

Suffield (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		60.7%	[54.13% - 67.23%]	55.7%	[55.33% - 56.11%]
% 75-84 years		25.8%	[20.34% - 31.23%]	29.1%	[28.75% - 29.45%]
% 85 years or older		13.5%	[7.40% - 19.67%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		54.2%	[46.22% - 62.22%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		61.8%	[34.48% - 89.07%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	96.9%	[92.14% - 101.65%]	88.4%	[87.85% - 88.93%]
% African American	*	2.8%	[0.43% - 5.20%]	6.8%	[6.63% - 6.88%]
% Asian		0.0%	[-2.30% - 2.30%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	0.3%	[-1.92% - 2.50%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	66.3%	[62.46% - 70.16%]	53.8%	[53.46% - 54.12%]
% divorced/separated		10.0%	[5.27% - 14.77%]	14.9%	[14.58% - 15.29%]
% widowed		18.8%	[12.01% - 25.49%]	24.2%	[23.77% - 24.57%]
% never married		4.9%	[2.30% - 7.56%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	6.3%	[3.09% - 9.58%]	14.7%	[14.30% - 15.04%]
% with high school or some college		60.4%	[52.84% - 67.94%]	53.3%	[52.80% - 53.74%]
% with college degree		33.3%	[27.28% - 39.27%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		19.0%	[13.20% - 24.71%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	94.0%	[88.89% - 99.11%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		19.8%	[14.64% - 25.02%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.4%	[1.80% - 2.95%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.4%	[3.60% - 5.19%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		66.3%	[61.58% - 70.95%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		76.6%	[72.75% - 80.44%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		31.1%	[26.08% - 36.08%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		58.1%	[52.80% - 63.36%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		18.7%	[15.00% - 22.31%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		9.7%	[7.06% - 12.28%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		24.5%	[20.17% - 28.76%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.0%	[5.47% - 10.53%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		4.3%	[3.40% - 5.27%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		89.7%	[86.95% - 92.48%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		55.4%	[50.72% - 60.01%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		65.0%	[60.40% - 69.54%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		30.8%	[25.85% - 35.69%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		79.1%	[73.84% - 84.43%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening	W	72.5%	[67.79% - 77.15%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		13.4%	[10.17% - 16.55%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		37.3%	[31.44% - 43.13%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		18.3%	[14.12% - 22.53%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		5.8%	[3.38% - 8.19%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		28.9%	[24.50% - 33.26%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		21.7%	[19.42% - 23.94%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	W	79.4%	[77.23% - 81.57%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		98.3%	[96.54% - 100.01%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance	B	72.4%	[65.35% - 79.42%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		82.7%	[78.98% - 86.52%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		20.5%	[16.52% - 24.52%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		14.2%	[12.45% - 15.88%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		49.4%	[46.82% - 51.94%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		13.1%	[11.47% - 14.83%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		17.7%	[15.90% - 19.58%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.07%	[0.04% - 0.10%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		41.2%	[37.38% - 44.98%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.1%	[9.05% - 13.20%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		63.8%	[61.31% - 66.39%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease		28.7%	[26.31% - 31.10%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		22.3%	[20.24% - 24.33%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.6%	[2.23% - 2.89%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure		22.3%	[20.16% - 24.37%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes		33.9%	[31.29% - 36.42%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.9%	[1.48% - 2.25%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.5%	[2.11% - 2.86%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		25.9%	[23.58% - 28.26%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	W	32.2%	[29.87% - 34.56%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		3.8%	[2.94% - 4.74%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.11%	[0.08% - 0.15%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	80.8%	[78.70% - 82.96%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		23.2%	[21.08% - 25.31%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease		41.1%	[38.48% - 43.77%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.8%	[2.40% - 3.16%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	B	7.3%	[5.90% - 8.73%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.7%	[1.39% - 1.94%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.1%	[3.95% - 6.35%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		54.8%	[52.02% - 57.54%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		18.3%	[16.42% - 20.18%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	15.0%	[13.23% - 16.82%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		8.2%	[6.83% - 9.65%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.8%	[11.20% - 16.41%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		11.2%	[9.70% - 12.70%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury	B	0.9%	[0.67% - 1.11%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions		61.3%	[58.73% - 63.85%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	W	5.4%	[4.10% - 6.62%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.0%	[1.69% - 2.39%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		5.5%	[4.24% - 6.67%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking	B	6.2%	[4.04% - 8.31%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	7.9%	[6.34% - 9.38%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		7.2%	[4.84% - 9.47%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.2%	[3.17% - 7.16%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.6%	[73.29% - 79.88%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		6.6%	[4.27% - 8.97%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		29.3%	[26.98% - 31.56%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		24.2%	[21.91% - 26.50%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	3.3%	[2.83% - 3.72%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.4%	[1.09% - 1.75%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.1%	[3.66% - 4.60%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	B	2.1%	[1.70% - 2.42%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		10.2%	[6.10% - 14.23%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.0%	[12.24% - 15.74%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		5.3%	[1.19% - 9.39%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.8%	[0.64% - 1.03%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		5.4%	[2.14% - 8.62%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		14.1%	[9.31% - 18.89%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.7%	[2.79% - 4.71%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		4.4%	[1.46% - 7.39%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		14.1%	[8.20% - 19.91%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		21.0%	[17.20% - 24.71%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	0.2%	[-0.05% - 0.45%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	1.5%	[0.44% - 2.57%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	13.2%	[11.95% - 14.54%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees		29.9%	[28.16% - 31.65%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor	B	98.0%	[96.69% - 99.35%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost	B	2.5%	[0.96% - 3.95%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	8.1	[7.70 - 8.43]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	496.7	[435.60 - 557.75]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		50.5	[48.72 - 52.21]	50.3	[50.15 - 50.39]
# home health visits annually	*	3.0	[1.95 - 4.01]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.8	[1.56 - 2.08]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		252.2	[217.44 - 286.89]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		15.1%	[10.99% - 19.18%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		91.4	[72.51 - 110.28]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	3.3%	[2.65% - 4.02%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.9%	[2.21% - 3.56%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		38.8%	[27.49% - 50.06%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		9.0	[5.0 - 15.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,086	[\$2,314 - \$4,355]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		74.5%	[70.64% - 78.43%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	92.6%	[89.21% - 96.08%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt	B	95.9%	[94.10% - 97.79%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone	*	21.1%	[16.56% - 25.72%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	85.4%	[79.71% - 91.08%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		48.6%	[38.78% - 58.36%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		16.1%	[11.96% - 20.25%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		60.6%	[43.52% - 77.64%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	15.8%	[9.00% - 22.55%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		2.0%	[0.15% - 3.91%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.8%	[-0.67% - 2.33%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.0%	[-1.62% - 1.62%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		10.3%	[6.80% - 13.74%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	2.1%	[-0.23% - 4.47%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		30.0%	[23.33% - 36.76%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	0.0%	[-1.87% - 1.87%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	5.1%	[0.73% - 9.41%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		32.4%	[23.22% - 41.59%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		30.1%	[22.54% - 37.70%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		32.4%	[21.96% - 42.85%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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