

Bridgeport Area1 (Fairfield)



| HEALTHY AGING INDICATORS | HIGHER / LOWER STATE RATE ¹ | COMMUNITY ESTIMATE | MARGIN OF ERROR ² | STATE ESTIMATE | MARGIN OF ERROR ² |
|--|---|-----------------------|---------------------------------|-------------------|---------------------------------|
| POPULATION CHARACTERISTICS | | | | | |
| Population 65 years or older | | | | | |
| % 65-74 years | | 53.3% | [-843.9% - 950.43%] | 55.7% | [55.33% - 56.11%] |
| % 75-84 years | | 30.3% | [-798.0% - 858.62%] | 29.1% | [28.75% - 29.45%] |
| % 85 years or older | | 16.4% | [-539.3% - 572.23%] | 15.2% | [14.93% - 15.43%] |
| % 65+ population who are female | | 58.8% | [-913.3% - 1031.0%] | 56.8% | [56.36% - 57.18%] |
| % 85+ population who are female | | 71.7% | [-2252% - 2395.6%] | 66.6% | [65.94% - 67.18%] |
| Race and ethnicity of the population 65+ | | | | | |
| % White | | 60.8% | [-994.4% - 1116.0%] | 88.4% | [87.85% - 88.93%] |
| % African American | | 31.6% | [-517.0% - 580.21%] | 6.8% | [6.63% - 6.88%] |
| % Asian | | 2.4% | [-38.90% - 43.66%] | 2.3% | [2.20% - 2.35%] |
| % Hispanic/Latino | | 13.9% | [-227.9% - 255.76%] | 5.8% | [5.66% - 5.84%] |
| Marital status of the population 65+ | | | | | |
| % married | | 42.2% | [-690.7% - 775.21%] | 53.8% | [53.46% - 54.12%] |
| % divorced/separated | | 16.5% | [-269.6% - 302.55%] | 14.9% | [14.58% - 15.29%] |
| % widowed | | 27.6% | [-450.9% - 506.09%] | 24.2% | [23.77% - 24.57%] |
| % never married | | 13.7% | [-224.2% - 251.66%] | 7.1% | [6.85% - 7.36%] |
| Education of the population 65+ | | | | | |
| % with less than high school education | | 30.3% | [-496.0% - 556.63%] | 14.7% | [14.30% - 15.04%] |
| % with high school or some college | | 56.7% | [-926.9% - 1040.2%] | 53.3% | [52.80% - 53.74%] |
| % with college degree | | 7.6% | [-123.8% - 138.97%] | 32.1% | [31.72% - 32.40%] |
| % with graduate or professional degree | | 5.4% | [-88.83% - 99.70%] | 16.8% | [16.58% - 17.09%] |
| % of 65+ population who speak only English at home | | 69.7% | [-1141% - 1280.0%] | 84.3% | [83.76% - 84.83%] |
| % of 65+ population who are veterans of military service | | 11.8% | [-193.5% - 217.17%] | 17.5% | [17.21% - 17.69%] |
| % of 60+ who are LGBT (County) | | 2.1% | [1.50% - 2.60%] | 2.5% | [2.17% - 2.74%] |
| Age-sex adjusted 1-year mortality rate | | 4.1% | [3.50% - 4.61%] | 4.1% | [4.08% - 4.18%] |
| WELLNESS | | | | | |
| % 60+ getting the recommended hours of sleep | W | 53.1% | [46.43% - 59.70%] | 65.2% | [64.24% - 66.16%] |
| % 60+ doing any physical activity within last month | W | 64.2% | [57.66% - 70.73%] | 75.0% | [74.20% - 75.79%] |
| % 60+ met CDC guidelines for muscle-strengthening activity | | 23.8% | [18.02% - 29.59%] | 27.6% | [26.62% - 28.52%] |
| % 60+ met CDC guidelines for aerobic physical activity | W | 42.8% | [36.15% - 49.41%] | 58.1% | [56.98% - 59.11%] |
| % 60+ with fair or poor health status | W | 34.6% | [28.12% - 41.12%] | 17.6% | [16.90% - 18.31%] |
| % 60+ with 15+ physically unhealthy days in last month | W | 20.4% | [14.67% - 26.18%] | 12.4% | [11.74% - 12.96%] |

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| FALLS | | | | | |
| % 60+ who fell within last year | | 20.3% | [15.04% - 25.55%] | 26.3% | [25.38% - 27.18%] |
| % 60+ who were injured in a fall within last year | | 8.2% | [4.76% - 11.72%] | 9.8% | [9.22% - 10.46%] |
| % 65+ had hip fracture | B | 2.9% | [2.27% - 3.55%] | 3.7% | [3.63% - 3.75%] |
| PREVENTION | | | | | |
| % 60+ with physical exam/check-up in last year | | 89.1% | [84.58% - 93.70%] | 88.5% | [87.93% - 89.09%] |
| % 60+ flu shot in last year | W | 47.7% | [40.77% - 54.59%] | 57.5% | [56.60% - 58.43%] |
| % 60+ with pneumonia vaccine | W | 54.6% | [47.62% - 61.65%] | 63.9% | [62.97% - 64.79%] |
| % 60+ with shingles vaccine | W | 18.1% | [13.23% - 23.03%] | 33.5% | [32.43% - 34.52%] |
| % 60+ women with a mammogram within last 2 years | | 76.6% | [69.15% - 84.12%] | 79.7% | [78.56% - 80.79%] |
| % 60+ with colorectal cancer screening | W | 70.2% | [63.93% - 76.47%] | 78.2% | [77.29% - 79.05%] |
| % 60+ with HIV test | * | 30.6% | [24.27% - 36.99%] | 16.1% | [15.40% - 16.83%] |
| % 60+ met CDC preventive health screening goals | W | 24.8% | [17.69% - 31.85%] | 39.6% | [38.38% - 40.80%] |
| NUTRITION & DIET | | | | | |
| % 60+ with 5 or more servings of fruit or vegetables per day | | 22.0% | [15.67% - 28.29%] | 19.9% | [19.00% - 20.72%] |
| % 60+ stressed about buying food in last month | W | 19.4% | [12.69% - 26.06%] | 8.6% | [7.95% - 9.17%] |
| % 60+ self-reported obese | W | 35.3% | [28.68% - 41.94%] | 26.1% | [25.27% - 26.93%] |
| % 65+ clinically diagnosed obesity | | 23.2% | [21.35% - 25.02%] | 22.5% | [22.35% - 22.66%] |
| % 65+ with high cholesterol | | 75.3% | [73.55% - 77.12%] | 77.0% | [76.85% - 77.15%] |
| % 60+ with cholesterol screening | W | 92.4% | [88.84% - 95.98%] | 97.1% | [96.74% - 97.42%] |
| ORAL HEALTH | | | | | |
| % 60+ with dental insurance | | 54.5% | [43.05% - 65.89%] | 59.2% | [57.60% - 60.76%] |
| % 60+ with annual dental exam | W | 62.7% | [56.39% - 69.08%] | 80.0% | [79.13% - 80.76%] |
| % 60+ with loss of 6 or more teeth | W | 38.3% | [31.75% - 44.79%] | 23.8% | [22.96% - 24.69%] |
| CHRONIC DISEASE | | | | | |
| % 65+ with Alzheimer's disease or related dementias | | 14.9% | [13.42% - 16.33%] | 14.4% | [14.26% - 14.49%] |
| % 65+ with anemia | W | 56.4% | [54.34% - 58.38%] | 50.6% | [50.41% - 50.76%] |
| % 65+ with asthma | | 15.0% | [13.61% - 16.48%] | 14.1% | [13.96% - 14.19%] |
| % 65+ with atrial fibrillation | B | 13.4% | [12.07% - 14.76%] | 16.1% | [15.94% - 16.18%] |
| % 65+ with autism spectrum disorder | | 0.09% | [0.05% - 0.13%] | 0.12% | [0.11% - 0.14%] |
| % 65+ with benign prostatic hyperplasia (men) | | 43.9% | [40.77% - 47.07%] | 42.8% | [42.49% - 43.01%] |
| % 65+ with breast cancer (women) | B | 9.2% | [7.68% - 10.69%] | 11.4% | [11.25% - 11.53%] |
| % 65+ with cataract | B | 54.5% | [52.46% - 56.52%] | 64.8% | [64.67% - 65.00%] |
| % 65+ with chronic kidney disease | W | 34.3% | [32.30% - 36.38%] | 29.9% | [29.70% - 30.03%] |
| % 65+ with chronic obstructive pulmonary disease | B | 19.2% | [17.64% - 20.78%] | 21.0% | [20.90% - 21.17%] |
| % 65+ with colon cancer | | 2.8% | [2.16% - 3.45%] | 2.7% | [2.65% - 2.75%] |
| % 65+ with congestive heart failure | | 23.8% | [22.05% - 25.62%] | 22.6% | [22.43% - 22.72%] |
| % 65+ with diabetes | W | 47.7% | [45.49% - 49.83%] | 33.8% | [33.59% - 33.93%] |
| % 65+ with endometrial cancer (women) | | 2.7% | [1.88% - 3.59%] | 2.0% | [1.97% - 2.10%] |

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| % 65+ with epilepsy | | 3.0% | [2.27% - 3.72%] | 2.9% | [2.82% - 2.95%] |
| % 65+ with fibromyalgia, chronic pain, and fatigue | B | 22.9% | [21.08% - 24.68%] | 26.6% | [26.42% - 26.73%] |
| % 65+ with glaucoma | B | 25.6% | [23.88% - 27.37%] | 28.3% | [28.11% - 28.41%] |
| % 65+ ever had a heart attack | | 5.2% | [4.36% - 6.11%] | 4.5% | [4.40% - 4.53%] |
| % 65+ with HIV/AIDS | | 0.22% | [0.16% - 0.28%] | 0.21% | [0.19% - 0.23%] |
| % 65+ with hypertension | W | 81.6% | [80.00% - 83.24%] | 76.2% | [76.07% - 76.37%] |
| % 65+ with hypothyroidism | | 24.2% | [22.47% - 25.89%] | 25.1% | [24.99% - 25.28%] |
| % 65+ with ischemic heart disease | | 41.6% | [39.43% - 43.67%] | 40.7% | [40.55% - 40.90%] |
| % 65+ with leukemias and lymphomas | | 2.3% | [1.62% - 2.92%] | 2.7% | [2.60% - 2.71%] |
| % 65+ with liver disease | | 9.8% | [8.46% - 11.05%] | 9.5% | [9.37% - 9.59%] |
| % 65+ with lung cancer | | 1.8% | [1.27% - 2.34%] | 1.9% | [1.81% - 1.90%] |
| % 65+ with migraine and other chronic headache | B | 4.2% | [3.31% - 5.06%] | 5.2% | [5.13% - 5.29%] |
| % 65+ with osteoarthritis or rheumatoid arthritis | B | 48.6% | [46.42% - 50.76%] | 54.2% | [53.97% - 54.34%] |
| % 65+ with osteoporosis | | 20.9% | [19.29% - 22.52%] | 20.2% | [20.11% - 20.37%] |
| % 65+ with peripheral vascular disease | W | 24.7% | [22.89% - 26.52%] | 19.9% | [19.72% - 19.99%] |
| % 65+ with pressure ulcer or chronic ulcer | | 10.2% | [8.92% - 11.43%] | 9.2% | [9.11% - 9.31%] |
| % 65+ with prostate cancer (men) | W | 15.9% | [13.66% - 18.22%] | 13.1% | [12.93% - 13.28%] |
| % 65+ with stroke | W | 13.5% | [12.18% - 14.89%] | 11.9% | [11.80% - 12.01%] |
| % 65+ with traumatic brain injury | B | 0.8% | [0.40% - 1.12%] | 1.3% | [1.25% - 1.33%] |
| % 65+ with 4+ (out of 15) chronic conditions | W | 65.4% | [63.47% - 67.38%] | 61.8% | [61.61% - 61.95%] |
| % 65+ with 0 chronic conditions | | 8.2% | [7.01% - 9.33%] | 7.2% | [7.10% - 7.29%] |
| BEHAVIORAL HEALTH | | | | | |
| % 65+ with opioid use disorder | B | 1.5% | [0.93% - 2.07%] | 2.2% | [2.10% - 2.21%] |
| % 65+ with substance use disorder | | 5.8% | [4.76% - 6.83%] | 6.8% | [6.66% - 6.85%] |
| % 60+ who used marijuana in last month | | N/A | | 2.9% | [2.30% - 3.53%] |
| % 60+ excessive drinking | | 8.5% | [5.00% - 12.04%] | 9.2% | [8.64% - 9.71%] |
| % 65+ with tobacco use disorder | | 9.6% | [8.27% - 10.89%] | 10.1% | [9.94% - 10.17%] |
| % 60+ current smokers | | 11.5% | [7.57% - 15.41%] | 7.7% | [7.20% - 8.17%] |
| % 60+ ever used E-Cigarettes in last month | | 6.1% | [3.16% - 9.06%] | 6.4% | [5.89% - 6.80%] |
| MENTAL HEALTH | | | | | |
| % 60+ who reported receiving adequate emotional support | | 78.2% | [75.03% - 81.46%] | 78.3% | [76.70% - 79.88%] |
| % 60+ with 15+ days poor mental health in last month | B | 3.8% | [1.86% - 5.80%] | 6.9% | [6.41% - 7.37%] |
| % 65+ with depression | B | 26.0% | [24.20% - 27.73%] | 30.3% | [30.10% - 30.41%] |
| % 65+ with anxiety disorder | B | 22.7% | [20.87% - 24.45%] | 25.5% | [25.35% - 25.66%] |
| % 65+ with bipolar disorder | B | 2.8% | [2.03% - 3.51%] | 3.9% | [3.78% - 3.92%] |
| % 65+ with post-traumatic stress disorder | B | 0.8% | [0.38% - 1.17%] | 1.3% | [1.20% - 1.29%] |
| % 65+ with schizophrenia & other psychotic disorder | | 4.4% | [3.56% - 5.31%] | 4.6% | [4.53% - 4.68%] |
| % 65+ with personality disorder | | 2.0% | [1.42% - 2.65%] | 2.6% | [2.49% - 2.61%] |

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| LIVING WITH DISABILITY | | | | | |
| % 65+ with self-reported hearing difficulty | * | 8.2% | [5.32% - 11.09%] | 12.4% | [12.08% - 12.71%] |
| % 65+ with clinical diagnosis of deafness or hearing impairment | B | 11.6% | [10.31% - 12.98%] | 15.7% | [15.60% - 15.85%] |
| % 65+ with self-reported vision difficulty | | 5.2% | [2.73% - 7.65%] | 4.8% | [4.55% - 5.04%] |
| % 65+ with clinical diagnosis of blindness or visual impairment | | 0.9% | [0.54% - 1.33%] | 1.1% | [1.05% - 1.12%] |
| % 65+ with self-reported cognition difficulty | | 10.9% | [7.04% - 14.80%] | 7.6% | [7.34% - 7.87%] |
| % 65+ with self-reported ambulatory difficulty | | 23.1% | [19.04% - 27.14%] | 19.1% | [18.71% - 19.52%] |
| % 65+ with clinical diagnosis of mobility impairment | W | 5.5% | [4.52% - 6.47%] | 4.0% | [3.95% - 4.09%] |
| % 65+ with self-reported self-care difficulty | | 9.9% | [6.46% - 13.27%] | 7.5% | [7.25% - 7.77%] |
| % 65+ with self-reported independent living difficulty | | 15.4% | [11.10% - 19.71%] | 13.6% | [13.23% - 13.93%] |
| CAREGIVING | | | | | |
| % of 60+ who provide care to a family/friend in last month | | 18.5% | [15.05% - 22.05%] | 21.7% | [19.87% - 23.57%] |
| % of grandparents raising grandchildren | | 1.3% | [-44.48% - 47.17%] | 0.8% | [0.73% - 0.86%] |
| % of grandparents who live with grandchildren | | 5.9% | [-196.7% - 208.54%] | 2.7% | [2.62% - 2.83%] |
| ACCESS TO CARE | | | | | |
| % 65+ dually eligible for Medicare and Medicaid | * | 34.7% | [33.41% - 35.96%] | 22.1% | [21.96% - 22.17%] |
| % 65+ Medicare managed care enrollees | * | 40.3% | [38.96% - 41.59%] | 29.9% | [29.76% - 29.99%] |
| % 60+ with a regular doctor | | 93.9% | [90.64% - 97.26%] | 96.0% | [95.68% - 96.39%] |
| % 60+ who did not see a doctor when needed due to cost | W | 9.0% | [5.38% - 12.62%] | 4.5% | [4.14% - 4.92%] |
| SERVICE UTILIZATION | | | | | |
| # physician visits per year | * | 8.0 | [7.63 - 8.27] | 8.6 | [8.60 - 8.66] |
| # emergency room visits/1000 persons 65+ years annually | * | 743.9 | [685.17 - 802.70] | 636.7 | [631.77 - 641.56] |
| # Part D monthly prescription fills per person annually | | 50.0 | [48.81 - 51.24] | 50.3 | [50.15 - 50.39] |
| # home health visits annually | * | 5.3 | [4.27 - 6.27] | 4.1 | [4.02 - 4.14] |
| # durable medical equipment claims annually | | 1.8 | [1.62 - 2.03] | 1.9 | [1.88 - 1.91] |
| # inpatient hospital stays/1000 persons 65+ years annually | * | 310.1 | [277.41 - 342.74] | 273.3 | [270.72 - 275.80] |
| % Medicare inpatient hospital readmissions (as % of admissions) | | 19.9% | [16.55% - 23.23%] | 17.2% | [16.89% - 17.47%] |
| # skilled nursing facility stays/1000 persons 65+ years annually | | 124.0 | [104.23 - 143.75] | 104.7 | [103.23 - 106.08] |
| % 65+ getting Medicaid long term services and supports | * | 6.6% | [5.90% - 7.22%] | 5.5% | [5.48% - 5.60%] |
| % 65+ hospice users | | 2.4% | [1.97% - 2.85%] | 2.8% | [2.70% - 2.79%] |
| % 65+ hospice users as % of decedents | | 46.7% | [40.27% - 53.19%] | 45.5% | [44.85% - 46.14%] |
| Median hospice days per hospice user (65+, deceased) | | 9.0 | [7.0 - 12.9] | 10.0 | [10.00 - 10.00] |
| Median hospice payment (Medicare + other) per hospice user | | \$3,498 | [\$3,038 - \$4,920] | \$3,741 | [\$3,650 - \$3,816] |
| COMMUNITY | | | | | |
| % 60+ who used Internet in last month | * | 51.4% | [45.02% - 57.81%] | 75.1% | [74.32% - 75.89%] |
| TRANSPORTATION | | | | | |
| % 65+ who own a motor vehicle | * | 25.9% | [16.37% - 35.44%] | 87.3% | [87.15% - 87.49%] |
| % 60+ who always drive or ride wearing a seatbelt | | 93.2% | [89.48% - 97.01%] | 93.0% | [92.53% - 93.49%] |
| % 60+ who drove under the influence of drinking in last month | | N/A | | 2.2% | [1.76% - 2.56%] |

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| HOUSING | | | | | |
| % 65+ population who live alone | | 25.7% | [-421.0% - 472.46%] | 28.4% | [27.99% - 28.89%] |
| % 60+ own home | | 76.5% | [72.64% - 80.34%] | 76.9% | [76.70% - 77.17%] |
| % 60+ homeowners who have mortgage | | 53.5% | [47.17% - 59.87%] | 47.1% | [46.58% - 47.64%] |
| % 60+ stressed about paying rent/mortgage in last month | | 24.3% | [17.12% - 31.47%] | 17.4% | [16.52% - 18.19%] |
| % 65+ households (renter) spend >35% of income on housing | | 48.3% | [33.43% - 63.14%] | 44.0% | [42.55% - 45.42%] |
| % 65+ households (owner) spend >35% of income on housing | | 37.5% | [29.67% - 45.24%] | 29.5% | [28.89% - 30.15%] |
| % 65+ moved within same county in last year | | 1.5% | [-23.70% - 26.60%] | 3.7% | [3.48% - 3.89%] |
| % 65+ moved from different county in last year | | 0.3% | [-5.43% - 6.10%] | 0.8% | [0.71% - 0.90%] |
| % 65+ moved from different state in last year | | 0.8% | [-12.44% - 13.96%] | 0.9% | [0.82% - 1.05%] |
| % of vacant homes in community | | 12.1% | [9.67% - 14.56%] | 9.6% | [9.29% - 9.87%] |
| ECONOMIC | | | | | |
| % 60+ receiving food benefits in last year | * | 16.5% | [11.83% - 21.12%] | 10.9% | [10.53% - 11.21%] |
| % 65+ employed in last year | | 19.0% | [-310.7% - 348.65%] | 24.8% | [24.48% - 25.15%] |
| % 65+ with income below the poverty line in last year | | 8.0% | [-130.5% - 146.47%] | 7.0% | [6.79% - 7.30%] |
| % 65+ households with annual income < \$20,000 | | 19.1% | [12.97% - 25.25%] | 17.1% | [16.57% - 17.55%] |
| % 65+ households with annual income \$20,000-\$49,999 | | 37.0% | [29.65% - 44.45%] | 31.0% | [30.35% - 31.62%] |
| % 65+ households with annual income \$50,000-\$99,999 | | 24.9% | [19.43% - 30.34%] | 27.6% | [27.04% - 28.17%] |
| % 65+ households with annual income \$100,000+ | | 19.0% | [13.16% - 24.75%] | 24.4% | [23.82% - 24.89%] |

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu