

East Haven (New Haven)



| HEALTHY AGING INDICATORS | HIGHER / LOWER STATE RATE ¹ | COMMUNITY ESTIMATE | MARGIN OF ERROR ² | STATE ESTIMATE | MARGIN OF ERROR ² |
|--|---|-----------------------|---------------------------------|-------------------|---------------------------------|
| POPULATION CHARACTERISTICS | | | | | |
| Population 65 years or older | | | | | |
| % 65-74 years | | 52.4% | [47.17% - 57.54%] | 55.7% | [55.33% - 56.11%] |
| % 75-84 years | | 28.6% | [24.43% - 32.82%] | 29.1% | [28.75% - 29.45%] |
| % 85 years or older | * | 19.0% | [15.53% - 22.52%] | 15.2% | [14.93% - 15.43%] |
| % 65+ population who are female | | 57.4% | [52.85% - 61.94%] | 56.8% | [56.36% - 57.18%] |
| % 85+ population who are female | | 72.4% | [63.23% - 81.65%] | 66.6% | [65.94% - 67.18%] |
| Race and ethnicity of the population 65+ | | | | | |
| % White | * | 96.7% | [93.86% - 99.44%] | 88.4% | [87.85% - 88.93%] |
| % African American | * | 1.5% | [0.27% - 2.67%] | 6.8% | [6.63% - 6.88%] |
| % Asian | * | 0.7% | [-0.55% - 1.88%] | 2.3% | [2.20% - 2.35%] |
| % Hispanic/Latino | * | 0.9% | [0.00% - 1.80%] | 5.8% | [5.66% - 5.84%] |
| Marital status of the population 65+ | | | | | |
| % married | * | 47.7% | [44.23% - 51.13%] | 53.8% | [53.46% - 54.12%] |
| % divorced/separated | | 15.3% | [11.56% - 18.94%] | 14.9% | [14.58% - 15.29%] |
| % widowed | * | 30.7% | [26.11% - 35.37%] | 24.2% | [23.77% - 24.57%] |
| % never married | | 6.3% | [4.08% - 8.58%] | 7.1% | [6.85% - 7.36%] |
| Education of the population 65+ | | | | | |
| % with less than high school education | | 16.0% | [11.71% - 20.33%] | 14.7% | [14.30% - 15.04%] |
| % with high school or some college | * | 65.2% | [61.76% - 68.55%] | 53.3% | [52.80% - 53.74%] |
| % with college degree | * | 18.8% | [14.71% - 22.92%] | 32.1% | [31.72% - 32.40%] |
| % with graduate or professional degree | * | 10.4% | [7.33% - 13.53%] | 16.8% | [16.58% - 17.09%] |
| % of 65+ population who speak only English at home | | 87.4% | [84.76% - 90.00%] | 84.3% | [83.76% - 84.83%] |
| % of 65+ population who are veterans of military service | | 18.9% | [15.30% - 22.41%] | 17.5% | [17.21% - 17.69%] |
| % of 60+ who are LGBT (County) | | 2.6% | [1.98% - 3.23%] | 2.5% | [2.17% - 2.74%] |
| Age-sex adjusted 1-year mortality rate | W | 4.8% | [4.25% - 5.40%] | 4.1% | [4.08% - 4.18%] |
| WELLNESS | | | | | |
| % 60+ getting the recommended hours of sleep | | 64.1% | [58.87% - 69.26%] | 65.2% | [64.24% - 66.16%] |
| % 60+ doing any physical activity within last month | | 71.6% | [66.96% - 76.25%] | 75.0% | [74.20% - 75.79%] |
| % 60+ met CDC guidelines for muscle-strengthening activity | | 28.6% | [23.05% - 34.13%] | 27.6% | [26.62% - 28.52%] |
| % 60+ met CDC guidelines for aerobic physical activity | | 52.6% | [46.64% - 58.58%] | 58.1% | [56.98% - 59.11%] |
| % 60+ with fair or poor health status | | 20.7% | [16.40% - 24.92%] | 17.6% | [16.90% - 18.31%] |
| % 60+ with 15+ physically unhealthy days in last month | | 12.4% | [9.09% - 15.81%] | 12.4% | [11.74% - 12.96%] |

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| FALLS | | | | | |
| % 60+ who fell within last year | | 25.2% | [20.33% - 30.02%] | 26.3% | [25.38% - 27.18%] |
| % 60+ who were injured in a fall within last year | | 11.5% | [7.80% - 15.17%] | 9.8% | [9.22% - 10.46%] |
| % 65+ had hip fracture | W | 4.7% | [3.96% - 5.43%] | 3.7% | [3.63% - 3.75%] |
| PREVENTION | | | | | |
| % 60+ with physical exam/check-up in last year | | 90.6% | [87.88% - 93.34%] | 88.5% | [87.93% - 89.09%] |
| % 60+ flu shot in last year | | 56.6% | [51.52% - 61.61%] | 57.5% | [56.60% - 58.43%] |
| % 60+ with pneumonia vaccine | | 67.8% | [63.12% - 72.54%] | 63.9% | [62.97% - 64.79%] |
| % 60+ with shingles vaccine | B | 40.6% | [34.66% - 46.49%] | 33.5% | [32.43% - 34.52%] |
| % 60+ women with a mammogram within last 2 years | | 78.4% | [72.24% - 84.47%] | 79.7% | [78.56% - 80.79%] |
| % 60+ with colorectal cancer screening | | 79.3% | [74.43% - 84.16%] | 78.2% | [77.29% - 79.05%] |
| % 60+ with HIV test | | 18.1% | [14.02% - 22.20%] | 16.1% | [15.40% - 16.83%] |
| % 60+ met CDC preventive health screening goals | | 45.3% | [38.65% - 51.87%] | 39.6% | [38.38% - 40.80%] |
| NUTRITION & DIET | | | | | |
| % 60+ with 5 or more servings of fruit or vegetables per day | | 20.8% | [15.63% - 25.90%] | 19.9% | [19.00% - 20.72%] |
| % 60+ stressed about buying food in last month | | 7.7% | [4.76% - 10.60%] | 8.6% | [7.95% - 9.17%] |
| % 60+ self-reported obese | | 28.5% | [23.81% - 33.22%] | 26.1% | [25.27% - 26.93%] |
| % 65+ clinically diagnosed obesity | W | 26.9% | [25.11% - 28.73%] | 22.5% | [22.35% - 22.66%] |
| % 65+ with high cholesterol | W | 80.3% | [78.72% - 81.88%] | 77.0% | [76.85% - 77.15%] |
| % 60+ with cholesterol screening | | 96.2% | [94.18% - 98.17%] | 97.1% | [96.74% - 97.42%] |
| ORAL HEALTH | | | | | |
| % 60+ with dental insurance | | 59.7% | [50.84% - 68.55%] | 59.2% | [57.60% - 60.76%] |
| % 60+ with annual dental exam | | 83.5% | [79.42% - 87.55%] | 80.0% | [79.13% - 80.76%] |
| % 60+ with loss of 6 or more teeth | | 24.7% | [19.98% - 29.37%] | 23.8% | [22.96% - 24.69%] |
| CHRONIC DISEASE | | | | | |
| % 65+ with Alzheimer's disease or related dementias | W | 16.8% | [15.36% - 18.14%] | 14.4% | [14.26% - 14.49%] |
| % 65+ with anemia | W | 55.1% | [53.21% - 57.03%] | 50.6% | [50.41% - 50.76%] |
| % 65+ with asthma | | 14.6% | [13.30% - 15.95%] | 14.1% | [13.96% - 14.19%] |
| % 65+ with atrial fibrillation | W | 17.8% | [16.40% - 19.17%] | 16.1% | [15.94% - 16.18%] |
| % 65+ with autism spectrum disorder | | 0.17% | [0.11% - 0.22%] | 0.12% | [0.11% - 0.14%] |
| % 65+ with benign prostatic hyperplasia (men) | | 42.2% | [39.32% - 45.13%] | 42.8% | [42.49% - 43.01%] |
| % 65+ with breast cancer (women) | | 10.5% | [9.01% - 11.98%] | 11.4% | [11.25% - 11.53%] |
| % 65+ with cataract | | 65.6% | [63.75% - 67.49%] | 64.8% | [64.67% - 65.00%] |
| % 65+ with chronic kidney disease | W | 37.5% | [35.60% - 39.44%] | 29.9% | [29.70% - 30.03%] |
| % 65+ with chronic obstructive pulmonary disease | W | 24.9% | [23.28% - 26.50%] | 21.0% | [20.90% - 21.17%] |
| % 65+ with colon cancer | | 2.9% | [2.27% - 3.49%] | 2.7% | [2.65% - 2.75%] |
| % 65+ with congestive heart failure | W | 29.3% | [27.53% - 31.06%] | 22.6% | [22.43% - 22.72%] |
| % 65+ with diabetes | W | 44.1% | [42.07% - 46.07%] | 33.8% | [33.59% - 33.93%] |
| % 65+ with endometrial cancer (women) | | 1.7% | [1.07% - 2.34%] | 2.0% | [1.97% - 2.10%] |

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| % 65+ with epilepsy | | 2.4% | [1.84% - 3.05%] | 2.9% | [2.82% - 2.95%] |
| % 65+ with fibromyalgia, chronic pain, and fatigue | W | 29.0% | [27.22% - 30.86%] | 26.6% | [26.42% - 26.73%] |
| % 65+ with glaucoma | | 28.7% | [27.02% - 30.40%] | 28.3% | [28.11% - 28.41%] |
| % 65+ ever had a heart attack | | 4.6% | [3.85% - 5.36%] | 4.5% | [4.40% - 4.53%] |
| % 65+ with HIV/AIDS | * | 0.51% | [0.42% - 0.61%] | 0.21% | [0.19% - 0.23%] |
| % 65+ with hypertension | W | 80.7% | [79.09% - 82.25%] | 76.2% | [76.07% - 76.37%] |
| % 65+ with hypothyroidism | W | 30.0% | [28.27% - 31.70%] | 25.1% | [24.99% - 25.28%] |
| % 65+ with ischemic heart disease | W | 46.8% | [44.81% - 48.83%] | 40.7% | [40.55% - 40.90%] |
| % 65+ with leukemias and lymphomas | | 2.5% | [1.93% - 3.15%] | 2.7% | [2.60% - 2.71%] |
| % 65+ with liver disease | | 10.1% | [8.89% - 11.33%] | 9.5% | [9.37% - 9.59%] |
| % 65+ with lung cancer | | 2.1% | [1.57% - 2.62%] | 1.9% | [1.81% - 1.90%] |
| % 65+ with migraine and other chronic headache | | 5.1% | [4.26% - 6.02%] | 5.2% | [5.13% - 5.29%] |
| % 65+ with osteoarthritis or rheumatoid arthritis | | 56.3% | [54.31% - 58.37%] | 54.2% | [53.97% - 54.34%] |
| % 65+ with osteoporosis | | 19.5% | [18.08% - 20.96%] | 20.2% | [20.11% - 20.37%] |
| % 65+ with peripheral vascular disease | W | 22.8% | [21.16% - 24.36%] | 19.9% | [19.72% - 19.99%] |
| % 65+ with pressure ulcer or chronic ulcer | W | 10.6% | [9.41% - 11.71%] | 9.2% | [9.11% - 9.31%] |
| % 65+ with prostate cancer (men) | | 11.4% | [9.57% - 13.23%] | 13.1% | [12.93% - 13.28%] |
| % 65+ with stroke | | 11.4% | [10.28% - 12.59%] | 11.9% | [11.80% - 12.01%] |
| % 65+ with traumatic brain injury | | 1.0% | [0.66% - 1.43%] | 1.3% | [1.25% - 1.33%] |
| % 65+ with 4+ (out of 15) chronic conditions | W | 68.9% | [67.10% - 70.76%] | 61.8% | [61.61% - 61.95%] |
| % 65+ with 0 chronic conditions | | 7.0% | [5.98% - 8.08%] | 7.2% | [7.10% - 7.29%] |
| BEHAVIORAL HEALTH | | | | | |
| % 65+ with opioid use disorder | W | 3.5% | [2.65% - 4.31%] | 2.2% | [2.10% - 2.21%] |
| % 65+ with substance use disorder | W | 8.9% | [7.71% - 10.18%] | 6.8% | [6.66% - 6.85%] |
| % 60+ who used marijuana in last month | | N/A | | 2.9% | [2.30% - 3.53%] |
| % 60+ excessive drinking | | 7.4% | [4.78% - 9.96%] | 9.2% | [8.64% - 9.71%] |
| % 65+ with tobacco use disorder | W | 14.0% | [12.55% - 15.43%] | 10.1% | [9.94% - 10.17%] |
| % 60+ current smokers | | 6.4% | [3.57% - 9.18%] | 7.7% | [7.20% - 8.17%] |
| % 60+ ever used E-Cigarettes in last month | | 5.9% | [3.52% - 8.37%] | 6.4% | [5.89% - 6.80%] |
| MENTAL HEALTH | | | | | |
| % 60+ who reported receiving adequate emotional support | | 79.4% | [76.01% - 82.83%] | 78.3% | [76.70% - 79.88%] |
| % 60+ with 15+ days poor mental health in last month | | 8.5% | [5.47% - 11.56%] | 6.9% | [6.41% - 7.37%] |
| % 65+ with depression | W | 32.6% | [30.79% - 34.33%] | 30.3% | [30.10% - 30.41%] |
| % 65+ with anxiety disorder | W | 28.7% | [26.92% - 30.55%] | 25.5% | [25.35% - 25.66%] |
| % 65+ with bipolar disorder | W | 5.3% | [4.39% - 6.28%] | 3.9% | [3.78% - 3.92%] |
| % 65+ with post-traumatic stress disorder | | 1.6% | [1.03% - 2.18%] | 1.3% | [1.20% - 1.29%] |
| % 65+ with schizophrenia & other psychotic disorder | | 5.5% | [4.61% - 6.40%] | 4.6% | [4.53% - 4.68%] |
| % 65+ with personality disorder | | 2.4% | [1.81% - 3.06%] | 2.6% | [2.49% - 2.61%] |

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| LIVING WITH DISABILITY | | | | | |
| % 65+ with self-reported hearing difficulty | | 15.4% | [11.66% - 19.08%] | 12.4% | [12.08% - 12.71%] |
| % 65+ with clinical diagnosis of deafness or hearing impairment | | 17.1% | [15.62% - 18.49%] | 15.7% | [15.60% - 15.85%] |
| % 65+ with self-reported vision difficulty | | 7.1% | [4.14% - 9.96%] | 4.8% | [4.55% - 5.04%] |
| % 65+ with clinical diagnosis of blindness or visual impairment | | 1.3% | [0.84% - 1.66%] | 1.1% | [1.05% - 1.12%] |
| % 65+ with self-reported cognition difficulty | | 6.4% | [3.94% - 8.93%] | 7.6% | [7.34% - 7.87%] |
| % 65+ with self-reported ambulatory difficulty | * | 26.9% | [22.34% - 31.51%] | 19.1% | [18.71% - 19.52%] |
| % 65+ with clinical diagnosis of mobility impairment | | 3.8% | [3.03% - 4.48%] | 4.0% | [3.95% - 4.09%] |
| % 65+ with self-reported self-care difficulty | * | 11.9% | [8.39% - 15.45%] | 7.5% | [7.25% - 7.77%] |
| % 65+ with self-reported independent living difficulty | | 16.8% | [12.95% - 20.75%] | 13.6% | [13.23% - 13.93%] |
| CAREGIVING | | | | | |
| % of 60+ who provide care to a family/friend in last month | | 25.3% | [21.16% - 29.39%] | 21.7% | [19.87% - 23.57%] |
| % of grandparents raising grandchildren | * | 0.4% | [0.12% - 0.69%] | 0.8% | [0.73% - 0.86%] |
| % of grandparents who live with grandchildren | | 3.6% | [2.08% - 5.22%] | 2.7% | [2.62% - 2.83%] |
| ACCESS TO CARE | | | | | |
| % 65+ dually eligible for Medicare and Medicaid | * | 27.8% | [26.59% - 28.94%] | 22.1% | [21.96% - 22.17%] |
| % 65+ Medicare managed care enrollees | * | 36.4% | [35.10% - 37.63%] | 29.9% | [29.76% - 29.99%] |
| % 60+ with a regular doctor | | 97.6% | [96.10% - 99.08%] | 96.0% | [95.68% - 96.39%] |
| % 60+ who did not see a doctor when needed due to cost | | 5.9% | [3.43% - 8.39%] | 4.5% | [4.14% - 4.92%] |
| SERVICE UTILIZATION | | | | | |
| # physician visits per year | | 8.9 | [8.56 - 9.19] | 8.6 | [8.60 - 8.66] |
| # emergency room visits/1000 persons 65+ years annually | * | 764.1 | [671.73 - 856.54] | 636.7 | [631.77 - 641.56] |
| # Part D monthly prescription fills per person annually | * | 53.8 | [52.48 - 55.19] | 50.3 | [50.15 - 50.39] |
| # home health visits annually | * | 6.6 | [5.72 - 7.39] | 4.1 | [4.02 - 4.14] |
| # durable medical equipment claims annually | | 1.9 | [1.68 - 2.09] | 1.9 | [1.88 - 1.91] |
| # inpatient hospital stays/1000 persons 65+ years annually | * | 360.1 | [323.73 - 396.41] | 273.3 | [270.72 - 275.80] |
| % Medicare inpatient hospital readmissions (as % of admissions) | | 20.1% | [16.98% - 23.22%] | 17.2% | [16.89% - 17.47%] |
| # skilled nursing facility stays/1000 persons 65+ years annually | * | 138.6 | [119.62 - 157.55] | 104.7 | [103.23 - 106.08] |
| % 65+ getting Medicaid long term services and supports | * | 6.4% | [5.80% - 7.09%] | 5.5% | [5.48% - 5.60%] |
| % 65+ hospice users | * | 3.9% | [3.40% - 4.47%] | 2.8% | [2.70% - 2.79%] |
| % 65+ hospice users as % of decedents | * | 56.3% | [50.00% - 62.67%] | 45.5% | [44.85% - 46.14%] |
| Median hospice days per hospice user (65+, deceased) | | 10.0 | [9.0 - 13.0] | 10.0 | [10.00 - 10.00] |
| Median hospice payment (Medicare + other) per hospice user | * | \$5,105 | [\$4,352 - \$5,846] | \$3,741 | [\$3,650 - \$3,816] |
| COMMUNITY | | | | | |
| % 60+ who used Internet in last month | | 73.9% | [69.47% - 78.26%] | 75.1% | [74.32% - 75.89%] |
| TRANSPORTATION | | | | | |
| % 65+ who own a motor vehicle | * | 82.5% | [80.03% - 85.05%] | 87.3% | [87.15% - 87.49%] |
| % 60+ who always drive or ride wearing a seatbelt | | 91.5% | [88.64% - 94.40%] | 93.0% | [92.53% - 93.49%] |
| % 60+ who drove under the influence of drinking in last month | | N/A | | 2.2% | [1.76% - 2.56%] |

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| HOUSING | | | | | |
| % 65+ population who live alone | | 28.1% | [24.76% - 31.53%] | 28.4% | [27.99% - 28.89%] |
| % 60+ own home | | 74.4% | [70.44% - 78.30%] | 76.9% | [76.70% - 77.17%] |
| % 60+ homeowners who have mortgage | | 52.0% | [46.51% - 57.51%] | 47.1% | [46.58% - 47.64%] |
| % 60+ stressed about paying rent/mortgage in last month | | 19.7% | [14.82% - 24.61%] | 17.4% | [16.52% - 18.19%] |
| % 65+ households (renter) spend >35% of income on housing | | 39.7% | [27.51% - 51.84%] | 44.0% | [42.55% - 45.42%] |
| % 65+ households (owner) spend >35% of income on housing | | 32.1% | [24.59% - 39.69%] | 29.5% | [28.89% - 30.15%] |
| % 65+ moved within same county in last year | * | 6.8% | [4.03% - 9.51%] | 3.7% | [3.48% - 3.89%] |
| % 65+ moved from different county in last year | | 0.2% | [-0.61% - 0.98%] | 0.8% | [0.71% - 0.90%] |
| % 65+ moved from different state in last year | | 2.0% | [0.13% - 3.88%] | 0.9% | [0.82% - 1.05%] |
| % of vacant homes in community | | 8.7% | [5.96% - 11.48%] | 9.6% | [9.29% - 9.87%] |
| ECONOMIC | | | | | |
| % 60+ receiving food benefits in last year | | 9.0% | [6.43% - 11.58%] | 10.9% | [10.53% - 11.21%] |
| % 65+ employed in last year | * | 19.6% | [15.29% - 23.82%] | 24.8% | [24.48% - 25.15%] |
| % 65+ with income below the poverty line in last year | | 7.4% | [4.80% - 10.02%] | 7.0% | [6.79% - 7.30%] |
| % 65+ households with annual income < \$20,000 | | 19.4% | [14.58% - 24.28%] | 17.1% | [16.57% - 17.55%] |
| % 65+ households with annual income \$20,000-\$49,999 | | 36.5% | [30.40% - 42.68%] | 31.0% | [30.35% - 31.62%] |
| % 65+ households with annual income \$50,000-\$99,999 | | 26.7% | [21.03% - 32.31%] | 27.6% | [27.04% - 28.17%] |
| % 65+ households with annual income \$100,000+ | * | 17.4% | [12.52% - 22.22%] | 24.4% | [23.82% - 24.89%] |

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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