

East Hartford (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		53.7%	[49.16% - 58.14%]	55.7%	[55.33% - 56.11%]
% 75-84 years		31.6%	[28.21% - 35.07%]	29.1%	[28.75% - 29.45%]
% 85 years or older		14.7%	[12.59% - 16.83%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		59.8%	[55.79% - 63.73%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		62.6%	[54.80% - 70.37%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	81.2%	[79.04% - 83.27%]	88.4%	[87.85% - 88.93%]
% African American	*	11.5%	[8.75% - 14.33%]	6.8%	[6.63% - 6.88%]
% Asian		2.4%	[0.73% - 4.05%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	16.6%	[13.02% - 20.16%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	44.4%	[40.67% - 48.05%]	53.8%	[53.46% - 54.12%]
% divorced/separated	*	20.0%	[16.23% - 23.72%]	14.9%	[14.58% - 15.29%]
% widowed		24.3%	[20.99% - 27.62%]	24.2%	[23.77% - 24.57%]
% never married	*	11.4%	[8.42% - 14.30%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	26.4%	[22.44% - 30.29%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	60.4%	[57.17% - 63.59%]	53.3%	[52.80% - 53.74%]
% with college degree	*	13.3%	[10.83% - 15.68%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	5.2%	[3.57% - 6.93%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	71.7%	[70.23% - 73.17%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		17.4%	[15.11% - 19.60%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.4%	[1.80% - 2.95%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.6%	[4.08% - 5.07%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		65.5%	[60.28% - 70.79%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		71.8%	[67.50% - 76.20%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		30.2%	[25.05% - 35.25%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		57.7%	[52.36% - 63.03%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		20.2%	[16.32% - 24.18%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		14.3%	[10.87% - 17.69%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		26.9%	[21.96% - 31.90%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		10.9%	[7.52% - 14.19%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.4%	[2.90% - 3.99%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		91.2%	[88.56% - 93.80%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		58.1%	[53.12% - 63.10%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		69.0%	[64.15% - 73.82%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		35.9%	[29.88% - 41.83%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		76.6%	[70.48% - 82.71%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		75.2%	[70.24% - 80.26%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		13.2%	[9.81% - 16.63%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		39.9%	[33.45% - 46.29%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		21.2%	[16.85% - 25.49%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		8.6%	[5.55% - 11.74%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese	W	32.3%	[27.51% - 37.13%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	W	24.4%	[22.87% - 25.93%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		76.6%	[75.19% - 78.11%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		96.9%	[95.13% - 98.76%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		61.2%	[52.96% - 69.44%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		76.1%	[71.22% - 80.97%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	W	31.5%	[26.26% - 36.80%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		15.3%	[14.11% - 16.49%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		49.1%	[47.48% - 50.80%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	W	16.1%	[14.90% - 17.31%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		16.3%	[15.17% - 17.50%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.27%	[0.22% - 0.32%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	B	36.3%	[33.87% - 38.73%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		10.7%	[9.39% - 12.01%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		63.9%	[62.25% - 65.55%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	W	37.3%	[35.61% - 38.98%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	W	23.5%	[22.11% - 24.87%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer	W	3.4%	[2.79% - 3.91%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	26.2%	[24.69% - 27.65%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	W	41.1%	[39.38% - 42.85%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.8%	[1.19% - 2.32%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.6%	[2.05% - 3.15%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	22.8%	[21.30% - 24.24%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	25.7%	[24.28% - 27.11%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		5.0%	[4.29% - 5.65%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.25%	[0.20% - 0.30%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	80.4%	[79.06% - 81.83%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	22.4%	[21.05% - 23.74%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	43.9%	[42.12% - 45.59%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas	B	2.1%	[1.61% - 2.59%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		10.6%	[9.56% - 11.72%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.1%	[1.68% - 2.60%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.9%	[4.19% - 5.69%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	B	51.3%	[49.54% - 53.09%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	B	17.7%	[16.52% - 18.91%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	W	23.2%	[21.82% - 24.67%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		8.5%	[7.56% - 9.40%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)	B	10.8%	[9.29% - 12.35%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		11.4%	[10.42% - 12.41%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.1%	[0.73% - 1.41%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	65.3%	[63.68% - 66.94%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.3%	[6.33% - 8.19%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.9%	[1.34% - 2.37%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		7.4%	[6.48% - 8.40%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		6.7%	[4.18% - 9.16%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	W	14.0%	[12.69% - 15.22%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		10.1%	[7.23% - 13.05%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		4.6%	[2.62% - 6.59%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.6%	[73.29% - 79.88%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		8.0%	[5.12% - 10.80%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	W	32.1%	[30.57% - 33.65%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		25.7%	[24.17% - 27.22%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.2%	[2.52% - 3.83%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.5%	[1.04% - 1.95%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		5.4%	[4.65% - 6.21%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.1%	[1.64% - 2.66%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		11.1%	[8.80% - 13.44%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	14.1%	[12.97% - 15.25%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		6.4%	[4.28% - 8.54%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment	W	1.6%	[1.15% - 2.03%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		9.0%	[6.77% - 11.13%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	24.0%	[20.31% - 27.76%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	W	5.1%	[4.38% - 5.90%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty	*	11.0%	[8.24% - 13.77%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	17.7%	[14.76% - 20.67%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		21.0%	[17.20% - 24.71%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.9%	[0.54% - 1.32%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		2.6%	[1.81% - 3.39%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	32.9%	[31.88% - 34.00%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	39.7%	[38.57% - 40.77%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		94.7%	[92.10% - 97.29%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		4.4%	[2.43% - 6.38%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	7.9	[7.63 - 8.14]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		653.3	[607.62 - 698.96]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	56.1	[54.95 - 57.24]	50.3	[50.15 - 50.39]
# home health visits annually		4.3	[3.78 - 4.89]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	2.3	[2.12 - 2.53]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	315.7	[288.22 - 343.14]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		18.8%	[16.31% - 21.37%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		112.5	[98.18 - 126.90]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	8.0%	[7.40% - 8.62%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		3.0%	[2.59% - 3.39%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		45.5%	[40.78% - 50.24%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		9.0	[7.0 - 12.5]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,081	[\$2,462 - \$3,918]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	67.8%	[63.30% - 72.21%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	82.7%	[82.01% - 83.32%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		94.3%	[92.05% - 96.60%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		29.1%	[25.43% - 32.67%]	28.4%	[27.99% - 28.89%]
% 60+ own home		75.2%	[72.77% - 77.62%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		44.4%	[39.36% - 49.40%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		14.5%	[10.59% - 18.38%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		46.9%	[34.98% - 58.73%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		29.2%	[24.32% - 34.00%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		3.7%	[2.10% - 5.24%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.6%	[-0.02% - 1.23%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		1.1%	[-0.33% - 2.44%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		10.5%	[8.54% - 12.49%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	18.6%	[14.94% - 22.35%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		21.5%	[17.96% - 25.06%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	14.5%	[11.15% - 17.82%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	24.1%	[18.39% - 29.81%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		33.5%	[28.69% - 38.26%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		29.0%	[24.89% - 33.06%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	13.5%	[10.22% - 16.69%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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