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		78.2%	[75.03% - 81.46%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		4.9%	[2.86% - 6.91%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		28.6%	[26.94% - 30.30%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		24.3%	[22.64% - 26.03%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.3%	[2.55% - 4.00%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.2%	[0.74% - 1.68%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.1%	[2.43% - 3.73%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	B	1.7%	[1.21% - 2.26%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty	*	8.8%	[5.88% - 11.66%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		15.5%	[14.11% - 16.85%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty	*	1.9%	[0.60% - 3.25%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.4%	[0.22% - 0.67%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		5.8%	[3.39% - 8.17%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	14.0%	[10.10% - 17.81%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		4.1%	[3.35% - 4.86%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		6.7%	[4.26% - 9.09%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		14.8%	[11.17% - 18.37%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% - 22.05%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	0.2%	[-0.17% - 0.54%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	1.1%	[0.18% - 2.06%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	8.6%	[7.71% - 9.41%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	16.7%	[15.55% - 17.82%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		93.2%	[90.31% - 96.01%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		4.2%	[2.30% - 6.06%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	9.7	[9.39 - 10.05]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	457.1	[417.41 - 496.73]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	46.1	[44.77 - 47.52]	50.3	[50.15 - 50.39]
# home health visits annually		4.0	[3.34 - 4.65]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.5	[1.28 - 1.63]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	235.3	[210.69 - 259.96]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		16.4%	[13.48% - 19.29%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	86.8	[73.07 - 100.62]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	2.8%	[2.27% - 3.27%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.3%	[1.84% - 2.80%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		47.1%	[35.73% - 58.42%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		14.0	[8.0 - 24.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$4,195	[\$2,746 - \$5,727]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		80.1%	[75.71% - 84.50%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	95.2%	[89.66% - 100.75%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		91.2%	[88.27% - 94.22%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone	*	20.1%	[15.23% - 25.04%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	82.8%	[81.75% - 83.80%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		52.0%	[46.43% - 57.63%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		17.6%	[12.96% - 22.19%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		36.5%	[16.25% - 56.84%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		36.8%	[25.78% - 47.85%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		3.7%	[0.76% - 6.66%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		1.6%	[-1.37% - 4.56%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.7%	[-0.24% - 1.65%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	6.4%	[4.26% - 8.63%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	3.4%	[1.45% - 5.35%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year	*	32.3%	[27.95% - 36.69%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		4.6%	[1.71% - 7.49%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		11.6%	[5.55% - 17.71%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999	*	18.7%	[12.32% - 25.09%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		29.5%	[21.90% - 37.17%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	40.1%	[33.71% - 46.55%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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