Derby (New Haven)

TUFTS
Health Plan
F O U N D A T I O N

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
POPULATION CHARACTERISTICS							
Population 65 years or older							
% 65-74 years		53.3%	[44.54%	- 61.98%]	55.7%	[55.33%	- 56.11%]
% 75-84 years		31.2%	[22.29%	- 40.13%]	29.1%	[28.75%	- 29.45%]
% 85 years or older		15.5%	[9.65%	- 21.41%]	15.2%	[14.93%	- 15.43%]
% 65+ population who are female		59.9%	[51.92%	- 67.94%]	56.8%	[56.36%	- 57.18%]
% 85+ population who are female		76.3%	[57.49%	- 95.07%]	66.6%	[65.94%	- 67.18%]
Race and ethnicity of the population 65+							
% White		91.2%	[85.59%	- 96.79%]	88.4%	[87.85%	- 88.93%]
% African American		3.2%	[-1.32%	- 7.79%]	6.8%	[6.63%	- 6.88%]
% Asian		3.2%	[-1.35%	- 7.72%]	2.3%	[2.20%	- 2.35%]
% Hispanic/Latino		8.1%	[1.93%	- 14.30%]	5.8%	[5.66%	- 5.84%]
Marital status of the population 65+							
% married	*	35.6%	[27.60%	- 43.68%]	53.8%	[53.46%	- 54.12%]
% divorced/separated		15.6%	[7.70%	- 23.46%]	14.9%	[14.58%	- 15.29%]
% widowed	*	35.6%	[26.09%	- 45.09%]	24.2%	[23.77%	- 24.57%]
% never married		13.2%	[6.61%	- 19.77%]	7.1%	[6.85%	- 7.36%]
Education of the population 65+							
% with less than high school education	*	28.3%	[18.50%	- 38.04%]	14.7%	[14.30%	- 15.04%]
% with high school or some college		55.8%	[45.64%	- 66.06%]	53.3%	[52.80%	- 53.74%]
% with college degree	*	15.9%	[9.67%	- 22.09%]	32.1%	[31.72%	- 32.40%]
% with graduate or professional degree	*	10.0%	[4.79%	- 15.12%]	16.8%	[16.58%	- 17.09%]
% of 65+ population who speak only English at home		85.6%	[80.43%	- 90.70%]	84.3%	[83.76%	- 84.83%]
% of 65+ population who are veterans of military service		18.0%	[10.65%	- 25.29%]	17.5%	[17.21%	- 17.69%]
% of 60+ who are LGBT (County)		2.6%	[1.98%	- 3.23%]	2.5%	[2.17%	- 2.74%]
Age-sex adjusted 1-year mortality rate		5.1%	[4.04%	- 6.08%]	4.1%	[4.08%	- 4.18%]
WELLNESS							
% 60+ getting the recommended hours of sleep	W	57.1%	[50.70%	- 63.57%]	65.2%	[64.24%	- 66.16%]
% 60+ doing any physical activity within last month		71.8%	[66.68%	- 76.83%]	75.0%	[74.20%	- 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		27.4%	[21.02%	- 33.75%]	27.6%	[26.62%	- 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		53.8%	[46.44%	- 61.17%]	58.1%	[56.98%	- 59.11%]
% 60+ with fair or poor health status		19.6%	[15.16%	- 24.11%]	17.6%	[16.90%	- 18.31%]
% 60+ with 15+ physically unhealthy days in last month		10.3%	[6.96%	- 13.62%]	12.4%	[11.74%	- 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
FALLS							
% 60+ who fell within last year		24.0%	[18.20%	- 29.79%]	26.3%	[25.38% -	27.18%]
% 60+ who were injured in a fall within last year		8.1%	[4.23%	- 12.05%]	9.8%	[9.22% -	10.46%]
% 65+ had hip fracture		4.0%	[2.82%	- 5.28%]	3.7%	[3.63% -	3.75%]
PREVENTION							
% 60+ with physical exam/check-up in last year		89.5%	[86.21%	- 92.76%]	88.5%	[87.93% -	89.09%]
% 60+ flu shot in last year		57.1%	[51.47%	- 62.81%]	57.5%	[56.60% -	58.43%]
% 60+ with pneumonia vaccine		59.1%	[53.22%	- 64.91%]	63.9%	[62.97% -	64.79%]
% 60+ with shingles vaccine	W	26.1%	[20.01%	- 32.24%]	33.5%	[32.43% -	34.52%]
% 60+ women with a mammogram within last 2 years		77.2%	[70.03%	- 84.41%]	79.7%	[78.56% -	80.79%]
% 60+ with colorectal cancer screening		74.5%	[68.73%	- 80.21%]	78.2%	[77.29% -	79.05%]
% 60+ with HIV test		13.6%	[9.45%	- 17.70%]	16.1%	[15.40% -	16.83%]
% 60+ met CDC preventive health screening goals		31.5%	[24.31%	- 38.76%]	39.6%	[38.38% -	40.80%]
NUTRITION & DIET							
% 60+ with 5 or more servings of fruit or vegetables per day		18.5%	[12.69%	- 24.27%]	19.9%	[19.00% -	20.72%]
% 60+ stressed about buying food in last month		8.4%	[4.78%	- 11.97%]	8.6%	[7.95% -	9.17%]
% 60+ self-reported obese		29.4%	[24.18%	- 34.54%]	26.1%	[25.27% -	26.93%]
% 65+ clinically diagnosed obesity		23.6%	[20.71%	- 26.52%]	22.5%	[22.35% -	22.66%]
% 65+ with high cholesterol		79.3%	[76.67%	- 81.99%]	77.0%	[76.85% -	77.15%]
% 60+ with cholesterol screening		98.0%	[96.26%	- 99.82%]	97.1%	[96.74% -	97.42%]
ORAL HEALTH							
% 60+ with dental insurance		56.8%	[46.80%	- 66.75%]	59.2%	[57.60% -	60.76%]
% 60+ with annual dental exam		77.0%	[71.44%	- 82.46%]	80.0%	[79.13% -	80.76%]
% 60+ with loss of 6 or more teeth		26.0%	[20.04%	- 31.89%]	23.8%	[22.96% -	24.69%]
CHRONIC DISEASE							
% 65+ with Alzheimer's disease or related dementias		14.0%	[11.81%	- 16.23%]	14.4%	[14.26% -	14.49%]
% 65+ with anemia		53.2%	[50.03%	- 56.45%]	50.6%	[50.41% -	50.76%]
% 65+ with asthma	B	11.6%	[9.58%	- 13.62%]	14.1%	[13.96% -	14.19%]
% 65+ with atrial fibrillation		16.5%	[14.20%	- 18.84%]	16.1%	[15.94% -	16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.06%	0.13%]	0.12%	[0.11% -	0.14%]
% 65+ with benign prostatic hyperplasia (men)		40.5%	[35.69%	- 45.21%]	42.8%	[42.49% -	43.01%]
% 65+ with breast cancer (women)		10.7%	[8.05%	- 13.31%]	11.4%	[11.25% -	11.53%]
% 65+ with cataract		61.8%	[58.67%	- 64.97%]	64.8%	[64.67% -	65.00%]
% 65+ with chronic kidney disease		32.7%	[29.52%	- 35.81%]	29.9%	[29.70% -	30.03%]
% 65+ with chronic obstructive pulmonary disease	W	24.0%	[21.28%	- 26.69%]	21.0%	[20.90% -	21.17%]
% 65+ with colon cancer		2.8%	[2.29%	- 3.37%]	2.7%	[2.65% -	2.75%]
% 65+ with congestive heart failure		22.5%	[19.76%	- 25.28%]	22.6%	[22.43% -	22.72%]
% 65+ with diabetes	W	41.4%	[38.08%	- 44.75%]	33.8%	[33.59% -	33.93%]
% 65+ with endometrial cancer (women)		2.1%	[1.44%	- 2.69%]	2.0%	[1.97% -	2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
% 65+ with epilepsy		2.7%	[2.15%	- 3.32%]	2.9%	[2.82% -	2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	21.8%	[19.02%	- 24.64%]	26.6%	[26.42% -	26.73%]
% 65+ with glaucoma	B	23.6%	[20.88%	- 26.24%]	28.3%	[28.11% -	28.41%]
% 65+ ever had a heart attack		5.1%	[3.78%	- 6.47%]	4.5%	[4.40% -	4.53%]
% 65+ with HIV/AIDS		0.21%	[0.15%	- 0.27%]	0.21%	[0.19% -	0.23%]
% 65+ with hypertension	W	79.9%	[77.26%	- 82.56%]	76.2%	[76.07% -	76.37%]
% 65+ with hypothyroidism	W	28.8%	[25.91%	- 31.69%]	25.1%	[24.99% -	25.28%]
% 65+ with ischemic heart disease	W	46.4%	[43.00%	- 49.73%]	40.7%	[40.55% -	40.90%]
% 65+ with leukemias and lymphomas		2.5%	[1.94%	- 3.05%]	2.7%	[2.60% -	2.71%]
% 65+ with liver disease	W	13.1%	[10.76%	- 15.35%]	9.5%	[9.37% -	9.59%]
% 65+ with lung cancer	W	2.6%	[2.07%	- 3.12%]	1.9%	[1.81% -	1.90%]
% 65+ with migraine and other chronic headache		4.2%	[2.87%	- 5.58%]	5.2%	[5.13% -	5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		55.1%	[51.67%	- 58.46%]	54.2%	[53.97% -	54.34%]
% 65+ with osteoporosis		21.6%	[18.98%	- 24.16%]	20.2%	[20.11% -	20.37%]
% 65+ with peripheral vascular disease	W	28.2%	[25.23%	- 31.18%]	19.9%	[19.72% -	19.99%]
% 65+ with pressure ulcer or chronic ulcer	W	12.7%	[10.53%	- 14.88%]	9.2%	[9.11% -	9.31%]
% 65+ with prostate cancer (men)		11.4%	[8.36%	- 14.35%]	13.1%	[12.93% -	13.28%]
% 65+ with stroke		11.9%	[9.84%	- 13.89%]	11.9%	[11.80% -	12.01%]
% 65+ with traumatic brain injury		1.0%	[0.62%	- 1.29%]	1.3%	[1.25% -	1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	67.0%	[63.95%	- 70.09%]	61.8%	[61.61% -	61.95%]
% 65+ with 0 chronic conditions		7.8%	[6.04%	- 9.66%]	7.2%	[7.10% -	7.29%]
BEHAVIORAL HEALTH							
% 65+ with opioid use disorder	W	3.6%	[2.95%	- 4.32%]	2.2%	[2.10% -	2.21%]
% 65+ with substance use disorder		7.0%	[5.17%	- 8.76%]	6.8%	[6.66% -	6.85%]
% 60+ who used marijuana in last month		*N/A*			2.9%	[2.30% -	3.53%]
% 60+ excessive drinking		7.5%	[4.27%	- 10.78%]	9.2%	[8.64% -	9.71%]
% 65+ with tobacco use disorder	W	12.7%	[10.36%	- 15.02%]	10.1%	[9.94% -	10.17%]
% 60+ current smokers		8.5%	[5.40%	- 11.64%]	7.7%	[7.20% -	8.17%]
% 60+ ever used E-Cigarettes in last month		6.5%	[3.87%	- 9.19%]	6.4%	[5.89% -	6.80%]
MENTAL HEALTH							
% 60+ who reported receiving adequate emotional support		79.4%	[76.01%	- 82.83%]	78.3%	[76.70% -	79.88%]
% 60+ with 15+ days poor mental health in last month		6.6%	[4.04%	- 9.11%]	6.9%	[6.41% -	7.37%]
% 65+ with depression		31.9%	[28.90%	- 34.88%]	30.3%	[30.10% -	30.41%]
% 65+ with anxiety disorder		26.7%	[23.68%	- 29.68%]	25.5%	[25.35% -	25.66%]
% 65+ with bipolar disorder		4.6%	[3.83%	- 5.34%]	3.9%	[3.78% -	3.92%]
% 65+ with post-traumatic stress disorder		1.2%	[0.81%	- 1.68%]	1.3%	[1.20% -	1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.1%	[3.41%	- 4.79%]	4.6%	[4.53% -	4.68%]
% 65+ with personality disorder		2.6%	[1.98%	- 3.14%]	2.6%	[2.49% -	2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
LIVING WITH DISABILITY							
% 65+ with self-reported hearing difficulty		14.0%	[7.59%	- 20.46%]	12.4%	[12.08% -	12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.2%	[13.84%	- 18.63%]	15.7%	[15.60% -	15.85%]
% 65+ with self-reported vision difficulty		2.3%	[-1.23%	- 5.76%]	4.8%	[4.55% -	5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.59%	- 1.25%]	1.1%	[1.05% -	1.12%]
% 65+ with self-reported cognition difficulty		9.3%	[3.38%	- 15.17%]	7.6%	[7.34% -	7.87%]
% 65+ with self-reported ambulatory difficulty	*	10.7%	[4.38%	- 16.93%]	19.1%	[18.71% -	19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.8%	[2.48%	- 5.11%]	4.0%	[3.95% -	4.09%]
% 65+ with self-reported self-care difficulty		5.2%	[0.37%	- 10.01%]	7.5%	[7.25% -	7.77%]
% 65+ with self-reported independent living difficulty		12.9%	[6.31%	- 19.53%]	13.6%	[13.23% -	13.93%]
CAREGIVING							
% of 60+ who provide care to a family/friend in last month		25.3%	[21.16%	- 29.39%]	21.7%	[19.87% -	23.57%]
% of grandparents raising grandchildren		2.1%	[0.39%	- 3.90%]	0.8%	[0.73% -	0.86%]
% of grandparents who live with grandchildren		6.2%	[2.65%	- 9.76%]	2.7%	[2.62% -	2.83%]
ACCESS TO CARE							
% 65+ dually eligible for Medicare and Medicaid	*	30.5%	[28.53%	- 32.49%]	22.1%	[21.96% -	22.17%]
% 65+ Medicare managed care enrollees	*	42.1%	[39.94%	- 44.18%]	29.9%	[29.76% -	29.99%]
% 60+ with a regular doctor		96.0%	[93.69%	- 98.24%]	96.0%	[95.68% -	96.39%]
% 60+ who did not see a doctor when needed due to cost		4.8%	[2.47%	- 7.15%]	4.5%	[4.14% -	4.92%]
SERVICE UTILIZATION							
# physician visits per year		8.5	[8.01	- 9.04]	8.6	[8.60 -	8.66]
# emergency room visits/1000 persons 65+ years annually	*	772.4	[672.44	- 872.27]	636.7	[631.77 -	641.56]
# Part D monthly prescription fills per person annually	*	52.9	[50.72	- 55.02]	50.3	[50.15 -	50.39]
# home health visits annually		5.1	[3.95	- 6.19]	4.1	[4.02 -	4.14]
# durable medical equipment claims annually		1.8	[1.41	- 2.12]	1.9	[1.88 -	1.91]
# inpatient hospital stays/1000 persons 65+ years annually		326.4	[272.70	- 380.15]	273.3	[270.72 -	275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		14.6%	[8.52%	- 20.72%]	17.2%	[16.89% -	17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		126.7	[88.79	- 164.71]	104.7	[103.23 -	106.08]
% 65+ getting Medicaid long term services and supports		6.4%	[5.35%	- 7.45%]	5.5%	[5.48% -	5.60%]
% 65+ hospice users		3.6%	[2.71%	- 4.39%]	2.8%	[2.70% -	2.79%]
% 65+ hospice users as % of decedents		54.5%	[45.09%	- 63.82%]	45.5%	[44.85% -	46.14%]
Median hospice days per hospice user (65+, deceased)		10.0	[7.4	- 17.2]	10.0	[10.00 -	10.00]
Median hospice payment (Medicare + other) per hospice user	*	$5,001	[$4,167	- $6,197]	$3,741	[$3,650 -	$3,816]
COMMUNITY							
% 60+ who used Internet in last month		74.0%	[68.89%	- 79.19%]	75.1%	[74.32% -	75.89%]
TRANSPORTATION							
% 65+ who own a motor vehicle		87.4%	[76.91%	- 97.94%]	87.3%	[87.15% -	87.49%]
% 60+ who always drive or ride wearing a seatbelt		91.2%	[87.72%	- 94.62%]	93.0%	[92.53% -	93.49%]
% 60+ who drove under the influence of drinking in last month		*N/A*			2.2%	[1.76% -	2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
HOUSING							
% 65+ population who live alone		31.0%	[22.78%	- 39.20%]	28.4%	[27.99%	- 28.89%]
% 60+ own home	*	68.9%	[63.63%	- 74.14%]	76.9%	[76.70%	- 77.17%]
% 60+ homeowners who have mortgage		56.1%	[46.38%	- 65.82%]	47.1%	[46.58%	- 47.64%]
% 60+ stressed about paying rent/mortgage in last month		20.0%	[14.45%	- 25.63%]	17.4%	[16.52%	- 18.19%]
% 65+ households (renter) spend >35% of income on housing		55.9%	[36.87%	- 74.85%]	44.0%	[42.55%	- 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	46.3%	[30.53%	- 62.15%]	29.5%	[28.89%	- 30.15%]
% 65+ moved within same county in last year		3.8%	[-0.42%	- 8.08%]	3.7%	[3.48%	- 3.89%]
% 65+ moved from different county in last year		4.0%	[-0.65%	- 8.62%]	0.8%	[0.71%	- 0.90%]
% 65+ moved from different state in last year		0.0%	[-1.95%	- 1.95%]	0.9%	[0.82%	- 1.05%]
% of vacant homes in community		10.9%	[6.32%	- 15.57%]	9.6%	[9.29%	- 9.87%]
ECONOMIC							
% 60+ receiving food benefits in last year		16.2%	[8.40%	- 24.08%]	10.9%	[10.53%	- 11.21%]
% 65+ employed in last year	*	15.8%	[9.54%	- 22.11%]	24.8%	[24.48%	- 25.15%]
% 65+ with income below the poverty line in last year		14.6%	[7.11%	- 22.06%]	7.0%	[6.79%	- 7.30%]
% 65+ households with annual income < $20,000		24.9%	[13.30%	- 36.49%]	17.1%	[16.57%	- 17.55%]
% 65+ households with annual income $20,000-$49,999		35.0%	[22.99%	- 46.92%]	31.0%	[30.35%	- 31.62%]
% 65+ households with annual income $50,000-$99,999		27.4%	[17.92%	- 36.90%]	27.6%	[27.04%	- 28.17%]
% 65+ households with annual income $100,000+	*	12.7%	[5.17%	- 20.31%]	24.4%	[23.82%	- 24.89%]

*Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).*
2 All community and state margins of error are 95% confidence intervals.

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