

## West Haven (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	64.7%	[ 60.45% - 68.88% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years	*	24.6%	[ 21.27% - 28.00% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older	*	10.7%	[ 8.39% - 13.01% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		57.1%	[ 52.76% - 61.34% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		72.9%	[ 61.31% - 84.46% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	79.6%	[ 78.56% - 80.69% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	17.8%	[ 14.27% - 21.29% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		1.3%	[ -0.17% - 2.80% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino		4.9%	[ 2.33% - 7.46% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	48.9%	[ 45.24% - 52.63% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		18.8%	[ 14.88% - 22.81% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		23.8%	[ 20.01% - 27.64% ]	24.2%	[ 23.77% - 24.57% ]
% never married		8.4%	[ 6.36% - 10.43% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		15.9%	[ 12.82% - 18.88% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college	*	66.1%	[ 62.18% - 70.05% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	18.0%	[ 14.67% - 21.40% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	8.3%	[ 5.95% - 10.71% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		88.5%	[ 84.38% - 92.62% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		20.4%	[ 17.63% - 23.17% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.6%	[ 1.98% - 3.23% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		4.3%	[ 3.86% - 4.80% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		58.8%	[ 51.03% - 66.47% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		70.7%	[ 63.99% - 77.48% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		27.5%	[ 19.26% - 35.75% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		56.8%	[ 47.78% - 65.74% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status	W	24.8%	[ 18.45% - 31.16% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month	W	22.7%	[ 16.46% - 28.99% ]	12.4%	[ 11.74% - 12.96% ]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>FALLS</b>					
% 60+ who fell within last year		26.2%	[ 19.36% - 33.00% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		7.5%	[ 3.85% - 11.13% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.3%	[ 2.83% - 3.86% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		86.6%	[ 80.83% - 92.30% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		55.0%	[ 47.54% - 62.37% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine	B	74.7%	[ 68.30% - 81.01% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		25.9%	[ 18.30% - 33.43% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		78.0%	[ 68.96% - 87.13% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		77.5%	[ 70.39% - 84.53% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		12.5%	[ 7.67% - 17.36% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		33.1%	[ 24.07% - 42.07% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day	W	12.4%	[ 6.15% - 18.65% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		12.6%	[ 7.31% - 17.87% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		32.5%	[ 25.47% - 39.48% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	W	26.4%	[ 24.95% - 27.90% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		75.6%	[ 74.27% - 77.02% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		94.4%	[ 90.44% - 98.35% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		64.3%	[ 50.80% - 77.74% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam	W	71.0%	[ 63.88% - 78.21% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		31.6%	[ 24.35% - 38.87% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		13.8%	[ 12.71% - 14.83% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	W	54.5%	[ 52.98% - 56.10% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		14.6%	[ 13.55% - 15.73% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		15.1%	[ 14.06% - 16.18% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.17%	[ 0.11% - 0.22% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)	B	37.1%	[ 34.86% - 39.41% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		10.9%	[ 9.67% - 12.18% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	B	55.6%	[ 53.99% - 57.11% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	W	34.9%	[ 33.31% - 36.42% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	W	25.2%	[ 23.87% - 26.53% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.6%	[ 2.12% - 3.08% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	W	27.0%	[ 25.56% - 28.38% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	W	43.6%	[ 41.93% - 45.20% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.5%	[ 1.91% - 3.18% ]	2.0%	[ 1.97% - 2.10% ]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
% 65+ with epilepsy		2.3%	[ 1.85% - 2.84% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.9%	[ 25.43% - 28.32% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		27.5%	[ 26.10% - 28.82% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		4.6%	[ 3.93% - 5.18% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.51%	[ 0.42% - 0.61% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	W	80.4%	[ 79.11% - 81.68% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		25.5%	[ 24.20% - 26.88% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		42.5%	[ 40.85% - 44.08% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.5%	[ 1.98% - 2.95% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		9.9%	[ 8.89% - 10.84% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		2.2%	[ 1.73% - 2.61% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache	B	3.7%	[ 3.07% - 4.30% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis	B	48.9%	[ 47.24% - 50.55% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis	B	18.0%	[ 16.83% - 19.14% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	W	22.9%	[ 21.58% - 24.25% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	W	10.7%	[ 9.76% - 11.72% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		11.7%	[ 10.16% - 13.14% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke	B	10.5%	[ 9.58% - 11.40% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.0%	[ 0.66% - 1.27% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	W	64.8%	[ 63.27% - 66.32% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions	B	8.4%	[ 7.49% - 9.32% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		2.7%	[ 2.13% - 3.25% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder	W	8.1%	[ 7.15% - 8.99% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		9.7%	[ 5.37% - 14.05% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	W	13.5%	[ 12.32% - 14.63% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers	W	16.0%	[ 9.75% - 22.19% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month	W	15.4%	[ 9.62% - 21.22% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		79.4%	[ 76.01% - 82.83% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month	W	12.9%	[ 7.59% - 18.27% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	B	28.5%	[ 27.15% - 29.95% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		24.9%	[ 23.50% - 26.36% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder		4.6%	[ 3.88% - 5.28% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.5%	[ 1.04% - 1.92% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder		5.3%	[ 4.58% - 6.06% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	B	1.9%	[ 1.44% - 2.33% ]	2.6%	[ 2.49% - 2.61% ]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		11.7%	[ 8.80% - 14.54% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	12.1%	[ 11.13% - 13.16% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		6.0%	[ 4.03% - 7.91% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.1%	[ 0.75% - 1.38% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		6.2%	[ 3.75% - 8.66% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		18.5%	[ 15.26% - 21.76% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		4.1%	[ 3.45% - 4.70% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		6.7%	[ 4.51% - 8.98% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		11.7%	[ 9.05% - 14.43% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		25.3%	[ 21.16% - 29.39% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		1.2%	[ 0.60% - 1.86% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren	*	4.4%	[ 3.39% - 5.44% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	26.8%	[ 25.78% - 27.72% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	33.2%	[ 32.17% - 34.23% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		96.2%	[ 92.30% - 100.14% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost	W	9.6%	[ 5.51% - 13.76% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.6	[ 8.34 - 8.87 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		644.1	[ 601.68 - 686.54 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	52.4	[ 51.22 - 53.52 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	5.4	[ 4.65 - 6.09 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		2.0	[ 1.86 - 2.23 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually	*	309.6	[ 283.58 - 335.56 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		19.2%	[ 16.42% - 21.93% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		117.8	[ 103.00 - 132.51 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports		5.3%	[ 4.81% - 5.79% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		3.0%	[ 2.60% - 3.39% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		44.4%	[ 38.98% - 49.85% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		9.0	[ 8.0 - 12.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user	*	\$4,886	[ \$4,491 - \$5,644 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		71.8%	[ 65.20% - 78.41% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	85.5%	[ 85.38% - 85.71% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		92.5%	[ 88.72% - 96.28% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>HOUSING</b>					
% 65+ population who live alone		29.1%	[ 25.13% - 33.16% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	71.3%	[ 67.55% - 75.10% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage	*	54.5%	[ 48.54% - 60.47% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month	W	26.3%	[ 18.71% - 33.87% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		47.3%	[ 34.44% - 60.22% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		34.7%	[ 28.60% - 40.70% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		4.1%	[ 2.20% - 6.08% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.9%	[ 0.24% - 1.59% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.4%	[ -0.58% - 1.35% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		11.7%	[ 9.32% - 14.09% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	15.8%	[ 12.59% - 19.01% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		26.8%	[ 23.03% - 30.55% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		5.5%	[ 3.48% - 7.57% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		18.8%	[ 13.93% - 23.60% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		32.7%	[ 27.25% - 38.14% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		28.4%	[ 22.33% - 34.44% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		20.2%	[ 15.30% - 25.01% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? [Beth.Dugan@umb.edu](mailto:Beth.Dugan@umb.edu)