

## Vernon (Tolland)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	51.2%	[ 47.33% - 55.01% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years	*	35.0%	[ 30.33% - 39.61% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		13.9%	[ 10.51% - 17.21% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		56.5%	[ 52.15% - 60.82% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		60.4%	[ 49.30% - 71.48% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	94.1%	[ 90.41% - 97.76% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	1.7%	[ 0.08% - 3.29% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		2.8%	[ 0.33% - 5.20% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	2.5%	[ 1.04% - 3.87% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	48.8%	[ 44.90% - 52.65% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		16.8%	[ 12.80% - 20.87% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		26.6%	[ 22.08% - 31.19% ]	24.2%	[ 23.77% - 24.57% ]
% never married		7.8%	[ 5.26% - 10.24% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		12.1%	[ 8.51% - 15.69% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		57.7%	[ 52.72% - 62.77% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree		30.2%	[ 26.34% - 33.97% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	12.7%	[ 9.85% - 15.51% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		88.6%	[ 84.37% - 92.74% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service	*	23.2%	[ 19.51% - 26.81% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.1%	[ 1.05% - 3.15% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		4.5%	[ 3.95% - 5.14% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		65.5%	[ 60.28% - 70.79% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		71.8%	[ 67.50% - 76.20% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		30.2%	[ 25.05% - 35.25% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		57.7%	[ 52.36% - 63.03% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		20.2%	[ 16.32% - 24.18% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		14.3%	[ 10.87% - 17.69% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		26.9%	[ 21.96% - 31.90% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		10.9%	[ 7.52% - 14.19% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		4.0%	[ 3.28% - 4.65% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		91.2%	[ 88.56% - 93.80% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		58.1%	[ 53.12% - 63.10% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		69.0%	[ 64.15% - 73.82% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		35.9%	[ 29.88% - 41.83% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		76.6%	[ 70.48% - 82.71% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		75.2%	[ 70.24% - 80.26% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		13.2%	[ 9.81% - 16.63% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		39.9%	[ 33.45% - 46.29% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		21.2%	[ 16.85% - 25.49% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		8.6%	[ 5.55% - 11.74% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese	W	32.3%	[ 27.51% - 37.13% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	W	25.4%	[ 23.70% - 27.19% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol	W	79.8%	[ 78.19% - 81.35% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.9%	[ 95.13% - 98.76% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		61.2%	[ 52.96% - 69.44% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		76.1%	[ 71.22% - 80.97% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth	W	31.5%	[ 26.26% - 36.80% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	12.7%	[ 11.52% - 13.93% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia		51.1%	[ 49.25% - 53.01% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		15.5%	[ 14.15% - 16.80% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		15.6%	[ 14.29% - 16.89% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.07%	[ 0.04% - 0.10% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)	B	37.5%	[ 34.76% - 40.22% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		10.2%	[ 8.71% - 11.62% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	W	68.2%	[ 66.38% - 70.01% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease		30.8%	[ 29.03% - 32.64% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	W	25.1%	[ 23.48% - 26.65% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.4%	[ 1.86% - 2.96% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		23.2%	[ 21.63% - 24.81% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	W	36.1%	[ 34.19% - 37.98% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.0%	[ 1.30% - 2.71% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.7%	[ 2.04% - 3.30% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		25.3%	[ 23.56% - 26.96% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		27.6%	[ 25.96% - 29.23% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		4.3%	[ 3.58% - 5.05% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.11%	[ 0.08% - 0.15% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	W	78.0%	[ 76.40% - 79.65% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		24.8%	[ 23.16% - 26.35% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		42.7%	[ 40.73% - 44.62% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.5%	[ 1.90% - 3.06% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease	W	11.2%	[ 9.96% - 12.42% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.8%	[ 1.35% - 2.33% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		5.4%	[ 4.52% - 6.34% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		54.0%	[ 52.00% - 56.00% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		18.9%	[ 17.49% - 20.32% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	17.1%	[ 15.71% - 18.57% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	B	7.7%	[ 6.74% - 8.75% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		12.8%	[ 10.92% - 14.61% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		11.3%	[ 10.19% - 12.47% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.3%	[ 0.86% - 1.76% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions		63.7%	[ 61.88% - 65.58% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		6.2%	[ 5.18% - 7.17% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		2.4%	[ 1.76% - 3.07% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		7.6%	[ 6.54% - 8.72% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		6.7%	[ 4.18% - 9.16% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	W	11.5%	[ 10.24% - 12.85% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		10.1%	[ 7.23% - 13.05% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		4.6%	[ 2.62% - 6.59% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		82.4%	[ 76.63% - 88.22% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		8.0%	[ 5.12% - 10.80% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	W	32.9%	[ 31.15% - 34.66% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder	W	27.8%	[ 26.05% - 29.60% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	W	4.9%	[ 3.97% - 5.73% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.7%	[ 1.15% - 2.30% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder		5.2%	[ 4.27% - 6.05% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		2.5%	[ 1.79% - 3.14% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		12.0%	[ 8.75% - 15.21% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		15.1%	[ 13.78% - 16.51% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		3.5%	[ 1.69% - 5.29% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.0%	[ 0.68% - 1.35% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		6.0%	[ 3.44% - 8.65% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		18.6%	[ 14.20% - 22.99% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment	B	3.2%	[ 2.55% - 3.92% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		5.8%	[ 3.43% - 8.17% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		13.2%	[ 9.28% - 17.17% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		14.8%	[ 7.82% - 21.87% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		0.6%	[ 0.13% - 1.12% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		2.5%	[ 1.35% - 3.64% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	24.2%	[ 23.01% - 25.30% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	35.8%	[ 34.54% - 37.12% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		94.7%	[ 92.10% - 97.29% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		4.4%	[ 2.43% - 6.38% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.6	[ 8.35 - 8.94 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		681.7	[ 626.98 - 736.37 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	55.0	[ 53.66 - 56.30 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		4.5	[ 3.68 - 5.36 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	2.6	[ 2.33 - 2.83 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		304.4	[ 273.52 - 335.31 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		20.7%	[ 17.26% - 24.06% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		113.0	[ 97.48 - 128.44 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports		5.1%	[ 4.53% - 5.72% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.5%	[ 2.02% - 2.89% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		44.3%	[ 38.27% - 50.28% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		10.0	[ 7.0 - 12.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user	*	\$2,798	[ \$2,314 - \$3,155 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month	*	67.8%	[ 63.30% - 72.21% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle		90.6%	[ 86.65% - 94.52% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		94.3%	[ 92.05% - 96.60% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone		32.9%	[ 28.65% - 37.24% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	73.7%	[ 70.78% - 76.57% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage	*	40.3%	[ 34.80% - 45.74% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		14.5%	[ 10.59% - 18.38% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		48.1%	[ 33.69% - 62.52% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		27.6%	[ 20.67% - 34.43% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		3.0%	[ 1.42% - 4.57% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year	*	3.0%	[ 0.97% - 4.94% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.9%	[ -0.15% - 1.97% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		7.6%	[ 5.36% - 9.86% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year		12.0%	[ 8.21% - 15.81% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year	*	18.8%	[ 15.37% - 22.21% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		6.9%	[ 4.35% - 9.38% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		18.1%	[ 13.03% - 23.17% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		33.6%	[ 27.63% - 39.58% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		29.7%	[ 24.04% - 35.42% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+	*	18.6%	[ 14.35% - 22.78% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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