

## Woodbridge (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		58.9%	[ 51.41% - 66.44% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		27.9%	[ 20.54% - 35.24% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		13.2%	[ 6.49% - 19.87% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		56.3%	[ 48.25% - 64.37% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		65.3%	[ 44.10% - 86.59% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	84.5%	[ 82.05% - 87.01% ]	88.4%	[ 87.85% - 88.93% ]
% African American		7.9%	[ 1.26% - 14.45% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		7.4%	[ 0.51% - 14.34% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	1.0%	[ -0.97% - 3.07% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married		57.5%	[ 51.25% - 63.74% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		11.1%	[ 4.98% - 17.20% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		23.5%	[ 15.08% - 31.85% ]	24.2%	[ 23.77% - 24.57% ]
% never married		7.9%	[ 2.13% - 13.77% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		12.8%	[ 5.79% - 19.82% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college	*	33.6%	[ 24.20% - 43.01% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	53.6%	[ 47.26% - 59.93% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	35.4%	[ 28.91% - 41.92% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		81.1%	[ 75.99% - 86.22% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service	*	12.0%	[ 6.97% - 17.02% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.6%	[ 1.98% - 3.23% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		3.5%	[ 2.66% - 4.42% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		64.1%	[ 58.43% - 69.68% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		73.7%	[ 68.61% - 78.82% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		26.3%	[ 20.81% - 31.84% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		55.1%	[ 48.67% - 61.62% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		19.1%	[ 14.22% - 23.90% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		12.7%	[ 8.52% - 16.81% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		25.7%	[ 20.49% - 30.89% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		9.9%	[ 6.15% - 13.70% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.1%	[ 2.14% - 4.00% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		87.4%	[ 83.23% - 91.48% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		60.6%	[ 54.79% - 66.34% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		65.3%	[ 59.58% - 70.95% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		38.4%	[ 32.14% - 44.68% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		79.1%	[ 72.39% - 85.84% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		79.8%	[ 74.99% - 84.63% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		19.0%	[ 14.12% - 23.91% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		40.5%	[ 33.74% - 47.32% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		20.7%	[ 15.44% - 26.04% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		8.9%	[ 4.95% - 12.82% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		22.5%	[ 17.77% - 27.17% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	B	18.7%	[ 16.08% - 21.28% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		75.2%	[ 72.50% - 77.98% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.4%	[ 94.04% - 98.73% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		66.4%	[ 56.56% - 76.23% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam	B	85.6%	[ 81.73% - 89.52% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		25.0%	[ 19.85% - 30.05% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		15.4%	[ 13.27% - 17.48% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia		48.7%	[ 45.69% - 51.73% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma	B	11.6%	[ 9.73% - 13.48% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		16.2%	[ 14.07% - 18.28% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.09%	[ 0.06% - 0.13% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		45.0%	[ 40.52% - 49.53% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)	W	15.8%	[ 12.95% - 18.66% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		64.7%	[ 61.72% - 67.74% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease		27.7%	[ 24.94% - 30.56% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	B	16.7%	[ 14.52% - 18.86% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.6%	[ 2.12% - 3.12% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		22.8%	[ 20.24% - 25.28% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes		34.3%	[ 31.23% - 37.31% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.4%	[ 1.73% - 3.05% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy	B	2.2%	[ 1.71% - 2.75% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		28.5%	[ 25.63% - 31.40% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		28.0%	[ 25.36% - 30.65% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack	B	2.4%	[ 1.59% - 3.30% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS		0.21%	[ 0.15% - 0.27% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	B	71.1%	[ 68.25% - 73.96% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism	W	28.7%	[ 26.04% - 31.37% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		38.1%	[ 34.98% - 41.13% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.9%	[ 2.29% - 3.44% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		8.7%	[ 6.94% - 10.45% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.9%	[ 1.48% - 2.34% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		5.2%	[ 3.77% - 6.65% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		53.7%	[ 50.43% - 57.03% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		21.6%	[ 19.21% - 23.96% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease		19.5%	[ 17.14% - 21.85% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer		10.0%	[ 8.24% - 11.77% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)	B	10.3%	[ 7.76% - 12.91% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		11.1%	[ 9.32% - 12.84% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.7%	[ 0.43% - 1.01% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	B	57.1%	[ 54.09% - 60.18% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		7.7%	[ 5.87% - 9.47% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		2.2%	[ 1.63% - 2.70% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder	B	4.5%	[ 3.10% - 5.95% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		10.3%	[ 6.85% - 13.77% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	B	4.6%	[ 3.24% - 5.95% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		5.2%	[ 2.88% - 7.48% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		4.6%	[ 2.45% - 6.68% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		79.4%	[ 76.01% - 82.83% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		7.3%	[ 3.79% - 10.84% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	B	26.4%	[ 23.78% - 29.03% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder	B	22.1%	[ 19.36% - 24.78% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	B	3.1%	[ 2.49% - 3.73% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder	B	0.6%	[ 0.33% - 0.93% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	3.0%	[ 2.39% - 3.52% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	B	1.7%	[ 1.21% - 2.11% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		13.1%	[ 6.20% - 20.04% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.0%	[ 13.79% - 18.23% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		7.4%	[ 1.39% - 13.37% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[ 0.63% - 1.18% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		6.7%	[ 1.01% - 12.45% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		18.0%	[ 9.22% - 26.82% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.8%	[ 2.57% - 5.08% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		6.6%	[ 1.75% - 11.42% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		17.6%	[ 8.17% - 27.08% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		25.3%	[ 21.16% - 29.39% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren	*	0.1%	[ -0.10% - 0.39% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		4.8%	[ 2.01% - 7.50% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	11.5%	[ 10.09% - 12.99% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	21.2%	[ 19.36% - 23.06% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		95.3%	[ 92.20% - 98.43% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		3.3%	[ 1.26% - 5.42% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.8	[ 8.28 - 9.27 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually	*	512.2	[ 448.48 - 576.00 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually		49.1	[ 46.97 - 51.14 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	7.3	[ 5.71 - 8.81 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		1.8	[ 1.45 - 2.11 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		282.6	[ 241.12 - 324.13 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		14.0%	[ 9.29% - 18.76% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		95.0	[ 71.44 - 118.53 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports		4.6%	[ 3.69% - 5.60% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.9%	[ 2.12% - 3.75% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		55.6%	[ 41.50% - 69.75% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		12.0	[ 7.7 - 22.3 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$5,638	[ \$3,527 - \$7,697 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		77.3%	[ 72.55% - 82.14% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle		95.5%	[ 85.99% - 104.95% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt	B	95.7%	[ 93.53% - 97.80% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	16.8%	[ 11.67% - 21.92% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	84.5%	[ 79.68% - 89.32% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		52.7%	[ 44.15% - 61.34% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		16.5%	[ 11.36% - 21.62% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		39.8%	[ -2.32% - 81.93% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		37.3%	[ 24.01% - 50.68% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		4.3%	[ 0.02% - 8.64% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		1.5%	[ -0.53% - 3.48% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		5.0%	[ -2.21% - 12.30% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		6.7%	[ 2.79% - 10.64% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	1.7%	[ -0.61% - 3.95% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year	*	35.1%	[ 28.09% - 42.16% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		4.7%	[ -0.94% - 10.36% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000	*	8.0%	[ -0.43% - 16.39% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		31.2%	[ 19.10% - 43.28% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999	*	17.7%	[ 8.57% - 26.79% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+	*	43.2%	[ 31.95% - 54.36% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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