

## Burlington (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	71.8%	[ 65.48% - 78.18% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years	*	18.9%	[ 12.42% - 25.42% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older	*	9.3%	[ 4.90% - 13.60% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		56.7%	[ 48.96% - 64.43% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		84.8%	[ 65.90% - 103.79% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	97.4%	[ 92.51% - 102.31% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	1.2%	[ -2.65% - 5.03% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		1.4%	[ -2.30% - 5.11% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	1.7%	[ -2.24% - 5.60% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	64.2%	[ 57.20% - 71.18% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		10.1%	[ 3.75% - 16.44% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		21.9%	[ 14.43% - 29.29% ]	24.2%	[ 23.77% - 24.57% ]
% never married		3.9%	[ 0.43% - 7.27% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education	*	5.7%	[ 0.87% - 10.48% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		59.6%	[ 50.11% - 69.02% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree		34.8%	[ 27.57% - 41.95% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree		18.7%	[ 12.61% - 24.81% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		87.5%	[ 80.75% - 94.30% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		21.6%	[ 14.50% - 28.66% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.4%	[ 1.80% - 2.95% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		3.5%	[ 2.40% - 4.61% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		68.5%	[ 63.88% - 73.12% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month	B	81.2%	[ 77.28% - 85.11% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		29.9%	[ 25.04% - 34.77% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		64.1%	[ 58.88% - 69.38% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status	B	11.5%	[ 8.53% - 14.53% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		11.7%	[ 8.46% - 14.86% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		27.4%	[ 22.87% - 31.90% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		10.4%	[ 7.36% - 13.46% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		4.0%	[ 2.76% - 5.18% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		90.2%	[ 87.40% - 92.92% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		58.6%	[ 53.98% - 63.26% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		65.0%	[ 60.41% - 69.68% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine	B	42.0%	[ 36.44% - 47.58% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		81.0%	[ 75.27% - 86.65% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		77.1%	[ 72.75% - 81.36% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		15.9%	[ 12.29% - 19.46% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		41.3%	[ 35.04% - 47.64% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		20.5%	[ 16.20% - 24.75% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		6.7%	[ 3.93% - 9.49% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese	B	17.2%	[ 13.57% - 20.83% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity		20.2%	[ 17.16% - 23.18% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		74.4%	[ 71.21% - 77.52% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		98.3%	[ 97.10% - 99.54% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		57.3%	[ 48.73% - 65.85% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam	B	91.2%	[ 88.47% - 93.99% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth	B	12.3%	[ 9.04% - 15.55% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	11.1%	[ 9.03% - 13.12% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	37.4%	[ 34.07% - 40.78% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		14.2%	[ 11.82% - 16.68% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation	B	13.2%	[ 10.89% - 15.44% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.27%	[ 0.22% - 0.32% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)	B	34.4%	[ 29.47% - 39.43% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		9.4%	[ 6.68% - 12.05% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	B	60.3%	[ 56.75% - 63.77% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	B	24.3%	[ 21.19% - 27.39% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	B	16.1%	[ 13.61% - 18.63% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		3.0%	[ 2.53% - 3.52% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	B	15.0%	[ 12.53% - 17.43% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	B	25.0%	[ 21.86% - 28.19% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.7%	[ 1.19% - 2.20% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy	B	2.1%	[ 1.66% - 2.57% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	21.4%	[ 18.42% - 24.47% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		26.2%	[ 23.11% - 29.23% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		4.6%	[ 3.20% - 5.96% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS		0.25%	[ 0.20% - 0.30% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	B	71.3%	[ 68.01% - 74.54% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism	B	20.2%	[ 17.46% - 22.97% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	B	31.0%	[ 27.60% - 34.36% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.6%	[ 2.06% - 3.07% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		8.0%	[ 5.98% - 9.96% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.8%	[ 1.38% - 2.18% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		4.3%	[ 2.76% - 5.86% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis	B	46.9%	[ 43.15% - 50.67% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis	B	15.8%	[ 13.34% - 18.21% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	11.9%	[ 9.70% - 14.07% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	B	6.1%	[ 4.52% - 7.70% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		13.9%	[ 10.34% - 17.51% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke	B	9.3%	[ 7.41% - 11.23% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.3%	[ 1.00% - 1.70% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	B	51.2%	[ 47.65% - 54.73% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		8.5%	[ 6.42% - 10.50% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder	B	1.5%	[ 1.10% - 1.86% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder	B	3.0%	[ 1.78% - 4.21% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month			N/A	2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		10.0%	[ 7.20% - 12.75% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	B	5.5%	[ 3.69% - 7.25% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		5.9%	[ 3.84% - 7.95% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		5.2%	[ 3.01% - 7.29% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		76.6%	[ 73.29% - 79.88% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		5.6%	[ 3.39% - 7.73% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	B	25.7%	[ 22.67% - 28.69% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder	B	21.4%	[ 18.37% - 24.39% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	B	2.8%	[ 2.21% - 3.31% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.0%	[ 0.63% - 1.32% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	3.7%	[ 3.16% - 4.31% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	B	1.9%	[ 1.45% - 2.33% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		9.8%	[ 4.78% - 14.84% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	12.4%	[ 10.03% - 14.69% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		2.9%	[ 0.12% - 5.62% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[ 0.97% - 1.68% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		5.8%	[ 1.70% - 9.94% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		16.3%	[ 8.62% - 23.90% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment	B	1.8%	[ 0.89% - 2.63% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty	*	3.9%	[ 0.82% - 7.03% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		14.0%	[ 6.94% - 21.09% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		21.0%	[ 17.20% - 24.71% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren	*	0.0%	[ -0.33% - 0.33% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		3.2%	[ 1.00% - 5.50% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	11.6%	[ 10.01% - 13.21% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	33.2%	[ 30.85% - 35.55% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		95.8%	[ 93.88% - 97.76% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		2.7%	[ 1.05% - 4.32% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	7.7	[ 7.15 - 8.15 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually	*	471.4	[ 392.79 - 550.10 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	45.0	[ 42.85 - 47.14 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	2.8	[ 1.83 - 3.72 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	1.4	[ 1.08 - 1.66 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually	*	216.8	[ 167.06 - 266.59 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		18.8%	[ 11.09% - 26.41% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually	*	72.9	[ 48.48 - 97.32 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	2.3%	[ 1.58% - 3.09% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users	*	1.7%	[ 1.02% - 2.43% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		53.4%	[ 31.61% - 75.14% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		12.5	[ 6.0 - 23.7 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$3,685	[ \$1,797 - \$5,612 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month	*	80.9%	[ 77.11% - 84.61% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	98.9%	[ 93.78% - 104.02% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt	B	95.5%	[ 93.58% - 97.41% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month			N/A	2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	21.0%	[ 14.41% - 27.64% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	95.2%	[ 92.31% - 98.07% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage	*	58.3%	[ 49.93% - 66.61% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		15.3%	[ 11.17% - 19.43% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing	*	0.0%	[ -38.95% - 38.95% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		26.1%	[ 15.68% - 36.61% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year	*	0.6%	[ -1.69% - 2.95% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.6%	[ -1.65% - 2.91% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.0%	[ -2.46% - 2.46% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community	*	5.9%	[ 3.37% - 8.47% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	2.1%	[ 0.48% - 3.79% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		23.8%	[ 17.92% - 29.60% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		3.8%	[ 0.27% - 7.30% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		10.2%	[ 3.25% - 17.07% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		27.8%	[ 15.14% - 40.43% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		26.2%	[ 16.75% - 35.63% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		35.9%	[ 23.98% - 47.75% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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