## **Branford (New Haven)**



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		55.0%	[ 49.98% - 60.11% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years	*	25.3%	[ 22.13% - 28.44% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older	*	19.7%	[ 16.38% - 22.97% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		59.1%	[ 54.74% - 63.53% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		67.8%	[ 59.10% - 76.41% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	94.0%	[ 92.19% - 95.86% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	0.2%	[ -0.85% - 1.26% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		2.5%	[ 0.77% - 4.30% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	2.8%	[ 0.60% - 4.99% ]	5.8%	[ 5.66% - 5.84%]
Marital status of the population 65+					
% married	*	58.7%	[ 55.14% - 62.18% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		13.7%	[ 10.29% - 17.04% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		22.4%	[ 18.65% - 26.09% ]	24.2%	[ 23.77% - 24.57% ]
% never married		5.3%	[ 3.53% - 7.07% ]	7.1%	[ 6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	8.8%	[ 6.30% - 11.21% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		50.2%	[ 45.66% - 54.79% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	41.0%	[ 35.92% - 46.12% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree		20.2%	[ 16.35% - 23.97% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		88.1%	[ 83.41% - 92.79% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		19.1%	[ 15.46% - 22.84% ]	17.5%	[ 17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.6%	[ 1.98% - 3.23% ]	2.5%	[ 2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.9%	[ 3.43% - 4.38% ]	4.1%	[ 4.08% - 4.18% ]
WELLNESS					
% 60+ getting the recommended hours of sleep		64.1%	[ 58.87% - 69.26% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		71.6%	[ 66.96% - 76.25% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		28.6%	[ 23.05% - 34.13% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		52.6%	[ 46.64% - 58.58% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		20.7%	[ 16.40% - 24.92% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		12.4%	[ 9.09% - 15.81% ]	12.4%	[ 11.74% - 12.96% ]

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FALLS					
% 60+ who fell within last year		25.2%	[ 20.33% - 30.02%	] 26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		11.5%	[ 7.80% - 15.17%	] 9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture	В	3.1%	[ 2.54% - 3.56%	] 3.7%	[ 3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		90.6%	[ 87.88% - 93.34%	] 88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		56.6%	[ 51.52% - 61.61%	] 57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		67.8%	[ 63.12% - 72.54%	] 63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine	В	40.6%	[ 34.66% - 46.49%	] 33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		78.4%	[ 72.24% - 84.47%	] 79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		79.3%	[ 74.43% - 84.16%	] 78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		18.1%	[ 14.02% - 22.20%	] 16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		45.3%	[ 38.65% - 51.87%	] 39.6%	[ 38.38% - 40.80% ]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		20.8%	[ 15.63% - 25.90%	] 19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		7.7%	[ 4.76% - 10.60%	] 8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		28.5%	[ 23.81% - 33.22%	] 26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	В	20.3%	[ 18.96% - 21.74%	] 22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		77.6%	[ 76.25% - 79.03%	] 77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.2%	[ 94.18% - 98.17%	] 97.1%	[ 96.74% - 97.42% ]
ORAL HEALTH					
% 60+ with dental insurance		59.7%	[ 50.84% - 68.55%	] 59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		83.5%	[ 79.42% - 87.55%	] 80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		24.7%	[ 19.98% - 29.37%	] 23.8%	[ 22.96% - 24.69% ]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		14.0%	[ 12.90% - 15.09%	] 14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia		49.8%	[ 48.21% - 51.44%	] 50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma	В	12.5%	[ 11.42% - 13.52%	] 14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		16.8%	[ 15.62% - 17.94%	] 16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.17%	[ 0.11% 0.22%	] 0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		40.7%	[ 38.23% - 43.14%	] 42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		11.3%	[ 9.97% - 12.57%	] 11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		65.7%	[ 64.10% - 67.25%	] 64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease		29.4%	[ 27.84% - 30.90%	] 29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	В	17.6%	[ 16.37% - 18.75%	] 21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.6%	[ 2.12% - 3.11%	] 2.7%	[ 2.65% - 2.75%]
% 65+ with congestive heart failure		24.1%	[ 22.71% - 25.50%	] 22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes		33.0%	[ 31.36% - 34.55%	] 33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.0%	[ 1.46% - 2.59%	] 2.0%	[ 1.97% - 2.10%]
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% 65+ with epilepsy		2.4%	[ 1.90% - 2.94	l% ] 2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.6%	[ 25.11% - 28.12	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		27.5%	[ 26.08% - 28.90	0% ] 28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		3.8%	[ 3.25% - 4.42	2% ] 4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.51%	[ 0.42% - 0.6	% ] 0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension		75.9%	[ 74.43% - 77.30	0% ] 76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		26.3%	[ 24.92% - 27.72	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		39.5%	[ 37.81% - 41.12	2% ] 40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		3.2%	[ 2.59% - 3.74	l% ] 2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease	В	8.3%	[ 7.40% - 9.2	<b>7</b> % ] 9.5%	[ 9.37% - 9.59%]
% 65+ with lung cancer		1.9%	[ 1.51% - 2.38	3% ] 1.9%	[ 1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.9%	[ 4.19% - 5.69	9% ] 5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis	W	56.3%	[ 54.59% - 58.00	5% ] 54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		21.5%	[ 20.24% - 22.86	9% ] 20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	В	17.1%	[ 15.86% - 18.2	<b>7</b> % ] 19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer		8.8%	[ 7.91% - 9.70	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		12.3%	[ 10.67% - 13.84	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		11.1%	[ 10.13% - 12.09	5% ] 11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	W	1.8%	[ 1.37% - 2.24	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions		60.6%	[ 59.03% - 62.24	·  % ] 61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		7.2%	[ 6.35% - 8.14	l% ] 7.2%	[ 7.10% - 7.29% ]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.5%	[ 1.91% - 3.04	% ] 2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		6.4%	[ 5.54% - 7.25	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		ı	V/A	2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		7.4%	[ 4.78% - 9.96	5% ] 9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	В	8.7%	[ 7.73% - 9.68	3% ] 10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		6.4%	[ 3.57% - 9.18	3% ] 7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		5.9%	[ 3.52% - 8.3	<b>'</b> % ] 6.4%	[ 5.89% - 6.80% ]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		79.4%	[ 76.01% - 82.83	3% ] 78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		8.5%	[ 5.47% - 11.50	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		31.6%	[ 30.10% - 33.0	<b>7</b> % ] 30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		24.5%	[ 23.06% - 25.97	<b>'</b> % ] 25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder		3.7%	[ 3.08% - 4.40	0% ] 3.9%	[ 3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.4%	[ 0.97% - 1.82	2% ] 1.3%	[ 1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	В	3.5%	[ 2.90% - 4.18	3% ] 4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		3.0%	[ 2.46% - 3.62	2% ] 2.6%	[ 2.49% - 2.61% ]

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LIVING WITH DISABILITY						
% 65+ with self-reported hearing difficulty		13.6%	[ 10.74%	- 16.47% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		15.6%	[ 14.41%	- 16.74% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		3.5%	[ 1.55%	- 5.45% ]	4.8%	[ 4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[ 0.91%	- 1.62% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		7.5%	[ 5.00%	- 9.99% ]	7.6%	[ 7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		18.1%	[ 14.60%	- 21.56%]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.6%	[ 2.95%	- 4.16% ]	4.0%	[ 3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		5.2%	[ 2.97%	- 7.37% ]	7.5%	[ 7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		10.6%	[ 7.70%	- 13.46% ]	13.6%	[ 13.23% - 13.93% ]
CAREGIVING						
% of 60+ who provide care to a family/friend in last month		25.3%	[ 21.16%	- 29.39% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren	*	0.3%	[ -0.02%	- 0.53% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren	*	1.3%	[ 0.55%	- 2.13% ]	2.7%	[ 2.62% - 2.83% ]
ACCESS TO CARE						
% 65+ dually eligible for Medicare and Medicaid	*	15.4%	[ 14.51%	- 16.21% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees		30.6%	[ 29.53%	- 31.71% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		97.6%	[ 96.10%	- 99.08% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		5.9%	[ 3.43%	- 8.39% ]	4.5%	[ 4.14% - 4.92% ]
SERVICE UTILIZATION			-			
# physician visits per year	*	9.2	[ 8.97	- 9.50 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually	*	584.6	[ 544.73	- 624.44 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	48.5	[ 47.44	- 49.66 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	5.1	[ 4.50	- 5.78 ]	4.1	[ 4.02 - 4.14]
# durable medical equipment claims annually	*	1.7	[ 1.53	- 1.87 ]	1.9	[ 1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		256.8	[ 234.32	- 279.19]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		18.0%	[ 15.32%	- 20.60% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		103.7	[ 90.43	- 117.02 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	3.6%	[ 3.16%	- 4.04% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users	*	3.3%	[ 2.82%	- 3.71% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents	*	55.2%	[ 48.62%	- 61.87% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		11.0	[ 9.0	- 14.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user	*	\$4,868	[ \$4,566	- \$6,041 ]	\$3,741	[ \$3,650 - \$3,816 ]
COMMUNITY						
% 60+ who used Internet in last month		73.9%	[ 69.47%	- 78.26% ]	75.1%	[ 74.32% - 75.89% ]
TRANSPORTATION			•	,		
% 65+ who own a motor vehicle	*	90.4%	[ 87.97%	- 92.90% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		91.5%	[ 88.64%	- 94.40% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month			V/A	31.1070]	2.2%	[ 1.76% - 2.56% ]
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HOUSING					
% 65+ population who live alone		27.5%	[ 23.78% - 31.25%	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	82.9%	[ 79.69% - 86.02%	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		47.3%	[ 42.78% - 51.89%	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		19.7%	[ 14.82% - 24.61%	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		62.5%	[ 44.40% - 80.56%	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		32.4%	[ 24.71% - 40.17%	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		3.3%	[ 1.57% - 4.98%	3.7%	[ 3.48% - 3.89%]
% 65+ moved from different county in last year		0.9%	[ -0.22% - 1.99%	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		1.1%	[ 0.10% - 2.05%	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		10.2%	[ 7.47% - 12.93%	9.6%	[ 9.29% - 9.87% ]
ECONOMIC					
% 60+ receiving food benefits in last year	*	5.6%	[ 3.48% - 7.77%	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		25.5%	[ 21.69% - 29.23%	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		5.6%	[ 2.93% - 8.25%	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		14.7%	[ 9.73% - 19.63%	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		30.5%	[ 24.49% - 36.59%	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		28.4%	[ 23.39% - 33.39%	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		26.4%	[ 21.38% - 31.41%	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu