

Bridgewater (Litchfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		61.7%	[53.59% - 69.84%]	55.7%	[55.33% - 56.11%]
% 75-84 years		29.1%	[22.99% - 35.30%]	29.1%	[28.75% - 29.45%]
% 85 years or older	*	9.1%	[5.86% - 12.42%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		50.9%	[44.49% - 57.23%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		60.4%	[42.02% - 78.81%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	93.7%	[89.22% - 98.21%]	88.4%	[87.85% - 88.93%]
% African American		5.7%	[-2.52% - 13.95%]	6.8%	[6.63% - 6.88%]
% Asian		0.6%	[-5.59% - 6.73%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		0.0%	[-6.67% - 6.67%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	66.9%	[59.81% - 73.91%]	53.8%	[53.46% - 54.12%]
% divorced/separated		14.3%	[4.57% - 24.00%]	14.9%	[14.58% - 15.29%]
% widowed	*	15.4%	[9.20% - 21.65%]	24.2%	[23.77% - 24.57%]
% never married		3.4%	[-0.41% - 7.27%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	3.2%	[-0.48% - 6.96%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	42.3%	[33.49% - 51.08%]	53.3%	[52.80% - 53.74%]
% with college degree	*	54.5%	[46.44% - 62.52%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	34.1%	[26.55% - 41.64%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	95.6%	[86.92% - 104.32%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		18.9%	[11.65% - 26.07%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		1.8%	[0.88% - 2.66%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.0%	[1.80% - 4.11%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		68.3%	[62.70% - 73.85%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	81.0%	[77.07% - 84.92%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		30.1%	[24.66% - 35.48%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		62.4%	[56.52% - 68.19%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	12.9%	[9.53% - 16.30%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		10.7%	[7.35% - 14.05%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		25.4%	[20.26% - 30.59%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.5%	[5.34% - 11.58%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.9%	[2.60% - 5.18%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		84.9%	[81.17% - 88.65%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		63.3%	[58.34% - 68.35%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		60.5%	[55.13% - 65.88%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		35.4%	[28.83% - 41.87%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		78.3%	[70.99% - 85.61%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		79.6%	[74.40% - 84.80%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		13.2%	[9.54% - 16.88%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		36.7%	[29.78% - 43.57%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		23.8%	[18.80% - 28.86%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		8.1%	[4.89% - 11.34%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		22.0%	[17.55% - 26.41%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	B	18.6%	[15.67% - 21.56%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	B	71.1%	[67.86% - 74.40%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		97.9%	[96.45% - 99.33%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		58.3%	[48.55% - 67.99%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		83.6%	[79.18% - 87.93%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		21.3%	[16.28% - 26.29%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	8.2%	[6.33% - 10.14%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	44.4%	[40.91% - 47.94%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		13.2%	[10.82% - 15.59%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		13.9%	[11.48% - 16.26%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.07%	[0.03% - 0.11%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		40.1%	[35.10% - 45.14%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		13.3%	[10.00% - 16.61%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		64.3%	[60.80% - 67.71%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	20.3%	[17.34% - 23.26%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	13.7%	[11.34% - 16.09%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.4%	[1.90% - 2.89%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	13.9%	[11.42% - 16.34%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	23.3%	[20.15% - 26.50%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.7%	[2.00% - 3.43%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy	B	1.7%	[1.20% - 2.11%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		24.2%	[21.03% - 27.36%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		26.9%	[23.83% - 30.05%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		3.4%	[2.19% - 4.67%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.14%	[0.08% - 0.19%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	64.9%	[61.43% - 68.31%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	18.7%	[16.01% - 21.44%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	35.7%	[32.11% - 39.28%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		3.1%	[2.45% - 3.69%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	B	7.0%	[5.13% - 8.85%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer	B	1.2%	[0.84% - 1.55%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.4%	[3.72% - 7.05%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		52.4%	[48.63% - 56.21%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		18.2%	[15.58% - 20.91%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	15.2%	[12.64% - 17.84%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	6.6%	[4.86% - 8.32%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.7%	[10.24% - 17.18%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	B	9.1%	[7.18% - 11.12%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.5%	[1.07% - 1.87%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	53.9%	[50.37% - 57.49%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	B	9.5%	[7.31% - 11.67%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.2%	[1.65% - 2.72%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	4.2%	[2.72% - 5.61%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		8.9%	[5.88% - 11.85%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	4.9%	[3.35% - 6.52%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers	B	4.3%	[2.35% - 6.29%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.5%	[3.11% - 7.93%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.4%	[69.91% - 82.80%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		8.3%	[5.20% - 11.30%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	25.3%	[22.23% - 28.35%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	B	18.0%	[15.19% - 20.91%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	2.9%	[2.33% - 3.51%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.1%	[0.70% - 1.49%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	2.1%	[1.59% - 2.56%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.1%	[1.58% - 2.61%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty	*	7.2%	[3.97% - 10.51%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	12.9%	[10.51% - 15.30%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		0.0%	[-5.45% - 5.45%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.8%	[0.50% - 1.06%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		3.2%	[-1.31% - 7.78%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	9.0%	[3.68% - 14.23%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	B	2.4%	[1.30% - 3.46%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty	*	2.1%	[-2.25% - 6.44%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	6.9%	[1.68% - 12.03%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		19.3%	[12.69% - 25.86%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.5%	[-0.10% - 1.18%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		1.6%	[0.25% - 2.99%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	8.9%	[7.16% - 10.55%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	17.5%	[15.26% - 19.79%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		95.7%	[93.46% - 97.86%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		6.4%	[3.65% - 9.10%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		9.2	[8.60 - 9.80]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	450.1	[379.62 - 520.67]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	41.2	[38.65 - 43.68]	50.3	[50.15 - 50.39]
# home health visits annually	*	2.0	[1.22 - 2.84]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.2	[0.91 - 1.50]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	200.8	[153.49 - 248.08]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		18.5%	[10.97% - 25.97%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	67.2	[43.11 - 91.20]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	1.7%	[0.90% - 2.42%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users	*	1.7%	[0.89% - 2.48%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		46.3%	[27.29% - 65.30%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		6.0	[4.0 - 15.9]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$2,905	[\$1,691 - \$4,388]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	85.5%	[82.15% - 88.81%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	95.9%	[89.99% - 101.73%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		94.7%	[92.56% - 96.94%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone	*	18.9%	[13.15% - 24.57%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	92.5%	[90.00% - 94.91%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		47.8%	[39.15% - 56.48%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		17.3%	[12.60% - 22.02%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		36.8%	[17.24% - 56.45%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		21.0%	[13.15% - 28.91%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		0.0%	[-4.72% - 4.72%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.0%	[-4.72% - 4.72%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.0%	[-4.72% - 4.72%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	17.8%	[12.81% - 22.84%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	3.6%	[-0.95% - 8.13%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year	*	36.8%	[29.58% - 43.94%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	0.0%	[-5.45% - 5.45%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	3.4%	[-4.42% - 11.32%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999	*	16.6%	[8.03% - 25.07%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999	*	44.8%	[33.29% - 56.36%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	35.2%	[26.53% - 43.82%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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