

Westport (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		53.6%	[48.70% - 58.41%]	55.7%	[55.33% - 56.11%]
% 75-84 years		32.2%	[27.55% - 36.78%]	29.1%	[28.75% - 29.45%]
% 85 years or older		14.3%	[10.38% - 18.18%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		58.9%	[53.61% - 64.14%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		65.4%	[48.83% - 81.93%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	95.5%	[92.43% - 98.52%]	88.4%	[87.85% - 88.93%]
% African American	*	0.7%	[-0.81% - 2.22%]	6.8%	[6.63% - 6.88%]
% Asian		2.4%	[0.72% - 4.14%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	1.6%	[-0.12% - 3.39%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	58.5%	[54.32% - 62.63%]	53.8%	[53.46% - 54.12%]
% divorced/separated		11.8%	[8.63% - 14.90%]	14.9%	[14.58% - 15.29%]
% widowed		23.2%	[18.03% - 28.37%]	24.2%	[23.77% - 24.57%]
% never married		6.6%	[3.80% - 9.31%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	2.6%	[0.73% - 4.56%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	30.5%	[25.85% - 35.12%]	53.3%	[52.80% - 53.74%]
% with college degree	*	66.9%	[62.58% - 71.15%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	39.4%	[34.75% - 44.05%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	89.6%	[86.26% - 93.04%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		14.6%	[10.92% - 18.36%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate	B	3.0%	[2.53% - 3.48%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep	B	73.0%	[69.01% - 76.91%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	84.6%	[81.78% - 87.45%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity	B	34.3%	[29.37% - 39.15%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		60.6%	[55.42% - 65.80%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	12.9%	[10.29% - 15.49%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month	B	9.4%	[7.13% - 11.70%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		23.2%	[19.35% - 26.97%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.6%	[5.97% - 11.24%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.6%	[3.05% - 4.20%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year	W	82.8%	[79.88% - 85.80%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		60.4%	[56.45% - 64.28%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		59.2%	[55.23% - 63.22%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		39.2%	[33.76% - 44.69%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		79.2%	[74.09% - 84.40%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		80.0%	[76.23% - 83.79%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		19.0%	[15.68% - 22.29%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		44.8%	[39.38% - 50.29%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		20.4%	[16.04% - 24.66%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month	B	5.3%	[3.22% - 7.45%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese	B	16.4%	[13.43% - 19.33%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	B	11.7%	[10.55% - 12.88%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	B	71.1%	[69.48% - 72.64%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		95.0%	[92.62% - 97.36%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		52.5%	[45.54% - 59.37%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		83.8%	[80.34% - 87.17%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	B	17.4%	[13.85% - 21.04%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	11.5%	[10.49% - 12.57%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	45.1%	[43.40% - 46.73%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	12.8%	[11.67% - 13.86%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		15.0%	[13.86% - 16.14%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.04%	[0.02% - 0.06%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		45.3%	[42.78% - 47.84%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)	W	14.7%	[13.12% - 16.22%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	66.8%	[65.10% - 68.40%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	21.9%	[20.51% - 23.34%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	16.9%	[15.74% - 18.14%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.9%	[2.48% - 3.42%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	19.0%	[17.70% - 20.31%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	23.5%	[22.05% - 25.01%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.3%	[1.68% - 2.83%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy	B	2.2%	[1.73% - 2.61%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		27.3%	[25.69% - 28.82%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	26.1%	[24.69% - 27.56%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	B	3.5%	[2.94% - 4.09%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.19%	[0.14% - 0.25%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	64.1%	[62.44% - 65.75%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	23.6%	[22.21% - 24.99%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	35.9%	[34.19% - 37.54%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		3.0%	[2.51% - 3.57%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	B	6.9%	[6.00% - 7.76%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.0%	[1.60% - 2.39%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache	B	4.0%	[3.27% - 4.64%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	B	51.6%	[49.79% - 53.42%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	W	24.1%	[22.75% - 25.52%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease		18.6%	[17.31% - 19.86%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		8.5%	[7.58% - 9.43%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)	W	16.8%	[14.97% - 18.62%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		11.6%	[10.57% - 12.60%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury	W	3.1%	[2.61% - 3.63%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	54.4%	[52.71% - 56.10%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	B	9.4%	[8.34% - 10.48%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	B	1.2%	[0.81% - 1.51%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	4.7%	[3.94% - 5.41%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking	W	12.7%	[10.05% - 15.37%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	4.9%	[4.15% - 5.67%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers	B	4.4%	[2.78% - 6.03%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		4.9%	[3.17% - 6.63%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		78.2%	[75.03% - 81.46%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month	B	4.5%	[2.78% - 6.14%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	25.7%	[24.23% - 27.12%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	B	20.7%	[19.27% - 22.13%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	2.9%	[2.32% - 3.39%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder	B	0.5%	[0.25% - 0.71%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	2.9%	[2.38% - 3.45%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.6%	[2.06% - 3.09%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		10.2%	[6.48% - 13.93%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	14.0%	[12.87% - 15.20%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		3.4%	[1.40% - 5.37%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.6%	[0.35% - 0.76%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		6.6%	[3.57% - 9.61%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		14.7%	[10.23% - 19.12%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	B	3.2%	[2.60% - 3.75%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		7.6%	[4.40% - 10.81%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		13.3%	[8.92% - 17.67%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% - 22.05%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	0.1%	[-0.05% - 0.28%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	1.1%	[0.31% - 1.98%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	7.9%	[7.11% - 8.61%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	13.7%	[12.78% - 14.70%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor	W	93.4%	[91.33% - 95.41%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		3.2%	[1.80% - 4.64%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	10.1	[9.80 - 10.44]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	427.7	[394.57 - 460.91]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	41.9	[40.77 - 43.10]	50.3	[50.15 - 50.39]
# home health visits annually	*	2.8	[2.40 - 3.17]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.0	[0.88 - 1.13]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	222.0	[200.87 - 243.12]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)	*	14.1%	[11.60% - 16.66%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	62.8	[53.35 - 72.32]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	2.4%	[1.94% - 2.79%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.3%	[1.89% - 2.77%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		47.5%	[38.29% - 56.80%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		10.0	[6.0 - 13.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,694	[\$3,100 - \$4,799]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	85.2%	[82.27% - 88.23%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	95.4%	[90.69% - 100.12%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.3%	[90.18% - 94.47%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		31.9%	[28.04% - 35.75%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	86.7%	[86.05% - 87.29%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		51.4%	[45.33% - 57.48%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		15.5%	[12.00% - 18.94%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		52.9%	[29.75% - 75.97%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	39.5%	[31.50% - 47.58%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		4.3%	[2.12% - 6.40%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.0%	[-1.05% - 1.05%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.6%	[-0.64% - 1.79%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		8.6%	[6.22% - 11.03%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	2.1%	[0.91% - 3.24%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year	*	37.5%	[33.03% - 42.02%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		4.3%	[1.77% - 6.84%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	8.7%	[4.53% - 12.93%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999	*	20.7%	[14.55% - 26.88%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999	*	21.5%	[16.26% - 26.78%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	49.0%	[43.55% - 54.52%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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