

Clinton (Middlesex)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		57.5%	[51.86% - 63.12%]	55.7%	[55.33% - 56.11%]
% 75-84 years		33.9%	[28.63% - 39.12%]	29.1%	[28.75% - 29.45%]
% 85 years or older	*	8.6%	[6.12% - 11.15%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		57.8%	[52.61% - 62.99%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		63.7%	[47.40% - 79.96%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	97.7%	[93.13% - 102.30%]	88.4%	[87.85% - 88.93%]
% African American	*	0.4%	[-1.76% - 2.61%]	6.8%	[6.63% - 6.88%]
% Asian		1.1%	[-1.18% - 3.43%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	2.5%	[-0.22% - 5.25%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	62.3%	[58.09% - 66.57%]	53.8%	[53.46% - 54.12%]
% divorced/separated		16.1%	[11.01% - 21.12%]	14.9%	[14.58% - 15.29%]
% widowed	*	18.2%	[13.21% - 23.18%]	24.2%	[23.77% - 24.57%]
% never married	*	3.4%	[1.12% - 5.69%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		11.1%	[7.41% - 14.74%]	14.7%	[14.30% - 15.04%]
% with high school or some college		56.0%	[50.25% - 61.79%]	53.3%	[52.80% - 53.74%]
% with college degree		32.9%	[28.13% - 37.69%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		15.2%	[11.13% - 19.22%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	91.8%	[86.00% - 97.58%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		18.4%	[14.70% - 22.00%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		3.2%	[1.87% - 4.53%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate	B	3.2%	[2.49% - 3.96%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		67.8%	[61.56% - 74.01%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	82.6%	[78.02% - 87.19%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		31.4%	[25.14% - 37.64%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity	B	69.4%	[63.07% - 75.73%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	12.3%	[8.49% - 16.19%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		9.5%	[6.40% - 12.61%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year	B	19.3%	[14.19% - 24.43%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		6.5%	[3.68% - 9.32%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.4%	[2.57% - 4.23%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		87.4%	[83.72% - 91.15%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		61.5%	[55.78% - 67.23%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		68.5%	[62.76% - 74.17%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	B	47.2%	[39.97% - 54.36%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		79.7%	[71.82% - 87.54%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		81.3%	[75.88% - 86.79%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		14.5%	[10.02% - 18.89%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		39.0%	[31.34% - 46.56%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		22.9%	[17.24% - 28.55%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		7.4%	[3.95% - 10.82%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		23.1%	[18.10% - 28.15%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		20.8%	[18.48% - 23.09%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		75.9%	[73.56% - 78.34%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening	B	98.9%	[97.80% - 100.09%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		61.9%	[52.02% - 71.73%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		83.4%	[78.23% - 88.65%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	B	16.7%	[11.77% - 21.56%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		12.7%	[10.98% - 14.43%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		49.4%	[46.72% - 52.06%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	12.0%	[10.34% - 13.74%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		15.9%	[14.06% - 17.68%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.10%	[0.05% - 0.15%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	B	35.7%	[31.95% - 39.40%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		12.5%	[10.19% - 14.76%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		65.1%	[62.48% - 67.77%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	27.0%	[24.49% - 29.43%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		19.5%	[17.48% - 21.53%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer	B	2.0%	[1.28% - 2.63%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	19.2%	[17.07% - 21.23%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes		31.7%	[29.01% - 34.30%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.2%	[1.12% - 3.25%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy	B	1.9%	[1.14% - 2.65%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		24.2%	[21.82% - 26.63%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		29.4%	[27.00% - 31.71%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		4.3%	[3.27% - 5.28%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.13%	[0.08% - 0.18%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension		75.8%	[73.43% - 78.21%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	22.7%	[20.57% - 24.92%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	35.8%	[33.13% - 38.46%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.9%	[1.96% - 3.78%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.0%	[7.38% - 10.59%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer	B	1.2%	[0.68% - 1.78%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.7%	[3.45% - 5.91%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		56.5%	[53.59% - 59.44%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		18.5%	[16.52% - 20.44%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	15.7%	[13.82% - 17.58%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	7.3%	[5.96% - 8.63%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.0%	[10.44% - 15.54%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	B	8.5%	[7.10% - 9.81%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.2%	[0.52% - 1.86%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions		60.7%	[58.06% - 63.41%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.5%	[5.93% - 9.00%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.8%	[1.16% - 2.50%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		6.9%	[5.45% - 8.43%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		8.6%	[5.50% - 11.79%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		10.6%	[8.84% - 12.41%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		5.7%	[3.08% - 8.26%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.6%	[2.92% - 8.30%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.0%	[68.68% - 83.39%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		4.8%	[2.57% - 6.97%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		28.8%	[26.37% - 31.15%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		25.0%	[22.53% - 27.52%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		4.9%	[3.56% - 6.15%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.2%	[0.49% - 1.86%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		3.6%	[2.51% - 4.62%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.4%	[1.49% - 3.35%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		12.9%	[9.30% - 16.59%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	13.4%	[11.61% - 15.22%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		2.9%	[0.61% - 5.26%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.8%	[0.36% - 1.29%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty	*	4.4%	[2.28% - 6.56%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	12.3%	[9.15% - 15.41%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	B	2.5%	[1.66% - 3.38%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty	*	3.1%	[1.34% - 4.76%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	9.0%	[5.84% - 12.07%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		22.6%	[13.74% - 31.36%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.5%	[-0.05% - 0.96%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		1.8%	[0.83% - 2.70%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	14.2%	[12.87% - 15.47%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	33.2%	[31.45% - 34.95%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		96.4%	[93.96% - 98.92%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		4.6%	[2.25% - 7.05%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.5	[8.05 - 8.93]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		598.4	[534.39 - 662.40]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	46.7	[45.11 - 48.34]	50.3	[50.15 - 50.39]
# home health visits annually		4.0	[3.12 - 4.88]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.6	[1.36 - 1.90]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		263.6	[227.50 - 299.64]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		16.6%	[12.85% - 20.41%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		86.3	[68.82 - 103.77]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	2.6%	[1.97% - 3.15%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users	*	2.0%	[1.44% - 2.52%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		42.9%	[30.99% - 54.79%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		11.0	[6.5 - 32.1]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,275	[\$2,416 - \$7,725]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	87.1%	[83.56% - 90.55%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	93.7%	[92.39% - 94.95%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		93.4%	[90.61% - 96.28%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone	*	22.3%	[17.77% - 26.77%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	88.5%	[86.21% - 90.72%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		46.5%	[40.38% - 52.61%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month	B	11.6%	[7.43% - 15.76%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		46.7%	[27.66% - 65.81%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		29.4%	[23.69% - 35.11%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year	*	0.7%	[-0.56% - 1.87%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.4%	[-1.03% - 1.81%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.2%	[-1.06% - 1.53%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		12.4%	[9.60% - 15.23%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	5.3%	[3.04% - 7.47%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		29.9%	[24.92% - 34.93%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		4.8%	[2.62% - 6.90%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		15.6%	[10.50% - 20.77%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		34.6%	[25.57% - 43.54%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		30.8%	[23.95% - 37.57%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		19.1%	[13.10% - 25.00%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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