

Bridgeport (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		54.2%	[51.38% - 57.10%]	55.7%	[55.33% - 56.11%]
% 75-84 years		31.0%	[28.03% - 33.96%]	29.1%	[28.75% - 29.45%]
% 85 years or older		14.8%	[12.48% - 17.05%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		58.4%	[55.07% - 61.64%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		65.9%	[57.12% - 74.62%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	58.2%	[55.33% - 60.99%]	88.4%	[87.85% - 88.93%]
% African American	*	29.3%	[27.27% - 31.36%]	6.8%	[6.63% - 6.88%]
% Asian		3.6%	[2.04% - 5.22%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	25.3%	[23.26% - 27.36%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	37.2%	[34.74% - 39.71%]	53.8%	[53.46% - 54.12%]
% divorced/separated	*	21.1%	[18.64% - 23.53%]	14.9%	[14.58% - 15.29%]
% widowed	*	29.0%	[25.89% - 32.07%]	24.2%	[23.77% - 24.57%]
% never married	*	12.7%	[10.68% - 14.74%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	37.2%	[34.56% - 39.77%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	46.2%	[43.93% - 48.43%]	53.3%	[52.80% - 53.74%]
% with college degree	*	16.7%	[13.97% - 19.33%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	8.6%	[6.47% - 10.73%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	62.9%	[59.25% - 66.52%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service	*	11.3%	[9.41% - 13.12%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.4%	[4.10% - 4.78%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep	W	53.1%	[46.43% - 59.70%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	W	64.2%	[57.66% - 70.73%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		23.8%	[18.02% - 29.59%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity	W	42.8%	[36.15% - 49.41%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	W	34.6%	[28.12% - 41.12%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month	W	20.4%	[14.67% - 26.18%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		20.3%	[15.04% - 25.55%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.2%	[4.76% - 11.72%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.4%	[3.03% - 3.85%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		89.1%	[84.58% - 93.70%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year	W	47.7%	[40.77% - 54.59%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine	W	54.6%	[47.62% - 61.65%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	W	18.1%	[13.23% - 23.03%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		76.6%	[69.15% - 84.12%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening	W	70.2%	[63.93% - 76.47%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test	*	30.6%	[24.27% - 36.99%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals	W	24.8%	[17.69% - 31.85%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		22.0%	[15.67% - 28.29%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month	W	19.4%	[12.69% - 26.06%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese	W	35.3%	[28.68% - 41.94%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	W	24.3%	[23.24% - 25.44%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		76.4%	[75.33% - 77.40%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening	W	92.4%	[88.84% - 95.98%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		54.5%	[43.05% - 65.89%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam	W	62.7%	[56.39% - 69.08%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	W	38.3%	[31.75% - 44.79%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	W	18.5%	[17.59% - 19.46%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	58.8%	[57.60% - 59.97%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	W	17.7%	[16.75% - 18.56%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation	B	13.8%	[13.04% - 14.64%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.05% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		41.0%	[39.17% - 42.80%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)	B	9.3%	[8.42% - 10.21%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	56.5%	[55.27% - 57.66%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	W	37.3%	[36.08% - 38.52%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		22.1%	[21.10% - 23.06%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer	W	3.2%	[2.77% - 3.58%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	27.4%	[26.31% - 28.51%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	W	50.0%	[48.75% - 51.29%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.0%	[1.61% - 2.48%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy	W	4.1%	[3.57% - 4.57%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	25.2%	[24.16% - 26.34%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		27.6%	[26.50% - 28.61%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	W	5.6%	[5.02% - 6.08%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.22%	[0.16% - 0.28%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	82.2%	[81.25% - 83.13%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		24.9%	[23.91% - 25.95%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	44.2%	[42.92% - 45.42%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas	B	2.1%	[1.71% - 2.41%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	W	11.1%	[10.32% - 11.91%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.9%	[1.57% - 2.21%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.9%	[4.39% - 5.50%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	B	51.1%	[49.86% - 52.40%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	W	21.4%	[20.47% - 22.38%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	W	27.8%	[26.66% - 28.87%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	W	11.6%	[10.81% - 12.38%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.6%	[12.36% - 14.85%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	W	14.6%	[13.77% - 15.42%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.0%	[0.78% - 1.27%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	67.8%	[66.63% - 68.90%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.8%	[7.17% - 8.50%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.4%	[1.96% - 2.75%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	W	9.0%	[8.25% - 9.73%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		8.5%	[5.00% - 12.04%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	W	11.9%	[11.06% - 12.74%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		11.5%	[7.57% - 15.41%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		6.1%	[3.16% - 9.06%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		78.2%	[75.03% - 81.46%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month	B	3.8%	[1.86% - 5.80%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		31.1%	[30.04% - 32.23%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		24.6%	[23.55% - 25.71%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		4.4%	[3.85% - 4.92%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.2%	[0.88% - 1.44%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	W	7.2%	[6.54% - 7.83%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.4%	[2.04% - 2.83%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		10.0%	[7.89% - 12.12%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	12.2%	[11.43% - 13.01%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty	*	7.6%	[5.98% - 9.27%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[1.02% - 1.58%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty	*	11.6%	[9.48% - 13.73%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	27.5%	[24.57% - 30.44%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	W	6.1%	[5.54% - 6.74%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		9.6%	[7.42% - 11.69%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	19.3%	[16.63% - 22.03%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% - 22.05%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	1.5%	[1.15% - 1.89%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	5.7%	[4.90% - 6.54%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	45.8%	[45.00% - 46.57%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	41.7%	[40.95% - 42.50%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		93.9%	[90.64% - 97.26%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost	W	9.0%	[5.38% - 12.62%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	7.8	[7.57 - 7.96]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	898.7	[855.77 - 941.70]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	54.9	[54.16 - 55.73]	50.3	[50.15 - 50.39]
# home health visits annually	*	5.9	[5.23 - 6.51]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	2.1	[2.01 - 2.29]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	377.9	[355.11 - 400.75]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)	*	20.9%	[18.93% - 22.80%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	141.8	[129.49 - 154.06]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	11.5%	[10.98% - 11.98%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.7%	[2.48% - 3.02%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		43.7%	[40.14% - 47.27%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		9.0	[7.0 - 10.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,498	[\$3,040 - \$3,947]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	51.4%	[45.02% - 57.81%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	74.3%	[71.63% - 77.01%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		93.2%	[89.48% - 97.01%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone	*	34.2%	[31.54% - 36.82%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	56.3%	[53.24% - 59.32%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage	*	53.2%	[49.08% - 57.35%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		24.3%	[17.12% - 31.47%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		46.8%	[40.07% - 53.62%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	39.2%	[34.46% - 43.94%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		4.8%	[3.09% - 6.43%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year	*	0.3%	[0.03% - 0.57%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		1.2%	[0.47% - 1.86%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	13.4%	[12.15% - 14.66%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	27.0%	[24.65% - 29.28%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year	*	21.6%	[18.93% - 24.22%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	13.2%	[11.04% - 15.28%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	30.8%	[27.45% - 34.23%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		33.3%	[29.59% - 36.95%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999	*	20.2%	[17.54% - 22.89%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	15.7%	[13.12% - 18.25%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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