

Deep River (Middlesex)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	66.0%	[58.64% - 73.29%]	55.7%	[55.33% - 56.11%]
% 75-84 years	*	20.1%	[13.12% - 27.11%]	29.1%	[28.75% - 29.45%]
% 85 years or older		13.9%	[5.83% - 22.01%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		50.9%	[41.54% - 60.22%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		77.3%	[48.76% - 105.86%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	98.2%	[90.37% - 106.12%]	88.4%	[87.85% - 88.93%]
% African American	*	1.8%	[-3.07% - 6.58%]	6.8%	[6.63% - 6.88%]
% Asian		0.0%	[-4.10% - 4.10%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	0.0%	[-4.10% - 4.10%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		56.3%	[49.93% - 62.58%]	53.8%	[53.46% - 54.12%]
% divorced/separated		12.0%	[4.24% - 19.85%]	14.9%	[14.58% - 15.29%]
% widowed		23.7%	[14.00% - 33.48%]	24.2%	[23.77% - 24.57%]
% never married		8.0%	[3.25% - 12.66%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	7.5%	[2.06% - 12.91%]	14.7%	[14.30% - 15.04%]
% with high school or some college		50.5%	[42.19% - 58.86%]	53.3%	[52.80% - 53.74%]
% with college degree	*	42.0%	[34.41% - 49.57%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		22.5%	[16.19% - 28.73%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		92.7%	[82.95% - 102.55%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		22.8%	[14.18% - 31.44%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		3.2%	[1.87% - 4.53%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.0%	[1.81% - 4.11%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		69.9%	[64.64% - 75.19%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	81.5%	[77.57% - 85.41%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		28.5%	[22.50% - 34.53%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity	B	69.7%	[63.75% - 75.68%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	12.1%	[8.98% - 15.25%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month	B	7.4%	[4.89% - 9.93%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		25.4%	[20.57% - 30.21%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		6.8%	[4.02% - 9.60%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.5%	[1.97% - 4.94%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		90.8%	[87.86% - 93.82%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		59.6%	[54.50% - 64.69%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine	B	77.7%	[73.39% - 82.09%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	B	41.7%	[35.56% - 47.93%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		83.0%	[77.54% - 88.49%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening	B	85.8%	[81.89% - 89.75%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		17.3%	[13.39% - 21.20%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals	B	54.3%	[47.63% - 60.91%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		21.3%	[15.84% - 26.85%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month	B	4.9%	[2.32% - 7.55%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		23.4%	[18.90% - 27.88%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		22.6%	[18.41% - 26.72%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		74.0%	[69.82% - 78.19%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		95.9%	[93.44% - 98.34%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		58.9%	[50.35% - 67.35%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam	B	87.5%	[83.79% - 91.26%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	B	16.0%	[11.99% - 20.03%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		11.9%	[8.99% - 14.82%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		46.2%	[41.66% - 50.82%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	10.6%	[7.80% - 13.47%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		17.8%	[14.39% - 21.17%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.10%	[0.05% - 0.15%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		37.5%	[30.74% - 44.34%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		10.0%	[6.52% - 13.46%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		69.3%	[64.85% - 73.70%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	24.8%	[20.60% - 29.03%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		20.6%	[16.96% - 24.23%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.2%	[1.62% - 2.68%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	14.9%	[11.62% - 18.14%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	24.2%	[20.03% - 28.47%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.8%	[1.10% - 2.46%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.6%	[1.91% - 3.25%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		25.5%	[21.28% - 29.82%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		28.9%	[24.79% - 32.99%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		3.6%	[2.00% - 5.16%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.13%	[0.08% - 0.18%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	68.4%	[63.96% - 72.82%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		22.5%	[18.69% - 26.23%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	33.5%	[28.92% - 38.12%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.9%	[2.24% - 3.57%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.4%	[6.52% - 12.25%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.2%	[1.61% - 2.69%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		7.4%	[4.54% - 10.17%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		54.4%	[49.37% - 59.48%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		17.8%	[14.43% - 21.08%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	15.8%	[12.44% - 19.26%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		7.6%	[5.12% - 10.09%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		12.1%	[7.80% - 16.45%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		9.5%	[6.99% - 12.05%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.1%	[0.66% - 1.55%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	55.9%	[51.29% - 60.57%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		10.0%	[6.98% - 13.07%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.5%	[1.82% - 3.17%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		9.6%	[6.50% - 12.61%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		12.7%	[9.36% - 16.06%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	W	13.7%	[10.22% - 17.20%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		6.5%	[3.80% - 9.15%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		6.3%	[3.87% - 8.82%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.0%	[68.68% - 83.39%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		5.4%	[3.23% - 7.58%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	W	34.8%	[30.45% - 39.14%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	W	31.0%	[26.42% - 35.66%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.9%	[3.00% - 4.70%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.3%	[0.77% - 1.78%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.4%	[3.55% - 5.23%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.9%	[2.17% - 3.58%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		14.5%	[7.48% - 21.53%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		15.7%	[12.28% - 19.20%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		6.0%	[1.11% - 10.82%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.8%	[0.44% - 1.13%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		6.8%	[1.31% - 12.26%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		18.8%	[9.44% - 28.22%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.2%	[1.59% - 4.72%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		4.8%	[-0.06% - 9.65%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		13.9%	[6.51% - 21.33%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		22.6%	[13.74% - 31.36%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.5%	[-0.21% - 1.13%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		1.6%	[-0.23% - 3.53%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	17.4%	[14.95% - 19.80%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	33.0%	[30.04% - 36.06%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor	B	98.0%	[96.60% - 99.32%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		2.7%	[0.96% - 4.53%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.4	[7.71 - 9.18]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		650.9	[539.95 - 761.93]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	47.0	[43.98 - 50.09]	50.3	[50.15 - 50.39]
# home health visits annually		3.4	[2.13 - 4.61]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.3	[0.94 - 1.71]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		223.8	[170.40 - 277.26]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		16.8%	[7.48% - 26.13%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		87.1	[52.27 - 121.96]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	3.2%	[2.07% - 4.32%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.9%	[1.78% - 4.04%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		59.4%	[37.26% - 81.55%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		11.5	[6.0 - 24.7]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,430	[\$1,972 - \$6,032]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	84.2%	[80.39% - 87.97%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	95.5%	[88.85% - 102.05%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		93.5%	[90.78% - 96.21%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		26.5%	[18.73% - 34.37%]	28.4%	[27.99% - 28.89%]
% 60+ own home		84.0%	[76.43% - 91.51%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		38.4%	[25.27% - 51.48%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		12.6%	[8.48% - 16.76%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		52.7%	[24.58% - 80.79%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	17.0%	[7.03% - 27.00%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year	*	0.0%	[-2.90% - 2.90%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		2.0%	[-0.97% - 4.95%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.0%	[-2.90% - 2.90%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		10.8%	[4.93% - 16.66%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	4.0%	[0.94% - 6.99%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		31.0%	[23.98% - 38.01%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		2.8%	[-1.28% - 6.89%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		12.7%	[3.31% - 22.07%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		25.8%	[13.55% - 37.97%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		34.3%	[22.37% - 46.19%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		27.3%	[15.34% - 39.21%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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