

Stamford (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		54.8%	[51.93% - 57.71%]	55.7%	[55.33% - 56.11%]
% 75-84 years		30.0%	[27.41% - 32.53%]	29.1%	[28.75% - 29.45%]
% 85 years or older		15.2%	[13.37% - 17.05%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		56.8%	[53.98% - 59.68%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		65.4%	[58.53% - 72.28%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	77.1%	[76.52% - 77.77%]	88.4%	[87.85% - 88.93%]
% African American	*	12.5%	[10.51% - 14.47%]	6.8%	[6.63% - 6.88%]
% Asian	*	3.9%	[2.87% - 4.84%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	13.9%	[11.78% - 16.02%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	49.0%	[46.63% - 51.35%]	53.8%	[53.46% - 54.12%]
% divorced/separated	*	18.5%	[16.20% - 20.83%]	14.9%	[14.58% - 15.29%]
% widowed		23.4%	[20.63% - 26.13%]	24.2%	[23.77% - 24.57%]
% never married	*	9.1%	[7.38% - 10.84%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		16.0%	[13.57% - 18.48%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	44.4%	[42.11% - 46.72%]	53.3%	[52.80% - 53.74%]
% with college degree	*	39.6%	[37.08% - 42.04%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	20.4%	[18.50% - 22.21%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	69.8%	[68.62% - 70.95%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service	*	12.7%	[11.02% - 14.37%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate	B	3.6%	[3.34% - 3.88%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		67.2%	[62.10% - 72.37%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		79.2%	[75.33% - 83.07%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		29.7%	[24.86% - 34.46%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		58.9%	[53.48% - 64.37%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		14.0%	[10.86% - 17.06%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		11.1%	[8.16% - 14.06%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		22.3%	[17.80% - 26.88%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.9%	[5.55% - 12.21%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.6%	[3.32% - 3.94%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year	W	82.6%	[79.19% - 85.96%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		59.7%	[55.20% - 64.29%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine	W	58.1%	[53.38% - 62.76%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		32.7%	[27.31% - 38.13%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		81.4%	[76.46% - 86.41%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		80.6%	[76.53% - 84.59%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		15.8%	[12.30% - 19.24%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		44.8%	[38.08% - 51.44%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		19.3%	[15.08% - 23.49%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		8.8%	[5.66% - 11.85%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		23.9%	[19.75% - 28.10%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	B	20.8%	[19.96% - 21.57%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	B	75.7%	[74.84% - 76.49%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		96.3%	[94.22% - 98.44%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance	W	37.8%	[29.71% - 45.81%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		81.9%	[78.01% - 85.84%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	B	18.3%	[13.94% - 22.57%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		13.9%	[13.24% - 14.47%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	52.2%	[51.27% - 53.13%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	11.5%	[10.92% - 12.08%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation	B	15.2%	[14.59% - 15.85%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.04%	[0.02% - 0.06%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	W	47.4%	[46.00% - 48.87%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.5%	[10.77% - 12.29%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	61.4%	[60.46% - 62.31%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	24.8%	[24.00% - 25.65%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	17.3%	[16.59% - 17.94%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.6%	[2.33% - 2.90%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	19.8%	[19.09% - 20.57%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	W	35.5%	[34.55% - 36.43%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.8%	[1.47% - 2.09%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy		2.6%	[2.34% - 2.95%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	W	30.3%	[29.41% - 31.20%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	W	37.3%	[36.42% - 38.19%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	B	3.8%	[3.49% - 4.15%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.19%	[0.14% - 0.25%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	73.6%	[72.79% - 74.49%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		25.7%	[24.96% - 26.54%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease		41.6%	[40.60% - 42.53%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.9%	[2.61% - 3.25%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	B	8.5%	[7.95% - 9.02%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer	B	1.5%	[1.31% - 1.75%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache	W	7.3%	[6.80% - 7.78%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		53.5%	[52.49% - 54.49%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		20.6%	[19.92% - 21.36%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	18.3%	[17.59% - 19.02%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	W	10.0%	[9.42% - 10.50%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)	W	14.6%	[13.61% - 15.56%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	W	13.0%	[12.41% - 13.59%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.3%	[1.12% - 1.56%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	59.6%	[58.66% - 60.52%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	B	8.4%	[7.87% - 8.98%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.8%	[1.57% - 2.12%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	5.4%	[4.96% - 5.86%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		9.5%	[6.92% - 12.10%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	8.0%	[7.45% - 8.55%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers	B	5.0%	[3.15% - 6.91%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.0%	[3.12% - 6.91%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		78.2%	[75.03% - 81.46%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		7.9%	[5.36% - 10.44%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	27.2%	[26.42% - 28.04%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	B	21.8%	[21.01% - 22.61%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.5%	[3.11% - 3.83%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder	B	0.5%	[0.35% - 0.65%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.6%	[3.22% - 3.93%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	B	2.0%	[1.72% - 2.28%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		12.4%	[10.53% - 14.30%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	W	19.9%	[19.11% - 20.60%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		4.6%	[3.23% - 5.92%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.1%	[0.87% - 1.25%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		7.7%	[5.94% - 9.49%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		19.1%	[16.45% - 21.82%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		4.2%	[3.84% - 4.60%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		7.9%	[6.35% - 9.53%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		14.1%	[12.00% - 16.29%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% - 22.05%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.9%	[0.53% - 1.21%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		3.1%	[2.53% - 3.68%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid		21.8%	[21.23% - 22.42%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	21.7%	[21.07% - 22.25%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		95.3%	[93.53% - 97.13%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		5.3%	[3.28% - 7.36%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	9.4	[9.21 - 9.54]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	678.5	[648.73 - 708.33]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	44.9	[44.28 - 45.53]	50.3	[50.15 - 50.39]
# home health visits annually	*	3.2	[2.91 - 3.43]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.4	[1.30 - 1.48]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		258.5	[245.37 - 271.54]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		17.3%	[15.74% - 18.86%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	85.0	[78.25 - 91.79]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	5.1%	[4.78% - 5.41%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users	*	2.4%	[2.12% - 2.58%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents	*	36.7%	[32.82% - 40.51%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		11.0	[9.0 - 12.6]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,861	[\$3,498 - \$4,373]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	80.9%	[77.48% - 84.40%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	83.6%	[82.69% - 84.59%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		91.6%	[89.10% - 94.01%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
HOUSING					
% 65+ population who live alone	*	30.5%	[29.02% - 31.96%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	67.6%	[66.22% - 68.95%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage	*	52.3%	[49.01% - 55.67%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		16.5%	[12.54% - 20.39%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		43.4%	[36.09% - 50.73%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	40.7%	[36.13% - 45.20%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		4.5%	[3.21% - 5.83%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year	*	0.2%	[-0.10% - 0.42%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		2.1%	[0.93% - 3.28%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	7.7%	[6.50% - 8.96%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year		11.4%	[9.42% - 13.47%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year	*	29.9%	[27.37% - 32.45%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	11.0%	[8.78% - 13.15%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	22.3%	[19.05% - 25.51%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999	*	22.8%	[19.73% - 25.92%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999	*	22.1%	[19.50% - 24.73%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	32.8%	[29.49% - 36.06%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu