

## Thompson (Windham)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		52.6%	[ 44.39% - 60.82% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		35.4%	[ 26.68% - 44.06% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		12.0%	[ 6.64% - 17.41% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female	*	46.2%	[ 38.25% - 54.15% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female	*	38.6%	[ 17.76% - 59.44% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	99.3%	[ 92.53% - 106.06% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	0.0%	[ -3.49% - 3.49% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		0.7%	[ -2.75% - 4.16% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	0.0%	[ -3.49% - 3.49% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married		59.7%	[ 53.19% - 66.21% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		9.8%	[ 2.63% - 16.92% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		23.8%	[ 15.69% - 31.85% ]	24.2%	[ 23.77% - 24.57% ]
% never married		6.8%	[ 1.82% - 11.68% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		16.7%	[ 9.74% - 23.73% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college	*	62.1%	[ 55.10% - 69.09% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	21.2%	[ 14.41% - 27.93% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	10.6%	[ 5.64% - 15.60% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		94.2%	[ 83.05% - 105.28% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service	*	28.8%	[ 20.97% - 36.69% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		3.9%	[ 2.02% - 5.73% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		4.8%	[ 3.74% - 5.95% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		65.6%	[ 58.34% - 72.90% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month	W	63.0%	[ 56.72% - 69.36% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		22.2%	[ 16.50% - 27.87% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		52.8%	[ 45.93% - 59.66% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		17.4%	[ 12.53% - 22.27% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		13.4%	[ 8.90% - 17.90% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		32.4%	[ 24.68% - 40.10% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		10.9%	[ 6.40% - 15.46% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		4.2%	[ 3.01% - 5.32% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		91.3%	[ 87.54% - 94.98% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		58.7%	[ 52.31% - 65.08% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		67.6%	[ 61.49% - 73.80% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		28.0%	[ 19.89% - 36.13% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		81.2%	[ 73.16% - 89.15% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		83.7%	[ 78.24% - 89.14% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		17.4%	[ 12.17% - 22.61% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		45.7%	[ 35.67% - 55.68% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day	W	13.1%	[ 8.43% - 17.74% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		9.7%	[ 5.44% - 13.89% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese	W	34.5%	[ 28.03% - 40.91% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity		24.3%	[ 21.41% - 27.14% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		77.0%	[ 74.29% - 79.67% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.7%	[ 94.69% - 98.66% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		58.5%	[ 46.82% - 70.24% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		73.5%	[ 66.96% - 80.11% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth	W	34.9%	[ 27.19% - 42.52% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	11.2%	[ 9.31% - 13.18% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	45.1%	[ 42.05% - 48.17% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		13.9%	[ 11.82% - 15.96% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		17.1%	[ 14.90% - 19.40% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.07%	[ 0.04% - 0.10% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		43.6%	[ 39.11% - 48.10% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)	B	8.2%	[ 5.98% - 10.51% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		62.4%	[ 59.38% - 65.50% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease		29.5%	[ 26.54% - 32.44% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	W	25.2%	[ 22.54% - 27.81% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.7%	[ 2.30% - 3.12% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		22.0%	[ 19.34% - 24.56% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes		34.1%	[ 31.01% - 37.25% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.6%	[ 1.14% - 1.98% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.9%	[ 2.45% - 3.42% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	22.7%	[ 19.97% - 25.40% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma	B	19.7%	[ 17.34% - 22.14% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		5.6%	[ 4.23% - 6.91% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.11%	[ 0.08% - 0.15% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	W	79.8%	[ 77.25% - 82.42% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism	B	21.6%	[ 19.11% - 24.09% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		41.7%	[ 38.50% - 44.91% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		3.0%	[ 2.52% - 3.48% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		8.8%	[ 7.00% - 10.68% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		2.2%	[ 1.83% - 2.62% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		5.4%	[ 3.89% - 6.90% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		52.1%	[ 48.75% - 55.37% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		19.2%	[ 16.85% - 21.52% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease		19.4%	[ 16.92% - 21.92% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer		7.8%	[ 6.12% - 9.44% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		10.5%	[ 7.82% - 13.10% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		10.3%	[ 8.45% - 12.05% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.9%	[ 0.68% - 1.22% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions		64.1%	[ 61.07% - 67.15% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		6.4%	[ 4.83% - 8.06% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.7%	[ 1.35% - 2.12% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		8.3%	[ 6.54% - 10.14% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		11.4%	[ 7.44% - 15.29% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder		11.9%	[ 9.77% - 14.08% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers	W	13.1%	[ 8.58% - 17.54% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		10.3%	[ 6.51% - 13.99% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		74.6%	[ 66.52% - 82.73% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		8.0%	[ 4.50% - 11.41% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		28.8%	[ 26.05% - 31.59% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder	W	30.2%	[ 27.21% - 33.25% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	W	5.7%	[ 5.03% - 6.38% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder	W	2.0%	[ 1.56% - 2.41% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder		4.8%	[ 4.16% - 5.34% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		2.1%	[ 1.71% - 2.53% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		13.2%	[ 7.45% - 18.85% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.1%	[ 11.95% - 16.25% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		6.7%	[ 1.68% - 11.68% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.0%	[ 0.75% - 1.28% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		5.5%	[ 0.42% - 10.55% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		25.0%	[ 16.30% - 33.77% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.9%	[ 2.75% - 5.13% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		5.8%	[ 1.33% - 10.20% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		9.1%	[ 3.35% - 14.79% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		27.4%	[ 17.40% - 37.45% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		2.2%	[ 0.23% - 4.08% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren	*	6.3%	[ 3.07% - 9.45% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid		23.4%	[ 21.42% - 25.44% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	25.5%	[ 23.47% - 27.61% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		96.1%	[ 94.06% - 98.24% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		6.1%	[ 3.06% - 9.21% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	7.2	[ 6.75 - 7.58 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		642.3	[ 555.59 - 729.10 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually		50.5	[ 48.43 - 52.57 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		3.0	[ 1.87 - 4.21 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	2.3	[ 1.92 - 2.67 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		254.8	[ 205.05 - 304.64 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		22.3%	[ 14.29% - 30.24% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		95.5	[ 70.66 - 120.43 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	3.1%	[ 2.29% - 3.94% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.3%	[ 1.56% - 3.06% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		34.7%	[ 24.26% - 45.19% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		14.5	[ 9.0 - 25.3 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$3,689	[ \$2,731 - \$5,555 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		68.1%	[ 61.77% - 74.43% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	96.0%	[ 95.39% - 96.60% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		94.3%	[ 91.78% - 96.80% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone		32.0%	[ 20.98% - 43.03% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	91.7%	[ 89.29% - 94.02% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage	*	33.5%	[ 25.90% - 41.11% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		15.9%	[ 10.65% - 21.22% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		44.4%	[ -24.66% - 113.55% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		26.0%	[ 13.35% - 38.57% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year	*	1.7%	[ -0.09% - 3.46% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.0%	[ -2.47% - 2.47% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		1.8%	[ -1.93% - 5.44% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		14.4%	[ 9.79% - 19.03% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year		9.3%	[ 4.27% - 14.38% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		21.9%	[ 15.89% - 27.99% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		7.7%	[ 2.21% - 13.12% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		25.8%	[ 13.14% - 38.47% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		37.0%	[ 25.22% - 48.87% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		27.8%	[ 18.45% - 37.17% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+	*	9.3%	[ 2.50% - 16.19% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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