

## Stamford Area2 (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		56.1%	[ -879.5% - 991.71% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		29.7%	[ -783.6% - 843.06% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		14.2%	[ -427.2% - 455.52% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		57.1%	[ -895.1% - 1009.4% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		66.6%	[ -1670% - 1803.3% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White		67.2%	[ -1098% - 1232.2% ]	88.4%	[ 87.85% - 88.93% ]
% African American		20.3%	[ -332.1% - 372.76% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		3.2%	[ -51.90% - 58.26% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino		18.2%	[ -296.7% - 333.06% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married		44.3%	[ -723.2% - 811.77% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		21.7%	[ -354.3% - 397.66% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		23.2%	[ -378.7% - 425.09% ]	24.2%	[ 23.77% - 24.57% ]
% never married		10.8%	[ -176.5% - 198.10% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		33.9%	[ -553.3% - 621.05% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		45.0%	[ -734.2% - 824.12% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree		15.0%	[ -244.2% - 274.14% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree		6.2%	[ -101.0% - 113.38% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		62.4%	[ -1020% - 1144.5% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		10.1%	[ -164.3% - 184.39% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.1%	[ 1.50% - 2.60% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		3.8%	[ 3.37% - 4.16% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		66.3%	[ 59.37% - 73.19% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		77.3%	[ 71.97% - 82.69% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		32.6%	[ 26.37% - 38.88% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		54.4%	[ 47.49% - 61.32% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		15.3%	[ 10.92% - 19.74% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		10.8%	[ 6.76% - 14.85% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		20.0%	[ 14.40% - 25.55% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		8.2%	[ 4.38% - 12.01% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.7%	[ 3.28% - 4.19% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		85.0%	[ 80.92% - 89.17% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		60.1%	[ 54.03% - 66.22% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		56.8%	[ 50.57% - 63.09% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		33.1%	[ 26.03% - 40.13% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		85.3%	[ 79.77% - 90.76% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		78.7%	[ 72.92% - 84.44% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		17.5%	[ 12.76% - 22.25% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		44.2%	[ 35.55% - 52.78% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		17.2%	[ 12.31% - 21.99% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		8.4%	[ 4.48% - 12.40% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		25.0%	[ 19.16% - 30.79% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity		22.0%	[ 20.81% - 23.16% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol	B	75.0%	[ 73.81% - 76.20% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.6%	[ 94.06% - 99.17% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance	W	37.6%	[ 26.39% - 48.84% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		81.4%	[ 76.22% - 86.61% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		23.4%	[ 17.18% - 29.68% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		14.7%	[ 13.80% - 15.63% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	W	53.9%	[ 52.54% - 55.22% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma	B	12.4%	[ 11.51% - 13.21% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation	B	14.9%	[ 13.97% - 15.76% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.04%	[ 0.02% - 0.06% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)	W	47.1%	[ 44.97% - 49.15% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		11.4%	[ 10.32% - 12.45% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	B	60.6%	[ 59.32% - 61.98% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	B	27.1%	[ 25.85% - 28.30% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	B	18.3%	[ 17.32% - 19.31% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.8%	[ 2.37% - 3.20% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	B	20.5%	[ 19.43% - 21.57% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	W	38.2%	[ 36.88% - 39.61% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.9%	[ 1.44% - 2.32% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.7%	[ 2.26% - 3.14% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue	W	30.6%	[ 29.33% - 31.89% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma	W	38.2%	[ 36.97% - 39.52% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack	B	3.9%	[ 3.42% - 4.37% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS		0.19%	[ 0.14% - 0.25% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	B	74.5%	[ 73.33% - 75.74% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		25.5%	[ 24.37% - 26.64% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	W	42.3%	[ 40.91% - 43.67% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.8%	[ 2.35% - 3.25% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease	B	8.6%	[ 7.84% - 9.36% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer	B	1.4%	[ 1.09% - 1.69% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache	W	7.4%	[ 6.65% - 8.08% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		53.7%	[ 52.28% - 55.14% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		20.9%	[ 19.82% - 21.88% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease		19.1%	[ 18.10% - 20.20% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	W	10.5%	[ 9.70% - 11.29% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		14.4%	[ 13.02% - 15.87% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke	W	13.5%	[ 12.62% - 14.34% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.3%	[ 1.00% - 1.60% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions		61.0%	[ 59.66% - 62.31% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions	B	8.2%	[ 7.38% - 8.96% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		2.1%	[ 1.64% - 2.48% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		6.1%	[ 5.45% - 6.83% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		7.6%	[ 4.58% - 10.57% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	B	8.6%	[ 7.78% - 9.40% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		6.3%	[ 3.51% - 9.08% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		6.0%	[ 3.26% - 8.71% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		78.2%	[ 75.03% - 81.46% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		8.7%	[ 5.01% - 12.46% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	B	28.8%	[ 27.60% - 29.97% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder	B	23.1%	[ 21.93% - 24.27% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder		3.8%	[ 3.27% - 4.32% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder	B	0.6%	[ 0.36% - 0.82% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	3.9%	[ 3.34% - 4.38% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		2.2%	[ 1.74% - 2.57% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		12.6%	[ 9.82% - 15.30% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	W	18.8%	[ 17.79% - 19.86% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		6.1%	[ 3.82% - 8.37% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.0%	[ 0.77% - 1.30% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		8.8%	[ 6.07% - 11.60% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		21.2%	[ 17.26% - 25.14% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		4.3%	[ 3.73% - 4.80% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		8.5%	[ 6.03% - 10.89% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		14.8%	[ 11.46% - 18.06% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		18.5%	[ 15.05% - 22.05% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		1.0%	[ -34.78% - 36.82% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		3.2%	[ -107.3% - 113.63% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	30.0%	[ 29.11% - 30.98% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	23.7%	[ 22.84% - 24.57% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		94.7%	[ 92.14% - 97.34% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		6.6%	[ 3.54% - 9.58% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	9.2	[ 8.99 - 9.48 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually	*	751.6	[ 700.56 - 802.56 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	46.5	[ 45.59 - 47.43 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	3.4	[ 2.95 - 3.76 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	1.4	[ 1.29 - 1.54 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		270.6	[ 251.68 - 289.50 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		17.0%	[ 14.89% - 19.14% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually	*	90.8	[ 81.08 - 100.55 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	7.1%	[ 6.56% - 7.60% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users	*	2.4%	[ 2.04% - 2.69% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents	*	35.3%	[ 30.08% - 40.42% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		11.0	[ 9.0 - 13.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$4,271	[ \$3,498 - \$5,185 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		79.4%	[ 74.82% - 83.99% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	26.3%	[ 19.03% - 33.51% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		91.6%	[ 88.30% - 94.91% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month			N/A	2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone		35.8%	[ -583.8% - 655.35% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	54.7%	[ 51.74% - 57.75% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage	*	53.7%	[ 48.18% - 59.12% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		14.0%	[ 9.30% - 18.75% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		40.6%	[ 32.62% - 48.62% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing	*	64.0%	[ 36.67% - 91.33% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		6.2%	[ -101.0% - 113.38% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year	*	0.0%	[ -0.35% - 0.35% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		2.7%	[ -43.71% - 49.07% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		14.4%	[ 8.62% - 20.09% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	16.9%	[ 13.96% - 19.93% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		28.0%	[ -458.0% - 514.05% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		15.9%	[ -259.4% - 291.20% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000	*	29.8%	[ 24.23% - 35.42% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999	*	22.2%	[ 17.96% - 26.42% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999	*	21.4%	[ 17.89% - 24.92% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		26.6%	[ 22.30% - 30.86% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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