

Stafford (Tolland)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	64.2%	[56.57% - 71.91%]	55.7%	[55.33% - 56.11%]
% 75-84 years	*	20.5%	[14.60% - 26.33%]	29.1%	[28.75% - 29.45%]
% 85 years or older		15.3%	[10.74% - 19.86%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		59.5%	[52.22% - 66.85%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female	*	81.8%	[74.44% - 89.08%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	99.1%	[92.12% - 106.02%]	88.4%	[87.85% - 88.93%]
% African American	*	0.5%	[-2.40% - 3.43%]	6.8%	[6.63% - 6.88%]
% Asian		0.0%	[-2.87% - 2.87%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	0.0%	[-2.87% - 2.87%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	47.5%	[42.18% - 52.91%]	53.8%	[53.46% - 54.12%]
% divorced/separated		19.9%	[11.89% - 28.00%]	14.9%	[14.58% - 15.29%]
% widowed		28.3%	[21.09% - 35.45%]	24.2%	[23.77% - 24.57%]
% never married	*	4.2%	[1.87% - 6.61%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		11.3%	[6.10% - 16.43%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	70.0%	[65.00% - 74.94%]	53.3%	[52.80% - 53.74%]
% with college degree	*	18.8%	[12.45% - 25.07%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	6.4%	[2.95% - 9.76%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	97.8%	[86.82% - 108.74%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		16.2%	[10.54% - 21.92%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.05% - 3.15%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.3%	[3.50% - 5.06%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		69.2%	[63.42% - 75.01%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		76.3%	[71.72% - 80.87%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		27.0%	[21.90% - 32.08%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		62.3%	[56.48% - 68.10%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		14.4%	[10.61% - 18.15%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		10.7%	[7.30% - 14.07%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		28.5%	[22.82% - 34.23%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		7.9%	[4.53% - 11.28%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture	B	2.2%	[1.54% - 2.89%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		88.8%	[85.07% - 92.58%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		59.5%	[54.08% - 64.92%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		62.1%	[56.52% - 67.73%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		32.7%	[26.23% - 39.24%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		76.0%	[68.87% - 83.14%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		77.5%	[72.04% - 82.98%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		13.1%	[8.74% - 17.46%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		35.5%	[28.05% - 42.87%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		20.7%	[15.76% - 25.70%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		5.4%	[2.80% - 7.97%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		29.6%	[24.47% - 34.67%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		21.0%	[18.85% - 23.22%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	B	72.1%	[69.78% - 74.40%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		96.7%	[94.39% - 99.05%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		68.3%	[58.59% - 77.95%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		83.6%	[78.94% - 88.21%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		21.6%	[16.58% - 26.55%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	11.7%	[10.13% - 13.34%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	44.0%	[41.49% - 46.42%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		13.4%	[11.76% - 15.10%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		15.7%	[14.00% - 17.48%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.07%	[0.04% - 0.10%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	B	33.2%	[29.81% - 36.55%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.4%	[9.21% - 13.50%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	69.1%	[66.75% - 71.55%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease		30.1%	[27.65% - 32.48%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		22.2%	[20.16% - 24.25%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.4%	[1.90% - 2.82%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure		22.3%	[20.18% - 24.40%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	30.5%	[28.01% - 32.90%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.7%	[1.13% - 2.18%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy		2.4%	[1.86% - 2.90%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	21.3%	[19.16% - 23.45%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		27.6%	[25.46% - 29.84%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		5.0%	[3.95% - 6.03%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.11%	[0.08% - 0.15%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension		73.8%	[71.56% - 76.11%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	17.7%	[15.79% - 19.55%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	44.6%	[41.95% - 47.27%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.6%	[2.10% - 3.14%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		10.5%	[8.88% - 12.11%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.5%	[1.12% - 1.86%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.1%	[3.05% - 5.23%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	B	49.7%	[46.98% - 52.39%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	B	13.3%	[11.70% - 14.97%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	14.5%	[12.68% - 16.23%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	6.8%	[5.53% - 8.10%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)	B	10.2%	[8.08% - 12.26%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	B	9.9%	[8.52% - 11.35%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury	B	0.7%	[0.47% - 0.99%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	57.7%	[55.18% - 60.20%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	B	8.9%	[7.35% - 10.40%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	B	1.5%	[1.07% - 1.88%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		7.4%	[5.90% - 8.86%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		10.0%	[6.58% - 13.47%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	W	13.4%	[11.47% - 15.29%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		8.5%	[5.26% - 11.73%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.1%	[2.72% - 7.47%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		82.4%	[76.63% - 88.22%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		4.6%	[2.33% - 6.95%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	26.0%	[23.80% - 28.15%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		23.2%	[20.92% - 25.44%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	2.7%	[2.12% - 3.27%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.1%	[0.68% - 1.43%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.6%	[2.97% - 4.22%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.2%	[1.66% - 2.69%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		14.5%	[8.21% - 20.89%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	13.6%	[11.84% - 15.29%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		7.9%	[2.75% - 13.08%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.6%	[0.36% - 0.79%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		4.6%	[0.60% - 8.66%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		22.4%	[15.61% - 29.21%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	B	2.9%	[2.01% - 3.72%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		4.5%	[1.40% - 7.52%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		12.6%	[6.92% - 18.27%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		14.8%	[7.82% - 21.87%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		2.0%	[0.59% - 3.33%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		3.4%	[1.56% - 5.16%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	20.4%	[18.94% - 21.81%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	34.2%	[32.52% - 35.90%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		96.2%	[93.94% - 98.42%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		3.0%	[0.80% - 5.22%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	8.1	[7.70 - 8.42]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		695.8	[620.03 - 771.62]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		51.1	[49.40 - 52.89]	50.3	[50.15 - 50.39]
# home health visits annually	*	3.1	[2.28 - 3.84]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		2.1	[1.79 - 2.39]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		256.8	[219.89 - 293.78]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		17.2%	[12.53% - 21.91%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		91.7	[71.71 - 111.73]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	4.6%	[3.83% - 5.31%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		3.0%	[2.36% - 3.64%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		39.9%	[31.47% - 48.26%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		10.0	[8.6 - 12.4]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user	*	\$2,740	[\$2,138 - \$3,287]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		77.9%	[73.54% - 82.21%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		86.8%	[80.81% - 92.71%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.7%	[89.89% - 95.45%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		24.9%	[18.82% - 30.93%]	28.4%	[27.99% - 28.89%]
% 60+ own home		79.6%	[77.03% - 82.17%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		43.2%	[35.77% - 50.64%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month	B	11.4%	[7.55% - 15.16%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		40.0%	[15.89% - 64.11%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		27.8%	[17.83% - 37.85%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		2.0%	[-0.49% - 4.42%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		3.2%	[-0.83% - 7.24%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.6%	[-1.46% - 2.59%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		10.8%	[7.23% - 14.29%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year		9.0%	[4.81% - 13.26%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		19.8%	[15.08% - 24.51%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		4.7%	[1.13% - 8.28%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		15.5%	[8.22% - 22.83%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		38.1%	[27.18% - 48.99%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		24.8%	[16.50% - 33.18%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		21.6%	[13.53% - 29.58%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu