

Canaan (Litchfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	68.6%	[57.11% - 80.18%]	55.7%	[55.33% - 56.11%]
% 75-84 years		26.4%	[17.82% - 34.98%]	29.1%	[28.75% - 29.45%]
% 85 years or older	*	5.0%	[-3.47% - 13.37%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		50.5%	[37.66% - 63.33%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		100.0%	[4.68% - 195.32%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White		90.8%	[85.03% - 96.49%]	88.4%	[87.85% - 88.93%]
% African American		9.2%	[-4.84% - 23.32%]	6.8%	[6.63% - 6.88%]
% Asian		0.0%	[-11.56% - 11.56%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		0.0%	[-11.56% - 11.56%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		68.3%	[52.15% - 84.48%]	53.8%	[53.46% - 54.12%]
% divorced/separated		6.9%	[-7.11% - 20.97%]	14.9%	[14.58% - 15.29%]
% widowed		19.1%	[6.73% - 31.56%]	24.2%	[23.77% - 24.57%]
% never married		5.6%	[-0.91% - 12.13%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	5.0%	[-2.83% - 12.73%]	14.7%	[14.30% - 15.04%]
% with high school or some college		49.8%	[37.21% - 62.46%]	53.3%	[52.80% - 53.74%]
% with college degree	*	45.2%	[34.24% - 56.19%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		26.7%	[16.09% - 37.37%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		98.3%	[83.73% - 112.97%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		15.5%	[5.16% - 25.87%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		1.8%	[0.88% - 2.66%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		5.0%	[3.65% - 6.31%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		67.4%	[62.20% - 72.67%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		70.0%	[64.99% - 74.96%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		29.7%	[24.14% - 35.22%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		59.0%	[53.15% - 64.85%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		15.5%	[11.77% - 19.30%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		13.7%	[10.18% - 17.15%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		27.6%	[22.46% - 32.75%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		9.3%	[5.96% - 12.56%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		4.4%	[3.05% - 5.84%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		88.9%	[85.70% - 92.18%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		57.8%	[52.54% - 63.02%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		60.1%	[54.81% - 65.38%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		32.1%	[26.48% - 37.78%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		77.4%	[71.23% - 83.49%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		77.2%	[72.46% - 81.89%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		15.8%	[11.94% - 19.74%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		36.1%	[29.49% - 42.74%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		19.5%	[14.66% - 24.29%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month	B	4.4%	[2.22% - 6.49%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		24.5%	[19.97% - 29.01%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		19.5%	[16.35% - 22.65%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		73.6%	[70.26% - 76.94%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		96.2%	[94.10% - 98.35%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		49.0%	[40.00% - 58.06%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		78.7%	[74.13% - 83.33%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		27.9%	[22.79% - 33.10%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		16.4%	[13.80% - 19.10%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		48.6%	[44.91% - 52.21%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		12.6%	[10.25% - 15.03%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		18.4%	[15.63% - 21.13%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.11%	[0.05% - 0.17%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		43.3%	[37.64% - 48.91%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		14.0%	[10.76% - 17.22%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		63.4%	[59.79% - 67.02%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	24.9%	[21.66% - 28.15%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	W	26.5%	[23.35% - 29.71%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		3.0%	[2.21% - 3.81%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	29.1%	[25.68% - 32.48%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	29.7%	[26.18% - 33.24%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.8%	[0.95% - 2.57%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy		3.4%	[2.51% - 4.35%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	W	31.0%	[27.45% - 34.56%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		28.4%	[25.16% - 31.59%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		5.8%	[4.14% - 7.42%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.13%	[0.07% - 0.19%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension		75.9%	[72.63% - 79.11%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		24.2%	[21.17% - 27.27%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	45.9%	[42.04% - 49.74%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.0%	[1.29% - 2.68%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		8.9%	[6.80% - 11.03%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.8%	[1.12% - 2.42%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.0%	[2.56% - 5.52%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	W	60.9%	[57.04% - 64.77%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		19.7%	[16.96% - 22.53%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease		22.1%	[19.03% - 25.11%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		9.6%	[7.51% - 11.78%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.1%	[9.43% - 16.87%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		13.5%	[11.08% - 15.83%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.6%	[0.99% - 2.30%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions		64.8%	[61.19% - 68.34%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.3%	[5.25% - 9.37%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.2%	[1.37% - 3.05%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		7.9%	[5.70% - 10.06%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		9.3%	[6.23% - 12.38%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		11.9%	[9.31% - 14.45%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		8.6%	[5.76% - 11.49%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		6.7%	[4.04% - 9.41%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.4%	[69.91% - 82.80%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		5.0%	[2.91% - 7.05%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	W	34.5%	[31.05% - 37.92%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		24.9%	[21.62% - 28.21%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.7%	[2.66% - 4.64%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.6%	[0.84% - 2.26%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.3%	[3.30% - 5.35%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	W	4.4%	[3.29% - 5.47%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		11.6%	[5.34% - 17.76%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.0%	[11.50% - 16.44%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		4.6%	[-2.90% - 12.14%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.48% - 1.36%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		0.0%	[-9.44% - 9.44%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		10.9%	[1.72% - 20.06%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		4.3%	[2.79% - 5.81%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		1.0%	[-7.33% - 9.31%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		7.9%	[-0.76% - 16.60%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		19.3%	[12.69% - 25.86%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	0.2%	[-0.17% - 0.62%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	0.3%	[-0.33% - 0.99%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid		23.7%	[21.08% - 26.34%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	17.3%	[14.93% - 19.60%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		95.3%	[93.27% - 97.34%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		3.2%	[1.64% - 4.85%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	7.1	[6.59 - 7.59]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	850.6	[737.86 - 963.28]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		48.7	[45.82 - 51.56]	50.3	[50.15 - 50.39]
# home health visits annually		4.1	[2.97 - 5.18]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.8	[1.46 - 2.20]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		282.0	[231.31 - 332.69]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		11.8%	[6.03% - 17.67%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		134.9	[103.16 - 166.68]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports		7.1%	[5.55% - 8.73%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		3.3%	[2.10% - 4.40%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		33.6%	[19.47% - 47.78%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		8.5	[5.3 - 17.7]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$2,447	[\$1,544 - \$3,795]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		72.7%	[68.15% - 77.33%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	98.4%	[90.49% - 106.36%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		90.8%	[87.92% - 93.78%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
HOUSING					
% 65+ population who live alone	*	19.1%	[10.52% - 27.77%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	93.0%	[87.32% - 98.61%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		37.8%	[24.37% - 51.33%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		15.2%	[10.67% - 19.73%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		42.1%	[7.04% - 77.17%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		28.1%	[13.50% - 42.64%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		7.3%	[-7.57% - 22.10%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.0%	[-8.17% - 8.17%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		3.6%	[-2.11% - 9.37%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	25.3%	[17.22% - 33.41%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year		7.7%	[2.35% - 13.08%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year	*	44.2%	[34.30% - 54.14%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		1.3%	[-7.08% - 9.72%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		13.7%	[3.22% - 24.14%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		29.5%	[14.86% - 44.09%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		29.5%	[16.05% - 42.90%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		27.4%	[10.61% - 44.12%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu