

Seymour (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		51.8%	[45.61% - 58.00%]	55.7%	[55.33% - 56.11%]
% 75-84 years		33.7%	[26.31% - 41.07%]	29.1%	[28.75% - 29.45%]
% 85 years or older		14.5%	[8.42% - 20.60%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		63.6%	[56.09% - 71.19%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		84.8%	[65.26% - 104.33%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	98.6%	[94.31% - 102.89%]	88.4%	[87.85% - 88.93%]
% African American	*	1.4%	[-0.76% - 3.56%]	6.8%	[6.63% - 6.88%]
% Asian		0.0%	[-2.35% - 2.35%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		3.3%	[0.35% - 6.27%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	40.7%	[35.35% - 46.03%]	53.8%	[53.46% - 54.12%]
% divorced/separated		15.4%	[8.93% - 21.78%]	14.9%	[14.58% - 15.29%]
% widowed		32.7%	[23.80% - 41.54%]	24.2%	[23.77% - 24.57%]
% never married	*	11.3%	[7.37% - 15.20%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		10.9%	[6.74% - 15.16%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	75.8%	[69.07% - 82.56%]	53.3%	[52.80% - 53.74%]
% with college degree	*	13.2%	[7.78% - 18.69%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	6.9%	[2.62% - 11.22%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		89.7%	[83.59% - 95.88%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		14.2%	[9.23% - 19.11%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.6%	[1.98% - 3.23%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.9%	[4.04% - 5.75%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep	W	57.1%	[50.70% - 63.57%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		71.8%	[66.68% - 76.83%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		27.4%	[21.02% - 33.75%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		53.8%	[46.44% - 61.17%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		19.6%	[15.16% - 24.11%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		10.3%	[6.96% - 13.62%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		24.0%	[18.20% - 29.79%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.1%	[4.23% - 12.05%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.8%	[2.78% - 4.74%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		89.5%	[86.21% - 92.76%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		57.1%	[51.47% - 62.81%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		59.1%	[53.22% - 64.91%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	W	26.1%	[20.01% - 32.24%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		77.2%	[70.03% - 84.41%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		74.5%	[68.73% - 80.21%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		13.6%	[9.45% - 17.70%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		31.5%	[24.31% - 38.76%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		18.5%	[12.69% - 24.27%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		8.4%	[4.78% - 11.97%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		29.4%	[24.18% - 34.54%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		21.3%	[18.88% - 23.80%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	W	81.0%	[78.74% - 83.25%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		98.0%	[96.26% - 99.82%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		56.8%	[46.80% - 66.75%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		77.0%	[71.44% - 82.46%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		26.0%	[20.04% - 31.89%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		15.4%	[13.42% - 17.44%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	55.0%	[52.19% - 57.74%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	11.8%	[10.06% - 13.61%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		17.5%	[15.51% - 19.54%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.06% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		41.1%	[37.01% - 45.15%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.7%	[9.38% - 14.01%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	58.5%	[55.76% - 61.30%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease		31.0%	[28.33% - 33.68%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		23.3%	[20.96% - 25.55%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.8%	[2.29% - 3.37%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure		24.0%	[21.56% - 26.38%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	W	38.8%	[35.92% - 41.63%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.1%	[1.44% - 2.69%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy		2.7%	[2.15% - 3.32%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		25.9%	[23.37% - 28.49%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	23.5%	[21.19% - 25.79%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	W	6.3%	[5.02% - 7.57%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.21%	[0.15% - 0.27%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	81.5%	[79.23% - 83.72%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	W	32.5%	[29.96% - 35.10%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	43.8%	[40.93% - 46.75%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.5%	[1.94% - 3.05%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		10.6%	[8.82% - 12.46%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer	W	2.6%	[2.07% - 3.12%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.9%	[4.49% - 7.28%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		55.7%	[52.77% - 58.70%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		19.8%	[17.64% - 21.89%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	W	27.4%	[24.90% - 29.98%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		11.0%	[9.24% - 12.73%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.2%	[10.43% - 15.94%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		11.6%	[9.88% - 13.28%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.0%	[0.62% - 1.29%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	65.4%	[62.73% - 68.13%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		6.9%	[5.41% - 8.39%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	W	3.6%	[2.95% - 4.32%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		7.7%	[6.08% - 9.34%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		7.5%	[4.27% - 10.78%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		11.6%	[9.73% - 13.49%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		8.5%	[5.40% - 11.64%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		6.5%	[3.87% - 9.19%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		79.4%	[76.01% - 82.83%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		6.6%	[4.04% - 9.11%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		31.2%	[28.67% - 33.75%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		25.1%	[22.58% - 27.66%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		4.6%	[3.83% - 5.34%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.2%	[0.81% - 1.68%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.1%	[3.41% - 4.79%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.6%	[1.98% - 3.14%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		15.3%	[7.93% - 22.71%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.0%	[12.04% - 15.92%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		5.8%	[1.17% - 10.42%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.59% - 1.25%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		4.8%	[-0.14% - 9.67%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		22.9%	[15.41% - 30.32%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		4.6%	[3.38% - 5.75%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		7.8%	[2.05% - 13.49%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		19.0%	[12.54% - 25.46%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		25.3%	[21.16% - 29.39%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		1.1%	[0.00% - 2.18%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		2.9%	[1.13% - 4.63%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	24.6%	[22.95% - 26.18%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	39.8%	[38.00% - 41.68%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		96.0%	[93.69% - 98.24%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		4.8%	[2.47% - 7.15%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.8	[8.34 - 9.27]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	761.5	[666.89 - 856.16]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		51.9	[50.13 - 53.65]	50.3	[50.15 - 50.39]
# home health visits annually	*	5.5	[4.15 - 6.89]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		2.0	[1.66 - 2.29]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		312.0	[270.85 - 353.18]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		14.9%	[10.60% - 19.13%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	136.2	[108.31 - 164.00]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports		5.3%	[4.47% - 6.15%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users	*	3.7%	[2.90% - 4.40%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		43.3%	[32.52% - 54.14%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		9.0	[7.0 - 11.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,222	[\$2,498 - \$5,101]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		74.0%	[68.89% - 79.19%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		88.6%	[85.13% - 92.09%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		91.2%	[87.72% - 94.62%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
HOUSING					
% 65+ population who live alone		31.3%	[26.27% - 36.32%]	28.4%	[27.99% - 28.89%]
% 60+ own home		77.6%	[72.81% - 82.34%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		46.6%	[37.34% - 55.78%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		20.0%	[14.45% - 25.63%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		44.1%	[20.56% - 67.65%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		31.9%	[22.12% - 41.77%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		4.3%	[0.88% - 7.69%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		2.5%	[-0.26% - 5.18%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.4%	[-1.18% - 2.03%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		6.7%	[3.53% - 9.87%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year		8.5%	[3.81% - 13.11%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		23.8%	[18.27% - 29.33%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	3.2%	[0.52% - 5.84%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		15.0%	[6.96% - 23.07%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		42.6%	[31.05% - 54.16%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		25.7%	[17.35% - 33.99%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		16.7%	[9.09% - 24.34%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu