

## Bolton (Tolland)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	67.5%	[ 59.90% - 75.18% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years	*	21.3%	[ 14.28% - 28.23% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		11.2%	[ 3.78% - 18.63% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		56.9%	[ 47.47% - 66.25% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female	*	32.7%	[ 11.10% - 54.32% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	97.7%	[ 90.43% - 104.96% ]	88.4%	[ 87.85% - 88.93% ]
% African American		2.3%	[ -2.21% - 6.82% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		0.0%	[ -3.67% - 3.67% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino		2.1%	[ -1.63% - 5.82% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	72.0%	[ 64.39% - 79.70% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		13.9%	[ 5.90% - 21.95% ]	14.9%	[ 14.58% - 15.29% ]
% widowed	*	11.0%	[ 4.19% - 17.80% ]	24.2%	[ 23.77% - 24.57% ]
% never married		3.0%	[ -0.78% - 6.86% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		7.7%	[ 0.58% - 14.91% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		57.2%	[ 47.22% - 67.12% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree		35.1%	[ 26.97% - 43.19% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree		17.4%	[ 11.13% - 23.64% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home	*	91.2%	[ 89.78% - 92.62% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		22.7%	[ 17.18% - 28.26% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.1%	[ 1.05% - 3.15% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		5.1%	[ 3.85% - 6.36% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		64.3%	[ 58.72% - 69.90% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		75.7%	[ 71.51% - 79.84% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		27.4%	[ 22.84% - 31.91% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		62.3%	[ 57.62% - 67.06% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		15.9%	[ 12.52% - 19.35% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		10.3%	[ 7.65% - 12.93% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		27.0%	[ 21.99% - 32.05% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		6.8%	[ 4.19% - 9.38% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.1%	[ 1.97% - 4.20% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		86.6%	[ 83.16% - 90.01% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		61.0%	[ 56.26% - 65.81% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		65.3%	[ 60.45% - 70.14% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		37.3%	[ 31.38% - 43.23% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		79.8%	[ 73.02% - 86.62% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		78.9%	[ 73.82% - 84.05% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		20.3%	[ 16.24% - 24.27% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		43.1%	[ 36.45% - 49.65% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		22.2%	[ 18.07% - 26.38% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		7.7%	[ 4.53% - 10.84% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		25.0%	[ 20.73% - 29.34% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity		24.3%	[ 20.98% - 27.66% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		74.3%	[ 71.09% - 77.60% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		98.3%	[ 97.35% - 99.29% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance	B	69.9%	[ 62.19% - 77.62% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		79.4%	[ 74.92% - 83.80% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		21.2%	[ 16.77% - 25.72% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	9.9%	[ 7.95% - 11.90% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	43.4%	[ 39.90% - 46.91% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		15.5%	[ 12.99% - 17.95% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		14.8%	[ 12.43% - 17.23% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.07%	[ 0.04% - 0.10% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		37.5%	[ 32.43% - 42.59% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		9.9%	[ 7.07% - 12.70% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	W	71.3%	[ 67.94% - 74.72% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	B	26.2%	[ 22.90% - 29.46% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease		19.0%	[ 16.29% - 21.66% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer	B	2.1%	[ 1.66% - 2.51% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	B	18.3%	[ 15.54% - 21.09% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	B	26.8%	[ 23.48% - 30.15% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.2%	[ 1.57% - 2.82% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.4%	[ 1.90% - 2.93% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	21.0%	[ 18.03% - 24.02% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		26.2%	[ 23.14% - 29.21% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		3.4%	[ 2.18% - 4.63% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.11%	[ 0.08% - 0.15% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	B	70.7%	[ 67.30% - 74.03% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		24.7%	[ 21.66% - 27.68% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	B	34.1%	[ 30.54% - 37.59% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.2%	[ 1.76% - 2.72% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		11.2%	[ 8.68% - 13.66% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer	B	1.3%	[ 0.99% - 1.70% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		5.2%	[ 3.63% - 6.72% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis	B	49.8%	[ 45.95% - 53.70% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		17.8%	[ 15.21% - 20.44% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	16.0%	[ 13.34% - 18.57% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	B	6.6%	[ 4.83% - 8.36% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		10.8%	[ 7.66% - 13.87% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke	B	9.3%	[ 7.45% - 11.25% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.8%	[ 0.53% - 1.08% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	B	54.6%	[ 51.00% - 58.22% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		8.4%	[ 6.26% - 10.57% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.8%	[ 1.32% - 2.25% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		6.4%	[ 4.51% - 8.33% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		7.5%	[ 4.90% - 10.11% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	B	7.9%	[ 5.86% - 9.85% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers	W	11.9%	[ 8.50% - 15.34% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		7.3%	[ 4.55% - 10.14% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		82.4%	[ 76.63% - 88.22% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		5.6%	[ 3.60% - 7.64% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	B	26.9%	[ 23.76% - 29.99% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		24.0%	[ 20.77% - 27.21% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder		3.7%	[ 3.06% - 4.38% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.6%	[ 1.17% - 2.11% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder		3.9%	[ 3.29% - 4.57% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	B	1.9%	[ 1.45% - 2.38% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		9.8%	[ 4.84% - 14.84% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	12.8%	[ 10.41% - 15.12% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty	*	1.4%	[ -1.67% - 4.39% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.6%	[ 0.38% - 0.88% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		4.8%	[ 0.95% - 8.69% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty	*	10.3%	[ 4.58% - 15.94% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		4.6%	[ 3.12% - 6.06% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		4.5%	[ 0.65% - 8.35% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty	*	5.8%	[ 1.92% - 9.60% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		14.8%	[ 7.82% - 21.87% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		0.5%	[ -0.38% - 1.31% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		2.9%	[ 0.93% - 4.83% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	13.3%	[ 11.62% - 15.03% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	33.9%	[ 31.53% - 36.27% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		96.7%	[ 95.21% - 98.28% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		3.4%	[ 1.55% - 5.26% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.6	[ 8.01 - 9.10 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		582.0	[ 492.64 - 671.32 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	45.7	[ 43.47 - 47.83 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		4.1	[ 2.79 - 5.49 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	2.5	[ 2.03 - 2.97 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		263.2	[ 216.41 - 310.02 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		14.8%	[ 9.09% - 20.57% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		85.7	[ 62.54 - 108.76 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	3.1%	[ 2.21% - 3.93% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.9%	[ 2.01% - 3.75% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents	*	31.9%	[ 19.24% - 44.46% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		8.5	[ 4.2 - 15.8 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$3,161	[ \$2,086 - \$4,828 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		78.3%	[ 74.37% - 82.29% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	98.2%	[ 94.03% - 102.45% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		94.3%	[ 91.85% - 96.71% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	14.3%	[ 8.31% - 20.20% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	94.1%	[ 90.33% - 97.90% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		42.7%	[ 33.91% - 51.51% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month	B	10.8%	[ 7.27% - 14.40% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		50.0%	[ -14.86% - 114.86% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing	*	17.8%	[ 6.80% - 28.83% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		0.8%	[ -1.83% - 3.50% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.0%	[ -2.59% - 2.59% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.0%	[ -2.59% - 2.59% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		6.7%	[ 2.38% - 10.97% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	3.4%	[ -0.04% - 6.86% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		31.0%	[ 23.18% - 38.81% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		4.6%	[ 0.30% - 8.91% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000	*	5.5%	[ -0.80% - 11.74% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		25.0%	[ 10.01% - 39.99% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		35.0%	[ 23.14% - 46.78% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		34.6%	[ 21.56% - 47.58% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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