

## Sharon (Litchfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		64.4%	[ 53.35% - 75.39% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		23.2%	[ 12.78% - 33.67% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		12.4%	[ 2.78% - 22.02% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		54.1%	[ 41.21% - 67.02% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		82.7%	[ 45.78% - 119.67% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White		98.2%	[ 88.74% - 107.65% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	0.5%	[ -3.39% - 4.30% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		1.4%	[ -2.90% - 5.61% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	0.0%	[ -3.95% - 3.95% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	67.1%	[ 57.62% - 76.54% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		12.5%	[ 4.84% - 20.18% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		17.8%	[ 6.42% - 29.20% ]	24.2%	[ 23.77% - 24.57% ]
% never married	*	2.6%	[ -1.45% - 6.64% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		9.1%	[ 0.56% - 17.71% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		42.2%	[ 26.91% - 57.42% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	48.7%	[ 37.25% - 60.16% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	31.2%	[ 20.43% - 42.02% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		93.8%	[ 80.51% - 107.09% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		23.6%	[ 14.27% - 32.85% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		1.8%	[ 0.88% - 2.66% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		4.2%	[ 2.57% - 5.78% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		67.4%	[ 62.20% - 72.67% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		70.0%	[ 64.99% - 74.96% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		29.7%	[ 24.14% - 35.22% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		59.0%	[ 53.15% - 64.85% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		15.5%	[ 11.77% - 19.30% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		13.7%	[ 10.18% - 17.15% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		27.6%	[ 22.46% - 32.75% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		9.3%	[ 5.96% - 12.56% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.8%	[ 2.26% - 5.32% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		88.9%	[ 85.70% - 92.18% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		57.8%	[ 52.54% - 63.02% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		60.1%	[ 54.81% - 65.38% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		32.1%	[ 26.48% - 37.78% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		77.4%	[ 71.23% - 83.49% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		77.2%	[ 72.46% - 81.89% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		15.8%	[ 11.94% - 19.74% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		36.1%	[ 29.49% - 42.74% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		19.5%	[ 14.66% - 24.29% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month	B	4.4%	[ 2.22% - 6.49% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		24.5%	[ 19.97% - 29.01% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	B	15.8%	[ 12.32% - 19.24% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		77.2%	[ 73.24% - 81.11% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.2%	[ 94.10% - 98.35% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		49.0%	[ 40.00% - 58.06% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		78.7%	[ 74.13% - 83.33% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		27.9%	[ 22.79% - 33.10% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		14.7%	[ 11.63% - 17.74% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia		50.7%	[ 46.21% - 55.21% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		12.8%	[ 9.88% - 15.81% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		18.0%	[ 14.70% - 21.28% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.11%	[ 0.05% - 0.17% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		48.2%	[ 41.51% - 54.87% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		12.7%	[ 8.78% - 16.59% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		63.2%	[ 58.74% - 67.60% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	B	21.7%	[ 17.95% - 25.45% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease		19.5%	[ 16.09% - 22.90% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.6%	[ 1.80% - 3.33% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		22.7%	[ 18.98% - 26.52% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	B	25.2%	[ 21.14% - 29.23% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.8%	[ 0.87% - 2.63% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.9%	[ 1.94% - 3.80% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		23.0%	[ 19.18% - 26.81% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		28.6%	[ 24.61% - 32.64% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		5.3%	[ 3.36% - 7.30% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.13%	[ 0.07% - 0.19% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension		73.8%	[ 69.73% - 77.90% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		26.3%	[ 22.46% - 30.19% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	W	49.4%	[ 44.68% - 54.09% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.7%	[ 1.83% - 3.56% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		10.1%	[ 7.28% - 12.88% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.9%	[ 1.19% - 2.61% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		3.9%	[ 2.09% - 5.69% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis	W	59.5%	[ 54.79% - 64.17% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		18.0%	[ 14.72% - 21.23% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease		18.4%	[ 14.95% - 21.87% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer		7.6%	[ 5.30% - 9.85% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		13.0%	[ 8.67% - 17.32% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		11.1%	[ 8.41% - 13.73% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.4%	[ 0.80% - 2.04% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions		58.8%	[ 54.34% - 63.35% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		6.0%	[ 3.65% - 8.35% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		2.3%	[ 1.46% - 3.21% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		6.7%	[ 4.30% - 9.18% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		9.3%	[ 6.23% - 12.38% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder		9.9%	[ 7.06% - 12.74% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		8.6%	[ 5.76% - 11.49% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		6.7%	[ 4.04% - 9.41% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		76.4%	[ 69.91% - 82.80% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		5.0%	[ 2.91% - 7.05% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		27.8%	[ 23.88% - 31.74% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		23.9%	[ 19.87% - 27.89% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	B	2.6%	[ 1.68% - 3.57% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.5%	[ 0.71% - 2.22% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder		3.7%	[ 2.69% - 4.64% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		3.2%	[ 2.25% - 4.13% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		14.1%	[ 2.83% - 25.37% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		19.3%	[ 15.69% - 22.83% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		1.0%	[ -2.95% - 5.05% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.8%	[ 0.39% - 1.26% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		10.3%	[ -2.17% - 22.68% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		23.4%	[ 8.56% - 38.29% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.2%	[ 1.71% - 4.73% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		5.4%	[ -5.20% - 15.92% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		19.3%	[ 4.52% - 34.18% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		19.3%	[ 12.69% - 25.86% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren	*	0.0%	[ -0.65% - 0.65% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren	*	0.0%	[ -0.65% - 0.65% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	13.5%	[ 10.94% - 16.11% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	15.0%	[ 12.31% - 17.71% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		95.3%	[ 93.27% - 97.34% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		3.2%	[ 1.64% - 4.85% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	7.2	[ 6.56 - 7.86 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		724.4	[ 597.07 - 851.68 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually		46.6	[ 42.76 - 50.49 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	1.6	[ 0.87 - 2.24 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	1.2	[ 0.78 - 1.56 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		232.1	[ 171.13 - 293.13 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		13.6%	[ 8.05% - 19.07% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		98.1	[ 66.20 - 130.03 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	3.5%	[ 2.74% - 4.35% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.2%	[ 1.53% - 2.89% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents	*	26.7%	[ 11.04% - 42.33% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		11.0	[ 5.2 - 15.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user	*	\$2,269	[ \$1,677 - \$3,081 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		72.7%	[ 68.15% - 77.33% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	98.2%	[ 88.05% - 108.39% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		90.8%	[ 87.92% - 93.78% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	15.4%	[ 7.26% - 23.53% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	91.7%	[ 89.01% - 94.38% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		37.5%	[ 24.11% - 50.93% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		15.2%	[ 10.67% - 19.73% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		0.0%	[ -44.68% - 44.68% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing	*	17.3%	[ 5.66% - 28.88% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		0.9%	[ -2.22% - 4.03% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		1.0%	[ -1.93% - 3.96% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.0%	[ -2.79% - 2.79% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community	*	31.5%	[ 24.54% - 38.54% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	1.3%	[ -1.13% - 3.81% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		28.6%	[ 18.53% - 38.74% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		9.6%	[ 3.59% - 15.58% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		11.4%	[ 1.60% - 21.12% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999	*	16.0%	[ 2.14% - 29.93% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		29.4%	[ 12.54% - 46.26% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+	*	43.2%	[ 28.33% - 58.08% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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