

Waterbury (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	52.2%	[49.32% - 55.16%]	55.7%	[55.33% - 56.11%]
% 75-84 years		32.1%	[29.18% - 34.93%]	29.1%	[28.75% - 29.45%]
% 85 years or older		15.7%	[13.56% - 17.85%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		59.9%	[56.63% - 63.16%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female	*	74.1%	[67.21% - 80.98%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	78.5%	[76.53% - 80.46%]	88.4%	[87.85% - 88.93%]
% African American	*	13.8%	[11.80% - 15.80%]	6.8%	[6.63% - 6.88%]
% Asian	*	0.9%	[0.12% - 1.78%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	15.2%	[12.75% - 17.70%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	38.3%	[35.62% - 40.94%]	53.8%	[53.46% - 54.12%]
% divorced/separated	*	19.0%	[16.46% - 21.46%]	14.9%	[14.58% - 15.29%]
% widowed	*	31.2%	[27.99% - 34.33%]	24.2%	[23.77% - 24.57%]
% never married	*	11.6%	[9.69% - 13.52%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	32.6%	[29.24% - 35.91%]	14.7%	[14.30% - 15.04%]
% with high school or some college		55.5%	[52.00% - 58.90%]	53.3%	[52.80% - 53.74%]
% with college degree	*	12.0%	[10.09% - 13.85%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	6.6%	[5.31% - 7.96%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	74.0%	[71.44% - 76.65%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service	*	11.4%	[9.79% - 13.08%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.6%	[1.98% - 3.23%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate	W	4.8%	[4.43% - 5.16%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		62.3%	[56.83% - 67.82%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		73.2%	[68.50% - 77.87%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		22.0%	[16.07% - 27.88%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		54.6%	[48.05% - 61.08%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		22.1%	[17.72% - 26.44%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		12.8%	[9.30% - 16.34%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		27.6%	[22.45% - 32.81%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		9.5%	[6.02% - 12.92%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.5%	[3.13% - 3.90%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		88.0%	[84.76% - 91.29%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		58.2%	[52.98% - 63.40%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		64.7%	[59.56% - 69.88%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		26.8%	[21.04% - 32.56%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		77.9%	[71.52% - 84.22%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		77.6%	[72.60% - 82.51%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		14.4%	[10.33% - 18.48%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		37.5%	[30.59% - 44.42%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		17.8%	[12.95% - 22.70%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		11.8%	[7.84% - 15.78%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		25.3%	[20.63% - 29.98%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	W	26.2%	[25.09% - 27.30%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	W	78.3%	[77.35% - 79.29%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		95.6%	[92.92% - 98.26%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		50.5%	[41.62% - 59.30%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		77.8%	[73.16% - 82.41%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	W	31.7%	[26.38% - 37.05%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	W	17.8%	[16.89% - 18.67%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	54.0%	[52.81% - 55.10%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		14.9%	[14.06% - 15.67%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation	B	15.1%	[14.30% - 15.87%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.06% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		41.6%	[39.83% - 43.30%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)	B	8.7%	[7.89% - 9.54%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	56.6%	[55.49% - 57.78%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	W	37.8%	[36.60% - 38.98%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	W	23.4%	[22.45% - 24.35%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		3.1%	[2.75% - 3.50%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	28.6%	[27.50% - 29.68%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	W	43.9%	[42.64% - 45.10%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.7%	[1.36% - 2.14%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy	W	4.9%	[4.34% - 5.40%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		25.8%	[24.67% - 26.83%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	W	31.6%	[30.51% - 32.59%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	W	6.4%	[5.89% - 6.96%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.21%	[0.15% - 0.27%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	80.1%	[79.14% - 81.03%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	23.0%	[22.07% - 23.97%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	44.5%	[43.30% - 45.76%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas	B	2.2%	[1.87% - 2.57%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.5%	[8.82% - 10.27%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.2%	[1.84% - 2.50%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache	W	6.5%	[5.87% - 7.09%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	W	56.7%	[55.45% - 57.93%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	B	16.5%	[15.66% - 17.27%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	W	25.7%	[24.66% - 26.75%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	W	11.9%	[11.14% - 12.69%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		11.8%	[10.71% - 12.94%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	W	14.1%	[13.36% - 14.90%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.1%	[0.87% - 1.37%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	66.8%	[65.69% - 67.89%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.4%	[6.81% - 8.07%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.6%	[2.17% - 3.01%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	W	9.1%	[8.32% - 9.80%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		10.3%	[7.02% - 13.55%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	W	15.6%	[14.67% - 16.54%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		11.0%	[8.01% - 14.00%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		8.6%	[5.77% - 11.43%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		79.4%	[76.01% - 82.83%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		10.7%	[6.96% - 14.36%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	W	32.8%	[31.77% - 33.90%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	W	28.7%	[27.54% - 29.77%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	W	5.9%	[5.25% - 6.45%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.6%	[1.27% - 1.95%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	W	6.6%	[5.98% - 7.20%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.9%	[2.45% - 3.30%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		12.5%	[10.22% - 14.76%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	W	18.5%	[17.60% - 19.45%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty	*	7.0%	[5.37% - 8.72%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment	W	1.5%	[1.18% - 1.74%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty	*	10.9%	[8.90% - 12.93%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	28.9%	[25.81% - 32.07%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	W	5.0%	[4.45% - 5.51%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty	*	12.0%	[9.66% - 14.29%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	18.9%	[16.09% - 21.75%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		25.3%	[21.16% - 29.39%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	1.8%	[1.15% - 2.35%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	5.1%	[4.04% - 6.09%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	43.5%	[42.71% - 44.34%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	35.0%	[34.19% - 35.76%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		96.4%	[94.39% - 98.32%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		6.5%	[3.74% - 9.30%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	8.3	[8.09 - 8.49]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	874.3	[836.47 - 912.16]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	56.3	[55.42 - 57.15]	50.3	[50.15 - 50.39]
# home health visits annually	*	5.6	[5.05 - 6.08]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	2.5	[2.31 - 2.60]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	345.3	[325.35 - 365.21]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		19.1%	[17.22% - 20.99%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	154.5	[142.13 - 166.81]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	11.3%	[10.76% - 11.80%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users	*	3.1%	[2.84% - 3.44%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents	*	49.9%	[46.32% - 53.47%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)	*	8.0	[7.0 - 9.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$4,027	[\$3,604 - \$4,466]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	63.1%	[57.94% - 68.22%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	72.3%	[69.08% - 75.43%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.9%	[90.27% - 95.60%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone	*	36.3%	[33.39% - 39.30%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	54.3%	[51.59% - 57.01%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		47.3%	[42.93% - 51.61%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month	W	25.4%	[20.02% - 30.79%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		42.7%	[35.87% - 49.61%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	39.3%	[33.62% - 45.03%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		3.7%	[2.32% - 5.01%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		1.0%	[0.22% - 1.75%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.6%	[0.13% - 0.99%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	14.3%	[13.02% - 15.63%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	29.1%	[26.38% - 31.88%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year	*	17.8%	[15.65% - 19.97%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	12.7%	[10.28% - 15.12%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	30.7%	[27.56% - 33.82%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999	*	39.5%	[35.28% - 43.63%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999	*	20.1%	[17.08% - 23.19%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	9.7%	[7.29% - 12.14%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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