

Southbury (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	48.0%	[43.82% - 52.14%]	55.7%	[55.33% - 56.11%]
% 75-84 years		31.2%	[26.81% - 35.59%]	29.1%	[28.75% - 29.45%]
% 85 years or older	*	20.8%	[17.33% - 24.31%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		58.9%	[54.75% - 63.06%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female	*	56.1%	[47.65% - 64.46%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	98.8%	[96.68% - 100.92%]	88.4%	[87.85% - 88.93%]
% African American	*	0.7%	[-0.35% - 1.74%]	6.8%	[6.63% - 6.88%]
% Asian	*	0.2%	[-0.76% - 1.14%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	0.9%	[-0.39% - 2.20%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		51.6%	[47.80% - 55.33%]	53.8%	[53.46% - 54.12%]
% divorced/separated		14.5%	[10.82% - 18.22%]	14.9%	[14.58% - 15.29%]
% widowed		24.9%	[20.77% - 29.04%]	24.2%	[23.77% - 24.57%]
% never married		9.0%	[5.99% - 12.02%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	10.2%	[6.81% - 13.64%]	14.7%	[14.30% - 15.04%]
% with high school or some college		50.2%	[45.90% - 54.58%]	53.3%	[52.80% - 53.74%]
% with college degree	*	39.5%	[35.12% - 43.94%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		19.8%	[16.27% - 23.31%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	95.8%	[90.36% - 101.30%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		19.9%	[16.26% - 23.53%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.6%	[1.98% - 3.23%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.7%	[3.22% - 4.17%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		62.3%	[56.83% - 67.82%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		73.2%	[68.50% - 77.87%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		22.0%	[16.07% - 27.88%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		54.6%	[48.05% - 61.08%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		22.1%	[17.72% - 26.44%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		12.8%	[9.30% - 16.34%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		27.6%	[22.45% - 32.81%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		9.5%	[6.02% - 12.92%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture	W	4.7%	[4.01% - 5.29%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		88.0%	[84.76% - 91.29%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		58.2%	[52.98% - 63.40%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		64.7%	[59.56% - 69.88%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		26.8%	[21.04% - 32.56%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		77.9%	[71.52% - 84.22%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		77.6%	[72.60% - 82.51%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		14.4%	[10.33% - 18.48%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		37.5%	[30.59% - 44.42%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		17.8%	[12.95% - 22.70%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		11.8%	[7.84% - 15.78%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		25.3%	[20.63% - 29.98%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	W	26.3%	[24.75% - 27.81%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	W	81.0%	[79.66% - 82.34%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		95.6%	[92.92% - 98.26%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		50.5%	[41.62% - 59.30%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		77.8%	[73.16% - 82.41%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	W	31.7%	[26.38% - 37.05%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		15.3%	[14.17% - 16.46%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	53.4%	[51.80% - 55.08%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		14.2%	[13.09% - 15.31%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation	W	19.1%	[17.87% - 20.33%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.07%	[0.03% - 0.11%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	W	51.2%	[48.57% - 53.88%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		12.1%	[10.80% - 13.47%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	70.6%	[69.03% - 72.15%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease		28.4%	[26.90% - 29.91%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		20.7%	[19.43% - 21.99%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.8%	[2.30% - 3.34%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure		22.5%	[21.14% - 23.86%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	29.5%	[27.99% - 31.09%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.6%	[1.95% - 3.25%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy	B	2.1%	[1.67% - 2.61%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	W	30.6%	[29.00% - 32.12%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	W	31.8%	[30.27% - 33.25%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		4.8%	[4.14% - 5.44%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.14%	[0.08% - 0.19%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension		77.4%	[75.98% - 78.83%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		26.1%	[24.66% - 27.48%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	45.0%	[43.26% - 46.67%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas	W	3.4%	[2.76% - 3.95%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.7%	[8.75% - 10.74%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.8%	[1.42% - 2.27%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		6.0%	[5.20% - 6.82%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	W	59.4%	[57.62% - 61.08%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	W	25.5%	[24.11% - 26.86%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	W	24.3%	[22.88% - 25.68%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	W	11.9%	[10.82% - 12.88%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		14.6%	[12.79% - 16.42%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	W	14.4%	[13.27% - 15.46%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.3%	[0.91% - 1.69%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	65.6%	[64.01% - 67.21%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	W	6.1%	[5.20% - 6.90%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.8%	[1.32% - 2.23%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	5.2%	[4.44% - 6.01%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		10.3%	[7.02% - 13.55%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	7.1%	[6.23% - 8.06%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		11.0%	[8.01% - 14.00%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		8.6%	[5.77% - 11.43%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		79.4%	[76.01% - 82.83%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		10.7%	[6.96% - 14.36%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	W	34.7%	[33.16% - 36.24%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	W	28.5%	[26.93% - 30.01%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	3.0%	[2.44% - 3.64%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.0%	[0.63% - 1.35%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.0%	[2.48% - 3.60%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	B	1.8%	[1.37% - 2.32%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		12.6%	[9.28% - 15.97%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	W	20.8%	[19.51% - 22.15%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		5.8%	[3.51% - 8.16%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[0.92% - 1.62%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		10.5%	[7.15% - 13.94%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		20.1%	[16.10% - 24.17%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.9%	[3.24% - 4.50%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		8.5%	[5.55% - 11.39%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		16.3%	[12.59% - 19.95%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		25.3%	[21.16% - 29.39%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	0.2%	[-0.03% - 0.39%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	1.4%	[0.43% - 2.42%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	15.3%	[14.36% - 16.22%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	25.9%	[24.72% - 26.98%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		96.4%	[94.39% - 98.32%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		6.5%	[3.74% - 9.30%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	10.2	[9.86 - 10.45]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	533.7	[496.72 - 570.75]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		50.7	[49.56 - 51.89]	50.3	[50.15 - 50.39]
# home health visits annually	*	5.1	[4.54 - 5.68]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.6	[1.44 - 1.76]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		273.0	[250.82 - 295.14]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)	*	13.9%	[11.59% - 16.14%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		108.5	[95.39 - 121.70]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	4.1%	[3.61% - 4.64%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		3.0%	[2.54% - 3.46%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		50.5%	[43.49% - 57.45%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		9.0	[8.0 - 13.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user	*	\$3,334	[\$3,015 - \$3,585]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	63.1%	[57.94% - 68.22%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		90.2%	[86.90% - 93.60%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.9%	[90.27% - 95.60%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone	*	38.5%	[35.13% - 41.94%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	80.7%	[77.34% - 84.07%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage	*	39.7%	[34.29% - 45.09%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month	W	25.4%	[20.02% - 30.79%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		43.5%	[29.96% - 56.96%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	40.7%	[35.27% - 46.07%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year	*	1.5%	[0.62% - 2.48%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year	*	2.4%	[0.99% - 3.74%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		2.9%	[1.01% - 4.87%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		9.0%	[6.23% - 11.79%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	4.6%	[2.42% - 6.77%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		21.5%	[18.19% - 24.84%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		9.0%	[5.84% - 12.21%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		14.3%	[10.11% - 18.43%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		30.8%	[24.51% - 37.14%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		32.2%	[26.69% - 37.78%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		22.7%	[17.56% - 27.78%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu