

Cheshire (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		56.0%	[50.69% - 61.25%]	55.7%	[55.33% - 56.11%]
% 75-84 years		27.2%	[23.09% - 31.39%]	29.1%	[28.75% - 29.45%]
% 85 years or older		16.8%	[12.84% - 20.74%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		58.2%	[52.31% - 64.00%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		70.2%	[56.00% - 84.48%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	94.0%	[90.45% - 97.46%]	88.4%	[87.85% - 88.93%]
% African American	*	0.7%	[-0.65% - 2.03%]	6.8%	[6.63% - 6.88%]
% Asian		4.8%	[2.02% - 7.51%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	1.3%	[-0.23% - 2.75%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		54.8%	[51.44% - 58.17%]	53.8%	[53.46% - 54.12%]
% divorced/separated		12.6%	[8.54% - 16.57%]	14.9%	[14.58% - 15.29%]
% widowed		26.0%	[20.50% - 31.49%]	24.2%	[23.77% - 24.57%]
% never married		6.6%	[3.93% - 9.36%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	7.3%	[4.29% - 10.30%]	14.7%	[14.30% - 15.04%]
% with high school or some college		50.7%	[44.83% - 56.51%]	53.3%	[52.80% - 53.74%]
% with college degree	*	42.0%	[37.88% - 46.19%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	20.9%	[17.40% - 24.45%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		85.0%	[81.45% - 88.61%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		15.5%	[12.46% - 18.51%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.6%	[1.98% - 3.23%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.7%	[3.17% - 4.20%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		66.0%	[60.52% - 71.46%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		76.1%	[71.80% - 80.48%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		29.5%	[23.91% - 35.16%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		58.3%	[52.19% - 64.48%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		16.9%	[13.27% - 20.50%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		13.4%	[9.96% - 16.89%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		29.9%	[24.18% - 35.62%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		11.2%	[7.14% - 15.33%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.4%	[2.82% - 4.00%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year	B	93.6%	[91.40% - 95.84%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		57.4%	[52.34% - 62.48%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		64.2%	[59.23% - 69.19%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		34.0%	[28.05% - 39.91%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years	B	86.4%	[81.94% - 90.94%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		79.8%	[75.01% - 84.49%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test	*	9.7%	[6.71% - 12.76%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		36.0%	[29.20% - 42.70%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		20.6%	[15.77% - 25.52%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		6.4%	[3.50% - 9.34%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		24.6%	[20.29% - 28.99%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		20.8%	[19.25% - 22.39%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		78.1%	[76.58% - 79.68%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		97.3%	[95.65% - 98.99%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		59.1%	[50.18% - 67.92%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		83.3%	[78.81% - 87.87%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		25.8%	[20.65% - 30.94%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		14.0%	[12.75% - 15.15%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	47.0%	[45.24% - 48.83%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		13.0%	[11.78% - 14.15%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		15.5%	[14.24% - 16.72%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.06% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		45.5%	[42.67% - 48.25%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		12.3%	[10.83% - 13.84%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	66.8%	[65.08% - 68.61%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	28.0%	[26.30% - 29.62%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	18.5%	[17.16% - 19.85%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.8%	[2.20% - 3.31%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure		21.8%	[20.31% - 23.28%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	30.4%	[28.67% - 32.13%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.9%	[1.33% - 2.55%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.7%	[2.10% - 3.33%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.7%	[25.07% - 28.40%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	W	30.5%	[28.89% - 32.12%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	B	3.6%	[2.96% - 4.20%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.21%	[0.15% - 0.27%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension		74.6%	[72.97% - 76.24%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		26.8%	[25.25% - 28.37%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	37.8%	[35.99% - 39.60%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.6%	[2.08% - 3.21%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.2%	[8.10% - 10.25%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.6%	[1.17% - 2.03%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.5%	[3.78% - 5.32%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		54.5%	[52.59% - 56.46%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	W	21.9%	[20.46% - 23.28%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease		19.5%	[18.15% - 20.95%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		9.3%	[8.33% - 10.36%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		12.3%	[10.54% - 14.11%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		10.8%	[9.73% - 11.82%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury	B	0.9%	[0.56% - 1.21%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	59.4%	[57.56% - 61.19%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		6.8%	[5.84% - 7.85%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.9%	[1.39% - 2.44%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	4.9%	[4.07% - 5.72%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		6.6%	[4.08% - 9.07%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	7.0%	[6.01% - 8.00%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers	B	4.9%	[2.93% - 6.94%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.9%	[3.56% - 8.20%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		79.4%	[76.01% - 82.83%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		6.6%	[4.17% - 9.04%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	28.1%	[26.55% - 29.73%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		24.7%	[23.08% - 26.31%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	2.8%	[2.22% - 3.45%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder	B	0.8%	[0.46% - 1.13%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.7%	[3.03% - 4.39%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.5%	[1.87% - 3.08%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		9.4%	[6.42% - 12.34%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.8%	[13.57% - 16.10%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		4.5%	[2.52% - 6.53%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.1%	[0.77% - 1.48%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty	*	5.0%	[2.84% - 7.21%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		17.6%	[14.07% - 21.14%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	B	3.1%	[2.51% - 3.76%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		7.1%	[4.52% - 9.60%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		12.3%	[9.06% - 15.55%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		25.3%	[21.16% - 29.39%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.3%	[-0.12% - 0.81%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	1.3%	[0.49% - 2.07%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	14.4%	[13.48% - 15.37%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	27.5%	[26.34% - 28.74%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor	B	98.2%	[96.94% - 99.38%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		3.0%	[1.18% - 4.74%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.6	[8.26 - 8.87]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		634.5	[583.00 - 685.97]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		49.5	[48.25 - 50.77]	50.3	[50.15 - 50.39]
# home health visits annually		4.0	[3.29 - 4.69]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.9	[1.67 - 2.05]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	224.0	[201.11 - 246.97]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		14.8%	[11.85% - 17.77%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		104.7	[90.41 - 119.00]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	4.8%	[4.27% - 5.42%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users	*	3.4%	[2.86% - 3.90%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents	*	57.8%	[50.43% - 65.17%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		13.0	[9.1 - 17.9]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user	*	\$4,882	[\$4,034 - \$6,115]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		73.2%	[68.64% - 77.68%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	90.2%	[89.95% - 90.44%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.9%	[90.27% - 95.50%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		27.5%	[23.17% - 31.77%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	87.3%	[84.33% - 90.27%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		40.4%	[34.25% - 46.62%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		17.1%	[12.35% - 21.76%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		37.9%	[17.96% - 57.86%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	19.4%	[12.57% - 26.14%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		3.0%	[0.78% - 5.19%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.7%	[-0.33% - 1.82%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.9%	[-0.08% - 1.88%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		7.3%	[4.43% - 10.25%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	3.4%	[1.41% - 5.39%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		29.0%	[24.68% - 33.32%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	2.9%	[0.93% - 4.78%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	8.5%	[5.44% - 11.51%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		31.2%	[24.53% - 37.79%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		31.2%	[23.97% - 38.48%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		29.1%	[23.88% - 34.42%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu