

Southington (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		56.9%	[53.43% - 60.35%]	55.7%	[55.33% - 56.11%]
% 75-84 years		28.7%	[25.62% - 31.72%]	29.1%	[28.75% - 29.45%]
% 85 years or older		14.4%	[11.91% - 16.98%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		56.6%	[52.98% - 60.12%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		67.8%	[57.77% - 77.86%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	97.6%	[95.03% - 100.18%]	88.4%	[87.85% - 88.93%]
% African American	*	0.2%	[-0.54% - 1.04%]	6.8%	[6.63% - 6.88%]
% Asian		1.7%	[0.68% - 2.68%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	0.1%	[-0.70% - 0.85%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	57.4%	[54.75% - 59.98%]	53.8%	[53.46% - 54.12%]
% divorced/separated	*	11.3%	[8.75% - 13.85%]	14.9%	[14.58% - 15.29%]
% widowed		26.4%	[23.03% - 29.70%]	24.2%	[23.77% - 24.57%]
% never married	*	5.0%	[3.21% - 6.72%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		14.5%	[11.61% - 17.35%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	61.5%	[58.83% - 64.07%]	53.3%	[52.80% - 53.74%]
% with college degree	*	24.1%	[21.08% - 27.06%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	11.1%	[8.94% - 13.21%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		86.9%	[83.37% - 90.49%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		20.2%	[17.35% - 22.97%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.4%	[1.80% - 2.95%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.4%	[3.97% - 4.84%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		61.5%	[55.01% - 68.08%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		70.4%	[65.03% - 75.71%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		28.8%	[22.42% - 35.20%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		53.9%	[46.93% - 60.88%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		18.8%	[14.05% - 23.48%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		15.6%	[11.14% - 20.02%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		29.3%	[23.13% - 35.41%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year	W	15.7%	[10.52% - 20.92%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture	B	2.9%	[2.42% - 3.29%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		91.8%	[88.29% - 95.27%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		60.7%	[54.75% - 66.64%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		69.1%	[63.23% - 75.00%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		32.4%	[25.69% - 39.13%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		85.1%	[78.02% - 92.21%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		79.4%	[73.26% - 85.54%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test	*	10.3%	[6.28% - 14.26%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		44.8%	[36.57% - 53.02%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		16.9%	[11.67% - 22.16%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		8.2%	[4.60% - 11.81%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		31.4%	[25.86% - 36.89%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	B	21.0%	[19.78% - 22.31%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	W	79.9%	[78.69% - 81.13%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		97.2%	[95.11% - 99.31%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		57.8%	[46.86% - 68.69%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		77.0%	[71.71% - 82.31%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		26.5%	[20.70% - 32.37%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		13.9%	[12.94% - 14.88%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	54.4%	[52.90% - 55.82%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		14.5%	[13.47% - 15.46%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		16.5%	[15.50% - 17.55%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.27%	[0.22% - 0.32%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	W	45.4%	[43.21% - 47.65%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.0%	[9.85% - 12.18%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	71.8%	[70.40% - 73.13%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	W	33.3%	[31.85% - 34.70%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		21.2%	[20.01% - 22.30%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.5%	[2.11% - 2.97%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	25.6%	[24.33% - 26.87%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes		35.4%	[33.92% - 36.84%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.9%	[1.39% - 2.41%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy		2.6%	[2.10% - 3.10%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.1%	[24.77% - 27.45%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	26.6%	[25.36% - 27.88%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	W	5.3%	[4.69% - 5.91%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.25%	[0.20% - 0.30%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	80.3%	[79.06% - 81.50%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	W	30.0%	[28.72% - 31.33%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	45.6%	[44.09% - 47.16%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.5%	[2.05% - 2.99%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		8.6%	[7.74% - 9.44%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.9%	[1.50% - 2.26%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.3%	[4.58% - 5.95%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		55.4%	[53.86% - 56.99%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		20.8%	[19.72% - 21.98%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease		19.8%	[18.64% - 20.97%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	8.2%	[7.45% - 9.03%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		14.6%	[13.08% - 16.14%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		11.9%	[11.04% - 12.82%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.4%	[1.04% - 1.74%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	64.6%	[63.13% - 65.99%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	W	6.2%	[5.48% - 7.02%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	B	1.6%	[1.17% - 1.96%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	4.8%	[4.13% - 5.49%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking	B	5.5%	[2.94% - 8.11%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		9.2%	[8.28% - 10.09%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		7.3%	[4.28% - 10.37%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.7%	[3.01% - 8.45%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.6%	[73.29% - 79.88%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		5.5%	[2.97% - 8.05%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	28.8%	[27.48% - 30.07%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		25.4%	[24.11% - 26.77%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	2.8%	[2.31% - 3.31%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.2%	[0.80% - 1.57%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.5%	[2.95% - 3.99%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.7%	[2.22% - 3.19%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		14.1%	[11.14% - 17.02%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.9%	[13.86% - 15.94%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		5.3%	[3.37% - 7.27%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.63% - 1.17%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		8.3%	[5.75% - 10.78%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		19.8%	[16.08% - 23.47%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.9%	[3.34% - 4.47%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		6.5%	[4.11% - 8.94%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		13.4%	[10.05% - 16.67%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		21.0%	[17.20% - 24.71%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.5%	[0.13% - 0.83%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		1.9%	[1.08% - 2.64%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	20.1%	[19.30% - 20.94%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	37.5%	[36.51% - 38.49%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor	B	98.5%	[97.15% - 99.75%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		5.7%	[2.81% - 8.52%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.8	[8.60 - 9.08]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		677.2	[637.00 - 717.30]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		50.0	[49.10 - 50.91]	50.3	[50.15 - 50.39]
# home health visits annually	*	3.5	[2.99 - 4.01]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.9	[1.75 - 2.08]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	240.6	[221.21 - 259.89]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		15.8%	[13.44% - 18.24%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		104.6	[92.81 - 116.47]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	4.7%	[4.29% - 5.16%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.7%	[2.32% - 3.01%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		44.5%	[38.81% - 50.16%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		9.0	[7.0 - 10.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user	*	\$2,971	[\$2,537 - \$3,494]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		71.7%	[66.42% - 76.90%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		88.6%	[87.02% - 90.26%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.2%	[89.20% - 95.28%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
HOUSING					
% 65+ population who live alone		29.1%	[26.20% - 32.01%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	84.7%	[82.54% - 86.80%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		47.2%	[43.27% - 51.04%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		15.4%	[10.37% - 20.50%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		35.9%	[23.02% - 48.82%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		28.6%	[23.56% - 33.58%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		2.9%	[0.81% - 4.95%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year	*	0.1%	[-0.40% - 0.64%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year	*	0.2%	[-0.41% - 0.71%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	5.9%	[4.15% - 7.61%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	6.7%	[4.33% - 9.11%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		22.4%	[19.64% - 25.16%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	4.4%	[2.76% - 5.95%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		17.9%	[13.69% - 22.04%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		34.2%	[29.88% - 38.62%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		26.9%	[22.59% - 31.11%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		21.0%	[17.16% - 24.91%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu