

Simsbury (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	61.8%	[57.42% - 66.17%]	55.7%	[55.33% - 56.11%]
% 75-84 years	*	24.1%	[20.14% - 28.12%]	29.1%	[28.75% - 29.45%]
% 85 years or older		14.1%	[10.80% - 17.36%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		53.5%	[48.80% - 58.24%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		72.2%	[58.88% - 85.56%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	98.3%	[94.50% - 102.19%]	88.4%	[87.85% - 88.93%]
% African American	*	0.0%	[-1.43% - 1.48%]	6.8%	[6.63% - 6.88%]
% Asian		0.9%	[-0.56% - 2.36%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	1.9%	[0.23% - 3.56%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	61.0%	[57.90% - 64.07%]	53.8%	[53.46% - 54.12%]
% divorced/separated		15.9%	[11.34% - 20.37%]	14.9%	[14.58% - 15.29%]
% widowed		20.1%	[16.09% - 24.02%]	24.2%	[23.77% - 24.57%]
% never married	*	3.1%	[1.51% - 4.70%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	6.0%	[3.17% - 8.92%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	42.5%	[37.62% - 47.28%]	53.3%	[52.80% - 53.74%]
% with college degree	*	51.5%	[46.93% - 56.08%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	26.4%	[22.70% - 30.01%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	92.9%	[87.73% - 98.10%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		18.7%	[15.12% - 22.28%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.4%	[1.80% - 2.95%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.8%	[3.25% - 4.43%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		68.2%	[62.72% - 73.66%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	80.9%	[76.57% - 85.22%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		26.5%	[21.21% - 31.83%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		64.4%	[58.26% - 70.51%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	13.1%	[9.61% - 16.53%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		9.3%	[6.18% - 12.45%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		29.9%	[24.51% - 35.24%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		12.7%	[8.68% - 16.64%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		4.3%	[3.54% - 4.98%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		87.7%	[83.88% - 91.47%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		57.3%	[51.72% - 62.94%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		62.1%	[56.37% - 67.91%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		37.1%	[30.81% - 43.49%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		84.8%	[78.98% - 90.66%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		83.6%	[78.92% - 88.32%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test	*	10.5%	[7.13% - 13.90%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		42.6%	[35.73% - 49.53%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		20.7%	[15.58% - 25.82%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		8.8%	[4.88% - 12.65%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		26.8%	[21.42% - 32.16%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	B	15.9%	[14.20% - 17.53%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	B	72.8%	[70.90% - 74.71%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		97.9%	[96.06% - 99.77%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		67.0%	[57.47% - 76.45%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		85.3%	[80.68% - 89.95%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	B	16.7%	[12.36% - 20.95%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	W	16.6%	[15.14% - 18.06%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	45.9%	[43.82% - 47.88%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		12.7%	[11.36% - 14.01%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		16.6%	[15.19% - 18.05%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.11%	[0.05% - 0.17%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	B	36.0%	[33.02% - 38.99%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)	W	14.1%	[12.36% - 15.93%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		66.5%	[64.49% - 68.56%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	23.6%	[21.79% - 25.39%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	15.2%	[13.78% - 16.53%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.2%	[1.65% - 2.73%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	19.9%	[18.25% - 21.50%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	23.2%	[21.37% - 25.03%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.6%	[1.02% - 2.27%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.7%	[1.94% - 3.39%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		24.6%	[22.73% - 26.44%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	W	30.5%	[28.66% - 32.33%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	B	3.6%	[2.85% - 4.27%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.13%	[0.07% - 0.19%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	71.1%	[69.13% - 73.02%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	W	27.6%	[25.81% - 29.39%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	34.9%	[32.85% - 36.91%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.9%	[2.20% - 3.68%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	B	6.8%	[5.73% - 7.81%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer	B	1.1%	[0.73% - 1.53%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache	W	6.9%	[5.73% - 8.02%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		52.8%	[50.57% - 55.03%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		21.4%	[19.79% - 22.91%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	13.8%	[12.44% - 15.26%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	7.7%	[6.61% - 8.78%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.5%	[11.42% - 15.50%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		10.9%	[9.71% - 12.05%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury	W	1.9%	[1.35% - 2.42%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	55.1%	[53.05% - 57.20%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.6%	[6.31% - 8.79%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.7%	[1.13% - 2.35%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	4.9%	[3.97% - 5.90%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		13.0%	[8.80% - 17.20%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	6.2%	[5.15% - 7.34%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		5.4%	[2.79% - 7.95%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.4%	[2.70% - 8.13%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.6%	[73.29% - 79.88%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month	B	3.5%	[1.62% - 5.32%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		29.8%	[27.97% - 31.65%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		24.0%	[22.17% - 25.87%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.4%	[2.60% - 4.28%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.2%	[0.64% - 1.66%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		5.1%	[4.18% - 6.10%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.7%	[2.01% - 3.45%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		12.6%	[9.80% - 15.41%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		15.4%	[13.97% - 16.91%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		3.8%	[1.73% - 5.84%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.1%	[0.69% - 1.43%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		5.3%	[3.20% - 7.35%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	12.2%	[8.82% - 15.66%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.4%	[2.64% - 4.12%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		8.6%	[5.57% - 11.67%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		10.4%	[7.32% - 13.54%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		21.0%	[17.20% - 24.71%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	0.2%	[0.01% - 0.42%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	1.2%	[0.61% - 1.81%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	10.8%	[9.91% - 11.76%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees		28.8%	[27.48% - 30.18%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		96.8%	[94.59% - 99.07%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		4.6%	[2.24% - 6.87%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	8.1	[7.85 - 8.45]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	426.7	[380.83 - 472.66]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	46.1	[44.75 - 47.49]	50.3	[50.15 - 50.39]
# home health visits annually	*	3.3	[2.71 - 3.81]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.7	[1.43 - 1.89]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	234.4	[207.24 - 261.56]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		15.3%	[11.84% - 18.68%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		107.3	[88.92 - 125.64]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	4.0%	[3.39% - 4.56%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.6%	[2.07% - 3.06%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		47.4%	[38.18% - 56.69%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		11.0	[7.0 - 15.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,086	[\$2,487 - \$4,317]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	82.9%	[79.14% - 86.76%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	93.0%	[89.22% - 96.83%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		94.5%	[91.81% - 97.28%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month			N/A	2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		25.8%	[21.78% - 29.73%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	84.6%	[82.75% - 86.44%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		50.5%	[45.32% - 55.58%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		12.9%	[8.39% - 17.33%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		64.9%	[42.01% - 87.86%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		30.9%	[24.45% - 37.35%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		3.5%	[1.56% - 5.51%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.6%	[-0.10% - 1.29%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		1.8%	[0.03% - 3.62%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	3.6%	[1.81% - 5.34%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	4.0%	[1.59% - 6.38%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		28.9%	[25.00% - 32.74%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	3.1%	[1.50% - 4.61%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	7.9%	[4.23% - 11.66%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		30.3%	[23.02% - 37.48%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		28.0%	[22.93% - 33.11%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	33.8%	[27.97% - 39.59%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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