

## Salem (New London)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	78.4%	[ 69.07% - 87.72% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years	*	16.8%	[ 8.72% - 24.85% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older	*	4.8%	[ 0.26% - 9.38% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		54.0%	[ 42.38% - 65.65% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		54.5%	[ 5.49% - 103.60% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White		88.3%	[ 79.28% - 97.36% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	0.0%	[ -5.11% - 5.11% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		3.6%	[ -2.85% - 10.15% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino		13.0%	[ 1.02% - 24.97% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	77.2%	[ 72.45% - 82.00% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		9.3%	[ -1.21% - 19.89% ]	14.9%	[ 14.58% - 15.29% ]
% widowed	*	10.4%	[ 3.04% - 17.69% ]	24.2%	[ 23.77% - 24.57% ]
% never married		3.1%	[ -2.02% - 8.15% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education	*	6.3%	[ 0.81% - 11.75% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		51.4%	[ 37.66% - 65.12% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	42.3%	[ 32.87% - 51.81% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree		23.8%	[ 15.67% - 31.92% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		90.7%	[ 83.79% - 97.52% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		20.3%	[ 11.80% - 28.78% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.7%	[ 1.80% - 3.66% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		3.1%	[ 1.41% - 4.79% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		59.5%	[ 54.68% - 64.30% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month	W	69.3%	[ 64.79% - 73.91% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity	W	19.4%	[ 14.68% - 24.08% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity	W	50.5%	[ 44.37% - 56.58% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		18.9%	[ 15.07% - 22.80% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month	W	18.0%	[ 14.15% - 21.95% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		26.5%	[ 22.10% - 30.87% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		11.4%	[ 8.10% - 14.80% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		2.8%	[ 1.25% - 4.25% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year	B	92.7%	[ 90.24% - 95.10% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year	W	51.4%	[ 46.47% - 56.39% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		64.0%	[ 59.20% - 68.74% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		28.5%	[ 23.52% - 33.46% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		73.8%	[ 68.02% - 79.57% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		77.0%	[ 72.70% - 81.35% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		14.4%	[ 10.98% - 17.87% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		33.8%	[ 28.19% - 39.44% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		18.2%	[ 13.64% - 22.67% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		9.6%	[ 6.26% - 12.99% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese	W	32.1%	[ 27.30% - 36.81% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity		25.6%	[ 20.98% - 30.22% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		75.5%	[ 70.91% - 80.05% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.9%	[ 95.23% - 98.62% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		65.9%	[ 57.80% - 73.90% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam	W	72.4%	[ 67.97% - 76.90% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth	W	32.6%	[ 28.03% - 37.25% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		11.8%	[ 8.53% - 15.01% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	44.2%	[ 39.30% - 49.17% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		15.0%	[ 11.47% - 18.46% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		13.7%	[ 10.47% - 16.83% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.12%	[ 0.07% - 0.18% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		44.0%	[ 36.76% - 51.22% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		8.4%	[ 4.90% - 11.87% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		63.0%	[ 58.01% - 68.07% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	B	24.0%	[ 19.64% - 28.27% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease		21.4%	[ 17.37% - 25.40% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.4%	[ 1.93% - 2.84% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	B	15.1%	[ 11.63% - 18.62% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	B	28.4%	[ 23.65% - 33.16% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.4%	[ 1.78% - 3.02% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.6%	[ 2.09% - 3.16% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		27.5%	[ 22.71% - 32.26% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		27.5%	[ 23.13% - 31.86% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		3.8%	[ 1.90% - 5.69% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS		0.15%	[ 0.10% - 0.21% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension		74.4%	[ 69.83% - 78.92% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		22.1%	[ 18.08% - 26.13% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	B	32.1%	[ 27.24% - 36.90% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.4%	[ 1.96% - 2.94% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		8.6%	[ 5.70% - 11.59% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		2.3%	[ 1.82% - 2.72% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		6.1%	[ 3.25% - 8.99% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		53.3%	[ 47.83% - 58.76% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		18.4%	[ 14.74% - 22.04% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	14.8%	[ 11.32% - 18.18% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer		8.7%	[ 6.00% - 11.44% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)	B	7.7%	[ 4.02% - 11.37% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		9.7%	[ 6.94% - 12.47% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.9%	[ 0.56% - 1.16% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions		58.7%	[ 53.69% - 63.79% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		8.1%	[ 5.12% - 11.07% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.9%	[ 1.47% - 2.40% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		6.5%	[ 3.75% - 9.21% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		9.7%	[ 6.67% - 12.68% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder		9.6%	[ 6.43% - 12.80% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		8.3%	[ 5.69% - 10.94% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		8.2%	[ 5.37% - 11.04% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		83.7%	[ 79.38% - 88.09% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		9.6%	[ 6.46% - 12.77% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		28.3%	[ 23.84% - 32.81% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		23.8%	[ 19.06% - 28.49% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	B	3.0%	[ 2.42% - 3.55% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.7%	[ 1.19% - 2.12% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	3.3%	[ 2.79% - 3.89% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	B	2.0%	[ 1.54% - 2.47% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		10.1%	[ 3.62% - 16.53% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		13.8%	[ 10.34% - 17.24% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		3.9%	[ -1.60% - 9.49% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.7%	[ 0.47% - 0.99% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty	*	1.3%	[ -3.04% - 5.67% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty	*	7.4%	[ 1.48% - 13.41% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.3%	[ 1.49% - 5.20% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty	*	1.2%	[ -3.09% - 5.43% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty	*	4.8%	[ -0.13% - 9.76% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		22.0%	[ 16.01% - 27.96% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren	*	0.0%	[ -0.53% - 0.53% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		2.7%	[ 0.07% - 5.26% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	9.8%	[ 7.55% - 12.04% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	22.1%	[ 18.97% - 25.24% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		94.9%	[ 92.78% - 97.00% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		5.2%	[ 2.95% - 7.50% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.5	[ 7.75 - 9.28 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		531.2	[ 427.26 - 635.22 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually		49.1	[ 45.60 - 52.61 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	2.4	[ 1.35 - 3.38 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		1.7	[ 1.23 - 2.16 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		222.1	[ 164.45 - 279.70 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		17.7%	[ 10.55% - 24.86% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		80.9	[ 49.82 - 112.00 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	1.6%	[ 0.68% - 2.59% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users	*	1.4%	[ 0.51% - 2.39% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		45.5%	[ 16.42% - 74.55% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		19.0	[ 7.7 - 34.3 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$4,538	[ \$1,982 - \$7,595 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		73.3%	[ 68.92% - 77.75% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	100.0%	[ 94.31% - 105.69% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt	B	95.6%	[ 93.58% - 97.65% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	12.4%	[ 2.88% - 21.94% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	95.0%	[ 91.47% - 98.56% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage	*	59.9%	[ 49.59% - 70.26% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		18.9%	[ 14.18% - 23.63% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		0.0%	[ -79.43% - 79.43% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		23.9%	[ 7.73% - 40.10% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		0.0%	[ -3.62% - 3.62% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		1.9%	[ -2.51% - 6.31% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.0%	[ -3.62% - 3.62% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		8.6%	[ 4.61% - 12.50% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	1.3%	[ -1.12% - 3.78% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		30.2%	[ 22.14% - 38.30% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		3.8%	[ -4.16% - 11.75% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		14.8%	[ -0.90% - 30.43% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		18.7%	[ 2.73% - 34.58% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		29.5%	[ 15.84% - 43.23% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		37.0%	[ 21.24% - 52.85% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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