

Woodbury (Litchfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		59.0%	[51.36% - 66.68%]	55.7%	[55.33% - 56.11%]
% 75-84 years		27.4%	[21.09% - 33.80%]	29.1%	[28.75% - 29.45%]
% 85 years or older		13.5%	[7.46% - 19.60%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		51.6%	[44.03% - 59.20%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		72.6%	[47.56% - 97.70%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	97.9%	[91.84% - 103.98%]	88.4%	[87.85% - 88.93%]
% African American	*	0.7%	[-1.77% - 3.19%]	6.8%	[6.63% - 6.88%]
% Asian		0.0%	[-2.36% - 2.36%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		3.8%	[-1.21% - 8.80%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	60.4%	[54.75% - 66.14%]	53.8%	[53.46% - 54.12%]
% divorced/separated		14.3%	[7.26% - 21.32%]	14.9%	[14.58% - 15.29%]
% widowed	*	17.1%	[10.90% - 23.28%]	24.2%	[23.77% - 24.57%]
% never married		8.2%	[2.50% - 13.83%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		10.0%	[4.17% - 15.78%]	14.7%	[14.30% - 15.04%]
% with high school or some college		56.6%	[48.83% - 64.37%]	53.3%	[52.80% - 53.74%]
% with college degree		33.4%	[27.20% - 39.65%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		21.4%	[16.22% - 26.52%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		91.6%	[82.09% - 101.20%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		14.0%	[9.05% - 18.97%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		1.8%	[0.88% - 2.66%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.7%	[2.88% - 4.59%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		62.3%	[56.83% - 67.82%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		73.2%	[68.50% - 77.87%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		22.0%	[16.07% - 27.88%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		54.6%	[48.05% - 61.08%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		22.1%	[17.72% - 26.44%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		12.8%	[9.30% - 16.34%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		27.6%	[22.45% - 32.81%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		9.5%	[6.02% - 12.92%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.1%	[2.23% - 3.92%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		88.0%	[84.76% - 91.29%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		58.2%	[52.98% - 63.40%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		64.7%	[59.56% - 69.88%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		26.8%	[21.04% - 32.56%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		77.9%	[71.52% - 84.22%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		77.6%	[72.60% - 82.51%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		14.4%	[10.33% - 18.48%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		37.5%	[30.59% - 44.42%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		17.8%	[12.95% - 22.70%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		11.8%	[7.84% - 15.78%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		25.3%	[20.63% - 29.98%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		20.2%	[17.90% - 22.56%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	B	73.7%	[71.27% - 76.13%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		95.6%	[92.92% - 98.26%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		50.5%	[41.62% - 59.30%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		77.8%	[73.16% - 82.41%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	W	31.7%	[26.38% - 37.05%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	11.0%	[9.35% - 12.61%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	45.2%	[42.55% - 47.82%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	11.8%	[10.17% - 13.50%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		14.3%	[12.55% - 16.09%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.06% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		41.6%	[37.64% - 45.49%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		9.9%	[7.79% - 11.91%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	58.2%	[55.54% - 60.89%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	22.0%	[19.75% - 24.33%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	15.6%	[13.80% - 17.49%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.8%	[2.14% - 3.40%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	16.8%	[14.76% - 18.76%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	25.2%	[22.70% - 27.62%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.7%	[1.02% - 2.39%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy		3.4%	[2.64% - 4.18%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.7%	[24.21% - 29.25%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	W	31.8%	[29.34% - 34.21%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		4.1%	[3.17% - 5.12%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.21%	[0.15% - 0.27%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	71.0%	[68.46% - 73.47%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	19.8%	[17.70% - 21.83%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	37.0%	[34.30% - 39.78%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.4%	[1.77% - 3.04%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		8.7%	[7.08% - 10.28%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.5%	[0.99% - 1.92%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		6.2%	[4.83% - 7.56%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		53.9%	[50.96% - 56.83%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		18.5%	[16.55% - 20.53%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	16.0%	[14.06% - 17.91%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		8.7%	[7.22% - 10.24%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.3%	[10.68% - 15.89%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		10.8%	[9.27% - 12.36%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.1%	[0.66% - 1.50%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	54.2%	[51.47% - 56.84%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	B	9.1%	[7.46% - 10.77%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	B	1.2%	[0.73% - 1.68%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	4.9%	[3.67% - 6.23%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		10.3%	[7.02% - 13.55%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		8.5%	[6.89% - 10.12%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		11.0%	[8.01% - 14.00%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		8.6%	[5.77% - 11.43%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.4%	[69.91% - 82.80%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		10.7%	[6.96% - 14.36%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		27.8%	[25.48% - 30.21%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		25.8%	[23.32% - 28.38%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	2.6%	[1.88% - 3.32%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		0.9%	[0.47% - 1.36%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.4%	[2.65% - 4.14%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.2%	[1.54% - 2.87%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		10.1%	[4.86% - 15.37%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.2%	[14.25% - 18.24%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		4.1%	[0.72% - 7.44%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.1%	[0.66% - 1.53%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		7.1%	[3.10% - 11.14%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		13.7%	[8.01% - 19.43%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	B	2.8%	[1.93% - 3.69%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		8.1%	[3.97% - 12.17%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		9.6%	[5.20% - 14.08%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		19.3%	[12.69% - 25.86%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	0.1%	[-0.11% - 0.38%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	0.7%	[-0.05% - 1.48%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	14.7%	[13.25% - 16.18%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	23.9%	[22.16% - 25.70%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		96.4%	[94.39% - 98.32%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		6.5%	[3.74% - 9.30%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	9.4	[8.97 - 9.91]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	430.6	[378.77 - 482.34]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	44.3	[42.59 - 46.09]	50.3	[50.15 - 50.39]
# home health visits annually		3.7	[2.82 - 4.55]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.6	[1.37 - 1.87]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		241.4	[208.47 - 274.26]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)	*	12.4%	[8.92% - 15.94%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	81.3	[63.00 - 99.64]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	3.4%	[2.65% - 4.15%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.4%	[1.69% - 3.01%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		51.8%	[34.03% - 69.63%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		9.0	[6.0 - 13.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,334	[\$2,522 - \$5,098]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	63.1%	[57.94% - 68.22%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		91.0%	[86.20% - 95.82%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.9%	[90.27% - 95.60%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		25.6%	[18.10% - 33.07%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	89.3%	[83.92% - 94.70%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		44.8%	[37.25% - 52.33%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month	W	25.4%	[20.02% - 30.79%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		55.7%	[31.75% - 79.67%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		38.4%	[26.77% - 50.02%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year	*	0.7%	[-1.21% - 2.54%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.4%	[-1.15% - 2.00%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.0%	[-1.67% - 1.67%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		11.7%	[6.96% - 16.43%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	3.2%	[0.57% - 5.74%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		28.2%	[22.33% - 33.99%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		9.1%	[0.97% - 17.26%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		10.0%	[2.34% - 17.72%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		28.9%	[20.06% - 37.74%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999	*	42.3%	[29.07% - 55.48%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		18.8%	[11.58% - 26.01%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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