

## Somers (Tolland)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		58.2%	[ 51.44% - 65.03% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		29.4%	[ 23.63% - 35.26% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		12.3%	[ 8.17% - 16.46% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female	*	46.2%	[ 39.35% - 53.05% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		54.4%	[ 37.37% - 71.44% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	96.1%	[ 90.52% - 101.64% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	2.0%	[ -0.81% - 4.77% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		0.0%	[ -2.62% - 2.62% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	1.9%	[ -0.36% - 4.23% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	68.2%	[ 62.82% - 73.56% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		11.2%	[ 5.96% - 16.41% ]	14.9%	[ 14.58% - 15.29% ]
% widowed	*	16.9%	[ 11.56% - 22.33% ]	24.2%	[ 23.77% - 24.57% ]
% never married	*	3.7%	[ 0.57% - 6.80% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education	*	10.1%	[ 6.47% - 13.82% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		54.6%	[ 48.34% - 60.77% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree		35.3%	[ 28.52% - 42.08% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree		13.2%	[ 8.76% - 17.67% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home	*	93.9%	[ 86.48% - 101.35% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		19.4%	[ 13.92% - 24.87% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.1%	[ 1.05% - 3.15% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		4.0%	[ 3.05% - 4.91% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		69.2%	[ 63.42% - 75.01% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		76.3%	[ 71.72% - 80.87% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		27.0%	[ 21.90% - 32.08% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		62.3%	[ 56.48% - 68.10% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		14.4%	[ 10.61% - 18.15% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		10.7%	[ 7.30% - 14.07% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		28.5%	[ 22.82% - 34.23% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		7.9%	[ 4.53% - 11.28% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		2.8%	[ 1.86% - 3.74% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		88.8%	[ 85.07% - 92.58% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		59.5%	[ 54.08% - 64.92% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		62.1%	[ 56.52% - 67.73% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		32.7%	[ 26.23% - 39.24% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		76.0%	[ 68.87% - 83.14% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		77.5%	[ 72.04% - 82.98% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		13.1%	[ 8.74% - 17.46% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		35.5%	[ 28.05% - 42.87% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		20.7%	[ 15.76% - 25.70% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		5.4%	[ 2.80% - 7.97% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		29.6%	[ 24.47% - 34.67% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity		21.0%	[ 18.27% - 23.78% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		78.2%	[ 75.47% - 80.87% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.7%	[ 94.39% - 99.05% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		68.3%	[ 58.59% - 77.95% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		83.6%	[ 78.94% - 88.21% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		21.6%	[ 16.58% - 26.55% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		12.5%	[ 10.49% - 14.45% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia		47.3%	[ 44.21% - 50.46% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		15.1%	[ 12.96% - 17.33% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		17.3%	[ 15.02% - 19.59% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.07%	[ 0.04% - 0.10% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		40.7%	[ 36.14% - 45.28% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		10.8%	[ 8.27% - 13.35% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	W	69.3%	[ 66.30% - 72.36% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease		32.2%	[ 29.15% - 35.25% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease		23.7%	[ 21.05% - 26.26% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.4%	[ 1.90% - 2.82% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		22.6%	[ 20.00% - 25.28% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	B	29.8%	[ 26.78% - 32.84% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.7%	[ 1.13% - 2.18% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.4%	[ 1.86% - 2.90% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	23.4%	[ 20.61% - 26.12% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		30.4%	[ 27.54% - 33.19% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		3.8%	[ 2.71% - 4.95% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.11%	[ 0.08% - 0.15% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension		78.0%	[ 75.25% - 80.69% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism	B	19.3%	[ 16.87% - 21.70% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	W	44.5%	[ 41.15% - 47.75% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.6%	[ 2.10% - 3.14% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		9.3%	[ 7.36% - 11.17% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.5%	[ 1.12% - 1.86% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		4.9%	[ 3.50% - 6.29% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		53.0%	[ 49.66% - 56.42% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis	B	16.5%	[ 14.33% - 18.74% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	15.3%	[ 13.03% - 17.58% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	B	7.4%	[ 5.69% - 9.02% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		13.6%	[ 10.50% - 16.75% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		11.6%	[ 9.67% - 13.50% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.7%	[ 0.47% - 0.99% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions		60.9%	[ 57.76% - 64.03% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		6.7%	[ 5.03% - 8.42% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder	B	1.5%	[ 1.07% - 1.88% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		5.9%	[ 4.30% - 7.56% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		10.0%	[ 6.58% - 13.47% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder		10.6%	[ 8.52% - 12.70% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		8.5%	[ 5.26% - 11.73% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		5.1%	[ 2.72% - 7.47% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		82.4%	[ 76.63% - 88.22% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		4.6%	[ 2.33% - 6.95% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	B	25.7%	[ 23.00% - 28.39% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		24.0%	[ 21.17% - 26.77% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	B	2.7%	[ 2.12% - 3.27% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.1%	[ 0.68% - 1.43% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	3.6%	[ 2.97% - 4.22% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		2.2%	[ 1.66% - 2.69% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		16.6%	[ 10.94% - 22.25% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		13.8%	[ 11.63% - 15.94% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		2.1%	[ -0.47% - 4.67% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.6%	[ 0.36% - 0.79% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		3.9%	[ 0.30% - 7.49% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		17.4%	[ 10.66% - 24.22% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.8%	[ 2.55% - 5.10% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		4.5%	[ 0.63% - 8.47% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		9.4%	[ 4.43% - 14.36% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		14.8%	[ 7.82% - 21.87% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		0.3%	[ -0.23% - 0.75% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren	*	0.9%	[ 0.04% - 1.84% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	17.2%	[ 15.52% - 18.97% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	32.3%	[ 30.13% - 34.40% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		96.2%	[ 93.94% - 98.42% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		3.0%	[ 0.80% - 5.22% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.5	[ 8.04 - 8.92 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		707.7	[ 611.90 - 803.57 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually		48.9	[ 46.95 - 50.93 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		3.3	[ 2.42 - 4.10 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		2.3	[ 1.90 - 2.79 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		275.5	[ 226.60 - 324.36 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		16.4%	[ 11.39% - 21.37% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		113.1	[ 84.21 - 141.99 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	2.1%	[ 1.46% - 2.77% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.5%	[ 1.78% - 3.31% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		51.0%	[ 38.29% - 63.80% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		13.0	[ 9.0 - 17.8 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$2,740	[ \$2,241 - \$5,817 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		77.9%	[ 73.54% - 82.21% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	97.7%	[ 92.75% - 102.72% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		92.7%	[ 89.89% - 95.45% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	15.1%	[ 10.56% - 19.62% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	89.7%	[ 86.68% - 92.66% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		51.9%	[ 44.34% - 59.52% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month	B	11.4%	[ 7.55% - 15.16% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		52.2%	[ 15.98% - 88.48% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		24.0%	[ 15.27% - 32.77% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year	*	0.8%	[ -1.05% - 2.65% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.8%	[ -0.86% - 2.37% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.0%	[ -1.85% - 1.85% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community	*	3.7%	[ 0.99% - 6.34% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	3.2%	[ 0.47% - 5.92% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		23.6%	[ 18.25% - 29.03% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year	*	3.3%	[ 0.69% - 5.91% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000	*	6.2%	[ 2.33% - 10.16% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		31.5%	[ 21.43% - 41.49% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		28.3%	[ 20.31% - 36.21% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		34.0%	[ 22.69% - 45.38% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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