

Bridgeport Area2 (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		50.3%	[-733.5% - 834.04%]	55.7%	[55.33% - 56.11%]
% 75-84 years		32.3%	[-762.6% - 827.09%]	29.1%	[28.75% - 29.45%]
% 85 years or older		17.5%	[-788.8% - 823.81%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		58.2%	[-974.9% - 1091.3%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		63.8%	[-2907% - 3034.9%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White		65.2%	[-1082% - 1212.2%]	88.4%	[87.85% - 88.93%]
% African American		21.4%	[-354.5% - 397.27%]	6.8%	[6.63% - 6.88%]
% Asian		5.7%	[-93.71% - 105.02%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		24.8%	[-411.7% - 461.36%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		35.5%	[-588.8% - 659.83%]	53.8%	[53.46% - 54.12%]
% divorced/separated		19.7%	[-327.2% - 366.60%]	14.9%	[14.58% - 15.29%]
% widowed		33.3%	[-552.2% - 618.82%]	24.2%	[23.77% - 24.57%]
% never married		11.5%	[-190.6% - 213.61%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		36.9%	[-612.2% - 686.02%]	14.7%	[14.30% - 15.04%]
% with high school or some college		36.8%	[-611.0% - 684.65%]	53.3%	[52.80% - 53.74%]
% with college degree		10.8%	[-179.2% - 200.86%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		15.5%	[-256.4% - 287.33%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		66.1%	[-1097% - 1229%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		11.8%	[-196.2% - 219.81%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.5%	[3.92% - 5.04%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep	W	53.1%	[46.43% - 59.70%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	W	64.2%	[57.66% - 70.73%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		23.8%	[18.02% - 29.59%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity	W	42.8%	[36.15% - 49.41%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	W	34.6%	[28.12% - 41.12%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month	W	20.4%	[14.67% - 26.18%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		20.3%	[15.04% - 25.55%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.2%	[4.76% - 11.72%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture	W	4.5%	[3.78% - 5.29%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		89.1%	[84.58% - 93.70%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year	W	47.7%	[40.77% - 54.59%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine	W	54.6%	[47.62% - 61.65%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	W	18.1%	[13.23% - 23.03%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		76.6%	[69.15% - 84.12%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening	W	70.2%	[63.93% - 76.47%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test	*	30.6%	[24.27% - 36.99%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals	W	24.8%	[17.69% - 31.85%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		22.0%	[15.67% - 28.29%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month	W	19.4%	[12.69% - 26.06%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese	W	35.3%	[28.68% - 41.94%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		23.6%	[21.86% - 25.40%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		76.3%	[74.58% - 77.96%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening	W	92.4%	[88.84% - 95.98%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		54.5%	[43.05% - 65.89%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam	W	62.7%	[56.39% - 69.08%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	W	38.3%	[31.75% - 44.79%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	W	19.9%	[18.33% - 21.41%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	61.3%	[59.38% - 63.21%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	W	18.4%	[16.90% - 19.89%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		14.9%	[13.60% - 16.27%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.05% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		39.7%	[36.79% - 42.68%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		10.9%	[9.35% - 12.44%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	59.4%	[57.49% - 61.35%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	W	36.7%	[34.77% - 38.72%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	W	24.3%	[22.63% - 25.93%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		3.3%	[2.67% - 4.01%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	30.5%	[28.68% - 32.38%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	W	47.3%	[45.21% - 49.31%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.4%	[0.84% - 2.02%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy	W	4.2%	[3.40% - 5.03%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		28.0%	[26.18% - 29.82%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		29.1%	[27.40% - 30.88%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	W	6.0%	[5.14% - 6.92%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.22%	[0.16% - 0.28%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	80.9%	[79.35% - 82.49%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		25.5%	[23.87% - 27.18%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	46.4%	[44.31% - 48.39%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.1%	[1.59% - 2.70%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	W	11.8%	[10.45% - 13.10%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.1%	[1.57% - 2.65%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.9%	[4.96% - 6.90%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		53.1%	[51.08% - 55.20%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	W	24.1%	[22.52% - 25.73%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	W	29.7%	[27.91% - 31.55%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	W	12.6%	[11.32% - 13.95%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		12.2%	[10.21% - 14.09%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	W	15.5%	[14.14% - 16.86%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.1%	[0.73% - 1.53%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	68.7%	[66.82% - 70.50%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.6%	[6.57% - 8.72%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.9%	[2.17% - 3.54%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	W	10.2%	[8.95% - 11.47%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		8.5%	[5.00% - 12.04%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	W	12.3%	[10.94% - 13.73%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		11.5%	[7.57% - 15.41%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		6.1%	[3.16% - 9.06%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		78.2%	[75.03% - 81.46%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month	B	3.8%	[1.86% - 5.80%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	W	35.5%	[33.68% - 37.36%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		26.6%	[24.85% - 28.41%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	W	5.3%	[4.31% - 6.20%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.3%	[0.86% - 1.83%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	W	9.0%	[7.81% - 10.12%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.6%	[1.96% - 3.27%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		13.2%	[8.63% - 17.73%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	13.8%	[12.43% - 15.10%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty	*	8.3%	[5.49% - 11.18%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.5%	[1.03% - 2.01%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty	*	13.8%	[9.90% - 17.72%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	30.8%	[25.48% - 36.15%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	W	6.6%	[5.61% - 7.61%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty	*	13.4%	[9.10% - 17.64%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	22.9%	[17.83% - 28.01%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% - 22.05%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		1.0%	[-55.33% - 57.40%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		5.0%	[-269.8% - 279.88%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	48.1%	[46.75% - 49.37%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	39.0%	[37.70% - 40.25%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		93.9%	[90.64% - 97.26%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost	W	9.0%	[5.38% - 12.62%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	8.0	[7.67 - 8.31]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	980.9	[905.60 - 1,056.24]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	57.0	[55.64 - 58.43]	50.3	[50.15 - 50.39]
# home health visits annually	*	6.7	[5.49 - 7.87]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	2.2	[1.95 - 2.40]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	406.6	[367.42 - 445.83]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)	*	20.6%	[17.51% - 23.74%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	151.5	[131.14 - 171.89]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	14.1%	[13.20% - 15.03%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users	*	3.4%	[2.85% - 3.86%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents	*	39.0%	[33.10% - 44.84%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		8.0	[7.0 - 10.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user	*	\$2,974	[\$2,624 - \$3,519]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	51.4%	[45.02% - 57.81%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	32.5%	[23.63% - 41.42%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		93.2%	[89.48% - 97.01%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		42.6%	[-706.8% - 791.99%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	42.7%	[37.74% - 47.75%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		52.5%	[44.82% - 60.10%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		24.3%	[17.12% - 31.47%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		43.9%	[36.28% - 51.61%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	44.3%	[36.18% - 52.50%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		7.7%	[-127.2% - 142.59%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.3%	[-5.42% - 6.09%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		1.9%	[-31.31% - 35.10%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	14.9%	[12.94% - 16.87%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	31.4%	[27.57% - 35.18%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		24.3%	[-403.7% - 452.39%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		15.5%	[-257.7% - 288.73%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	36.5%	[30.40% - 42.70%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		32.7%	[25.96% - 39.35%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999	*	16.1%	[12.01% - 20.14%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	14.7%	[10.22% - 19.23%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu