

## Chaplin (Windham)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		55.7%	[ 43.75% - 67.70% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years	*	17.8%	[ 11.76% - 23.86% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		26.5%	[ 11.15% - 41.78% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		53.7%	[ 39.43% - 67.95% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		65.4%	[ 29.45% - 101.32% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	100.0%	[ 94.32% - 105.68% ]	88.4%	[ 87.85% - 88.93% ]
% African American		0.0%	[ -8.91% - 8.91% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		0.0%	[ -8.91% - 8.91% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino		9.9%	[ -2.27% - 22.12% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married		52.2%	[ 44.57% - 59.75% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		10.2%	[ -3.88% - 24.23% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		30.5%	[ 14.13% - 46.94% ]	24.2%	[ 23.77% - 24.57% ]
% never married		7.1%	[ -2.36% - 16.61% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		11.5%	[ 2.85% - 20.05% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		54.7%	[ 39.87% - 69.54% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree		33.8%	[ 22.44% - 45.24% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree		18.6%	[ 11.55% - 25.60% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		89.3%	[ 73.07% - 105.56% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		27.2%	[ 16.55% - 37.90% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		3.9%	[ 2.02% - 5.73% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		4.4%	[ 2.85% - 5.88% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		64.3%	[ 58.72% - 69.90% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		75.7%	[ 71.51% - 79.84% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		27.4%	[ 22.84% - 31.91% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		62.3%	[ 57.62% - 67.06% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		15.9%	[ 12.52% - 19.35% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		10.3%	[ 7.65% - 12.93% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		27.0%	[ 21.99% - 32.05% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		6.8%	[ 4.19% - 9.38% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture	B	2.2%	[ 1.07% - 3.39% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		86.6%	[ 83.16% - 90.01% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		61.0%	[ 56.26% - 65.81% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		65.3%	[ 60.45% - 70.14% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		37.3%	[ 31.38% - 43.23% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		79.8%	[ 73.02% - 86.62% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		78.9%	[ 73.82% - 84.05% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		20.3%	[ 16.24% - 24.27% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		43.1%	[ 36.45% - 49.65% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		22.2%	[ 18.07% - 26.38% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		7.7%	[ 4.53% - 10.84% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		25.0%	[ 20.73% - 29.34% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity		23.4%	[ 19.69% - 27.16% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		73.8%	[ 70.02% - 77.53% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		98.3%	[ 97.35% - 99.29% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance	B	69.9%	[ 62.19% - 77.62% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		79.4%	[ 74.92% - 83.80% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		21.2%	[ 16.77% - 25.72% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	11.2%	[ 8.64% - 13.81% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	44.5%	[ 40.39% - 48.62% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		15.9%	[ 12.84% - 18.88% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation	B	13.3%	[ 10.62% - 15.93% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.07%	[ 0.04% - 0.10% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)	B	33.6%	[ 28.24% - 38.95% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		12.1%	[ 8.19% - 16.01% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		67.4%	[ 63.42% - 71.45% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease		27.2%	[ 23.36% - 31.10% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease		24.0%	[ 20.45% - 27.49% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.4%	[ 1.96% - 2.92% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		21.3%	[ 17.85% - 24.73% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes		35.6%	[ 31.37% - 39.84% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.2%	[ 1.59% - 2.85% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.7%	[ 2.17% - 3.30% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		25.5%	[ 21.70% - 29.27% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		25.7%	[ 22.10% - 29.23% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		5.8%	[ 3.91% - 7.60% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.11%	[ 0.08% - 0.15% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension		73.5%	[ 69.66% - 77.27% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		25.2%	[ 21.62% - 28.73% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		38.7%	[ 34.47% - 43.00% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.4%	[ 1.88% - 2.91% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		11.1%	[ 8.44% - 13.83% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer	B	1.4%	[ 1.04% - 1.80% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		7.4%	[ 4.95% - 9.77% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		50.0%	[ 45.60% - 54.49% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		17.9%	[ 14.76% - 20.96% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	14.0%	[ 11.05% - 16.92% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	B	5.0%	[ 3.25% - 6.68% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)	B	9.5%	[ 6.19% - 12.73% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		10.1%	[ 7.78% - 12.51% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.0%	[ 0.64% - 1.31% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions		58.9%	[ 54.76% - 63.09% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		7.4%	[ 5.08% - 9.78% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.9%	[ 1.45% - 2.44% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		8.2%	[ 5.66% - 10.71% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		7.5%	[ 4.90% - 10.11% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	W	13.8%	[ 10.63% - 17.01% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers	W	11.9%	[ 8.50% - 15.34% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		7.3%	[ 4.55% - 10.14% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		74.6%	[ 66.52% - 82.73% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		5.6%	[ 3.60% - 7.64% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		28.9%	[ 25.18% - 32.69% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		24.0%	[ 20.20% - 27.70% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder		3.8%	[ 3.12% - 4.50% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.6%	[ 1.12% - 2.06% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	3.5%	[ 2.87% - 4.05% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		2.5%	[ 2.00% - 3.06% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty	*	30.8%	[ 15.45% - 46.12% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.1%	[ 12.96% - 19.17% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		0.0%	[ -7.28% - 7.28% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[ 0.57% - 1.16% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		6.6%	[ -2.35% - 15.58% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		30.0%	[ 14.70% - 45.35% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		2.9%	[ 1.40% - 4.34% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		7.4%	[ -0.14% - 14.90% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		19.3%	[ 5.10% - 33.57% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		27.4%	[ 17.40% - 37.45% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		0.0%	[ -0.85% - 0.85% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		1.6%	[ -0.37% - 3.58% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	16.2%	[ 13.85% - 18.46% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees		28.7%	[ 25.90% - 31.57% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		96.7%	[ 95.21% - 98.28% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		3.4%	[ 1.55% - 5.26% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	7.1	[ 6.62 - 7.65 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		600.3	[ 501.50 - 699.17 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually		47.6	[ 44.78 - 50.33 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		4.3	[ 2.75 - 5.77 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	1.5	[ 1.07 - 1.85 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually	*	203.4	[ 154.09 - 252.76 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		17.9%	[ 11.03% - 24.74% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually	*	70.5	[ 45.32 - 95.76 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	2.4%	[ 1.40% - 3.30% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		1.9%	[ 1.03% - 2.86% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		37.5%	[ 18.38% - 56.60% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		16.0	[ 7.0 - 33.7 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$3,386	[ \$1,885 - \$7,136 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		78.3%	[ 74.37% - 82.29% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	96.4%	[ 91.93% - 100.78% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		94.3%	[ 91.85% - 96.71% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone		18.6%	[ 8.16% - 28.99% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	97.9%	[ 94.03% - 101.84% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage	*	29.8%	[ 16.38% - 43.26% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month	B	10.8%	[ 7.27% - 14.40% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		0.0%	[ -204.3% - 204.26% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		28.1%	[ 6.14% - 50.07% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		5.3%	[ -5.28% - 15.96% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.0%	[ -6.30% - 6.30% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.0%	[ -6.30% - 6.30% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		9.6%	[ 3.87% - 15.40% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year		6.3%	[ -0.21% - 12.80% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		25.7%	[ 16.31% - 35.08% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		4.6%	[ -3.56% - 12.72% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		13.0%	[ -2.59% - 28.63% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		33.3%	[ 12.15% - 54.52% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		34.9%	[ 19.47% - 50.32% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		18.8%	[ 4.19% - 33.31% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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