

Bridgeport Area3 (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		59.7%	[-694.2% - 813.69%]	55.7%	[55.33% - 56.11%]
% 75-84 years		30.4%	[-479.5% - 540.25%]	29.1%	[28.75% - 29.45%]
% 85 years or older		9.9%	[-311.5% - 331.26%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		58.0%	[-731.9% - 847.95%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		59.3%	[-2028% - 2146.7%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White		47.4%	[-574.9% - 669.81%]	88.4%	[87.85% - 88.93%]
% African American		35.6%	[-431.3% - 502.42%]	6.8%	[6.63% - 6.88%]
% Asian		2.8%	[-33.28% - 38.79%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		38.4%	[-465.6% - 542.45%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		33.6%	[-407.4% - 474.57%]	53.8%	[53.46% - 54.12%]
% divorced/separated		27.7%	[-335.4% - 390.72%]	14.9%	[14.58% - 15.29%]
% widowed		25.8%	[-312.2% - 363.75%]	24.2%	[23.77% - 24.57%]
% never married		13.0%	[-157.1% - 183.01%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		45.0%	[-545.6% - 635.57%]	14.7%	[14.30% - 15.04%]
% with high school or some college		45.0%	[-545.1% - 635.00%]	53.3%	[52.80% - 53.74%]
% with college degree		5.5%	[-66.94% - 77.99%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		4.5%	[-54.49% - 63.48%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		51.7%	[-627.0% - 730.44%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		10.0%	[-121.5% - 141.53%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.8%	[4.12% - 5.47%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep	W	53.1%	[46.43% - 59.70%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	W	64.2%	[57.66% - 70.73%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		23.8%	[18.02% - 29.59%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity	W	42.8%	[36.15% - 49.41%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	W	34.6%	[28.12% - 41.12%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month	W	20.4%	[14.67% - 26.18%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		20.3%	[15.04% - 25.55%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.2%	[4.76% - 11.72%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture	B	2.7%	[1.94% - 3.37%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		89.1%	[84.58% - 93.70%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year	W	47.7%	[40.77% - 54.59%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine	W	54.6%	[47.62% - 61.65%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	W	18.1%	[13.23% - 23.03%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		76.6%	[69.15% - 84.12%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening	W	70.2%	[63.93% - 76.47%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test	*	30.6%	[24.27% - 36.99%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals	W	24.8%	[17.69% - 31.85%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		22.0%	[15.67% - 28.29%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month	W	19.4%	[12.69% - 26.06%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese	W	35.3%	[28.68% - 41.94%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	W	26.7%	[24.56% - 28.87%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		77.7%	[75.82% - 79.67%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening	W	92.4%	[88.84% - 95.98%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		54.5%	[43.05% - 65.89%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam	W	62.7%	[56.39% - 69.08%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	W	38.3%	[31.75% - 44.79%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	W	21.4%	[19.46% - 23.30%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	58.5%	[56.20% - 60.74%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	W	20.1%	[18.26% - 21.92%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation	B	12.9%	[11.41% - 14.42%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.05% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	B	39.0%	[35.58% - 42.33%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)	B	7.2%	[5.65% - 8.75%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	55.0%	[52.72% - 57.29%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	W	41.6%	[39.27% - 44.02%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		22.7%	[20.77% - 24.57%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		3.4%	[2.62% - 4.24%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	27.7%	[25.55% - 29.78%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	W	56.8%	[54.40% - 59.21%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.0%	[1.18% - 2.88%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy	W	5.2%	[4.16% - 6.30%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	24.3%	[22.23% - 26.39%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		27.8%	[25.79% - 29.87%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		5.3%	[4.25% - 6.25%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.22%	[0.16% - 0.28%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	84.7%	[83.01% - 86.37%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		25.2%	[23.18% - 27.14%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	44.5%	[42.10% - 46.88%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas	B	1.7%	[1.11% - 2.33%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	W	11.9%	[10.34% - 13.47%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.7%	[1.12% - 2.30%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.5%	[3.49% - 5.56%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	B	51.5%	[49.10% - 53.95%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		18.4%	[16.68% - 20.17%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	W	29.0%	[26.81% - 31.12%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	W	11.9%	[10.41% - 13.48%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		12.8%	[10.53% - 15.09%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	W	14.6%	[13.04% - 16.22%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.2%	[0.66% - 1.72%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	69.5%	[67.38% - 71.66%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.6%	[6.37% - 8.87%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.8%	[1.94% - 3.57%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	W	11.2%	[9.66% - 12.76%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		8.5%	[5.00% - 12.04%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	W	14.2%	[12.47% - 15.87%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		11.5%	[7.57% - 15.41%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		6.1%	[3.16% - 9.06%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		78.2%	[75.03% - 81.46%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month	B	3.8%	[1.86% - 5.80%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		31.6%	[29.44% - 33.67%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		24.1%	[22.10% - 26.20%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	W	5.2%	[4.10% - 6.28%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.4%	[0.77% - 1.95%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	W	8.1%	[6.76% - 9.37%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.6%	[1.87% - 3.42%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty	*	8.4%	[5.46% - 11.33%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	10.8%	[9.39% - 12.27%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty	*	9.6%	[6.13% - 13.08%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.5%	[0.91% - 2.03%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		9.8%	[6.69% - 12.96%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	28.8%	[23.49% - 34.02%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	W	6.3%	[5.13% - 7.43%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty	*	4.8%	[2.28% - 7.24%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	19.7%	[14.83% - 24.57%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% - 22.05%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		2.2%	[-72.72% - 77.20%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		6.2%	[-202.6% - 215.11%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	55.8%	[54.42% - 57.27%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	46.7%	[45.28% - 48.15%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		93.9%	[90.64% - 97.26%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost	W	9.0%	[5.38% - 12.62%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	7.2	[6.84 - 7.58]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	978.6	[889.76 - 1,067.45]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	57.7	[56.31 - 59.17]	50.3	[50.15 - 50.39]
# home health visits annually	*	5.7	[4.54 - 6.86]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	2.5	[2.23 - 2.81]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	423.2	[375.84 - 470.47]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)	*	22.1%	[18.54% - 25.70%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	150.4	[126.27 - 174.44]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	14.0%	[13.00% - 14.99%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.4%	[1.95% - 2.89%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		45.0%	[38.72% - 51.31%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		8.5	[6.0 - 11.7]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$4,205	[\$3,045 - \$5,090]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	51.4%	[45.02% - 57.81%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	32.0%	[22.88% - 41.09%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		93.2%	[89.48% - 97.01%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		34.2%	[-414.2% - 482.55%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	51.2%	[46.34% - 56.07%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		53.5%	[46.65% - 60.34%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		24.3%	[17.12% - 31.47%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		50.4%	[40.33% - 60.38%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		36.3%	[27.55% - 45.00%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		5.2%	[-62.71% - 73.06%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.2%	[-2.43% - 2.88%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.8%	[-9.63% - 11.23%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	12.8%	[11.01% - 14.62%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	33.3%	[28.63% - 37.98%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		21.4%	[-258.9% - 301.67%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		16.2%	[-196.9% - 229.42%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	36.1%	[28.65% - 43.47%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		30.0%	[24.12% - 35.91%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999	*	20.5%	[14.70% - 26.32%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	13.4%	[8.44% - 18.39%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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