

## Sprague (New London)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		49.3%	[ 42.51% - 56.14% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		37.8%	[ 21.22% - 54.46% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		12.8%	[ 5.71% - 19.96% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		61.0%	[ 45.19% - 76.88% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female	*	91.2%	[ 72.74% - 109.72% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	96.2%	[ 89.30% - 103.04% ]	88.4%	[ 87.85% - 88.93% ]
% African American		0.9%	[ -6.47% - 8.28% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		0.0%	[ -7.89% - 7.89% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino		4.3%	[ -4.14% - 12.70% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married		51.8%	[ 41.02% - 62.59% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		14.0%	[ 2.75% - 25.18% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		32.0%	[ 14.73% - 49.24% ]	24.2%	[ 23.77% - 24.57% ]
% never married		2.3%	[ -5.38% - 9.88% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		15.1%	[ 6.08% - 24.10% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college	*	66.4%	[ 61.39% - 71.50% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree		18.5%	[ 2.08% - 34.86% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree		13.3%	[ -2.92% - 29.50% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		91.7%	[ 84.38% - 98.95% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		15.1%	[ 7.90% - 22.28% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.7%	[ 1.80% - 3.66% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		4.1%	[ 2.93% - 5.31% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		59.5%	[ 54.68% - 64.30% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month	W	69.3%	[ 64.79% - 73.91% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity	W	19.4%	[ 14.68% - 24.08% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity	W	50.5%	[ 44.37% - 56.58% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		18.9%	[ 15.07% - 22.80% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month	W	18.0%	[ 14.15% - 21.95% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		26.5%	[ 22.10% - 30.87% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		11.4%	[ 8.10% - 14.80% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.6%	[ 2.44% - 4.70% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year	B	92.7%	[ 90.24% - 95.10% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year	W	51.4%	[ 46.47% - 56.39% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		64.0%	[ 59.20% - 68.74% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		28.5%	[ 23.52% - 33.46% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		73.8%	[ 68.02% - 79.57% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		77.0%	[ 72.70% - 81.35% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		14.4%	[ 10.98% - 17.87% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		33.8%	[ 28.19% - 39.44% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		18.2%	[ 13.64% - 22.67% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		9.6%	[ 6.26% - 12.99% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese	W	32.1%	[ 27.30% - 36.81% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	W	27.7%	[ 24.48% - 31.00% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol	W	80.5%	[ 77.64% - 83.27% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.9%	[ 95.23% - 98.62% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		65.9%	[ 57.80% - 73.90% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam	W	72.4%	[ 67.97% - 76.90% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth	W	32.6%	[ 28.03% - 37.25% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	10.0%	[ 8.04% - 11.92% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia		51.4%	[ 48.00% - 54.81% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		15.9%	[ 13.47% - 18.38% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		15.3%	[ 13.02% - 17.65% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.12%	[ 0.07% - 0.18% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		42.8%	[ 37.88% - 47.80% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		13.0%	[ 9.96% - 16.12% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		63.3%	[ 59.99% - 66.71% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease		27.3%	[ 24.18% - 30.51% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	W	26.9%	[ 23.94% - 29.81% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.4%	[ 1.93% - 2.84% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		22.3%	[ 19.41% - 25.19% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes		33.7%	[ 30.34% - 37.09% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.4%	[ 1.78% - 3.02% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.6%	[ 2.09% - 3.16% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		29.3%	[ 26.00% - 32.54% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma	B	22.2%	[ 19.51% - 24.96% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		5.1%	[ 3.66% - 6.46% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS		0.15%	[ 0.10% - 0.21% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension		78.7%	[ 75.82% - 81.64% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism	W	28.9%	[ 25.86% - 31.90% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		43.7%	[ 40.10% - 47.23% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.4%	[ 1.96% - 2.94% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		9.5%	[ 7.34% - 11.56% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		2.3%	[ 1.82% - 2.72% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		5.1%	[ 3.49% - 6.69% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		57.7%	[ 54.06% - 61.36% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		20.4%	[ 17.77% - 22.97% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease		18.8%	[ 16.16% - 21.50% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	B	7.2%	[ 5.47% - 8.97% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)	B	9.8%	[ 6.96% - 12.66% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		10.7%	[ 8.74% - 12.67% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.9%	[ 0.56% - 1.16% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions		63.2%	[ 59.87% - 66.59% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		6.3%	[ 4.52% - 8.06% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.9%	[ 1.47% - 2.40% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		7.1%	[ 5.20% - 8.97% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		9.7%	[ 6.67% - 12.68% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	W	12.7%	[ 10.23% - 15.14% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		8.3%	[ 5.69% - 10.94% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		8.2%	[ 5.37% - 11.04% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		83.7%	[ 79.38% - 88.09% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		9.6%	[ 6.46% - 12.77% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	B	26.9%	[ 23.88% - 29.88% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		25.3%	[ 22.13% - 28.45% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	B	3.0%	[ 2.42% - 3.55% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.7%	[ 1.19% - 2.12% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	3.3%	[ 2.79% - 3.89% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	B	2.0%	[ 1.54% - 2.47% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		10.8%	[ 4.42% - 17.20% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.3%	[ 11.88% - 16.67% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		4.1%	[ -0.87% - 8.98% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.7%	[ 0.47% - 0.99% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		5.2%	[ 0.11% - 10.25% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		17.6%	[ 9.33% - 25.81% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment	B	2.7%	[ 1.68% - 3.78% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		6.8%	[ -1.61% - 15.12% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		8.1%	[ 2.17% - 14.04% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		22.0%	[ 16.01% - 27.96% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		1.0%	[ -0.92% - 2.96% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		3.8%	[ 0.31% - 7.33% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	18.3%	[ 16.29% - 20.35% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	23.3%	[ 21.13% - 25.57% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		94.9%	[ 92.78% - 97.00% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		5.2%	[ 2.95% - 7.50% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.4	[ 7.90 - 8.90 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		574.7	[ 487.18 - 662.12 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually		50.2	[ 47.71 - 52.74 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	2.7	[ 1.92 - 3.43 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		2.1	[ 1.75 - 2.49 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		250.5	[ 201.96 - 299.10 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		15.2%	[ 10.88% - 19.62% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		80.0	[ 55.24 - 104.77 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	3.2%	[ 2.24% - 4.08% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.1%	[ 1.27% - 2.84% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		34.4%	[ 22.18% - 46.65% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		18.5	[ 7.0 - 40.4 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$4,666	[ \$1,760 - \$8,816 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		73.3%	[ 68.92% - 77.75% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle		95.1%	[ 86.23% - 104.05% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt	B	95.6%	[ 93.58% - 97.65% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone		36.0%	[ 19.55% - 52.52% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home		81.8%	[ 70.96% - 92.59% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		38.4%	[ 28.89% - 47.99% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		18.9%	[ 14.18% - 23.63% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		16.9%	[ -13.32% - 47.22% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		22.7%	[ 10.97% - 34.45% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		1.8%	[ -3.33% - 6.94% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.0%	[ -5.58% - 5.58% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.0%	[ -5.58% - 5.58% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		9.7%	[ 4.93% - 14.54% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year		8.8%	[ 3.14% - 14.54% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year	*	16.4%	[ 9.17% - 23.72% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		4.5%	[ -2.04% - 11.05% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		18.4%	[ 8.06% - 28.75% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		30.2%	[ 20.05% - 40.36% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		41.3%	[ 16.32% - 66.32% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+	*	10.1%	[ 3.08% - 17.06% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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