

## Stonington (New London)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		56.3%	[ 52.02% - 60.61% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		29.1%	[ 25.21% - 33.03% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		14.6%	[ 11.64% - 17.48% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		57.3%	[ 52.51% - 62.19% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		67.6%	[ 56.70% - 78.58% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	97.9%	[ 96.19% - 99.54% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	0.6%	[ -0.34% - 1.60% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		1.5%	[ -0.19% - 3.20% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	1.0%	[ -0.51% - 2.57% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	58.8%	[ 55.72% - 61.94% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		14.2%	[ 10.65% - 17.66% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		23.5%	[ 19.30% - 27.72% ]	24.2%	[ 23.77% - 24.57% ]
% never married	*	3.5%	[ 2.04% - 4.96% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education	*	9.0%	[ 6.06% - 11.84% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		48.9%	[ 44.70% - 53.17% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	42.1%	[ 37.93% - 46.30% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	22.5%	[ 19.37% - 25.64% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home	*	92.1%	[ 91.20% - 93.05% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		19.6%	[ 17.11% - 22.11% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.7%	[ 1.80% - 3.66% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		3.8%	[ 3.11% - 4.57% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		67.4%	[ 62.98% - 71.91% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		73.0%	[ 69.20% - 76.89% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		24.0%	[ 19.44% - 28.58% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		60.3%	[ 54.99% - 65.52% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		16.7%	[ 13.38% - 20.03% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		12.3%	[ 9.47% - 15.09% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		29.2%	[ 24.72% - 33.64% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		11.8%	[ 8.66% - 15.00% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture	B	2.6%	[ 1.96% - 3.24% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		88.8%	[ 86.13% - 91.52% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		53.0%	[ 48.62% - 57.32% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		64.8%	[ 60.47% - 69.09% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		36.7%	[ 32.02% - 41.46% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years	W	70.2%	[ 64.06% - 76.41% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		81.5%	[ 77.64% - 85.46% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		18.1%	[ 14.67% - 21.43% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		37.2%	[ 31.50% - 42.92% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		22.5%	[ 18.11% - 26.98% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		7.3%	[ 4.34% - 10.18% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		26.8%	[ 22.92% - 30.76% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	B	20.2%	[ 18.33% - 22.15% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		75.7%	[ 73.70% - 77.65% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		97.4%	[ 95.81% - 98.99% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		61.4%	[ 53.83% - 68.87% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		79.7%	[ 75.84% - 83.54% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		22.0%	[ 17.97% - 25.94% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		13.7%	[ 12.25% - 15.20% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	45.4%	[ 43.25% - 47.62% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma	B	10.7%	[ 9.39% - 12.10% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		17.1%	[ 15.55% - 18.71% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.12%	[ 0.07% - 0.18% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		41.3%	[ 38.08% - 44.51% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)	B	9.4%	[ 7.71% - 11.04% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		66.6%	[ 64.50% - 68.80% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	B	25.6%	[ 23.60% - 27.55% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	W	24.3%	[ 22.43% - 26.10% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.7%	[ 2.11% - 3.28% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		21.4%	[ 19.62% - 23.24% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	B	26.5%	[ 24.44% - 28.54% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.8%	[ 1.14% - 2.42% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.5%	[ 1.90% - 3.17% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.2%	[ 24.14% - 28.24% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		28.9%	[ 26.93% - 30.85% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		4.3%	[ 3.44% - 5.10% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS		0.15%	[ 0.10% - 0.21% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	B	74.0%	[ 71.94% - 75.98% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism	B	21.1%	[ 19.35% - 22.86% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		38.6%	[ 36.36% - 40.87% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		3.2%	[ 2.47% - 3.86% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease	W	11.6%	[ 10.07% - 13.04% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		2.0%	[ 1.48% - 2.51% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		6.0%	[ 4.88% - 7.17% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		55.7%	[ 53.36% - 58.13% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		22.1%	[ 20.32% - 23.86% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	18.0%	[ 16.30% - 19.64% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	B	7.1%	[ 5.96% - 8.16% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		12.3%	[ 10.19% - 14.34% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		11.0%	[ 9.72% - 12.34% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.0%	[ 0.64% - 1.42% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	B	58.1%	[ 55.91% - 60.33% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		7.7%	[ 6.40% - 8.95% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.7%	[ 1.16% - 2.21% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		6.7%	[ 5.52% - 7.94% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		7.9%	[ 5.57% - 10.18% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder		9.7%	[ 8.29% - 11.20% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		6.3%	[ 4.16% - 8.50% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		5.7%	[ 3.58% - 7.73% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		83.7%	[ 79.38% - 88.09% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		6.5%	[ 4.14% - 8.82% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		29.9%	[ 27.87% - 31.89% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		23.9%	[ 21.89% - 25.90% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	B	2.9%	[ 2.18% - 3.66% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.6%	[ 1.03% - 2.19% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	2.5%	[ 1.83% - 3.08% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		2.4%	[ 1.78% - 3.09% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		13.9%	[ 10.76% - 17.08% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	W	18.1%	[ 16.43% - 19.84% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		4.2%	[ 2.22% - 6.26% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.4%	[ 0.21% - 0.67% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		5.6%	[ 3.14% - 7.99% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty	*	15.3%	[ 12.02% - 18.57% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment	B	2.9%	[ 2.13% - 3.59% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		7.3%	[ 4.62% - 10.05% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty	*	10.0%	[ 7.25% - 12.73% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		22.0%	[ 16.01% - 27.96% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		0.7%	[ 0.12% - 1.35% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren	*	1.5%	[ 0.73% - 2.26% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	16.1%	[ 14.86% - 17.41% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	23.6%	[ 22.14% - 25.08% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		95.2%	[ 93.50% - 96.98% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		3.3%	[ 1.64% - 5.03% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.9	[ 8.54 - 9.20 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		622.6	[ 566.67 - 678.51 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	45.9	[ 44.39 - 47.36 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	3.2	[ 2.53 - 3.84 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	1.4	[ 1.21 - 1.65 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually	*	229.2	[ 199.76 - 258.61 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		19.8%	[ 15.80% - 23.88% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually	*	71.5	[ 56.89 - 86.15 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	2.5%	[ 1.99% - 3.08% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.5%	[ 1.96% - 3.11% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		50.3%	[ 41.01% - 59.68% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		7.0	[ 6.0 - 10.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$3,013	[ \$2,406 - \$3,661 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		75.8%	[ 71.89% - 79.74% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	94.5%	[ 90.81% - 98.29% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		94.0%	[ 91.66% - 96.27% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone		29.1%	[ 24.96% - 33.20% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	82.3%	[ 78.86% - 85.70% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		44.9%	[ 39.69% - 50.11% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		13.8%	[ 10.03% - 17.53% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		43.3%	[ 28.11% - 58.52% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		25.8%	[ 21.28% - 30.24% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		3.7%	[ 1.73% - 5.76% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.6%	[ -0.03% - 1.24% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		1.6%	[ 0.57% - 2.61% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community	*	14.6%	[ 11.90% - 17.36% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	4.6%	[ 2.69% - 6.59% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		28.3%	[ 24.59% - 32.09% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year	*	4.8%	[ 3.05% - 6.60% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		12.9%	[ 8.92% - 16.84% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		29.2%	[ 24.46% - 34.01% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		29.6%	[ 24.76% - 34.52% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		28.2%	[ 23.62% - 32.87% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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