Ansonia (New Haven)

TUFTS Health Plan FOUNDATION

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
POPULATION CHARACTERISTICS							
Population 65 years or older							
% 65-74 years		52.8%	[45.51%	- 60.08%]	55.7%	[55.33%	- 56.11%]
% 75-84 years		28.3%	[22.19%	- 34.33%]	29.1%	[28.75%	- 29.45%]
% 85 years or older		18.9%	[13.06%	- 24.82%]	15.2%	[14.93%	- 15.43%]
% 65+ population who are female		56.8%	[49.69%	- 63.95%]	56.8%	[56.36%	- 57.18%]
% 85+ population who are female		74.1%	[56.45%	- 91.73%]	66.6%	[65.94%	- 67.18%]
Race and ethnicity of the population 65+							
% White		85.8%	[83.00%	- 88.54%]	88.4%	[87.85%	- 88.93%]
% African American		11.5%	[5.13%	- 17.93%]	6.8%	[6.63%	- 6.88%]
% Asian	*	0.0%	[-1.83%	- 1.83%]	2.3%	[2.20%	- 2.35%]
% Hispanic/Latino		7.3%	[1.43%	- 13.19%]	5.8%	[5.66%	- 5.84%]
Marital status of the population 65+							
% married	*	43.4%	[36.53%	- 50.29%]	53.8%	[53.46%	- 54.12%]
% divorced/separated		18.3%	[11.11%	- 25.52%]	14.9%	[14.58%	- 15.29%]
% widowed		29.2%	[22.22%	- 36.28%]	24.2%	[23.77%	- 24.57%]
% never married		9.0%	[4.42%	- 13.63%]	7.1%	[6.85%	- 7.36%]
Education of the population 65+							
% with less than high school education		13.6%	[8.36%	- 18.85%]	14.7%	[14.30%	- 15.04%]
% with high school or some college	*	71.4%	[64.35%	- 78.53%]	53.3%	[52.80%	- 53.74%]
% with college degree	*	15.0%	[9.68%	- 20.23%]	32.1%	[31.72%	- 32.40%]
% with graduate or professional degree	*	5.6%	[2.74%	- 8.52%]	16.8%	[16.58%	- 17.09%]
% of 65+ population who speak only English at home		88.3%	[83.56%	- 93.12%]	84.3%	[83.76%	- 84.83%]
% of 65+ population who are veterans of military service		22.2%	[16.13%	- 28.20%]	17.5%	[17.21%	- 17.69%]
% of 60+ who are LGBT (County)		2.6%	[1.98%	- 3.23%]	2.5%	[2.17%	- 2.74%]
Age-sex adjusted 1-year mortality rate		4.6%	[3.74%	- 5.39%]	4.1%	[4.08%	- 4.18%]
WELLNESS							
% 60+ getting the recommended hours of sleep	W	57.1%	[50.70%	- 63.57%]	65.2%	[64.24%	- 66.16%]
% 60+ doing any physical activity within last month		71.8%	[66.68%	- 76.83%]	75.0%	[74.20%	- 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		27.4%	[21.02%	- 33.75%]	27.6%	[26.62%	- 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		53.8%	[46.44%	- 61.17%]	58.1%	[56.98%	- 59.11%]
% 60+ with fair or poor health status		19.6%	[15.16%	- 24.11%]	17.6%	[16.90%	- 18.31%]
% 60+ with 15+ physically unhealthy days in last month		10.3%	[6.96%	- 13.62%]	12.4%	[11.74%	- 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
FALLS					
% 60+ who fell within last year		24.0%	[18.20% - 29.79%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.1%	[4.23% - 12.05%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.4%	[2.40% - 4.38%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		89.5%	[86.21% - 92.76%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		57.1%	[51.47% - 62.81%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		59.1%	[53.22% - 64.91%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	W	26.1%	[20.01% - 32.24%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		77.2%	[70.03% - 84.41%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		74.5%	[68.73% - 80.21%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		13.6%	[9.45% - 17.70%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		31.5%	[24.31% - 38.76%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		18.5%	[12.69% - 24.27%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		8.4%	[4.78% - 11.97%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		29.4%	[24.18% - 34.54%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		24.0%	[21.39% - 26.53%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		76.5%	[74.06% - 78.91%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		98.0%	[96.26% - 99.82%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		56.8%	[46.80% - 66.75%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		77.0%	[71.44% - 82.46%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		26.0%	[20.04% - 31.89%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	12.2%	[10.36% - 14.02%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	53.7%	[50.91% - 56.53%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	12.1%	[10.25% - 13.92%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		14.8%	[12.86% - 16.74%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.06% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		40.2%	[36.11% - 44.32%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.7%	[9.27% - 14.12%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	56.0%	[53.24% - 58.85%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	W	34.8%	[31.98% - 37.58%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	W	24.9%	[22.46% - 27.29%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.8%	[2.29% - 3.37%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure		24.3%	[21.83% - 26.80%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	W	43.8%	[40.90% - 46.79%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.1%	[1.44% - 2.69%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
% 65+ with epilepsy		2.7%	[2.15% - 3.32%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		24.2%	[21.70% - 26.76%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	23.6%	[21.20% - 25.92%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		4.5%	[3.39% - 5.63%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.21%	[0.15% - 0.27%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	79.2%	[76.86% - 81.51%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	W	29.7%	[27.12% - 32.23%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease		41.1%	[38.26% - 44.04%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.5%	[1.94% - 3.05%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		11.3%	[9.45% - 13.19%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer	W	2.6%	[2.07% - 3.12%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache	B	3.5%	[2.40% - 4.56%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		53.8%	[50.79% - 56.74%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		19.5%	[17.33% - 21.71%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	W	26.8%	[24.21% - 29.34%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	W	11.3%	[9.50% - 13.08%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		10.6%	[8.09% - 13.12%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		11.7%	[9.89% - 13.41%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.0%	[0.62% - 1.29%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	66.5%	[63.82% - 69.20%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		8.5%	[6.85% - 10.08%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	W	3.6%	[2.95% - 4.32%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		7.7%	[6.12% - 9.33%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		7.5%	[4.27% - 10.78%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	W	13.4%	[11.39% - 15.50%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		8.5%	[5.40% - 11.64%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		6.5%	[3.87% - 9.19%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		79.4%	[76.01% - 82.83%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		6.6%	[4.04% - 9.11%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		29.4%	[26.80% - 31.92%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	B	22.6%	[20.05% - 25.05%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		4.6%	[3.83% - 5.34%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.2%	[0.81% - 1.68%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.1%	[3.41% - 4.79%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.6%	[1.98% - 3.14%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		16.8%	[10.07% - 23.46%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	13.2%	[11.26% - 15.08%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		6.0%	[1.91% - 10.08%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.59% - 1.25%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		11.6%	[5.80% - 17.32%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		23.6%	[16.86% - 30.38%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.7%	[2.61% - 4.77%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		14.1%	[7.62% - 20.64%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		21.3%	[13.85% - 28.70%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		25.3%	[21.16% - 29.39%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		1.2%	[-0.02% - 2.45%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		3.8%	[2.17% - 5.43%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	25.9%	[24.21% - 27.52%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	41.2%	[39.30% - 43.02%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		96.0%	[93.69% - 98.24%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		4.8%	[2.47% - 7.15%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.4	[7.96 - 8.84]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	897.7	[771.36 - 1,024.05]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		51.5	[49.71 - 53.34]	50.3	[50.15 - 50.39]
# home health visits annually	*	5.7	[4.57 - 6.83]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		2.2	[1.86 - 2.51]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	377.6	[322.99 - 432.31]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		22.0%	[16.62% - 27.29%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		130.9	[104.49 - 157.32]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	3.5%	[2.77% - 4.15%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.9%	[2.19% - 3.54%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		54.1%	[45.98% - 62.16%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		6.0	[4.1 - 10.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		$3,222	[$2,588 - $4,660]	$3,741	[$3,650 - $3,816]
COMMUNITY					
% 60+ who used Internet in last month		74.0%	[68.89% - 79.19%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	73.7%	[66.13% - 81.26%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		91.2%	[87.72% - 94.62%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		*N/A*		2.2%	[1.76% - 2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
HOUSING							
% 65+ population who live alone		36.6%	[28.04% -	45.09%]	28.4%	[27.99% -	28.89%]
% 60+ own home	*	67.2%	[63.82% -	70.58%]	76.9%	[76.70% -	77.17%]
% 60+ homeowners who have mortgage		44.4%	[34.59% -	54.23%]	47.1%	[46.58% -	47.64%]
% 60+ stressed about paying rent/mortgage in last month		20.0%	[14.45% -	25.63%]	17.4%	[16.52% -	18.19%]
% 65+ households (renter) spend >35% of income on housing		44.0%	[25.25% -	62.71%]	44.0%	[42.55% -	45.42%]
% 65+ households (owner) spend >35% of income on housing		29.4%	[18.29% -	40.43%]	29.5%	[28.89% -	30.15%]
% 65+ moved within same county in last year	*	0.9%	[-0.65% -	2.49%]	3.7%	[3.48% -	3.89%]
% 65+ moved from different county in last year		0.0%	[-1.29% -	1.29%]	0.8%	[0.71% -	0.90%]
% 65+ moved from different state in last year		0.5%	[-0.86% -	1.91%]	0.9%	[0.82% -	1.05%]
% of vacant homes in community		10.8%	[6.89% -	14.64%]	9.6%	[9.29% -	9.87%]
ECONOMIC							
% 60+ receiving food benefits in last year		16.7%	[9.67% -	23.82%]	10.9%	[10.53% -	11.21%]
% 65+ employed in last year		23.1%	[16.79% -	29.32%]	24.8%	[24.48% -	25.15%]
% 65+ with income below the poverty line in last year		10.3%	[4.24% -	16.38%]	7.0%	[6.79% -	7.30%]
% 65+ households with annual income < $20,000		24.5%	[11.96% -	37.02%]	17.1%	[16.57% -	17.55%]
% 65+ households with annual income $20,000-$49,999		36.9%	[27.03% -	46.71%]	31.0%	[30.35% -	31.62%]
% 65+ households with annual income $50,000-$99,999		23.0%	[15.60% -	30.31%]	27.6%	[27.04% -	28.17%]
% 65+ households with annual income $100,000+	*	15.7%	[8.93% -	22.45%]	24.4%	[23.82% -	24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).
2 All community and state margins of error are 95% confidence intervals.

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